

27.Hasco-Lek Wrocław Maraton 2009

WYNIKI ZAWODÓW / RESULTS LIST

OPEN

Organizator: MCS Wrocław
Data: 13 września 2009 r.
Miejsce/Spot: Wrocław
Distance: 42km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1	2	KIPKORIR KILIMO JULIUS	KENIA	KEN		80	M25/1		(M)1	02:16:59	02:16:59	18.48	00:32:14 / 1 [18.61]	01:08:17 / 2 [18.54]	01:36:53 / 1 [18.58]
2	1	CHESEREK WILFRED	KENIA	KEN		86	M20/1		(M)2	02:18:31	02:18:31	18.28	00:32:14 / 2 [18.61]	01:08:17 / 1 [18.54]	01:36:55 / 2 [18.57]
3	3	TARAS SALO	LWOW	UKR		82	M25/2		(M)3	02:19:13	02:19:11	18.19	00:32:14 / 3 [18.61]	01:08:17 / 3 [18.54]	01:36:58 / 3 [18.56]
4	8	ROJEWSKI PRZEMYSŁAW	LUZINO	POL	WAKOZ LUZINO	75	M30/1	Nauc/1	(M)4	02:22:07	02:22:07	17.81	00:32:35 / 5 [18.41]	01:09:35 / 5 [18.19]	01:39:42 / 4 [18.05]
5	98	SOBCZYK GRZEGORZ	ŚRODA ŚLĄSKA	POL		75	M30/2		(M)5	02:22:50	02:22:49	17.73	00:33:18 / 6 [18.02]	01:11:02 / 6 [17.82]	01:40:58 / 6 [17.83]
6	5	MEBENTSOV OLEKSIY	SYMU	UKR		82	M25/3		(M)6	02:25:39	02:25:39	17.38	00:33:19 / 7 [18.01]	01:11:02 / 7 [17.82]	01:41:50 / 7 [17.68]
7	4	STARODUBCEV VIKTOR	LWOW	UKR	CHEMPION ZIBOLKI	70	M35/1		(M)7	02:27:07	02:27:07	17.21	00:32:14 / 4 [18.61]	01:08:40 / 4 [18.44]	01:40:43 / 5 [17.87]
8	6	HVOZDETSKY YAROSLAV	LWOW	UKR		86	M20/2		(M)8	02:31:35	02:31:34	16.70	00:33:37 / 8 [17.85]	01:13:02 / 8 [17.33]	01:45:47 / 8 [17.02]
9	9	SLAVENSKI ILYA	GOMEL	BLR		84	M25/4		(M)9	02:32:25	02:32:24	16.61	00:35:02 / 9 [17.13]	01:14:32 / 10 [16.99]	01:47:33 / 10 [16.74]
10	11	SOBCZYK TOMASZ	WROCLAW	POL	LUKS ŻÓRAWINA	77	M30/3	Nauc/2	(M)10	02:32:53	02:32:53	16.56	00:35:02 / 10 [17.13]	01:14:32 / 9 [16.99]	01:47:33 / 9 [16.74]
11	12	CZYŻ GRZEGORZ	BOGUMIŁOWICE	POL		67	M40/1		(M)11	02:33:53	02:33:53	16.45	00:36:45 / 14 [16.33]	01:17:33 / 14 [16.32]	01:49:21 / 11 [16.46]
12	24	GNIŁA RAFAŁ	PRASZKA	POL	META LUBLINIEC	76	M30/4	Nauc/3	(M)12	02:35:02	02:35:02	16.33	00:35:34 / 12 [16.87]	01:16:06 / 11 [16.64]	01:49:21 / 12 [16.46]
13	13	SIEMASZKO JERZY	OPOLE	POL	LUKS ŻÓRAWINA	62	M45/1		(M)13	02:35:06	02:35:06	16.32	00:36:45 / 15 [16.33]	01:17:33 / 15 [16.32]	01:50:09 / 15 [16.34]
14	644	KIELCZEWSKI GRZEGORZ	WROCLAW	POL	BIEGAJZNA.MI.PL	60	M45/2	Nauc/4	(M)14	02:35:10	02:35:10	16.32	00:36:46 / 16 [16.32]	01:17:33 / 16 [16.32]	01:50:08 / 14 [16.34]
15	2001	SZCZEPAŃSKI KRZYSZTOF	RADOMSKO	POL		71	M35/2		(M)15	02:37:14	02:37:11	16.11	00:35:34 / 11 [16.87]	01:16:33 / 13 [16.54]	01:49:33 / 13 [16.43]
16	1218	LISIEWICZ MICHAŁ	ŁÓDŹ	POL		74	M35/3		(M)16	02:39:54	02:39:47	15.84	00:37:35 / 18 [15.96]	01:19:04 / 17 [16.01]	01:53:00 / 17 [15.93]
17	931	WOJTASIK JAROSŁAW	ZŁOTÓW	POL		65	M40/2	Nauc/5	(M)17	02:41:26	02:41:21	15.69	00:38:33 / 19 [15.56]	01:21:01 / 19 [15.63]	01:55:03 / 19 [15.65]
18	863	NADOLNY JÓZEF	GŁOGÓW	POL		61	M45/3	Nauc/6	(M)18	02:42:08	02:42:05	15.62	00:38:33 / 21 [15.56]	01:21:01 / 18 [15.63]	01:55:03 / 18 [15.65]
19	14	PIECZUROWSKI SŁAWOMIR	WROCLAW	POL	LUKS ŻÓRAWINA	60	M45/4		(M)19	02:44:17	02:44:17	15.41	00:38:33 / 22 [15.56]	01:22:37 / 23 [15.32]	01:57:32 / 21 [15.31]
20	523	DROZD DOMINIK	BOCHNIA	POL	AZS UJ KRAKÓW	85	M20/3		(M)20	02:45:12	02:45:07	15.33	00:35:34 / 13 [16.87]	01:16:17 / 12 [16.60]	01:50:45 / 16 [16.25]
21	1603	KOSZKO PAWEŁ	PIŁAWA GÓRNA	POL		80	M25/5		(M)21	02:46:12	02:46:05	15.24	00:38:52 / 25 [15.44]	01:21:55 / 21 [15.45]	01:56:51 / 20 [15.40]
22	753	PACIEJEWSKI PIOTR	JELENIA GÓRA	POL	EDI TEAM ZGORZELEC	75	M30/5	Nauc/7	(M)22	02:48:42	02:48:40	15.01	00:38:55 / 27 [15.42]	01:23:41 / 26 [15.13]	01:59:46 / 25 [15.03]
23	16	CZERSKI MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/1		(M)23	02:48:44	02:48:42	15.01	00:38:54 / 26 [15.42]	01:23:41 / 27 [15.13]	01:59:47 / 27 [15.03]
24	15	BACZEWSKI EDWARD	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	64	M45/5		(M)24	02:49:00	02:48:56	14.99	00:39:06 / 30 [15.35]	01:23:41 / 25 [15.13]	01:59:45 / 24 [15.03]
25	642	WASYLUK KRZYSZTOF	IŁOWA	POL	CENTRUM SZKOLENIA WOJSK INŻYNIERYJNYCH I CHEMICZNYCH WROCLAW	78	M30/6		(M)25	02:49:10	02:49:06	14.97	00:39:55 / 34 [15.03]	01:23:41 / 28 [15.13]	01:59:05 / 23 [15.12]
26	2054	SPALIŃSKI PIOTR	OŁAWA	POL	KB FIODOR OŁAWA	68	M40/3		(M)26	02:49:13	02:49:10	14.97	00:39:06 / 29 [15.35]	01:23:41 / 24 [15.13]	01:59:47 / 26 [15.03]
27	1058	FERLAK MARCIN	CHRZANÓW	POL	CHRZANÓW	75	M30/7		(M)27	02:49:42	02:49:33	14.93	00:38:33 / 20 [15.56]	01:21:59 / 22 [15.44]	01:58:12 / 22 [15.23]
28	1971	KRÓL DARIUSZ	WOŁOMIN	POL		64	M45/6		(M)28	02:52:32	02:52:24	14.69	00:40:13 / 36 [14.92]	01:25:01 / 33 [14.89]	02:01:16 / 31 [14.84]
29	814	WOJNAROWICZ JANUSZ	ZGORZELEC	POL	EDI TEAM ZGORZELEC	72	M35/4		(M)29	02:53:56	02:53:49	14.57	00:41:07 / 44 [14.59]	01:26:41 / 41 [14.60]	02:03:30 / 38 [14.57]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
30	215	PERDION PAWEŁ	WROCLAW	POL		79	M30/8		(M)30	02:54:23	02:54:14	14.53	00:41:16 / 47 [14.54]	01:25:52 / 35 [14.74]	02:02:09 / 34 [14.74]
31	557	RAIS MICHAŁ	WALBZYCH	POL		88	M20/4		(M)31	02:54:41	02:54:34	14.50	00:42:21 / 71 [14.17]	01:28:40 / 52 [14.28]	02:05:18 / 42 [14.37]
32	680	PLESIŃSKI MARIUSZ	ŚWIĘTOSZÓW	POL	CENTRUM SZKOLENIA WOJSK INŻYNIERYJNYCH I CHEMICZNYCH WROCLAW	73	M35/5		(M)32	02:54:46	02:54:41	14.49	00:41:57 / 59 [14.30]	01:28:41 / 53 [14.28]	02:05:18 / 43 [14.37]
33	989	OCHOCIŃSKI MARIUSZ	WŁOCŁAWEK	POL		73	M35/6		(M)33	02:54:59	02:54:52	14.48	00:40:12 / 35 [14.93]	01:25:00 / 32 [14.89]	02:02:15 / 35 [14.72]
34	1009	OLSZEWSKI JAROSŁAW	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	81	M25/6		(M)34	02:55:03	02:54:51	14.48	00:41:09 / 46 [14.58]	01:26:35 / 40 [14.62]	02:03:56 / 39 [14.52]
35	18	RUDNICKI ANDRZEJ	ZAWIERCIE	POL		75	M30/9		(M)35	02:55:10	02:55:10	14.45	00:37:13 / 17 [16.12]	01:21:54 / 20 [15.46]	02:00:15 / 29 [14.97]
36	1607	GĘBARZEWSKI ROBERT	WROCLAW	POL		70	M35/7		(M)36	02:55:19	02:55:13	14.45	00:40:13 / 37 [14.92]	01:26:05 / 38 [14.71]	02:03:28 / 36 [14.58]
37	1979	JĘDRUSIŃSKI ROBERT	WROCLAW	POL	WKB PIAST WROCLAW	61	M45/7		(M)37	02:55:32	02:55:27	14.43	00:39:40 / 31 [15.13]	01:25:02 / 34 [14.89]	02:01:39 / 32 [14.80]
38	26	SZKARADEK ALEKSANDER	KŁODZKO	POL	MUKS PUMA TRÓJKA KŁODZKO	79	M30/10	Nauc/8	(M)38	02:55:54	02:55:49	14.40	00:39:06 / 28 [15.35]	01:23:49 / 30 [15.10]	02:00:12 / 28 [14.98]
39	146	ULIASZ JERZY	BYSTRZYCA KŁODZKA	POL	L.K.S.ISKRA JASZKOWA	69	M40/4		(M)39	02:56:05	02:56:01	14.38	00:41:56 / 58 [14.31]	01:29:01 / 60 [14.22]	02:05:37 / 47 [14.33]
40	2015	KUŹMA WIESŁAW	WROCLAW	POL	WKB PIAST WROCLAW	62	M45/8		(M)40	02:57:10	02:57:05	14.30	00:40:29 / 38 [14.82]	01:26:07 / 39 [14.70]	02:03:28 / 37 [14.58]
41	45	SHELEST LIUDMYLA	SYMU	UKR		74	K35/1		(K)1	02:57:18	02:57:17	14.28	00:41:39 / 52 [14.41]	01:28:49 / 57 [14.25]	02:05:19 / 44 [14.36]
42	1335	SZYMAJDA PAWEŁ	DOMANIEWICE	POL		85	M20/5		(M)41	02:57:35	02:57:32	14.26	00:38:49 / 23 [15.46]	01:24:18 / 31 [15.02]	02:02:07 / 33 [14.74]
43	971	STEFAŃSKI MARIAN	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	65	M40/5		(M)42	02:57:44	02:57:39	14.25	00:40:52 / 41 [14.68]	01:27:02 / 42 [14.55]	02:04:16 / 40 [14.48]
44	1706	TOPA JERZY	CHRZANÓW	POL	CHRZANÓW	65	M40/6		(M)43	02:58:04	02:57:55	14.23	00:41:38 / 51 [14.41]	01:27:37 / 44 [14.45]	02:05:32 / 46 [14.34]
45	1897	KOPIŃSKI MIROSLAW	ZLOTORYJA	POL	AURUM KOBUD-ZLOTORYJA	76	M30/11		(M)44	02:58:05	02:57:59	14.22	00:42:43 / 88 [14.05]	01:29:39 / 90 [14.12]	02:07:26 / 61 [14.13]
46	89	CZYŻAK PRZEMYSŁAW	WROCLAW	POL		68	M40/7	Nauc/9	(M)45	02:58:09	02:58:09	14.21	00:42:44 / 100 [14.04]	01:29:38 / 85 [14.12]	02:07:43 / 70 [14.09]
47	1082	MAGIERSKI JERZY	WARSZAWA-WESOŁA	POL	BYLEDOBIEC ANIN	56	M50/2		(M)46	02:58:21	02:58:15	14.20	00:42:29 / 80 [14.12]	01:29:20 / 63 [14.17]	02:06:25 / 55 [14.24]
48	964	JAKUBIK AUGUST	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	59	M50/3		(M)47	02:58:24	02:58:20	14.20	00:41:57 / 61 [14.30]	01:28:49 / 56 [14.25]	02:06:02 / 51 [14.28]
49	855	HORBACZEWSKI JAKUB	WROCLAW	POL	WKB PIAST WROCLAW	81	M25/7		(M)48	02:58:43	02:58:38	14.17	00:42:21 / 72 [14.17]	01:29:12 / 62 [14.19]	02:06:17 / 53 [14.25]
50	495	TOMASIAK ROBERT	RYTRO	POL	NOWY SĄCZ VISEGRAD MARATON RYTRO/FAKRO	70	M35/8		(M)49	02:58:51	02:58:43	14.17	00:42:55 / 120 [13.98]	01:30:09 / 96 [14.04]	02:07:40 / 69 [14.10]
51	1511	GŁOWACZ MATEUSZ	JAWORZNO	POL	KB MCKIS JAWORZNO	88	M20/6		(M)50	02:58:55	02:58:37	14.17	00:41:50 / 54 [14.34]	01:28:27 / 48 [14.31]	02:05:51 / 49 [14.30]
52	641	PERA PIOTR	PLESZEW	POL	CENTRUM SZKOLENIA WOJSK INŻYNIERYJNYCH I CHEMICZNYCH WROCLAW	80	M25/8		(M)51	02:59:10	02:59:04	14.14	00:41:58 / 62 [14.30]	01:28:40 / 51 [14.28]	02:05:51 / 48 [14.30]
53	2011	LAFAYETTE JOHN	MUNICH	GER		69	M40/8		(M)52	02:59:18	02:59:05	14.14	00:42:04 / 68 [14.26]	01:28:59 / 58 [14.23]	02:06:22 / 54 [14.24]
54	657	DOBROWOLSKI JAN	WROCLAW	POL	AZS UNIWERSYTET WROCLAWSKI	87	M20/7		(M)53	02:59:46	02:59:38	14.09	00:38:50 / 24 [15.45]	01:23:42 / 29 [15.13]	02:00:53 / 30 [14.89]
55	299	GŁOWIAK LECH	KATOWICE	POL	DOLINIARZE.COM	85	M20/8		(M)54	03:00:04	02:59:55	14.07	00:42:45 / 113 [14.04]	01:29:39 / 89 [14.12]	02:07:50 / 75 [14.08]
56	1560	PREISNER ROBERT	PRZEMYŚL	POL	PRZEMYSKI K.S	68	M40/9		(M)55	03:00:15	03:00:12	14.05	00:39:49 / 33 [15.07]	01:25:59 / 36 [14.72]	02:04:24 / 41 [14.47]
57	21	RYCHTER ANTONINA	SZCZECINEK	POL	UKS 1 SZCZECINEK	85	K20/1	Nauc/10	(K)2	03:00:18	02:59:16	14.12	00:41:59 / 66 [14.29]	01:27:36 / 43 [14.45]	02:05:31 / 45 [14.34]
58	1714	MIERZEJEWSKI PIOTR	SIEDLCE	POL		71	M35/9	Nauc/11	(M)56	03:00:36	03:00:23	14.04	00:42:53 / 117 [13.99]	01:30:47 / 104 [13.95]	02:09:43 / 95 [13.88]
59	1624	ADAMUS RADOSŁAW	OSTRÓW WLKP	POL	KS MARATON OSTRÓW WLKP.	65	M40/10		(M)57	03:00:59	03:00:50	14.00	00:42:44 / 99 [14.04]	01:29:35 / 72 [14.13]	02:07:48 / 71 [14.08]
60	1092	KUŚMIERZ SYLWESTER	LUBYCZA KRÓLEWSKA	POL		78	M30/12	Nauc/12	(M)58	03:01:27	03:01:19	13.96	00:42:43 / 93 [14.05]	01:29:36 / 73 [14.13]	02:07:03 / 59 [14.17]
61	1541	KUMICZ ANTONI	OPOLE	POL	LUKS ŻÓRAWINA	54	M55/1		(M)59	03:01:31	03:01:28	13.95	00:41:35 / 49 [14.43]	01:28:01 / 47 [14.38]	02:06:17 / 52 [14.25]
62	1344	KUFEL TOMASZ	ZIELONA GÓRA	POL	MARATONYPOLSKIE.PL TEAM	76	M30/13		(M)60	03:01:38	03:01:30	13.95	00:42:43 / 87 [14.05]	01:29:35 / 71 [14.13]	02:07:39 / 68 [14.10]
63	1292	SZVEDO DARIUSZ	WROCLAW	POL	LUKS ŻÓRAWINA	66	M40/11		(M)61	03:01:44	03:01:37	13.94	00:42:29 / 81 [14.12]	01:29:23 / 65 [14.16]	02:07:27 / 62 [14.12]
64	1558	SZOSTAK MARIUSZ	ALEKSANDRÓW	POL	JW 1328	73	M35/10		(M)62	03:01:58	03:01:52	13.92	00:41:02 / 42 [14.62]	01:28:36 / 50 [14.29]	02:07:32 / 65 [14.11]
65	1802	WYKRĘTOWICZ WOJCIECH	WROCLAW	POL		82	M25/9		(M)63	03:02:05	03:01:45	13.93	00:42:44 / 96 [14.04]	01:29:38 / 81 [14.12]	02:07:50 / 77 [14.08]
66	1989	DRZEWIŃSKI ZBIGNIEW	LUBAWKA	POL		58	M50/4		(M)64	03:02:10	03:02:02	13.91	00:41:58 / 64 [14.30]	01:28:43 / 54 [14.27]	02:06:48 / 58 [14.20]
67	1545	MALINOWSKA-SYPEK AGNIESZKA	WARSZAWA	POL		72	K35/2		(K)3	03:02:18	03:02:16	13.89	00:42:05 / 69 [14.26]	01:29:08 / 61 [14.20]	02:06:45 / 57 [14.20]
68	1237	BORKOWSKI ALEKSANDER	SWINOUJSCIE	POL		56	M50/5		(M)65	03:02:31	03:02:27	13.88	00:41:03 / 43 [14.62]	01:28:36 / 49 [14.29]	02:07:32 / 64 [14.11]
69	1742	GASPARSKI BARTŁOMIEJ	WARSZAWA	POL		77	M30/14		(M)66	03:02:44	03:02:38	13.86	00:42:43 / 90 [14.05]	01:29:38 / 87 [14.12]	02:07:53 / 81 [14.08]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
70	362	NIECKARZ PIOTR	OLEŚNICA	POL	KB LUPUS OLEŚNICA	68	M40/12		(M)67	03:03:03	03:02:59	13.84	00:42:22 / 74 [14.16]	01:29:29 / 70 [14.15]	02:07:51 / 79 [14.08]
71	1347	SZYMAŃSKI DARIUSZ	ŁOMŻA	POL		62	M45/9	Nauc/13	(M)68	03:04:00	03:03:51	13.77	00:42:41 / 85 [14.06]	01:29:39 / 91 [14.12]	02:07:52 / 80 [14.08]
72	1800	CHALUPKA JACEK	NOWE MIASTO	POL	BIEGIEM PRZEZ POLSKĘ	80	M25/10	Nauc/14	(M)69	03:04:15	03:04:03	13.76	00:46:35 / 262 [12.88]	01:36:11 / 175 [13.16]	02:13:12 / 124 [13.51]
73	1474	GADZIŃSKI MAREK	WROCŁAW	POL	WKB PIAST WROCŁAW	62	M45/10		(M)70	03:04:22	03:04:16	13.74	00:42:45 / 110 [14.04]	01:29:38 / 82 [14.12]	02:07:58 / 82 [14.07]
74	1305	KIELIN GRZEGORZ	POLKOWICE	POL	TKKF START POLKOWICE	76	M30/15	Nauc/15	(M)71	03:04:24	03:04:13	13.74	00:42:43 / 89 [14.05]	01:29:37 / 78 [14.13]	02:07:50 / 76 [14.08]
75	601	PACUŁA ANDRZEJ	GLIWICE	POL	PREMIER-GLIWICE	64	M45/11		(M)72	03:04:30	03:04:18	13.74	00:42:44 / 105 [14.04]	01:29:38 / 80 [14.12]	02:07:36 / 67 [14.11]
76	1905	CELIŃSKI ROBERT	WARSZAWA-ANIN	POL	BYLEDOBIEC ANIN	79	M30/16		(M)73	03:04:49	03:04:43	13.71	00:42:43 / 91 [14.05]	01:29:37 / 79 [14.13]	02:07:49 / 72 [14.08]
77	1275	SIAGŁO STANISŁAW	WOŁÓW	POL	WKB PIAST WROCŁAW	68	M40/13		(M)74	03:04:54	03:04:48	13.70	00:39:40 / 32 [15.13]	01:26:03 / 37 [14.71]	02:05:58 / 50 [14.29]
78	1975	FOLC RYSZARD	JAWOR	POL	JKB TKKF JAWOR	57	M50/6		(M)75	03:05:01	03:04:56	13.69	00:41:56 / 57 [14.31]	01:29:24 / 68 [14.16]	02:08:15 / 86 [14.04]
79	476	WALCZAK EUGENIUSZ	SIEROSZEWICE	POL	KS MARATON OSTRÓW WLKP.	59	M50/7		(M)76	03:05:18	03:04:06	13.75	00:43:59 / 134 [13.64]	01:30:59 / 109 [13.91]	02:08:57 / 93 [13.96]
80	946	PORĘBA JACEK	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO	71	M35/11		(M)77	03:05:26	03:05:18	13.66	00:42:55 / 119 [13.98]	01:30:10 / 97 [14.04]	02:08:56 / 92 [13.96]
81	638	GRABLEWSKI GRZEGORZ	WROCŁAW	POL	WKB PIAST WROCŁAW	75	M30/17		(M)78	03:05:31	03:05:24	13.66	00:42:44 / 104 [14.04]	01:29:37 / 77 [14.13]	02:07:51 / 78 [14.08]
82	610	JAGIELLICZ MARCIN	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	88	M20/9		(M)79	03:05:37	03:05:30	13.65	00:42:44 / 97 [14.04]	01:29:39 / 92 [14.12]	02:08:01 / 83 [14.06]
83	1877	KŁÓSEK TOMASZ	WARSZAWA	POL		74	M35/12		(M)80	03:05:40	03:05:34	13.64	00:42:43 / 94 [14.05]	01:29:42 / 94 [14.11]	02:08:04 / 85 [14.06]
84	747	PERA SZYMON	KRAKÓW	POL		86	M20/10		(M)81	03:05:45	03:05:34	13.64	00:42:44 / 98 [14.04]	01:29:38 / 84 [14.12]	02:07:50 / 74 [14.08]
85	1682	KONDRATOWICZ ŁUKASZ	KAMIENNA GÓRA	POL		81	M25/11		(M)82	03:05:52	03:05:35	13.64	00:43:34 / 127 [13.77]	01:30:38 / 102 [13.97]	02:08:16 / 87 [14.03]
86	184	TARCZYŃSKI GRZEGORZ	PĘGÓW	POL	WKB PIAST WROCŁAW	74	M35/13	Nauc/16	(M)83	03:05:56	03:05:49	13.62	00:42:45 / 109 [14.04]	01:29:38 / 83 [14.12]	02:08:19 / 88 [14.03]
87	1822	NAREL SŁAWOMIR	LODZ	POL		63	M45/12		(M)84	03:06:10	03:06:00	13.61	00:41:38 / 50 [14.41]	01:29:00 / 59 [14.22]	02:08:46 / 90 [13.98]
88	625	MUSIAŁ ARTUR	NAMYŚLÓW	POL	NKB ZRYW NAMYSŁÓW	76	M30/18	Nauc/17	(M)85	03:06:12	03:06:00	13.61	00:43:33 / 125 [13.78]	01:30:33 / 101 [13.98]	02:08:20 / 89 [14.03]
89	1517	OLENIAK JAROSŁAW	NOWA SÓL	POL	GEDIA-POLAND NOWA SÓL	74	M35/14		(M)86	03:06:18	03:06:14	13.59	00:44:29 / 148 [13.49]	01:33:40 / 136 [13.52]	02:12:50 / 120 [13.55]
90	1096	WARSZAWSKI JERZY	ŻAGAŃ	POL	PGNIG ZIELONA GÓRA	53	M55/2		(M)87	03:06:52	03:06:48	13.55	00:41:56 / 56 [14.31]	01:29:24 / 67 [14.16]	02:08:03 / 84 [14.06]
91	1215	HEILBOCK JÜRGEN	FRANKFURT	GER		65	M40/14		(M)88	03:07:15	03:07:08	13.53	00:42:40 / 84 [14.06]	01:29:36 / 74 [14.13]	02:10:08 / 96 [13.83]
92	480	FRANKOWSKI DAMIAN	WROCŁAW	POL	WKB PIAST WROCŁAW	70	M35/15		(M)89	03:07:28	03:07:24	13.51	00:44:28 / 146 [13.49]	01:33:41 / 138 [13.51]	02:12:50 / 119 [13.55]
93	1823	DRAŻEK PAWEŁ	BELCHATÓW	POL		68	M40/15		(M)90	03:07:30	03:06:27	13.58	00:44:29 / 147 [13.49]	01:33:15 / 134 [13.58]	02:12:06 / 113 [13.63]
94	549	SOBOLEWSKI ZDZISŁAW	MIŁOGOSTOWICE	POL	KB LEW LEGNICA	63	M45/13		(M)91	03:07:47	03:07:39	13.49	00:44:09 / 137 [13.59]	01:33:19 / 135 [13.57]	02:11:50 / 111 [13.65]
95	47	SOBCZYK BARBARA	WROCŁAW	POL	AZS POLITECHNIKA OPOLSKA	86	K20/2		(K)4	03:07:50	03:07:50	13.48	00:42:54 / 118 [13.99]	01:31:48 / 121 [13.79]	
96	729	CHROSTEK KRZYSZTOF	ZĄBKOWICE ŚLĄSKIE	POL		87	M20/11		(M)92	03:07:53	03:07:53	13.47	00:42:44 / 107 [14.04]	01:31:47 / 119 [13.79]	02:11:37 / 110 [13.68]
97	1496	KOWALSKI JAROSŁAW	TRAWNIKI	POL	WSOWLĄD.	89	M20/12		(M)93	03:08:10	03:07:59	13.47	00:42:22 / 75 [14.16]	01:29:24 / 69 [14.16]	02:07:33 / 66 [14.11]
98	1807	PIECHOWIAK PRZEMYSŁAW	SULEJEWÓ	POL	MARATON LESZNO	62	M45/14		(M)94	03:08:20	03:08:03	13.46	00:42:44 / 101 [14.04]	01:30:30 / 100 [13.99]	02:10:13 / 100 [13.82]
99	892	DYK MIROSLAW	SOSNOWIEC	POL	MARATONYPOLSKIE.PL TEAM	74	M35/16		(M)95	03:08:34	03:08:22	13.44	00:43:54 / 132 [13.67]	01:32:34 / 128 [13.68]	02:12:30 / 117 [13.58]
100	1540	KNOP PIOTR	WOLA ZAŁĘŻNA	POL	OLIMPIA WOLA ZAŁĘŻNA	73	M35/17		(M)96	03:08:40	03:08:28	13.43	00:42:43 / 92 [14.05]	01:29:36 / 75 [14.13]	02:07:49 / 73 [14.08]
101	1561	KUBIK JÓZEF	ROPCZYCE	POL	RUCH DLA ZDROWIA RZESZOW	61	M45/15		(M)97	03:09:03	03:08:56	13.40	00:42:44 / 108 [14.04]	01:30:52 / 107 [13.93]	02:11:32 / 109 [13.68]
102	1436	DZIEKOŃSKI TADEUSZ	BIALYSTOK	POL		50	M55/3		(M)98	03:09:42	03:09:37	13.35	00:44:53 / 168 [13.37]	01:34:43 / 159 [13.37]	02:14:43 / 137 [13.36]
103	826	MLAK KAZIMIERZ	MILIKOWICE	POL	HERMES ŚWIDNICA	58	M50/8		(M)99	03:10:02	03:09:52	13.33	00:44:28 / 145 [13.49]	01:33:41 / 140 [13.51]	02:12:52 / 122 [13.55]
104	717	CHATYS FILIP	WROCŁAW	POL	AZS POLITECHNIKA WROCŁAWSKA	85	M20/13		(M)100	03:10:12	03:09:23	13.37	00:45:02 / 172 [13.32]	01:34:35 / 152 [13.39]	02:14:36 / 135 [13.37]
105	793	PAĞOWSKI ANDRZEJ	WROCŁAW	POL	AKADEMIA OBRONY NARODOWEJ	73	M35/18	Nauc/18	(M)101	03:10:15	03:10:02	13.32	00:45:29 / 177 [13.19]	01:35:42 / 170 [13.23]	02:16:09 / 152 [13.22]
106	743	POLAŃSKI PIOTR	WARSZAWA	POL	WARSZAWA-MOKOTÓW	65	M40/16		(M)102	03:10:29	03:09:41	13.35	00:44:32 / 152 [13.47]	01:33:42 / 143 [13.51]	02:12:50 / 121 [13.55]
107	1043	MACIEJEWSKI MAREK	MYSŁOWICE	POL		61	M45/16		(M)103	03:10:32	03:10:20	13.30	00:41:58 / 65 [14.30]	01:30:11 / 98 [14.04]	02:10:37 / 105 [13.78]
108	973	WĘGLER JAROSŁAW	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	70	M35/19		(M)104	03:10:37	03:10:30	13.29	00:40:52 / 40 [14.68]	01:27:42 / 45 [14.44]	02:06:43 / 56 [14.20]
109	1854	PRZYBYSZ DOROTA	GRODZISK WLKP	POL	GRODZISKI KLUB BIEGACZA	66	K40/1		(K)5	03:10:38	03:10:35	13.28	00:44:38 / 157 [13.44]	01:34:37 / 154 [13.38]	02:14:48 / 138 [13.35]
110	1819	BUCHAJEWICZ ANDRZEJ	ROTMANKA	POL	MCKWADRAT ROTMANKA	66	M40/17		(M)105	03:10:43	03:10:34	13.29	00:42:46 / 116 [14.03]	01:31:46 / 118 [13.80]	02:13:24 / 128 [13.49]
111	1367	WÓJTOWICZ PATRYK	SIECHNICE	POL		78	M30/19		(M)106	03:10:43	03:10:35	13.28	00:44:32 / 154 [13.47]	01:33:41 / 141 [13.51]	02:13:53 / 132 [13.44]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
112	196	PILARSKI DIONIZY	OLEŚNICA	POL	KB LUPUS OLEŚNICA	61	M45/17		(M)107	03:10:45	03:10:41	13.28	00:43:19 / 123 [13.85]	01:31:29 / 113 [13.84]	02:10:18 / 103 [13.81]
113	784	TOMCZAK HENRYK	WROCLAW	POL	WKB PIAST WROCLAW	62	M45/18		(M)108	03:11:03	03:10:46	13.27	00:41:56 / 55 [14.31]	01:29:24 / 66 [14.16]	02:09:07 / 94 [13.94]
114	1014	DEGA RYSZARD	USTKA	POL	KB TUPOT USTKA	55	M50/9		(M)109	03:11:13	03:10:54	13.26	00:44:50 / 160 [13.38]	01:34:58 / 163 [13.33]	02:14:48 / 139 [13.35]
115	737	SOIŃSKI JAKUB	RYBNIK	POL	KS KANDAHAR	86	M20/14		(M)110	03:11:20	03:11:06	13.25	00:42:22 / 76 [14.16]	01:29:53 / 95 [14.08]	02:10:08 / 97 [13.83]
116	104	RYBA JAN	WROCLAW	POL		62	M45/19		(M)111	03:11:24	03:11:21	13.23	00:44:28 / 144 [13.49]	01:33:41 / 137 [13.51]	02:13:13 / 125 [13.51]
117	1900	PELCHEN TOMASZ	GRÓJEC	POL	BIEGIEM PRZEZ POLSKĘ	74	M35/20		(M)112	03:11:39	03:11:26	13.22	00:46:35 / 263 [12.88]	01:36:22 / 177 [13.14]	02:16:34 / 154 [13.18]
118	1835	CHMURA MARCIN	DOBRODZIEN	POL		85	M20/15		(M)113	03:11:41	03:11:30	13.22	00:42:03 / 67 [14.27]	01:29:40 / 93 [14.12]	02:10:09 / 98 [13.83]
119	927	GÓRKA MARCIN	JODŁOWNIK GORLICE	POL	MARATONYPOLSKIE.PL TEAM	83	M25/12		(M)114	03:11:43	03:11:33	13.22	00:44:52 / 165 [13.37]	01:34:37 / 156 [13.38]	02:14:48 / 140 [13.35]
120	673	SOKOŁOWSKI MAREK	MYSŁOWICE-WESOŁA	POL		69	M40/18		(M)115	03:11:55	03:11:49	13.20	00:42:40 / 83 [14.06]	01:31:34 / 115 [13.83]	02:12:49 / 118 [13.55]
121	1838	DUDA DARIUSZ	ZIELONA GÓRA	POL	MARATONYPOLSKIE.PL TEAM	62	M45/20		(M)116	03:11:59	03:11:50	13.20	00:44:50 / 159 [13.38]	01:34:58 / 161 [13.33]	02:14:54 / 141 [13.34]
122	1236	MACIASZCZYK WOJCIECH	STRZAŁKOWO	POL		73	M35/21		(M)117	03:12:34	03:12:24	13.16	00:45:29 / 178 [13.19]	01:36:38 / 184 [13.10]	02:17:29 / 166 [13.09]
123	109	KURIATA ROBERT	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	66	M40/19		(M)118	03:12:35	03:12:17	13.17	00:46:41 / 266 [12.85]	01:37:21 / 207 [13.00]	02:18:09 / 186 [13.03]
124	2033	OVERWATER THOMAS	EDMONTON	CAN		54	M55/4		(M)119	03:12:40	03:12:29	13.15	00:43:14 / 122 [13.88]	01:32:44 / 129 [13.65]	02:13:19 / 127 [13.50]
125	1731	BŁASZCZYK RAFAŁ	ROTMANKA	POL	MCKWADRAT ROTMANKA	75	M30/20	Farm/1	(M)120	03:12:47	03:12:26	13.16	00:45:46 / 186 [13.11]	01:34:36 / 153 [13.38]	02:14:08 / 133 [13.42]
126	1606	CHOJNACKI SEBASTIAN	TORUŃ	POL	KM UMK TORUŃ	77	M30/21		(M)121	03:12:52	03:12:30	13.15	00:46:13 / 207 [12.98]	01:36:40 / 189 [13.10]	02:17:04 / 160 [13.13]
127	1320	STASICZEK JAN	KATOWICE	POL	WKB META LUBLINIEC	75	M30/22	Farm/2	(M)122	03:12:59	03:12:45	13.13	00:46:57 / 276 [12.78]	01:38:11 / 262 [12.89]	02:18:01 / 177 [13.04]
128	734	KWIATKOWSKI ANDRZEJ	WROCLAW	POL		73	M35/22		(M)123	03:13:22	03:12:38	13.14	00:44:53 / 169 [13.37]	01:33:43 / 144 [13.51]	02:15:09 / 145 [13.32]
129	623	CHACUŚ RYSZARD	REDZIKOWO	POL	KB TUPOT USTKA	73	M35/23		(M)124	03:13:23	03:13:05	13.11	00:44:50 / 161 [13.38]	01:34:58 / 162 [13.33]	02:15:02 / 143 [13.33]
130	1406	PANCHYRZ TOMASZ	CHORZÓW	POL		84	M25/13		(M)125	03:13:31	03:13:16	13.10	00:46:20 / 216 [12.95]	01:37:20 / 201 [13.01]	02:18:08 / 184 [13.03]
131	461	GURGUL RYSZARD	WALBRZYCH	POL	DEBY WALBRZYCH	55	M50/10		(M)126	03:13:36	03:13:19	13.10	00:45:42 / 184 [13.13]	01:34:37 / 155 [13.38]	02:14:36 / 134 [13.37]
132	1563	KOPER ADAM	SKÓRKA	POL		78	M30/23		(M)127	03:13:41	03:13:27	13.09	00:44:12 / 140 [13.57]	01:34:17 / 149 [13.43]	02:15:32 / 147 [13.28]
133	951	CZUCHWICKI WACŁAW	ZBAŚZYŃ	POL	TKKF ŁABĘDŹ ZBAŚZYŃ	58	M50/11	Nauc/19	(M)128	03:13:42	03:11:18	13.23	00:48:43 / 354 [12.32]	01:37:27 / 246 [12.99]	02:17:39 / 168 [13.08]
134	73	RABENDA MARCIN	PIELGRZYMKI	POL	OLAWS-GATES ZŁOTORYJA	75	M30/24	Nauc/20	(M)129	03:13:48	03:13:30	13.08	00:46:41 / 268 [12.85]	01:37:22 / 216 [13.00]	02:18:10 / 190 [13.03]
135	462	WIERDAK KRZYSZTOF	WROCLAW	POL		87	M20/16		(M)130	03:13:51	03:12:01	13.18	00:44:31 / 151 [13.48]	01:32:22 / 126 [13.71]	02:12:56 / 123 [13.54]
136	1445	STANISZEWSKI ARTUR	KRAKÓW	POL	KRAKÓW AIRPORT	70	M35/24		(M)131	03:13:54	03:13:15	13.10	00:46:20 / 218 [12.95]	01:37:21 / 205 [13.00]	02:18:07 / 180 [13.03]
137	1451	ŚCISŁO MARIUSZ	KRAKÓW	POL	KKB DYSTANS KRAKÓW	78	M30/25		(M)132	03:13:56	03:13:40	13.07	00:46:36 / 264 [12.88]	01:37:31 / 250 [12.98]	02:18:14 / 209 [13.02]
138	1953	KOLISZ ANDRZEJ	OPOLE	POL		70	M35/25		(M)133	03:13:58	03:13:46	13.07	00:46:20 / 219 [12.95]	01:37:21 / 209 [13.00]	02:18:08 / 182 [13.03]
139	200	ROGÓŻ GRZEGORZ	WARSZAWA	POL		69	M40/20		(M)134	03:13:59	03:13:39	13.07	00:45:30 / 182 [13.19]	01:36:39 / 186 [13.10]	02:17:27 / 164 [13.10]
140	628	PASTUCHA MAREK	KRAPKOWICE	POL	CROSS KRAPKOWICE	60	M45/21		(M)135	03:13:59	03:13:45	13.07	00:46:22 / 230 [12.94]	01:37:23 / 222 [13.00]	02:18:11 / 196 [13.03]
141	568	RYMARSKI ARKADIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	75	M30/26		(M)136	03:14:00	03:13:46	13.07	00:46:29 / 258 [12.91]	01:37:25 / 239 [13.00]	02:18:13 / 203 [13.02]
142	1857	NOWICKI ANDRZEJ	BIELAWA	POL	HERMES ŚWIDNICA	61	M45/22		(M)137	03:14:01	03:13:46	13.07	00:46:51 / 272 [12.81]	01:37:35 / 252 [12.97]	02:18:21 / 212 [13.01]
143	504	BODIO DARIUSZ	ZIĘBICE	POL	SPARTA ZIĘBICE	67	M40/21		(M)138	03:14:04	03:14:04	13.05	00:43:34 / 128 [13.77]	01:31:18 / 111 [13.87]	02:12:09 / 114 [13.62]
144	1637	RÓŻAŃSKI MAREK	RUDA ŚLĄSKA	POL		66	M40/22		(M)139	03:14:05	03:13:51	13.06	00:46:22 / 228 [12.94]	01:37:23 / 219 [13.00]	02:18:08 / 183 [13.03]
145	464	KURCZEWSKI BARTOSZ	POZNAŃ	POL	KB MANIAC POZNAŃ	77	M30/27		(M)140	03:14:11	03:14:03	13.05	00:46:10 / 201 [13.00]	01:36:40 / 190 [13.10]	02:16:36 / 155 [13.18]
146	899	PANEJKO WIESŁAW	WROCLAW	POL	BYLEDOBIEC ANIN	55	M50/12		(M)141	03:14:13	03:14:00	13.05	00:46:20 / 220 [12.95]	01:37:21 / 203 [13.00]	02:18:08 / 181 [13.03]
147	950	BURDKA PIOTR	BRZEZINY	POL	JRG BRZEZINY	76	M30/28		(M)142	03:14:26	03:14:10	13.04	00:44:23 / 143 [13.52]	01:32:50 / 133 [13.64]	02:13:31 / 130 [13.48]
148	901	WIEWIÓRA ZBIGNIEW	ŚWINNA	POL	KP PSP ŻYWIEC	82	M25/14		(M)143	03:14:27	03:14:14	13.03	00:46:21 / 225 [12.94]	01:37:22 / 210 [13.00]	02:18:10 / 194 [13.03]
149	954	MIRONCZUK ROMAN	KRAKÓW	POL		76	M30/29		(M)144	03:14:28	03:14:16	13.03	00:42:46 / 115 [14.03]	01:30:48 / 105 [13.94]	02:10:14 / 101 [13.82]
150	1327	ELMINOWSKI WOJCIECH	ELBLĄG	POL	MCKWADRAT ROTMANKA	62	M45/23		(M)145	03:14:32	03:14:19	13.03	00:43:27 / 124 [13.81]	01:32:27 / 127 [13.69]	02:12:26 / 115 [13.59]
151	846	ZIOLKOWSKI DOMINIK	WARSZAWA	POL		83	M25/15		(M)146	03:14:39	03:14:27	13.02	00:42:31 / 82 [14.11]	01:29:21 / 64 [14.17]	02:07:31 / 63 [14.12]
152	50	LEŚNIAK JAN	WALBRZYCH	POL		52	M55/5		(M)147	03:14:42	03:14:42	13.00	00:44:34 / 156 [13.46]	01:35:18 / 166 [13.28]	02:15:03 / 144 [13.33]
153	1755	GŁOWIŃSKI BOGUSŁAW	MOSZCZANKA	POL		64	M45/24		(M)148	03:14:43	03:14:39	13.01	00:40:34 / 39 [14.79]	01:27:47 / 46 [14.42]	02:10:10 / 99 [13.83]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
154	655	KAPA WOJCIECH	WROCLAW	POL	AZS POLITECHNIKA WROCLAWSKA	84	M25/16		(M)149	03:14:46	03:13:45	13.07	00:49:07 / 379 [12.22]	01:39:17 / 273 [12.75]	02:19:32 / 227 [12.90]
155	1268	KRAWCZYK PIOTR	WARSZAWA	POL	STOWARZYSZENIE TERAPEUTÓW	67	M40/23		(M)150	03:14:49	03:14:40	13.01	00:44:49 / 158 [13.39]	01:34:50 / 160 [13.35]	02:15:20 / 146 [13.30]
156	34	RAŃDA PAWEŁ	WROCLAW	POL		79	M30/30		(M)151	03:14:53	03:14:52	12.99	00:46:18 / 210 [12.96]	01:39:40 / 280 [12.70]	02:22:43 / 271 [12.61]
157	802	LENART JACEK	ZGORZELEC	POL	EDI TEAM ZGORZELEC	70	M35/26		(M)152	03:14:56	03:14:43	13.00	00:46:20 / 213 [12.95]	01:37:21 / 208 [13.00]	02:18:09 / 187 [13.03]
158	577	MROCKOWSKI KRYSZTIAN	ZGORZELEC	POL	EDI TEAM ZGORZELEC	74	M35/27		(M)153	03:15:31	03:15:21	12.96	00:44:12 / 139 [13.57]	01:33:42 / 142 [13.51]	02:15:37 / 148 [13.27]
159	983	JARECKI IRENEUSZ	TRZEBNICA	POL	LZS TRZEBNICA	70	M35/28		(M)154	03:15:32	03:15:24	12.96	00:46:04 / 191 [13.02]	01:37:23 / 220 [13.00]	02:18:15 / 210 [13.02]
160	1584	NOWARA ANDRZEJ	RZECZYCE	POL		65	M40/24		(M)155	03:15:34	03:15:25	12.96	00:46:22 / 235 [12.94]	01:37:22 / 213 [13.00]	02:17:59 / 176 [13.05]
161	992	SKALSKI PIOTR	GRODZISK MAZOWIECKI	POL		67	M40/25		(M)156	03:15:43	03:15:31	12.95	00:46:20 / 214 [12.95]	01:37:23 / 227 [13.00]	02:18:12 / 201 [13.02]
162	805	ŚWIATOWY RADOSŁAW	ŚWIDNICA	POL	HERMES ŚWIDNICA	84	M25/17		(M)157	03:15:47	03:15:26	12.95	00:45:29 / 180 [13.19]	01:36:38 / 185 [13.10]	02:17:54 / 172 [13.05]
163	493	MEDEL KRZYSZTOF	KOCZAŁA	POL		82	M25/18		(M)158	03:15:50	03:15:39	12.94	00:42:45 / 112 [14.04]	01:30:20 / 99 [14.01]	02:10:57 / 107 [13.75]
164	154	PLESNER MIECZYSLAW	MOCZYDLNICA	POL		71	M35/29		(M)159	03:15:51	03:15:41	12.94	00:45:46 / 185 [13.11]	01:35:56 / 172 [13.20]	02:16:46 / 157 [13.16]
165	689	RUDY JACEK	WROCLAW	POL	STRAZ MIEJSKA W-W	80	M25/19		(M)160	03:15:56	03:15:41	12.94	00:46:24 / 253 [12.93]	01:37:24 / 233 [13.00]	02:18:12 / 199 [13.02]
166	1904	HABIEDA LUCJAN	FRYDMAN	POL	IM 2010	67	M40/26	Leka/1	(M)161	03:15:59	03:15:40	12.94	00:44:30 / 149 [13.48]	01:31:47 / 120 [13.79]	02:11:56 / 112 [13.64]
167	1881	STODOLSKI TOMASZ	OSTRÓW WLKP	POL	KS MARATON OSTRÓW WLKP.	56	M50/13		(M)162	03:16:08	03:15:59	12.92	00:46:06 / 193 [13.02]	01:36:37 / 183 [13.10]	02:17:23 / 163 [13.10]
168	2074	KARPIŃSKI DAWID	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	85	M20/17		(M)163	03:16:12	03:15:44	12.93	00:47:20 / 292 [12.68]	01:36:57 / 192 [13.06]	02:17:44 / 169 [13.07]
169	1354	COMSULEA MIHAI	LONDON	GBR	SERPENTINE RC	73	M35/30		(M)164	03:16:14	03:15:54	12.92	00:46:21 / 224 [12.94]	01:37:06 / 196 [13.04]	02:17:46 / 170 [13.07]
170	1396	MICHAŁEK DARIUSZ	KRAKÓW	POL		67	M40/27		(M)165	03:16:15	03:16:08	12.91	00:42:45 / 111 [14.04]	01:31:30 / 114 [13.84]	02:13:18 / 126 [13.50]
171	977	HORBACZ MARCIN	ŁOBEZ	POL	ŁOBESKI KLUB BIEGACZA TRUCHT	75	M30/31		(M)166	03:16:18	03:16:04	12.91	00:46:21 / 227 [12.94]	01:37:25 / 243 [13.00]	02:18:13 / 204 [13.02]
172	1615	DZIEWA MARCIN	NISKO	POL	WKB PIAST WROCLAW	81	M25/20		(M)167	03:16:19	03:14:26	13.02	00:49:05 / 378 [12.22]	01:41:38 / 324 [12.46]	02:21:47 / 250 [12.70]
173	1716	WYKA JERZY	PĘGÓW	POL	SUPERMARATON KALISZ	76	M30/32		(M)168	03:16:21	03:15:59	12.92	00:46:23 / 236 [12.94]	01:37:25 / 236 [13.00]	02:18:12 / 200 [13.02]
174	22	POPIEL GRAŻYNA	TRZEBNICA	POL	PRZEBIEGLI	62	K45/1		(K)6	03:16:22	03:16:15	12.90	00:44:30 / 150 [13.48]	01:35:20 / 167 [13.28]	02:17:56 / 173 [13.05]
175	1006	NAGÓREK KRZYSZTOF	SŁUPSK	POL	TUPOT USTKA	57	M50/14		(M)169	03:16:24	03:16:18	12.90	00:44:51 / 162 [13.38]	01:35:00 / 164 [13.33]	02:16:01 / 150 [13.23]
176	1437	WYLECIAŁ DOROTA	KATOWICE, TRUCHTACZ	POL		60	K45/2	Nauc/21	(K)7	03:16:29	03:16:11	12.90	00:46:24 / 248 [12.93]	01:37:34 / 251 [12.98]	02:19:09 / 223 [12.94]
177	108	MIKA JÓZEF	POZNAŃ	POL	BRYLANT KÓRNIK	60	M45/25		(M)170	03:16:30	03:16:18	12.90	00:46:12 / 206 [12.99]	01:37:06 / 197 [13.04]	02:17:58 / 174 [13.05]
178	1678	SZPAK DAMIAN	TYCHY	POL	DOLINIARZE.COM	61	M45/26		(M)171	03:16:34	03:16:14	12.90	00:46:23 / 243 [12.94]	01:37:24 / 231 [13.00]	02:18:12 / 202 [13.02]
179	1659	WOJAKOWSKI ANDRZEJ	WARSZAWA	POL	WARSZAWA-WILANÓW	59	M50/15		(M)172	03:16:46	03:16:32	12.88	00:42:44 / 106 [14.04]	01:31:42 / 116 [13.81]	02:13:30 / 129 [13.48]
180	340	CZYŻEWSKI DARIUSZ	BYDGOSZCZ	POL		70	M35/31	Nauc/22	(M)173	03:16:52	03:16:36	12.88	00:46:24 / 251 [12.93]	01:37:31 / 249 [12.98]	02:18:27 / 215 [13.00]
181	759	PITEK MARCIN	JEZOW SUDECKI	POL		78	M30/33		(M)174	03:16:53	03:16:33	12.88	00:46:24 / 246 [12.93]	01:37:24 / 230 [13.00]	02:18:14 / 208 [13.02]
182	1514	RADZIEJEWSKI ZENON	WRZEŚNIA	POL	KB KOSYNIER WRZEŚNIA	61	M45/27		(M)175	03:16:58	03:16:53	12.86	00:41:57 / 60 [14.30]	01:30:43 / 103 [13.96]	02:13:34 / 131 [13.48]
183	1427	MICH ŁUKASZ	SOKOŁOWSKO	POL		85	M20/18		(M)176	03:17:01	03:15:46	12.93	00:46:10 / 200 [13.00]	01:34:23 / 150 [13.41]	02:14:58 / 142 [13.34]
184	1198	WOLAK EDWARD	LUBIN	POL	ZG LUBIN	52	M55/6		(M)177	03:17:03	03:16:50	12.86	00:46:20 / 215 [12.95]	01:37:21 / 204 [13.00]	02:18:09 / 185 [13.03]
185	869	SMOLEŃ BOGUSŁAW	OLSZTYN	POL		68	M40/28		(M)178	03:17:15	03:16:55	12.86	00:45:30 / 181 [13.19]	01:35:40 / 169 [13.23]	02:16:46 / 158 [13.16]
186	399	CZUK TOMASZ	SZCZECINEK	POL	SAPIK SZCZECINEK	67	M40/29		(M)179	03:17:30	03:17:11	12.84	00:43:54 / 133 [13.67]	01:33:57 / 148 [13.48]	02:16:39 / 156 [13.17]
187	234	KARBOWIAK HUBERT	WROCLAW	POL	WKB PIAST WROCLAW	69	M40/30		(M)180	03:17:32	03:17:08	12.84	00:46:58 / 277 [12.78]	01:39:11 / 269 [12.76]	02:20:10 / 237 [12.84]
188	769	WIRA MIROSLAW	WROCLAW	POL	WKB PIAST WROCLAW	59	M50/16		(M)181	03:17:51	03:16:43	12.87	00:46:06 / 192 [13.02]	01:36:30 / 181 [13.12]	02:16:55 / 159 [13.15]
189	1814	LUBIENIECKI MACIEJ	MIELEC	POL	GURK-KLAGENFURT	79	M30/34		(M)182	03:17:58	03:17:52	12.79	00:41:41 / 53 [14.39]	01:33:44 / 146 [13.51]	02:16:22 / 153 [13.20]
190	1085	JEZIORAŃSKI MAREK	KARCZÓW	POL		75	M30/35		(M)183	03:18:07	03:17:51	12.80	00:48:08 / 317 [12.47]	01:41:26 / 315 [12.48]	02:22:40 / 270 [12.62]
191	955	STACHOWSKI MIROSLAW	ŻARY	POL	11 LDKPANC ŻAGAŃ	64	M45/28		(M)184	03:18:24	03:17:53	12.79	00:42:23 / 77 [14.16]	01:28:46 / 55 [14.26]	02:07:26 / 60 [14.13]
192	125	POGORZELSKI GRZEGORZ	WAŁBRZYCH	POL	DRUŻYNA SZPIKU	62	M45/29		(M)185	03:18:36	03:18:19	12.77	00:46:24 / 249 [12.93]	01:37:28 / 248 [12.99]	02:18:27 / 216 [13.00]
193	1424	KULPECKI PIOTR	BĘDZIN	POL	GRUPA BIEGOWA DĄBROWA GÓRNICZA	70	M35/32		(M)186	03:18:45	03:18:32	12.75	00:46:23 / 241 [12.94]	01:37:08 / 198 [13.03]	02:18:10 / 191 [13.03]
194	1483	DĄBKOWSKI KRZYSZTOF	GRODZISK MAZOWIECKI	POL		68	M40/31		(M)187	03:18:46	03:18:28	12.76	00:47:48 / 305 [12.55]	01:40:54 / 306 [12.55]	02:22:19 / 262 [12.65]
195	1047	GAWEL BOGDAN	OŚWIĘCIM-ZABORZE	POL	MIL.SPORTU I REK.ZABORZE	56	M50/17		(M)188	03:18:58	03:18:46	12.74	00:46:22 / 233 [12.94]	01:37:22 / 218 [13.00]	02:18:10 / 193 [13.03]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km		
196	1166	WILCZYŃSKI STANISŁAW	ŁÓDŹ	POL		47	M60/1	(M)189	03:19:04	03:18:48	12.73	00:46:18 / 209 [12.96]	01:37:21 / 206 [13.00]	02:18:13 / 206 [13.02]	
197	659	WRÓBEL DARIUSZ	BYSTRZYCA	POL		80	M25/21	(M)190	03:19:11	03:18:49	12.73	00:42:44 / 102 [14.04]	01:29:38 / 86 [14.12]	02:10:51 / 106 [13.76]	
198	338	KACZMAREK ZBIGNIEW	TRZEBNICA	POL	LZS TRZEBNICA	72	M35/33	(M)191	03:19:15	03:19:02	12.72	00:42:46 / 114 [14.03]	01:29:39 / 88 [14.12]	02:10:22 / 104 [13.81]	
199	1707	TOPA SŁAWOMIR	LIBIAŹ	POL	CHRZANÓW	66	M40/32	(M)192	03:19:32	03:19:21	12.70	00:46:23 / 238 [12.94]	01:37:23 / 223 [13.00]	02:18:15 / 211 [13.02]	
200	1308	ZYCH MARIUSZ	BIELSKO BIAŁA	POL		72	M35/34	(M)193	03:19:51	03:19:47	12.67	00:46:56 / 275 [12.78]	01:40:19 / 291 [12.62]	02:22:07 / 257 [12.67]	
201	75	JAGIELSKI MARCIN	ŚWIEBODZICE	POL	OLAWS-GATES ZŁOTORYJA	91	M20/19	(M)194	03:19:52	03:19:30	12.69	00:49:45 / 437 [12.06]	01:44:24 / 415 [12.13]	02:25:02 / 303 [12.41]	
202	543	DZIĘCIOŁ PIOTR	BARLINEK	POL	BARLINEK RUNNING TEAM	71	M35/35	Nauc/23	(M)195	03:19:58	03:19:41	12.68	00:46:23 / 240 [12.94]	01:37:25 / 242 [13.00]	02:19:02 / 221 [12.95]
203	1083	GRUSZCZYŃSKI DARIUSZ	BELCHATÓW	POL		68	M40/33	(M)196	03:20:08	03:18:51	12.73	00:48:11 / 319 [12.45]	01:40:16 / 289 [12.63]	02:22:24 / 264 [12.64]	
204	1665	FIGIEL JAKUB	WROCLAW	POL	NIKE POLAND	81	M25/22	(M)197	03:20:21	03:19:42	12.68	00:48:34 / 331 [12.35]	01:42:31 / 351 [12.35]	02:23:30 / 281 [12.54]	
205	507	LICHOSIK JERZY	JELENIA GÓRA	POL		50	M55/7	(M)198	03:20:28	03:20:04	12.65	00:46:23 / 244 [12.94]	01:37:25 / 237 [13.00]	02:18:14 / 207 [13.02]	
206	369	DUL WIESŁAW	JELENIA GÓRA	POL		52	M55/8	(M)199	03:20:32	03:20:19	12.64	00:46:21 / 221 [12.94]	01:37:24 / 229 [13.00]	02:19:57 / 232 [12.86]	
207	920	KĘPSKI ROBERT	WROCLAW	POL		74	M35/36	(M)200	03:20:53	03:20:32	12.62	00:44:54 / 170 [13.36]	01:36:40 / 188 [13.10]	02:18:26 / 214 [13.00]	
208	1145	KAWOŃ PIOTR	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	80	M25/23	(M)201	03:20:56	03:20:43	12.61	00:43:33 / 126 [13.78]	01:30:53 / 108 [13.93]	02:11:16 / 108 [13.71]	
209	925	JERZYK ARTUR	BARANÓW	POL		74	M35/37	(M)202	03:21:05	03:20:55	12.60	00:47:45 / 303 [12.57]	01:40:39 / 300 [12.58]	02:23:42 / 283 [12.53]	
210	195	JUREK BOGDAN	MOSINA	POL	DRUŻYNA SZPIKU	65	M40/34	(M)203	03:21:05	03:20:55	12.60	00:47:49 / 306 [12.55]	01:41:02 / 309 [12.53]	02:23:42 / 284 [12.53]	
211	387	POTHANIAK KRYSZTIAN	POLKOWICE	POL	TKKF START POLKOWICE	78	M30/36	(M)204	03:21:06	03:20:55	12.60	00:42:41 / 86 [14.06]	01:29:37 / 76 [14.13]	02:08:54 / 91 [13.96]	
212	1849	AIJON JUAN	MADRID	ESP		67	M40/35	(M)205	03:21:09	03:21:03	12.59	00:45:08 / 175 [13.29]	01:37:57 / 260 [12.92]	02:22:06 / 256 [12.67]	
213	1423	GIEMZA STANISŁAW	BIELSKO-BIAŁA	POL	DRUŻYNA SZPIKU	51	M55/9	(M)206	03:21:11	03:19:59	12.66	00:49:14 / 394 [12.19]	01:39:52 / 282 [12.68]	02:21:07 / 245 [12.76]	
214	1370	WAROT KRZYSZTOF	WARSZAWA	POL		69	M40/36	Leka/2	(M)207	03:21:15	03:19:36	12.68	00:46:59 / 278 [12.77]	01:37:37 / 253 [12.97]	02:18:41 / 220 [12.98]
215	1636	FIECHOWSKI JANUSZ	GDYNIA	POL		58	M50/18	(M)208	03:21:28	03:21:06	12.59	00:46:50 / 271 [12.81]	01:38:56 / 266 [12.80]	02:21:30 / 248 [12.72]	
216	1254	JANKOWSKI LECH	SZCZECIN	POL	KLUB BIEGACZA TPSA	55	M50/19	(M)209	03:21:36	03:21:26	12.57	00:43:46 / 130 [13.71]	01:33:41 / 139 [13.51]	02:16:05 / 151 [13.23]	
217	1717	KUCHARSKI MAREK	PIASECZNO	POL	GAZETA WYBORCZA	74	M35/38	(M)210	03:21:42	03:21:11	12.58	00:49:12 / 390 [12.20]	01:41:47 / 325 [12.44]	02:22:40 / 269 [12.62]	
218	1685	GRADEK DARIUSZ	KRAKÓW	POL	KKB DYSTANS KRAKÓW	71	M35/39	(M)211	03:22:00	03:21:44	12.55	00:48:11 / 320 [12.45]	01:40:16 / 290 [12.63]	02:22:26 / 265 [12.64]	
219	1572	KRAWIEC ANDRZEJ	SZTUM	POL	LKS ZANTYR SZTUM	61	M45/30	(M)212	03:22:02	03:21:47	12.55	00:47:23 / 293 [12.66]	01:39:19 / 275 [12.75]	02:22:00 / 254 [12.68]	
220	953	ARTYSZUK KAMIL	WARSZAWA	POL		84	M25/24	(M)213	03:22:22	03:21:55	12.54	00:49:53 / 457 [12.03]	01:44:49 / 438 [12.08]	02:25:44 / 316 [12.35]	
221	1334	DOBROWOLSKI EMILIAN	WROCLAW	POL	SKSM SOBÓTKA	77	M30/37	(M)214	03:22:31	03:22:14	12.52	00:49:26 / 405 [12.14]	01:43:32 / 385 [12.23]	02:26:24 / 344 [12.30]	
222	1681	PALECZNY PAWEŁ	KOŻUCHÓW	POL	11 BATALION REMONTOWY ŻAGAŃ	77	M30/38	(M)215	03:22:32	03:22:24	12.51	00:42:25 / 78 [14.15]	01:31:27 / 112 [13.84]	02:15:41 / 149 [13.27]	
223	890	JANUSZ BARTŁOMIEJ	KATOWICE	POL	GAST TEAM	75	M30/39	(M)216	03:22:36	03:22:15	12.52	00:46:35 / 261 [12.88]	01:37:45 / 258 [12.95]	02:19:13 / 225 [12.93]	
224	1757	SMOLARZ MAREK	MILICZ	POL	BOBRY&BORSUKI	81	M25/25	(M)217	03:22:37	03:22:15	12.52	00:47:59 / 312 [12.50]	01:38:52 / 265 [12.81]	02:20:44 / 242 [12.79]	
225	1510	KNOBLOCH SZYMON	PIEKARY ŚLĄSKIE	POL		73	M35/40	(M)218	03:22:53	03:21:49	12.54	00:49:56 / 499 [12.02]	01:44:22 / 412 [12.13]	02:27:06 / 355 [12.24]	
226	1217	ZŁONKIEWICZ MAREK	RZESZÓW	POL		70	M35/41	(M)219	03:22:53	03:22:05	12.53	00:47:43 / 300 [12.57]	01:40:39 / 299 [12.58]	02:23:51 / 287 [12.51]	
227	1551	KOŹMIC RYSZARD	POLICE	POL	UKL ÓSEMKA POLICE	53	M55/10	(M)220	03:22:54	03:22:26	12.51	00:46:21 / 226 [12.94]	01:37:22 / 211 [13.00]	02:18:10 / 192 [13.03]	
228	1852	GUZY PIOTR	CZECHOWICE-DZIEDZICE	POL	BIEGANIE.PL	82	M25/26	(M)221	03:22:55	03:22:36	12.50	00:46:23 / 237 [12.94]	01:37:24 / 228 [13.00]	02:18:28 / 217 [13.00]	
229	2105	KONYEL ADAM	BYDGOSZCZ			65	M40/37	(M)222	03:22:57	03:22:41	12.49	00:46:23 / 242 [12.94]	01:37:23 / 226 [13.00]	02:18:11 / 195 [13.03]	
230	360	FRYDRYCH SEBASTIAN	ZGORZELEC	POL	EDI TEAM ZGORZELEC	75	M30/40	(M)223	03:23:02	03:22:59	12.47	00:45:54 / 189 [13.07]	01:37:15 / 200 [13.02]	02:20:25 / 240 [12.82]	
231	72	NALEPKA JERZY	SANOK	POL	SGMM SANOK	50	M55/11	(M)224	03:23:06	03:22:40	12.49	00:50:25 / 565 [11.90]	01:44:32 / 421 [12.11]	02:26:59 / 349 [12.25]	
232	1885	HURST ANTHONY	STOCKPORT	GBR		61	M45/31	(M)225	03:23:11	03:22:27	12.51	00:52:05 / 673 [11.52]	01:50:35 / 689 [11.45]	02:30:31 / 501 [11.96]	
233	742	TOKARCZYK MAREK	NOWY SĄCZ	POL	VISEGRAD MARATON RYTRO	74	M35/42	(M)226	03:23:13	03:22:48	12.48	00:49:13 / 392 [12.19]	01:42:05 / 332 [12.40]	02:24:50 / 297 [12.43]	
234	1136	JACHNIK SABINA	SZCZECIN	POL		72	K35/3	(K)8	03:23:13	03:22:18	12.51	00:48:44 / 359 [12.31]	01:42:32 / 356 [12.35]	02:25:18 / 309 [12.39]	
235	130	OTROCKI MICHAŁ	BIELAWA	POL		78	M30/41	(M)227	03:23:21	03:23:09	12.46	00:46:11 / 205 [12.99]	01:37:22 / 217 [13.00]	02:18:25 / 213 [13.00]	
236	1752	ROZENBERG SŁAWOMIR	SZTUM	POL	LKS ZANTYR SZTUM	65	M40/38	(M)228	03:23:22	03:23:03	12.47	00:48:43 / 353 [12.32]	01:42:33 / 361 [12.35]	02:26:03 / 323 [12.32]	
237	824	KĘPA WIESŁAW	BIELAWA	POL	HERMES ŚWIDNICA	59	M50/20	(M)229	03:23:26	03:23:17	12.45	00:46:23 / 245 [12.94]	01:39:21 / 276 [12.74]	02:21:48 / 251 [12.69]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
238	38	DREWNICKA-OGRODNIK JOANNA	WROCLAW/PRZEMILÓW	POL	INTENSO	67	K40/2		(K)9	03:23:40	03:23:39	12.43	00:46:08 / 197 [13.01]	01:39:13 / 272 [12.76]	02:22:24 / 263 [12.64]
239	408	KARWICKI TOMASZ	GŁOGÓW	POL	KB GYMNASION WARSZAWA	79	M30/42		(M)230	03:23:56	03:23:52	12.42	00:49:59 / 535 [12.00]	01:44:33 / 422 [12.11]	02:27:00 / 350 [12.24]
240	1130	KOZŁOWSKI KRYSZTIAN	ZŁOTORYJA	POL	AURUM KOBUD-ZŁOTORYJA	85	M20/20		(M)231	03:23:59	03:22:47	12.48	00:50:22 / 559 [11.91]	01:44:50 / 439 [12.08]	02:28:27 / 396 [12.13]
241	969	GARBACZ ZBIGNIEW	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	61	M45/32		(M)232	03:24:07	03:23:37	12.43	00:49:50 / 450 [12.04]	01:44:56 / 448 [12.06]	02:29:38 / 477 [12.03]
242	267	PRZYBYTKOWSKI ADAM	BYSTRZYCA	POL	BYSTRZYCA KŁODZKA	70	M35/43		(M)233	03:24:09	03:23:46	12.42	00:47:23 / 294 [12.66]	01:39:34 / 278 [12.72]	02:23:00 / 273 [12.59]
243	970	GÓRSKI MARIAN	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	57	M50/21		(M)234	03:24:14	03:24:09	12.40	00:49:50 / 449 [12.04]	01:44:56 / 449 [12.06]	02:28:36 / 403 [12.11]
244	197	PASTUSZKA TOMASZ	WROCLAW	POL	ORKIESTRA REPREZENTACYJNA ŚLĄSKIEGO OKRĘGU WOJSKOWEGO	82	M25/27		(M)235	03:24:17	03:23:36	12.43	00:47:45 / 302 [12.57]	01:39:12 / 270 [12.76]	02:21:09 / 246 [12.75]
245	1216	MAĆKÓW WALDEMAR	NYSA	POL	DO CELU	83	M25/28		(M)236	03:24:18	03:24:11	12.40	00:45:29 / 179 [13.19]	01:35:48 / 171 [13.22]	02:17:33 / 167 [13.09]
246	1250	ORSZULAK PIOTR	WROCLAW	POL		69	M40/39		(M)237	03:24:23	03:24:12	12.40	00:42:11 / 70 [14.22]	01:31:55 / 123 [13.77]	02:17:59 / 175 [13.05]
247	322	DĄBKOWSKI MACIEJ	SOLEC KUJAWSKI	POL		75	M30/43	Nauc/24	(M)238	03:24:25	03:23:08	12.46	00:49:12 / 389 [12.20]	01:42:08 / 337 [12.40]	02:24:51 / 299 [12.43]
248	1431	KANAFI SZYMON	BOREK WIELKOPOLSKI	POL	KB MIŚ BOREK WIELKOPOLSKI	89	M20/21		(M)239	03:24:28	03:23:58	12.41	00:49:58 / 525 [12.01]	01:45:03 / 485 [12.05]	02:29:18 / 439 [12.06]
249	1031	IŁOWSKI WIKTOR	ZIĘBICE	POL	SPARTA ZIĘBICE	77	M30/44		(M)240	03:24:30	03:23:36	12.43	00:49:43 / 434 [12.07]	01:41:32 / 321 [12.47]	02:23:58 / 291 [12.50]
250	1683	ŚLIWIŃSKI PAWEŁ	CZARNE	POL	KB LECH RYPIN	82	M25/29		(M)241	03:24:33	03:24:05	12.41	00:49:51 / 453 [12.04]	01:44:22 / 408 [12.13]	02:27:43 / 384 [12.19]
251	1526	BIENIAS ANDRZEJ	WROCLAW	POL	BIENIAS TEAM	71	M35/44		(M)242	03:24:52	03:24:47	12.36	00:44:10 / 138 [13.58]	01:33:43 / 145 [13.51]	02:14:43 / 136 [13.36]
252	201	ŠMIDA VLADIMIR	SPIŠSKÁ NOVÁ VES	SVK	MK TATRAN SNV	54	M55/12		(M)243	03:24:55	03:24:15	12.40	00:45:41 / 183 [13.13]	01:36:25 / 178 [13.13]	02:19:36 / 228 [12.89]
253	1293	KOWALSKI ANDRZEJ	WALBRZYCH	POL		75	M30/45		(M)244	03:24:57	03:23:57	12.41	00:46:25 / 255 [12.93]	01:37:39 / 256 [12.96]	02:19:59 / 233 [12.86]
254	2002	CELNER DANIEL	WROCLAW	POL	NIKE POLAND	82	M25/30		(M)245	03:25:00	03:24:21	12.39	00:48:35 / 337 [12.35]	01:42:33 / 363 [12.35]	02:26:04 / 327 [12.32]
255	1418	KOPTA ADAM	MOGILANY	POL	MOGILANY MARATON TEAM	71	M35/45		(M)246	03:25:00	03:24:49	12.36	00:46:07 / 195 [13.01]	01:36:03 / 173 [13.18]	02:17:29 / 165 [13.09]
256	455	ŁATOSZYŃSKI OSKAR	OLEŚNICA	POL	KB LUPUS OLEŚNICA	71	M35/46		(M)247	03:25:01	03:23:57	12.41	00:47:19 / 291 [12.68]	01:39:17 / 274 [12.75]	02:23:02 / 275 [12.58]
257	1353	POPLAWSKI KRZYSZTOF	PRZEMYSŁ	POL	TWIERDZA PRZEMYSŁ	69	M40/40	Leka/3	(M)248	03:25:01	03:24:47	12.36	00:45:13 / 176 [13.27]	01:36:25 / 179 [13.13]	02:19:54 / 231 [12.87]
258	463	GUZIKOWSKI JAKUB	WROCLAW	POL		88	M20/22		(M)249	03:25:06	03:24:42	12.37	00:49:10 / 384 [12.20]	01:42:05 / 335 [12.40]	02:24:51 / 301 [12.43]
259	536	KUJAWA DARIUSZ	KALISZ	POL	SUPERMARATON KALISZ	53	M55/13		(M)250	03:25:09	03:24:45	12.36	00:49:42 / 429 [12.07]	01:44:44 / 430 [12.09]	02:28:30 / 397 [12.12]
260	343	PRETORIUS JAROSŁAW	WROCLAW	POL		86	M20/23		(M)251	03:25:17	03:23:59	12.41	00:51:18 / 627 [11.70]	01:44:51 / 442 [12.07]	02:26:51 / 348 [12.26]
261	1224	AMBROSIEWICZ HENRYK	LEGNICA	POL	KB LEW LEGNICA	49	M60/2		(M)252	03:25:27	03:25:13	12.34	00:45:07 / 173 [13.30]	01:36:06 / 174 [13.17]	02:17:23 / 162 [13.10]
262	1062	MARENIN ADAM	OPOLE	POL		72	M35/47		(M)253	03:25:28	03:25:14	12.34	00:48:36 / 344 [12.35]	01:42:16 / 339 [12.38]	02:25:40 / 314 [12.36]
263	1314	PALETKO MAREK	JASZENICA DOLNA	POL		82	M25/31		(M)254	03:25:30	03:25:05	12.34	00:49:24 / 400 [12.15]	01:43:40 / 388 [12.21]	02:27:01 / 353 [12.24]
264	1778	JANOWSKI KRZYSZTOF	KAMIENIEC	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	70	M35/48		(M)255	03:25:39	03:25:11	12.34	00:48:40 / 350 [12.33]	01:40:35 / 294 [12.59]	02:23:51 / 286 [12.51]
265	115	WIDZIEWICZ MIROSLAW	ZŁOTORYJA	POL	AURUM KOBUD-ZŁOTORYJA	62	M45/33		(M)256	03:25:42	03:25:29	12.32	00:46:09 / 199 [13.00]	01:37:10 / 199 [13.03]	02:19:36 / 229 [12.89]
266	599	ZAWADA MARIUSZ	BAKOWA GÓRA	POL	STOCZNIA GDAŃSKA S.A.	78	M30/46		(M)257	03:25:44	03:25:28	12.32	00:48:35 / 341 [12.35]	01:42:29 / 350 [12.35]	02:26:04 / 326 [12.32]
267	1521	OWORUSZKO JAROSLAW	WARSZAWA	POL	LEASEPLAN	71	M35/49		(M)258	03:25:50	03:25:34	12.32	00:50:34 / 571 [11.87]	01:45:59 / 553 [11.95]	02:30:40 / 505 [11.95]
268	1559	WILK CZESŁAW	WĘGRÓW	POL	TSV 1984 PERŁA WĘGRÓW	58	M50/22		(M)259	03:26:09	03:25:38	12.31	00:48:39 / 347 [12.33]	01:41:27 / 317 [12.48]	02:23:54 / 289 [12.51]
269	1883	KUJAWIŃSKI ARTUR	POZNAŃ	POL	KB MANIAC POZNAŃ	76	M30/47		(M)260	03:26:10	03:24:43	12.37	00:57:31 / 1150 [10.43]	01:50:11 / 673 [11.49]	02:30:58 / 512 [11.92]
270	1608	MATYSIAK MARCIN	WARSZAWA	POL	MATYS.COM.PL	77	M30/48		(M)261	03:26:16	03:26:03	12.29	00:46:11 / 202 [12.99]	01:37:27 / 245 [12.99]	02:22:03 / 255 [12.67]
271	865	OPALIŃSKI ARKADIUSZ	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	82	M25/32		(M)262	03:26:21	03:25:54	12.30	00:46:30 / 259 [12.90]	01:37:25 / 238 [13.00]	02:18:13 / 205 [13.02]
272	864	BECZELEWSKI JAN	GŁOGÓW	POL		57	M50/23	Nauc/25	(M)263	03:26:22	03:26:18	12.27	00:41:58 / 63 [14.30]	01:31:53 / 122 [13.78]	02:19:49 / 230 [12.87]
273	798	ADAMOWYCZ BOGUSŁAW	BOJADŁA	POL		63	M45/34		(M)264	03:26:28	03:25:01	12.35	00:49:08 / 382 [12.21]	01:40:48 / 305 [12.56]	02:23:11 / 279 [12.57]
274	222	KLUCOWICZ EDWARD	BOJADŁA	POL		62	M45/35		(M)265	03:26:28	03:25:01	12.35	00:49:08 / 383 [12.21]	01:40:48 / 303 [12.56]	02:23:11 / 278 [12.57]
275	1715	MIERZEJEWSKI KRZYSZTOF	SIEDLCE	POL		76	M30/49		(M)266	03:26:31	03:25:59	12.29	00:49:33 / 418 [12.11]	01:43:46 / 393 [12.20]	02:27:26 / 374 [12.21]
276	1018	GRABOWSKI STANISŁAW	KRAKÓW	POL	AZS AWF MASTERS	51	M55/14		(M)267	03:26:32	03:26:10	12.28	00:48:40 / 349 [12.33]	01:42:27 / 345 [12.36]	02:26:06 / 328 [12.32]
277	710	PSZCZÓŁKOWSKI ARTUR	WARSZAWA	POL	MARATONYPOLSKIE.PL TEAM	74	M35/50		(M)268	03:26:34	03:25:14	12.34	00:51:16 / 624 [11.70]	01:45:12 / 521 [12.03]	02:27:42 / 383 [12.19]
278	661	ŁAZAREK ZBIGNIEW	ŚCINAWA	POL		58	M50/24		(M)269	03:26:37	03:25:43	12.31	00:49:31 / 413 [12.12]	01:43:45 / 392 [12.20]	02:27:26 / 372 [12.21]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
279	1744	GĘBAROWSKI PIOTR	WARSZAWA	POL	SBBP.PL	73	M35/51		(M)270	03:26:38	03:26:25	12.26	00:46:37 / 265 [12.87]	01:37:28 / 247 [12.99]	02:20:02 / 235 [12.85]
280	1525	PACHUTA KRZYSZTOF	OPOLE	POL		82	M25/33		(M)271	03:26:39	03:26:24	12.27	00:46:16 / 208 [12.97]	01:36:33 / 182 [13.11]	02:17:18 / 161 [13.11]
281	1617	DZIEGIEL PRZEMYSŁAW	POZNAŃ	POL	CZESUAF POZNAŃ	82	M25/34		(M)272	03:26:42	03:26:28	12.26	00:46:20 / 212 [12.95]	01:37:22 / 215 [13.00]	02:18:09 / 189 [13.03]
282	794	HAJTKO PIOTR	WOŁÓW	POL	TKKF WOŁÓW	86	M20/24		(M)273	03:26:49	03:26:35	12.26	00:46:20 / 217 [12.95]	01:37:20 / 202 [13.01]	02:18:09 / 188 [13.03]
283	1042	WOJTOWICZ KRZYSZTOF	BIELSKO-BIAŁA	POL	ZKB 05 ZATOR	75	M30/50		(M)274	03:26:52	03:25:06	12.34	00:49:13 / 393 [12.19]	01:42:05 / 334 [12.40]	02:24:51 / 298 [12.43]
284	478	BELZYT EDMUND	CZĘSTOCHOWA	POL	ZABIEGANI CZ-WA	56	M50/25		(M)275	03:26:53	03:26:28	12.26	00:49:01 / 371 [12.24]	01:43:32 / 384 [12.23]	02:27:18 / 365 [12.22]
285	1664	DANILEWICZ RAFAL	WROCLAW	POL	NIKE POLAND	81	M25/35		(M)276	03:26:55	03:26:16	12.27	00:48:34 / 335 [12.35]	01:42:33 / 362 [12.35]	02:26:08 / 332 [12.32]
286	214	CZYŻYKOWSKI ŁUKASZ	WROCLAW	POL		82	M25/36		(M)277	03:26:56	03:25:53	12.30	00:49:30 / 411 [12.12]	01:46:51 / 586 [11.85]	02:29:19 / 449 [12.05]
287	1241	JASTRZĘBSKI LESZEK	PRUDNIK	POL		54	M55/15		(M)278	03:27:00	03:26:19	12.27	00:49:54 / 472 [12.02]	01:44:13 / 404 [12.15]	02:27:00 / 352 [12.24]
288	934	BORKOWSKI MARCIN	CZĘSTOCHOWA	POL	ZABIEGANI CZ-WA	79	M30/51		(M)279	03:27:02	03:26:37	12.25	00:49:57 / 516 [12.01]	01:45:03 / 489 [12.05]	02:29:21 / 464 [12.05]
289	1580	WYSOCKI PIOTR	WROCLAW	POL	POLSKA BIEGA	81	M25/37		(M)280	03:27:14	03:26:48	12.24	00:50:11 / 553 [11.96]	01:45:05 / 500 [12.05]	02:28:32 / 401 [12.12]
290	1115	ROSZAK MACIEJ	POZNAŃ	POL		77	M30/52		(M)281	03:27:18	03:26:47	12.24	00:49:54 / 471 [12.02]	01:43:46 / 394 [12.20]	02:27:26 / 373 [12.21]
291	1748	MIELNICZAK ARTUR	POZNAŃ	POL		76	M30/53		(M)282	03:27:20	03:26:56	12.23	00:49:31 / 414 [12.12]	01:43:45 / 391 [12.20]	02:27:26 / 371 [12.21]
292	1074	ROMANOWSKI KRZYSZTOF	ŁĘBORK	POL	SYSTEM WENTYLACJA ŁĘBORK	76	M30/54		(M)283	03:27:23	03:27:14	12.22	00:50:34 / 572 [11.87]	01:46:24 / 570 [11.90]	02:29:56 / 486 [12.01]
293	2032	WILK ROBERT	KRAKÓW	POL	KKB DYSTANS KRAKÓW	71	M35/52		(M)284	03:27:24	03:26:33	12.26	00:48:35 / 338 [12.35]	01:41:47 / 326 [12.44]	02:23:11 / 280 [12.57]
294	119	KAPUŚCIŃSKI ZBIGNIEW	SZCZECIN	POL		72	M35/53		(M)285	03:27:25	03:27:12	12.22	00:46:21 / 222 [12.94]	01:37:22 / 212 [13.00]	02:18:29 / 218 [13.00]
295	1133	PIOTRKOWSKI JERZY	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/26		(M)286	03:27:30	03:26:12	12.28	00:51:02 / 615 [11.76]	01:45:59 / 556 [11.95]	02:29:04 / 413 [12.08]
296	1980	BARYLSKI PAWEŁ	ŁÓDŹ	POL		75	M30/55		(M)287	03:27:32	03:27:15	12.22	00:46:59 / 280 [12.77]	01:40:57 / 307 [12.54]	02:25:12 / 305 [12.40]
297	1073	NIEDŹWIADEK CZESŁAW	WARSZAWA	POL	DGW	56	M50/27		(M)288	03:27:38	03:26:49	12.24	00:49:58 / 521 [12.01]	01:44:48 / 436 [12.08]	02:27:44 / 385 [12.18]
298	1112	BIELAWSKI JAN	ŚCINAWA	POL		64	M45/36		(M)289	03:27:43	03:25:55	12.29	00:48:50 / 363 [12.29]	01:40:39 / 297 [12.58]	02:23:32 / 282 [12.54]
299	1710	KAMIŃSKI MIROSLAW	GRUDZIĄDZ	POL	MZK GRUDZIĄDZ	63	M45/37		(M)290	03:27:44	03:27:38	12.19	00:47:55 / 310 [12.52]	01:42:24 / 344 [12.36]	02:27:03 / 354 [12.24]
300	1790	JAROSIK JACEK	MIĘDZYBÓRZ	POL	UKS MIĘDZYBÓRZ	89	M20/25		(M)291	03:27:48	03:27:24	12.21	00:49:37 / 421 [12.09]	01:44:56 / 447 [12.06]	02:29:05 / 416 [12.07]
301	501	MARCHEWKA KAROL	KOŚCIAN	POL	CSWŁAD POZNAŃ	77	M30/56		(M)292	03:27:50	03:27:29	12.20	00:49:55 / 489 [12.02]	01:45:01 / 469 [12.06]	02:29:17 / 437 [12.06]
302	1509	BUCZYŃSKI MARIUSZ	BUKOWNO	POL	MOSIR BUKOWNO	82	M25/38		(M)293	03:27:53	03:26:55	12.24	00:49:25 / 403 [12.14]	01:43:02 / 372 [12.29]	02:25:52 / 320 [12.34]
303	580	WIECZOREK LECH	WYSOKA	POL		82	M25/39		(M)294	03:27:57	03:27:42	12.19	00:50:59 / 608 [11.77]	01:45:16 / 528 [12.03]	02:29:09 / 418 [12.07]
304	2106	PAWŁOWSKI TOMASZ	DOBRZYCA	POL	TRUCHTACZ DOBRZYCA	79	M30/57	Farm/3	(M)295	03:28:09	03:27:29	12.20	00:46:22 / 231 [12.94]	01:37:23 / 224 [13.00]	02:20:00 / 234 [12.86]
305	1581	SAJ MICHAŁ	WARSZAWA	POL		78	M30/58		(M)296	03:28:10	03:27:40	12.19	00:50:04 / 547 [11.98]	01:44:22 / 411 [12.13]	02:27:17 / 362 [12.22]
306	1597	NOWAK PAWEŁ	KALISZ	POL	SUPERMARATON KALISZ	59	M50/28		(M)297	03:28:15	03:28:04	12.17	00:47:05 / 282 [12.74]	01:39:58 / 284 [12.66]	02:24:04 / 293 [12.49]
307	1322	JĘDRO JUSTYNA	KROSNO ODRZ.	POL	LUKS ŻÓRAWINA	83	K25/1		(K)10	03:28:15	03:27:48	12.18	00:49:42 / 430 [12.07]	01:44:48 / 433 [12.08]	02:28:25 / 394 [12.13]
308	432	GROMADECKI MACIEJ	POLKOWICE	POL		87	M20/26		(M)298	03:28:18	03:27:46	12.19	00:49:56 / 494 [12.02]	01:45:03 / 482 [12.05]	02:29:20 / 461 [12.05]
309	835	BORECKI STANISŁAW	PILA	POL		54	M55/16		(M)299	03:28:20	03:27:16	12.21	00:48:52 / 364 [12.28]	01:41:32 / 322 [12.47]	02:23:53 / 288 [12.51]
310	371	NIWIŃSKA ALEKSANDRA	CHOJNÓW AWF	POL	AWF WROCLAW	86	K20/3		(K)11	03:28:26	03:27:53	12.18	00:49:51 / 452 [12.04]	01:44:59 / 453 [12.06]	02:29:09 / 420 [12.07]
311	1921	KRAWCZYK MICHAŁ	WARSZAWA	POL	ACCURATE	78	M30/59		(M)300	03:28:29	03:27:57	12.17	00:49:53 / 460 [12.03]	01:45:03 / 481 [12.05]	02:29:14 / 426 [12.06]
312	684	SZEMET JAROSŁAW	WROCLAW	POL	SZESÉ RUNNING CLUB	74	M35/54		(M)301	03:28:34	03:28:16	12.16	00:48:12 / 321 [12.45]	01:40:15 / 288 [12.63]	02:22:28 / 266 [12.63]
313	183	KROCZAK DAMIAN	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	73	M35/55		(M)302	03:28:35	03:28:16	12.16	00:49:01 / 370 [12.24]	01:43:31 / 382 [12.23]	02:26:23 / 343 [12.30]
314	1054	RUTKOWSKI ARTUR	WROCLAW	POL		67	M40/41		(M)303	03:28:36	03:28:08	12.16	00:49:56 / 502 [12.02]	01:45:03 / 487 [12.05]	02:29:19 / 454 [12.05]
315	383	PLONECKI MARCIN	WROCLAW	POL	KB FIODOR OŁAWA	82	M25/40		(M)304	03:28:37	03:26:31	12.26	00:44:07 / 136 [13.60]	01:32:44 / 130 [13.65]	02:18:04 / 178 [13.04]
316	1798	KONIECZNY JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/29	Nauc/26	(M)305	03:28:40	03:27:05	12.23	00:48:39 / 348 [12.33]	01:41:27 / 316 [12.48]	02:23:54 / 290 [12.51]
317	1271	TORŁOP PRZEMYSŁAW	GDAŃSK	POL	GRUPA TRÓJMIASTO	66	M40/42		(M)306	03:28:41	03:28:09	12.16	00:49:02 / 374 [12.24]	01:42:20 / 342 [12.37]	02:25:14 / 306 [12.39]
318	2076	SCHMIDT JACEK	SZCZECIN	POL	JW 1640 KOSZALIN	68	M40/43		(M)307	03:28:41	03:27:29	12.20	00:49:34 / 420 [12.10]	01:44:30 / 419 [12.11]	02:27:58 / 388 [12.16]
319	177	OSTRĘGA ROBERT	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	71	M35/56		(M)308	03:28:43	03:28:23	12.15	00:49:01 / 369 [12.24]	01:43:31 / 380 [12.23]	02:27:17 / 363 [12.22]
320	116	STANKIEWICZ ANTONI	SOBÓTKA	POL	WKB PIAST WROCLAW	58	M50/30		(M)309	03:28:45	03:28:03	12.17	00:48:37 / 346 [12.34]	01:42:28 / 348 [12.36]	02:26:14 / 336 [12.31]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
321	1349	GRZESZCZUK GRZEGORZ	WARSZAWA	POL	KB GALERIA WARSZAWA	66	M40/44		(M)310	03:28:47	03:28:20	12.15	00:49:32 / 416 [12.11]	01:44:33 / 423 [12.11]	02:28:31 / 398 [12.12]
322	494	BARAN WIESŁAW	ŚCINAWA	POL		65	M40/45		(M)311	03:28:49	03:27:02	12.23	00:46:07 / 196 [13.01]	01:36:20 / 176 [13.14]	02:19:07 / 222 [12.94]
323	1508	BUCZYŃSKI ARKADIUSZ	BUKOWNO	POL	MOSIR BUKOWNO	74	M35/57		(M)312	03:28:54	03:27:56	12.18	00:49:25 / 404 [12.14]	01:43:02 / 373 [12.29]	02:25:52 / 321 [12.34]
324	1634	KUBIT JANUSZ	GLIWICE	POL		58	M50/31		(M)313	03:28:57	03:28:45	12.13	00:49:45 / 438 [12.06]	01:44:42 / 428 [12.09]	02:28:31 / 399 [12.12]
325	1759	SOBCZAK MIROSŁAW	SOSNOWIEC	POL		64	M45/38		(M)314	03:28:58	03:28:35	12.14	00:49:57 / 506 [12.01]	01:45:05 / 501 [12.05]	02:28:54 / 409 [12.09]
326	1471	DUPLA KAROL	BARLINEK	POL	KRAJ-ZEGA BARLINEK	79	M30/60		(M)315	03:29:02	03:28:26	12.15	00:48:45 / 360 [12.31]	01:42:31 / 352 [12.35]	02:25:18 / 310 [12.39]
327	1307	KĘPIŃSKI HENRYK	BELCHATÓW	POL		53	M55/17		(M)316	03:29:05	03:27:48	12.18	00:49:16 / 397 [12.18]	01:40:48 / 304 [12.56]	02:21:56 / 252 [12.68]
328	120	PROJS TOMASZ	ŁUBIANKA	POL	KM TRUCHCIK ŁUBIANKA	65	M40/46		(M)317	03:29:07	03:28:41	12.13	00:49:53 / 462 [12.03]	01:45:00 / 457 [12.06]	02:29:17 / 432 [12.06]
329	1812	KAPŁON KRZYSZTOF	RABKA-ZDRÓJ	POL	T.G. SOKÓŁ ZAKOPANE	69	M40/47		(M)318	03:29:09	03:28:42	12.13	00:49:57 / 510 [12.01]	01:45:04 / 495 [12.05]	02:29:21 / 462 [12.05]
330	1564	NOWAK JAN	RACIBÓRZ	POL		58	M50/32		(M)319	03:29:09	03:28:37	12.14	00:49:56 / 496 [12.02]	01:45:02 / 479 [12.05]	02:29:18 / 440 [12.06]
331	856	CZAPLIŃSKI MAREK	ŚWINOUJŚCIE	POL	KB JOGGING ŚWINOUJŚCIE	75	M30/61		(M)320	03:29:09	03:29:02	12.11	00:49:56 / 498 [12.02]	01:45:00 / 461 [12.06]	02:29:18 / 445 [12.06]
332	1600	KOZIOL KRZYSZTOF	STARE BUDKOWICE	POL		68	M40/48		(M)321	03:29:11	03:28:56	12.12	00:49:57 / 509 [12.01]	01:45:06 / 507 [12.05]	02:29:18 / 444 [12.06]
333	1660	WAŚIK MAREK	WROCLAW	POL	WKB PIAST WROCLAW	60	M45/39		(M)322	03:29:12	03:29:12	12.10	00:49:37 / 422 [12.09]	01:44:47 / 432 [12.08]	02:29:05 / 415 [12.07]
334	508	RADZANOWSKI PAWEŁ	ELBLĄG	POL	DRUŻNO ELBLĄG	77	M30/62		(M)323	03:29:12	03:28:05	12.17	00:49:55 / 485 [12.02]	01:45:01 / 466 [12.06]	02:29:19 / 451 [12.05]
335	1494	SZPONARSKI PAWEŁ	GLIWICE	POL		76	M30/63		(M)324	03:29:14	03:28:12	12.16	00:45:58 / 190 [13.05]	01:35:16 / 165 [13.29]	02:17:49 / 171 [13.06]
336	1387	JAKUBCZYK PIOTR	KĘDZIERZYN-KOŹLE	POL	BIEGANIE.PL	75	M30/64		(M)325	03:29:15	03:28:08	12.16	00:49:55 / 476 [12.02]	01:45:00 / 462 [12.06]	02:29:18 / 442 [12.06]
337	1182	SMAL KRZYSZTOF	LUBAŃ ŚLAŃSKI	POL		48	M60/3		(M)326	03:29:17	03:28:18	12.15	00:46:50 / 269 [12.81]	01:39:09 / 268 [12.77]	02:22:59 / 272 [12.59]
338	728	PIETRZAK ROMAN	RAKOWNIA	POL		63	M45/40		(M)327	03:29:20	03:28:49	12.12	00:46:21 / 223 [12.94]	01:37:51 / 259 [12.94]	02:22:11 / 259 [12.66]
339	975	SZOR KRZYSZTOF	CHORZÓW	POL	KRS TKKF JASTRZĄB RUDA ŚLAŃKA	72	M35/58		(M)328	03:29:21	03:28:53	12.12	00:48:34 / 332 [12.35]	01:42:33 / 364 [12.35]	02:26:06 / 329 [12.32]
340	1640	BŁACHOWIAK MARIUSZ	LESZNO	POL		64	M45/41	Leka/4	(M)329	03:29:25	03:28:56	12.12	00:49:56 / 503 [12.02]	01:45:08 / 514 [12.04]	02:29:36 / 476 [12.03]
341	1095	MARCZAK MARIUSZ	ZIELONA GORA	POL	KE ZIELONA GORA	58	M50/33		(M)330	03:29:26	03:28:39	12.13	00:49:53 / 455 [12.03]	01:44:59 / 455 [12.06]	02:29:09 / 421 [12.07]
342	643	SVOBODA TOMAS	JESENİK	CZE	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	68	M40/49		(M)331	03:29:28	03:29:02	12.11	00:44:21 / 141 [13.53]	01:33:55 / 147 [13.48]	02:19:23 / 226 [12.91]
343	1923	WALCZAK LESZEK	LESZNO	POL		54	M55/18	Leka/5	(M)332	03:29:28	03:28:37	12.14	00:49:56 / 501 [12.02]	01:45:03 / 486 [12.05]	02:29:18 / 438 [12.06]
344	1435	ZIELIŃSKI MARCIN	OPOLE	POL		72	M35/59		(M)333	03:29:30	03:29:20	12.09	00:43:01 / 121 [13.95]	01:34:43 / 157 [13.37]	02:21:16 / 247 [12.74]
345	1947	OSZAST GRZEGORZ	WROCLAW	POL	WKB PIAST WROCLAW	67	M40/50		(M)334	03:29:31	03:29:06	12.11	00:50:01 / 542 [12.00]	01:45:10 / 519 [12.04]	02:29:21 / 465 [12.05]
346	176	MANDAT JAN	OLEŚNICA	POL	KB LUPUS OLEŚNICA	59	M50/34		(M)335	03:29:32	03:29:27	12.09	00:46:50 / 270 [12.81]	01:40:39 / 298 [12.58]	02:24:58 / 302 [12.42]
347	1105	BATKO GRZEGORZ	KRAKÓW	POL	NOWA HUTA TEAM	76	M30/65		(M)336	03:29:34	03:29:21	12.09	00:46:24 / 247 [12.93]	01:37:23 / 225 [13.00]	02:20:07 / 236 [12.85]
348	1356	ZAWORSKI JACEK	POZNAŃ	POL	MPK-POZNAŃ	65	M40/51		(M)337	03:29:35	03:29:27	12.09	00:47:05 / 283 [12.74]	01:42:04 / 331 [12.40]	02:27:32 / 376 [12.20]
349	768	RYBKOWSKI GRZEGORZ	PRUSZKÓW	POL	IM 2010	68	M40/52		(M)338	03:29:40	03:29:21	12.09	00:46:22 / 234 [12.94]	01:37:24 / 235 [13.00]	02:19:12 / 224 [12.93]
350	1620	CHEŁMIŃSKI PIOTR	CHELMNO	POL	MLKS NADWISLANIN CHELMNO	64	M45/42		(M)339	03:29:44	03:29:19	12.10	00:49:45 / 439 [12.06]	01:45:00 / 460 [12.06]	02:29:18 / 441 [12.06]
351	2057	WANAT WOJCIECH	MILANÓWEK	POL	BYLEDOBIEC ANIN	66	M40/53		(M)340	03:29:44	03:29:17	12.10	00:49:53 / 459 [12.03]	01:45:00 / 456 [12.06]	02:29:17 / 430 [12.06]
352	618	ZADOROŻNY ZDZISŁAW	ZGORZELEC	POL	EDI TEAM ZGORZELEC	53	M55/19		(M)341	03:29:44	03:29:21	12.09	00:49:58 / 529 [12.01]	01:45:09 / 516 [12.04]	02:29:20 / 460 [12.05]
353	519	GRODECKI SEBASTIAN	CHOCIANÓW	POL		78	M30/66		(M)342	03:29:45	03:29:20	12.09	00:49:53 / 456 [12.03]	01:44:59 / 454 [12.06]	02:29:17 / 433 [12.06]
354	149	URBAN ROMAN	WROCLAW	POL		70	M35/60		(M)343	03:29:45	03:29:16	12.10	00:49:57 / 513 [12.01]	01:45:09 / 515 [12.04]	02:29:26 / 469 [12.05]
355	1982	KIERSZKA ADAM	KRAKOW	POL	SALEZJANIE	79	M30/67		(M)344	03:29:46	03:28:35	12.14	00:53:14 / 735 [11.27]	01:50:36 / 694 [11.45]	02:35:27 / 617 [11.58]
356	569	WESOŁOWSKI KRZYSZTOF	WROCLAW	POL		68	M40/54		(M)345	03:29:55	03:28:32	12.14	00:49:48 / 446 [12.05]	01:44:22 / 407 [12.13]	02:27:44 / 386 [12.18]
357	1874	MARKIEWICZ WIESŁAW	KALY	POL		57	M50/35		(M)346	03:30:04	03:29:49	12.07	00:49:57 / 511 [12.01]	01:45:06 / 506 [12.05]	02:29:18 / 443 [12.06]
358	1414	WIĄCEK CEZARY	KURÓW	POL	NORDSPED	74	M35/61		(M)347	03:30:06	03:28:14	12.16	00:53:09 / 719 [11.29]	01:49:35 / 658 [11.55]	02:33:43 / 581 [11.71]
359	385	PIETRZYK DARIUSZ	WROCLAW	POL	SPARTAN	59	M50/36		(M)348	03:30:11	03:29:11	12.10	00:49:29 / 410 [12.13]	01:43:16 / 376 [12.26]	02:27:18 / 367 [12.22]
360	1957	PELLE LASZLO	DĄBROWA GÓRNICZA	HUN	BEKESCSABA	71	M35/62		(M)349	03:30:13	03:29:30	12.08	00:50:19 / 556 [11.92]	01:45:49 / 548 [11.96]	02:29:55 / 484 [12.01]
361	1231	SMYKOWSKI WŁADYSŁAW	OLAWA	POL	KB FIODOR OLAWA	49	M60/4		(M)350	03:30:15	03:30:02	12.05	00:47:42 / 299 [12.58]	01:43:17 / 378 [12.26]	02:29:19 / 450 [12.05]
362	1582	LEWANDOWSKI MARCIN	WARSZAWA	POL		79	M30/68	Nauc/27	(M)351	03:30:17	03:30:10	12.05	00:43:35 / 129 [13.77]	01:34:25 / 151 [13.41]	02:18:33 / 219 [12.99]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km		
363	1107	BORDYCH ANDRZEJ	KOŻUCHÓW	POL	ŚWIAT MARATOŃCZYKA	74	M35/63	(M)352	03:30:22	03:30:03	12.05	00:48:44 / 356 [12.31]	01:42:32 / 355 [12.35]	02:26:22 / 341 [12.30]	
364	23	POGORZELSKA ANNA	KOŻUCHÓW	POL	SWIAT MARATOŃCZYKA KOŻUCHÓW	81	K25/2	(K)12	03:30:22	03:30:03	12.05	00:48:44 / 357 [12.31]	01:42:32 / 357 [12.35]	02:26:23 / 342 [12.30]	
365	1776	PIĄTEK BOGDAN	ZIELONKA	POL	LECHICI ZIELONKA	53	M55/20	(M)353	03:30:28	03:29:52	12.06	00:48:09 / 318 [12.46]	01:39:44 / 281 [12.69]	02:20:44 / 243 [12.79]	
366	545	OLENIASZ MAREK	TRZEBNICA	POL	LZS TRZEBNICA	55	M50/37	(M)354	03:30:35	03:29:58	12.06	00:50:40 / 578 [11.84]	01:46:52 / 587 [11.85]	02:30:40 / 503 [11.95]	
367	647	NIEMIR ALEKSANDER	POZNAŃ	POL	KB MANIAC POZNAŃ	65	M40/55	(M)355	03:30:39	03:30:03	12.05	00:48:42 / 352 [12.32]	01:42:28 / 349 [12.36]	02:26:03 / 324 [12.32]	
368	797	WOJCIESZUK KAZIMIERZ	USTKA	POL		54	M55/21	(M)356	03:30:43	03:30:37	12.02	00:46:59 / 279 [12.77]	01:41:24 / 313 [12.49]	02:26:04 / 325 [12.32]	
369	1592	BLASZCZYK MATEUSZ	POZNAŃ	POL		87	M20/27	(M)357	03:30:48	03:30:01	12.05	00:53:16 / 741 [11.26]	01:49:37 / 661 [11.55]	02:33:03 / 564 [11.76]	
370	1035	ZBĘK PAWEŁ	PYSZNICA K/STALOWEJ	POL	APTEKA 1 "W TESCO" STALOWA WOLA	82	M25/41	Farm/4	(M)358	03:30:48	03:29:56	12.06	00:49:58 / 527 [12.01]	01:45:04 / 494 [12.05]	02:29:20 / 457 [12.05]
371	582	GŁOWACKI PAWEŁ	NOWY SĄCZ	POL		67	M40/56	(M)359	03:30:51	03:29:42	12.07	00:48:49 / 362 [12.29]	01:42:39 / 367 [12.33]	02:26:26 / 345 [12.29]	
372	1409	DEPTA SYLWESTER	SZCZECIN	POL		74	M35/64	(M)360	03:30:52	03:29:01	12.11	00:53:09 / 720 [11.29]	01:49:47 / 665 [11.53]	02:34:02 / 589 [11.69]	
373	169	JANIAK WITOLD	WROCLAW	POL		70	M35/65	(M)361	03:30:54	03:30:43	12.01	00:47:44 / 301 [12.57]	01:42:53 / 369 [12.31]	02:27:32 / 378 [12.20]	
374	1459	ŁOZA ADAM	WROCLAW	POL	SP 46	64	M45/43	Nauc/28	(M)362	03:30:58	03:30:11	12.05	00:50:39 / 577 [11.85]	01:45:04 / 492 [12.05]	02:29:18 / 446 [12.06]
375	667	GLUSZKO KRZYSZTOF	GÓRA	POL	RUNNER GÓRA	58	M50/38	(M)363	03:30:59	03:29:21	12.09	00:50:53 / 596 [11.79]	01:45:03 / 484 [12.05]	02:29:17 / 434 [12.06]	
376	1876	ALEKSY BORYS	ŚRÓDA ŚLĄSKA	POL		80	M25/42	(M)364	03:31:06	03:29:11	12.10	00:53:15 / 738 [11.27]	01:49:35 / 659 [11.55]	02:32:50 / 556 [11.78]	
377	303	GONDEK KRZYSZTOF	PRZECLAW	POL	AZS AWF MASTERS	78	M30/69	(M)365	03:31:10	03:30:56	12.00	00:46:19 / 211 [12.95]	01:37:25 / 241 [13.00]	02:20:20 / 239 [12.83]	
378	90	FIANKIEWICZ KAZIMIERZ	WROCLAW	POL	MPWIK	51	M55/22	(M)366	03:31:11	03:30:55	12.00	00:48:14 / 323 [12.44]	01:44:32 / 420 [12.11]	02:29:17 / 435 [12.06]	
379	837	ZAIGA TOMASZ	OLEŚNICA	POL		74	M35/66	(M)367	03:31:16	03:30:58	12.00	00:49:56 / 492 [12.02]	01:44:57 / 451 [12.06]	02:29:08 / 417 [12.07]	
380	1140	WISZNIEWSKI KAROL	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	82	M25/43	(M)368	03:31:16	03:30:49	12.01	00:49:47 / 444 [12.05]	01:44:24 / 417 [12.13]	02:28:18 / 393 [12.14]	
381	692	RACHWAŁSKI WITOLD	POLKOWICE	POL		82	M25/44	(M)369	03:31:16	03:30:43	12.01	00:49:41 / 428 [12.08]	01:45:01 / 471 [12.06]	02:29:11 / 424 [12.07]	
382	189	WÓJCİK PIOTR	WARSZAWA	POL	WARSZAWIAKY ATHLETICS CLUB	65	M40/57	(M)370	03:31:19	03:30:52	12.01	00:49:32 / 417 [12.11]	01:44:33 / 424 [12.11]	02:28:31 / 400 [12.12]	
383	1787	MORAWSKA MARZENA	WROCLAW	POL	WKB PIAST WROCLAW	76	K30/1	(K)13	03:31:26	03:31:00	12.00	00:49:43 / 433 [12.07]	01:44:48 / 437 [12.08]	02:29:16 / 428 [12.06]	
384	217	SZPITER TOMASZ	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	69	M40/58	Nauc/29	(M)371	03:31:32	03:31:11	11.99	00:49:01 / 368 [12.24]	01:43:31 / 381 [12.23]	02:27:17 / 364 [12.22]
385	314	CIEŚLA JAROSŁAW	WAŁBRZYCH	POL	K.R.I.E.POLICYJNYCH NR 17 W MIEROSZOWIE	65	M40/59	(M)372	03:32:03	03:31:17	11.98	00:47:51 / 307 [12.54]	01:41:08 / 310 [12.52]	02:25:17 / 307 [12.39]	
386	1102	GARLEWICZ ASIA	KRAKÓW	POL	WARSZAWIAKY ATHLETICS CLUB	72	K35/4	Nauc/30	(K)14	03:32:08	03:31:39	11.96	00:50:22 / 560 [11.91]	01:46:40 / 582 [11.87]	02:31:17 / 521 [11.90]
387	2004	SZNABEL KORNEL	PIŁA	POL		82	M25/45	(M)373	03:32:10	03:31:34	11.97	00:44:33 / 155 [13.47]	01:31:44 / 117 [13.80]	02:10:15 / 102 [13.82]	
388	765	PAWLAK SŁAWOMIR	POZNAŃ	POL		62	M45/44	(M)374	03:32:14	03:30:20	12.04	00:51:46 / 657 [11.59]	01:46:49 / 585 [11.85]	02:31:16 / 520 [11.90]	
389	1458	ARŁUKIEWICZ PIOTR	LUBIN	POL		70	M35/67	(M)375	03:32:15	03:31:39	11.96	00:51:45 / 653 [11.59]	01:46:58 / 592 [11.84]	02:31:27 / 526 [11.89]	
390	1189	PIĄTEK ADAM	ELBLĄG	POL		48	M60/5	(M)376	03:32:15	03:31:47	11.95	00:49:11 / 385 [12.20]	01:43:48 / 397 [12.20]	02:29:10 / 422 [12.07]	
391	469	DZIADKOWIEC GRZEGORZ	JAWOR	POL		64	M45/45	(M)377	03:32:19	03:31:56	11.95	00:47:45 / 304 [12.57]	01:41:08 / 311 [12.52]	02:25:34 / 313 [12.37]	
392	1751	KROK ROBERT	SZCZECIN	POL		68	M40/60	(M)378	03:32:19	03:31:46	11.96	00:49:56 / 495 [12.02]	01:45:03 / 488 [12.05]	02:29:19 / 453 [12.05]	
393	1695	VEDRAL BŘETISLAV	SMRŽOVKA	CZE		43	M65/1	(M)379	03:32:23	03:30:49	12.01	00:51:45 / 654 [11.59]	01:46:48 / 584 [11.85]	02:31:15 / 519 [11.90]	
394	503	HORODECKA - KAMIŃSKA MAGDALENA	WROCLAW	POL		69	K40/3	(K)15	03:32:25	03:31:38	11.96	00:49:56 / 504 [12.02]	01:44:55 / 443 [12.07]	02:28:46 / 406 [12.10]	
395	1116	KNABE BASTIAN	BERLIN	GER		76	M30/70	(M)380	03:32:34	03:30:40	12.02	00:47:30 / 295 [12.63]	01:37:25 / 240 [13.00]	02:18:11 / 197 [13.03]	
396	1081	HIEROWSKI PIOTR	STRZAŁKOWO	POL	MARATONYPOLSKIE.PL TEAM	68	M40/61	(M)381	03:32:43	03:32:34	11.91	00:45:50 / 187 [13.09]	01:37:42 / 257 [12.96]	02:24:00 / 292 [12.50]	
397	1100	BORSKI ADAM	WEJHEROWO	POL	42.195 WEJHEROWO	73	M35/68	(M)382	03:32:55	03:32:18	11.93	00:49:26 / 407 [12.14]	01:42:18 / 341 [12.38]	02:25:17 / 308 [12.39]	
398	179	WNUK - LIPINSKI PIOTR	SZCZECIN	POL	TT SZCZECIN	77	M30/71	(M)383	03:33:07	03:32:40	11.90	00:49:56 / 500 [12.02]	01:45:02 / 476 [12.05]	02:29:47 / 482 [12.02]	
399	1532	MAŁEK STANISŁAW	PRASZKA	POL	TEDRIVE PRASZKA	54	M55/23	(M)384	03:33:11	03:32:51	11.89	00:49:58 / 522 [12.01]	01:45:19 / 530 [12.02]	02:29:42 / 478 [12.02]	
400	1270	BARTKOWIAK GRZEGORZ	POZNAŃ	POL	MPK-POZNAŃ	63	M45/46	(M)385	03:33:20	03:33:12	11.87	00:49:25 / 402 [12.14]	01:44:40 / 426 [12.10]	02:28:47 / 407 [12.10]	
401	544	URAMEK GRZEGORZ	WROCLAW	POL	STRUSIE PĘDZIWIATRY	74	M35/69	(M)386	03:33:22	03:32:48	11.90	00:49:07 / 380 [12.22]	01:42:06 / 336 [12.40]	02:26:14 / 337 [12.31]	
402	1674	RUTKOWSKI PIOTR	WARSZAWA	POL		68	M40/62	(M)387	03:33:28	03:32:52	11.89	00:50:50 / 589 [11.80]	01:46:27 / 573 [11.89]	02:30:14 / 493 [11.98]	
403	2007	JAROSZ BOGDAN	WROCLAW	POL	WOJSKOWY ZESPÓŁ SPORTOWY	67	M40/63	(M)388	03:33:29	03:31:11	11.99	00:56:07 / 983 [10.69]	01:52:37 / 790 [11.24]	02:34:50 / 600 [11.63]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
404	923	ŚWIDERSKI SŁAWOMIR	OKUNIEW	POL		72	M35/70		(M)389	03:33:30	03:32:02	11.94	00:50:02 / 544 [11.99]	01:45:41 / 541 [11.98]	02:29:56 / 485 [12.01]
405	1694	JURASZ ZYGMUNT	ZGORZELEC	POL		45	M60/6	Leka/6	(M)390	03:33:32	03:31:56	11.95	00:50:28 / 568 [11.89]	01:45:04 / 491 [12.05]	02:29:20 / 459 [12.05]
406	956	KORNAGA ANDRZEJ	KATOWICE	POL		59	M50/39		(M)391	03:33:32	03:32:04	11.94	00:52:08 / 678 [11.51]	01:48:33 / 638 [11.66]	02:33:51 / 586 [11.70]
407	1966	SMUGA PIOTR	GLIWICE	POL		73	M35/71		(M)392	03:33:35	03:32:02	11.94	00:47:56 / 311 [12.52]	01:41:29 / 319 [12.47]	02:26:18 / 339 [12.30]
408	981	FOKSA MAREK	OSTRZESZÓW	POL	BORKI MORAWA	56	M50/40	Leka/7	(M)393	03:33:38	03:33:26	11.86	00:49:39 / 426 [12.08]	01:47:40 / 617 [11.76]	02:32:31 / 553 [11.80]
409	1060	SĘDECKI PIOTR	SKIERNIEWICE	POL		62	M45/47		(M)394	03:33:39	03:33:10	11.88	00:49:56 / 497 [12.02]	01:45:02 / 472 [12.05]	02:29:22 / 468 [12.05]
410	531	STOLARCZYK WITOLD	ZĄBKOWICE ŚLASKIE	POL	KS OLIMP ZĄBKOWICE ŚLĄSKIE	63	M45/48		(M)395	03:33:48	03:32:30	11.91	00:50:41 / 580 [11.84]	01:43:57 / 401 [12.18]	02:27:00 / 351 [12.24]
411	1679	MAZURKIEWICZ MARCIN	MUROWANA GOSLINA	POL		78	M30/72		(M)396	03:33:49	03:33:49	11.84			
412	1804	GRZEGOREK JANUSZ	WRZESNIA	POL	KB KOSYNIER WRZEŚNIA	61	M45/49		(M)397	03:34:01	03:33:40	11.85	00:47:53 / 309 [12.53]	01:42:34 / 365 [12.34]	02:27:34 / 379 [12.20]
413	1809	MISTYGACZ BARTŁOMIEJ	WIERZCHLAS	POL		84	M25/46		(M)398	03:34:04	03:33:31	11.86	00:49:57 / 515 [12.01]	01:45:04 / 497 [12.05]	02:29:20 / 458 [12.05]
414	854	RAJA PAWEŁ	WROCLAW	POL	UNIwersytet Ekonomiczny	85	M20/28		(M)399	03:34:28	03:34:07	11.82	00:49:58 / 526 [12.01]	01:45:23 / 533 [12.01]	02:30:30 / 500 [11.96]
415	693	TAJDUŚ BOGUSŁAW	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	65	M40/64		(M)400	03:34:36	03:33:35	11.85	00:50:17 / 554 [11.93]	01:45:59 / 555 [11.95]	02:31:07 / 516 [11.91]
416	253	SKIBA WŁODZIMIERZ	POZNAŃ	POL	AZS POZNAŃ	64	M45/50		(M)401	03:34:38	03:33:59	11.83	00:52:48 / 703 [11.36]	01:49:37 / 662 [11.55]	02:35:11 / 612 [11.60]
417	1745	KULIŃSKI TOMASZ	KATOWICE	POL	DOLINIARZE.COM	75	M30/73		(M)402	03:34:39	03:34:10	11.82	00:49:32 / 415 [12.11]	01:43:32 / 383 [12.23]	02:27:16 / 361 [12.22]
418	1319	ADAMSKI WOJCIECH	WROCLAW	POL		50	M55/24		(M)403	03:34:42	03:33:49	11.84	00:49:47 / 443 [12.05]	01:45:01 / 465 [12.06]	02:29:19 / 447 [12.05]
419	1326	NIENADOWSKA BEATA	ELBLĄG	POL		68	K40/4		(K)16	03:34:51	03:34:43	11.79	00:48:54 / 366 [12.27]	01:42:28 / 347 [12.36]	02:27:08 / 357 [12.23]
420	1132	KOWALCZYK RAFAŁ	WROCLAW	POL	WKB PIAST WROCLAW	78	M30/74		(M)404	03:34:58	03:34:12	11.82	00:52:20 / 687 [11.46]	01:49:36 / 660 [11.55]	02:34:19 / 597 [11.66]
421	2082	RACHWAŁ JACEK	TRZYCIAŻ	POL	KRAK RUB BIKE TEAM	66	M40/65		(M)405	03:35:02	03:33:49	11.84	00:52:21 / 688 [11.46]	01:48:47 / 643 [11.64]	02:30:53 / 510 [11.93]
422	1523	KACPROWSKI TADEUSZ	WARSZAWA	POL		51	M55/25		(M)406	03:35:08	03:33:42	11.85	00:53:11 / 723 [11.28]	01:50:30 / 679 [11.46]	02:35:13 / 613 [11.60]
423	911	JAŁOCHA MIROSŁAW	BOGUSZÓW-GORCE	POL		65	M40/66		(M)407	03:35:15	03:34:37	11.80	00:50:02 / 545 [11.99]	01:45:06 / 505 [12.05]	02:30:11 / 490 [11.99]
424	1938	STĘPNIAK JANUSZ	KATOWICE	POL	AMATOR KATOWICE	68	M40/67		(M)408	03:35:20	03:35:16	11.76	00:49:38 / 425 [12.09]	01:44:55 / 444 [12.07]	02:29:12 / 425 [12.06]
425	1220	PALCZAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	41	M65/2		(M)409	03:35:21	03:35:02	11.77	00:50:32 / 570 [11.87]	01:46:59 / 593 [11.83]	02:32:00 / 537 [11.84]
426	295	KOGUT STANISŁAW	ŚWIDNICA	POL	HERMES ŚWIDNICA	81	M25/47		(M)410	03:35:24	03:33:55	11.83	00:49:44 / 436 [12.06]	01:44:22 / 409 [12.13]	02:27:41 / 382 [12.19]
427	1764	ADAMIK JAN	ROTMANKA	POL	MCKWADRAT ROTMANKA	59	M50/41		(M)411	03:35:26	03:35:05	11.77	00:46:22 / 229 [12.94]	01:37:38 / 255 [12.97]	02:22:37 / 267 [12.62]
428	1785	KIELBUS MARIUSZ	MALERZÓW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	75	M30/75		(M)412	03:35:28	03:35:00	11.78	00:49:42 / 432 [12.07]	01:44:48 / 434 [12.08]	02:28:25 / 395 [12.13]
429	990	CAŁY SŁAWOMIR	OPOLE	POL		76	M30/76		(M)413	03:35:39	03:34:20	11.81	00:48:35 / 340 [12.35]	01:42:16 / 340 [12.38]	02:25:54 / 322 [12.34]
430	484	HAJDRYCH TOMASZ	WROCLAW	POL	JUVENIA WROCLAW	66	M40/68	Nauc/31	(M)414	03:35:41	03:33:22	11.87	00:50:43 / 582 [11.83]	01:44:41 / 427 [12.09]	02:29:05 / 414 [12.07]
431	1411	SZUDEJKO PIOTR	GDAŃSK	POL	GRUPA TRÓJMIASTO	78	M30/77		(M)415	03:35:42	03:33:56	11.83	00:49:54 / 474 [12.02]	01:44:57 / 452 [12.06]	02:29:21 / 463 [12.05]
432	1433	KUBISZ TOMASZ	LUBLINIEC	POL	WKB META LUBLINIEC	76	M30/78		(M)416	03:35:43	03:35:31	11.75	00:47:07 / 285 [12.73]	01:40:45 / 302 [12.57]	02:24:29 / 296 [12.46]
433	1342	FIEGA RYSZARD	GORLICE	POL		58	M50/42		(M)417	03:35:50	03:35:44	11.74	00:47:09 / 287 [12.73]	01:42:21 / 343 [12.37]	02:27:59 / 389 [12.16]
434	221	KIESLICH MARIUSZ	POZNAŃ	POL	BRYLANT KÓRNIK	62	M45/51		(M)418	03:35:53	03:35:16	11.76	00:49:55 / 479 [12.02]	01:45:01 / 464 [12.06]	02:29:17 / 436 [12.06]
435	256	TOMCZUK WOJCIECH	WOŁÓW	POL		69	M40/69		(M)419	03:35:55	03:35:23	11.75	00:49:56 / 491 [12.02]	01:44:42 / 429 [12.09]	02:29:09 / 419 [12.07]
436	539	TRZONKOWSKI WOJCIECH	GLIWICE	POL		71	M35/72		(M)420	03:35:59	03:34:46	11.79	00:49:49 / 447 [12.04]	01:45:00 / 463 [12.06]	02:29:57 / 487 [12.00]
437	962	BYTNIEWSKI DARIUSZ	KATOWICE	POL		77	M30/79		(M)421	03:36:01	03:35:23	11.75	00:49:45 / 440 [12.06]	01:44:51 / 440 [12.07]	02:29:22 / 467 [12.05]
438	1486	LENKIEWICZ RYSZARD	GDAŃSK	POL	MARATONYPOLSKIE.PL TEAM	57	M50/43		(M)422	03:36:05	03:35:33	11.75	00:49:58 / 524 [12.01]	01:45:13 / 522 [12.03]	02:30:13 / 491 [11.98]
439	498	URAMEK ANDRZEJ	WROCLAW	POL	STRUSIE PĘDZIWIATRY	84	M25/48		(M)423	03:36:07	03:35:32	11.75	00:50:05 / 549 [11.98]	01:44:22 / 410 [12.13]	02:27:29 / 375 [12.20]
440	546	SZOŁUCHA TADEUSZ	LEGNICA	POL	KB LEW LEGNICA	58	M50/44		(M)424	03:36:08	03:35:52	11.73	00:47:08 / 286 [12.73]	01:40:40 / 301 [12.58]	02:25:19 / 311 [12.39]
441	99	DZIWIKI MAREK	RYBNIK	POL		72	M35/73		(M)425	03:36:09	03:35:30	11.75	00:49:31 / 412 [12.12]	01:43:25 / 379 [12.24]	02:27:18 / 366 [12.22]
442	2083	SIUDEK KAZIMIERZ	CZUŁÓWEK	POL		60	M45/52		(M)426	03:36:10	03:35:48	11.73	00:46:22 / 232 [12.94]	01:39:12 / 271 [12.76]	02:21:59 / 253 [12.68]
443	1267	SAWICKI JAN	ŁĘŻYCA	POL		58	M50/45		(M)427	03:36:12	03:35:49	11.73	00:46:25 / 256 [12.93]	01:38:05 / 261 [12.91]	02:22:40 / 268 [12.62]
444	1000	STOŁOWSKA AURELIA	ELBLĄG	POL	KLUB BIEGACZA TPSA	62	K45/3		(K)17	03:36:15	03:35:30	11.75	00:50:55 / 599 [11.78]	01:46:05 / 559 [11.93]	02:31:42 / 531 [11.87]
445	1239	HERNIK DARIUSZ	RADOM	POL	MARATONYPOLSKIE.PL TEAM	69	M40/70		(M)428	03:36:24	03:35:17	11.76	00:51:16 / 623 [11.70]	01:43:59 / 402 [12.18]	02:27:12 / 360 [12.23]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
446	2013	KITA MICHAŁ	WROCLAW	POL	PĘDZĄCY W MIEJSCU	75	M30/80		(M)429	03:36:26	03:35:12	11.76	00:48:55 / 367 [12.27]	01:42:43 / 368 [12.33]	02:27:09 / 358 [12.23]
447	392	BEBAK ROMAN	ZEMBRZYCE	POL		60	M45/53		(M)430	03:36:27	03:35:04	11.77	00:51:32 / 643 [11.64]	01:47:35 / 610 [11.77]	02:33:27 / 570 [11.73]
448	999	MAJ GRZEGORZ	KIELCE	POL		67	M40/71		(M)431	03:36:27	03:35:51	11.73	00:51:06 / 619 [11.74]	01:47:53 / 621 [11.73]	02:33:27 / 571 [11.73]
449	1611	GARBARCZYK KAMIL	TARCHAŁY WIELKIE	POL		87	M20/29		(M)432	03:36:32	03:35:38	11.74	00:46:51 / 273 [12.81]	01:37:24 / 234 [13.00]	02:18:11 / 198 [13.03]
450	194	ZGAGACZ PAWEŁ	WROCLAW	POL		70	M35/74		(M)433	03:36:36	03:36:02	11.72	00:50:07 / 551 [11.97]	01:45:22 / 531 [12.02]	02:30:28 / 498 [11.96]
451	246	NIŻYŃSKI JANUSZ	WROCLAW	POL		60	M45/54		(M)434	03:36:37	03:36:09	11.71	00:49:59 / 536 [12.00]	01:45:37 / 539 [11.99]	02:32:01 / 538 [11.84]
452	1310	BARAŃSKI GRZEGORZ	BYDGOSZCZ	POL		59	M50/46	Nauc/32	(M)435	03:36:50	03:36:13	11.71	00:49:40 / 427 [12.08]	01:45:10 / 518 [12.04]	02:29:44 / 480 [12.02]
453	1003	TOMCZYK MARCIN	KRAKÓW	POL		73	M35/75		(M)436	03:36:50	03:35:32	11.75	00:48:45 / 361 [12.31]	01:42:27 / 346 [12.36]	02:27:37 / 380 [12.19]
454	1554	RZOŃCA STANISŁAW	MYSŁOWICE	POL		63	M45/55		(M)437	03:36:50	03:36:28	11.70	00:49:55 / 478 [12.02]	01:45:26 / 534 [12.01]	02:32:00 / 536 [11.84]
455	368	TOMCZYK TOMASZ	WROCLAW	POL		87	M20/30		(M)438	03:36:57	03:36:28	11.70	00:49:55 / 481 [12.02]	01:44:39 / 425 [12.10]	02:28:32 / 402 [12.12]
456	386	SARNECKI BOLKO	ZIRNDORF	GER	KARSTADTQUELLE VERSICHERUNGEN	59	M50/47		(M)439	03:36:57	03:36:35	11.69	00:49:20 / 398 [12.16]	01:43:43 / 390 [12.21]	02:27:39 / 381 [12.19]
457	1393	GAC JACEK	WARSZAWA	POL	DGW	67	M40/72		(M)440	03:37:04	03:36:24	11.70	00:49:58 / 523 [12.01]	01:45:05 / 503 [12.05]	02:30:28 / 499 [11.96]
458	525	KUCZAJ TOMASZ	LIGOTA PIĘKNA	POL	STRAŻ POŻARNA TRZEBNICA	83	M25/49		(M)441	03:37:06	03:35:37	11.74	00:51:43 / 650 [11.60]	01:46:24 / 569 [11.90]	02:30:17 / 494 [11.98]
459	500	HURYŃ EWA	SZCZECIN	POL	MARATONYPOLSKIE.PL TEAM	73	K35/5		(K)18	03:37:15	03:37:01	11.67	00:48:00 / 313 [12.50]	01:44:01 / 403 [12.17]	02:31:02 / 513 [11.92]
460	1618	DERECZENIK RAFAŁ	LUBIN	POL		76	M30/81		(M)442	03:37:19	03:36:43	11.68	00:51:46 / 655 [11.59]	01:46:58 / 591 [11.84]	02:31:05 / 514 [11.91]
461	1996	VON PALOMBINI JOBST	BÜCKEBURG	GER	VFL BÜCKEBURG	69	M40/73		(M)443	03:37:26	03:37:20	11.65	00:48:03 / 315 [12.49]	01:45:14 / 525 [12.03]	02:32:12 / 546 [11.83]
462	889	SŁOMOWICZ BARTOSZ	GNIEZNO	POL	ALTOM GNIEZNO	73	M35/76		(M)444	03:37:29	03:36:36	11.69	00:53:48 / 783 [11.15]	01:51:29 / 721 [11.36]	02:37:37 / 655 [11.42]
463	849	NAWROCKI PIOTR	ŚWIĘTOSZÓW	POL	10.BRYGADA KAWALERII PANCERNEJ	72	M35/77		(M)445	03:37:30	03:37:25	11.64	00:46:23 / 239 [12.94]	01:37:23 / 221 [13.00]	02:22:08 / 258 [12.66]
464	1999	SKURZYŃSKI KRZYSZTOF	BYDGOSZCZ	POL	TKKF ORZEL	56	M50/48		(M)446	03:37:30	03:37:08	11.66	00:46:24 / 250 [12.93]	01:37:38 / 254 [12.97]	02:22:13 / 260 [12.66]
465	1566	BARTOSZ MARCIN	BARLINEK	POL	KRAJ-ZEGA BARLINEK	77	M30/82		(M)447	03:37:34	03:36:55	11.67	00:51:46 / 658 [11.59]	01:48:32 / 636 [11.66]	02:34:56 / 601 [11.62]
466	102	SZTYK JAROSŁAW	JELCZ-LASKOWICE	POL	MARATONYPOLSKIE.PL TEAM	67	M40/74		(M)448	03:37:34	03:37:06	11.66	00:49:42 / 431 [12.07]	01:44:48 / 435 [12.08]	02:29:48 / 483 [12.02]
467	229	DAROWSKI DARIUSZ	TRZEBNICA	POL	TSS-TRZEBNICA	72	M35/78		(M)449	03:37:37	03:37:00	11.67	00:53:50 / 784 [11.15]	01:52:30 / 762 [11.25]	02:39:22 / 705 [11.29]
468	2000	GÓROWSKI MARIUSZ	WROCLAW	POL	NIGERIA	84	M25/50		(M)450	03:37:37	03:37:00	11.67	00:48:34 / 333 [12.35]	01:42:32 / 353 [12.35]	02:26:09 / 334 [12.32]
469	1805	PYTEL GRZEGORZ	RACIBÓRZ	POL		77	M30/83		(M)451	03:37:38	03:36:32	11.69	00:50:44 / 583 [11.83]	01:45:01 / 467 [12.06]	02:30:14 / 492 [11.98]
470	1567	RYBACKI ARTUR	WŁOCLAWEK	POL		76	M30/84		(M)452	03:37:38	03:37:24	11.65	00:47:15 / 290 [12.70]	01:39:59 / 285 [12.66]	02:23:00 / 274 [12.59]
471	1534	GABRYELSKI MARCIN	WŁOCLAWEK	POL	WKB MARATONCZYK WŁOCLAWEK	82	M25/51		(M)453	03:37:39	03:37:33	11.64	00:42:26 / 79 [14.14]	01:31:14 / 110 [13.88]	02:20:53 / 244 [12.78]
472	1447	BŁASZCZYKOWSKI MARCIN	TARNOWSKIE GÓRY	POL	BIEGANIE.PL	79	M30/85		(M)454	03:37:43	03:36:53	11.67	00:51:19 / 629 [11.69]	01:48:48 / 644 [11.64]	02:33:48 / 585 [11.70]
473	378	SMAZA DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	63	M45/56		(M)455	03:37:46	03:36:59	11.67	00:50:09 / 552 [11.96]	01:46:24 / 571 [11.90]	02:32:10 / 545 [11.83]
474	1371	PIENIAŻEK PIOTR	CZĘSTOCHOWA	POL		65	M40/75		(M)456	03:37:47	03:37:06	11.66	00:51:14 / 621 [11.71]	01:47:27 / 605 [11.78]	02:32:43 / 555 [11.79]
475	1498	SERAFIN DARIUSZ	ZAKOPANE	POL	T.G. SOKÓŁ ZAKOPANE	66	M40/76		(M)457	03:37:53	03:37:26	11.64	00:49:56 / 505 [12.02]	01:45:04 / 493 [12.05]	02:29:31 / 474 [12.04]
476	1472	KARKOSZKA BARTOSZ	OSTRZESZÓW	POL		80	M25/52		(M)458	03:37:58	03:36:35	11.69	00:48:52 / 365 [12.28]	01:42:03 / 329 [12.41]	02:26:16 / 338 [12.31]
477	1362	KOZDOŃ JAROSŁAW	ŻORY	POL	KW GLIWICE	84	M25/53		(M)459	03:38:00	03:37:25	11.64	00:49:27 / 408 [12.13]	01:43:02 / 371 [12.29]	02:25:51 / 319 [12.34]
478	1001	STOŁOWSKI PIOTR	ELBLĄG	POL	ELBLĄG	61	M45/57		(M)460	03:38:02	03:37:18	11.65	00:50:55 / 600 [11.78]	01:46:05 / 558 [11.93]	02:31:42 / 530 [11.87]
479	180	DAROSZEWSKI TOMASZ	WROCLAW	POL	CHALLENGERS	83	M25/54		(M)461	03:38:10	03:37:12	11.66	00:54:05 / 842 [11.09]	01:52:40 / 808 [11.24]	02:39:37 / 741 [11.28]
480	2089	CIESZYŃSKI ANDRZEJ	LĘBORK	POL	SYSTEM WENTYLACJA LĘBORK	79	M30/86		(M)462	03:38:31	03:38:22	11.59	00:50:34 / 573 [11.87]	01:46:25 / 572 [11.90]	02:33:18 / 567 [11.74]
481	1571	GŁOWACKI JACEK	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	61	M45/58		(M)463	03:38:42	03:38:14	11.60	00:49:59 / 533 [12.00]	01:45:01 / 470 [12.06]	02:29:29 / 472 [12.04]
482	94	JURCZYK SŁAWOMIR	TARNOWSKIE GÓRY	POL		83	M25/55		(M)464	03:38:47	03:38:01	11.61	00:51:49 / 664 [11.58]	01:46:54 / 589 [11.84]	02:31:59 / 534 [11.84]
483	1726	RUTKOWSKI ZBIGNIEW	DĘBNO	POL	GP 42 195 DĘBNO	65	M40/77		(M)465	03:38:52	03:37:49	11.62	00:47:52 / 308 [12.53]	01:41:29 / 320 [12.47]	02:25:47 / 317 [12.35]
484	1737	MARCZAK JAKUB	WROCLAW	POL		84	M25/56		(M)466	03:38:59	03:37:07	11.66	00:55:58 / 973 [10.72]	01:54:21 / 878 [11.07]	02:40:57 / 786 [11.18]
485	1493	DLUGOSZ JACEK	BYDGOSZCZ	POL		63	M45/59		(M)467	03:39:07	03:37:57	11.62	00:53:13 / 729 [11.27]	01:50:32 / 685 [11.45]	02:36:01 / 628 [11.54]
486	2085	KOLAKOWSKI ARKADIUSZ	WROCLAW	POL		76	M30/87		(M)468	03:39:07	03:38:23	11.59	00:46:29 / 257 [12.91]	01:41:32 / 323 [12.47]	02:28:13 / 390 [12.14]
487	1350	WARCHOL KRZYSZTOF	PRZEWORSK	POL		69	M40/78	Nauc/33	(M)469	03:39:08	03:38:09	11.61	00:52:23 / 689 [11.45]	01:49:10 / 648 [11.60]	02:36:20 / 634 [11.51]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
488	1741	FRĄCZKOWSKI DAWID	PIOTRKÓW TRYB.	POL		76	M30/88	(M)470	03:39:08	03:38:05	11.61	00:51:14 / 622 [11.71]	01:45:47 / 546 [11.97]	02:31:09 / 517 [11.91]	
489	2060	SIKIDIN ADAM	OPOLE	POL		69	M40/79	(M)471	03:39:09	03:38:29	11.59	00:48:31 / 328 [12.37]	01:42:08 / 338 [12.40]	02:27:53 / 387 [12.17]	
490	170	BOHATER PIOTR	WROCLAW	POL	LADENBURGER	78	M30/89	(M)472	03:39:09	03:38:20	11.60	00:50:52 / 594 [11.80]	01:47:22 / 602 [11.79]	02:32:52 / 557 [11.77]	
491	324	KWIATKOWSKI RYSZARD	OLSZTYN	POL	NAPRZD GAZ OLSZTYN	63	M45/60	(M)473	03:39:10	03:38:04	11.61	00:51:02 / 614 [11.76]	01:44:24 / 416 [12.13]	02:28:16 / 391 [12.14]	
492	1692	BIELIŃSKI MICHAŁ	KOSZALIN	POL	TKKF KOSZALIN / POLSKA BIEGA	77	M30/90	(M)474	03:39:12	03:38:30	11.59	00:50:58 / 606 [11.77]	01:46:12 / 562 [11.92]	02:29:57 / 488 [12.00]	
493	1555	MEDEL ARTUR	POZNAŃ	POL	DRUŻYNA SZPIKU	84	M25/57	(M)475	03:39:15	03:38:32	11.58	00:52:40 / 699 [11.39]	01:48:21 / 630 [11.68]	02:34:13 / 594 [11.67]	
494	1388	KRAWIEC ANDRZEJ	OLSZTYN	POL		72	M35/79	(M)476	03:39:16	03:38:56	11.56	00:53:02 / 712 [11.31]	01:51:35 / 726 [11.35]	02:37:26 / 651 [11.43]	
495	1762	HUTNICZAK MARIUSZ	DĄBROWA GÓRNICZA	POL	GR BIEGOWA DĄBROWA GÓRNICZA	65	M40/80	(M)477	03:39:21	03:37:52	11.62	00:49:55 / 487 [12.02]	01:44:25 / 418 [12.12]	02:28:55 / 411 [12.09]	
496	1927	CHLEBDA ANDRZEJ	KRAKÓW	POL		64	M45/61	(M)478	03:39:25	03:39:02	11.56	00:46:09 / 198 [13.00]	01:36:39 / 187 [13.10]	02:20:18 / 238 [12.83]	
497	1612	BURZYMOWSKI ZBIGNIEW	OLSZTYN	POL		72	M35/80	(M)479	03:39:32	03:39:14	11.55	00:50:22 / 561 [11.91]	01:45:43 / 543 [11.98]	02:31:37 / 527 [11.87]	
498	1157	PUSZCZEWICZ ZENON	KOSCIERZYCE	POL	KB.LUPUS OLESNICA-BRZEG	41	M65/3	(M)480	03:39:43	03:39:40	11.53	00:49:58 / 528 [12.01]	01:46:23 / 568 [11.90]	02:32:55 / 558 [11.77]	
499	499	PLEBANEK GRZEGORZ	WROCLAW	POL		59	M50/49	(M)481	03:39:47	03:39:18	11.54	00:51:23 / 631 [11.68]	01:48:21 / 632 [11.68]	02:34:18 / 596 [11.67]	
500	1513	ZIELONKA PAWEŁ	KATOWICE	POL		85	M20/31	(M)482	03:39:53	03:38:47	11.57	00:48:28 / 326 [12.38]	01:41:27 / 318 [12.48]	02:25:48 / 318 [12.35]	
501	520	KATRYŃSKI SŁAWOMIR	TORUŃ	POL	KAROE TORUŃ	61	M45/62	(M)483	03:40:02	03:39:05	11.56	00:51:00 / 609 [11.76]	01:47:31 / 609 [11.77]	02:34:09 / 591 [11.68]	
502	1468	KRAKI STANISŁAW	MARKLOWICE	POL	FORMA WODZISŁAW ŚLĄSKI	74	M35/81	(M)484	03:40:04	03:39:53	11.51	00:48:36 / 345 [12.35]	01:42:04 / 330 [12.40]	02:27:10 / 359 [12.23]	
503	1469	KOZIELSKI ZENON	MSZANA	POL	FORMA WODZISŁAW ŚLĄSKI	75	M30/91	(M)485	03:40:04	03:39:53	11.51	00:48:36 / 343 [12.35]	01:41:26 / 314 [12.48]	02:26:11 / 335 [12.31]	
504	237	KOŁKOWSKI PRZEMYSŁAW	WROCLAW	POL		79	M30/92	(M)486	03:40:07	03:39:57	11.51	00:49:04 / 377 [12.23]	01:43:42 / 389 [12.21]	02:28:39 / 405 [12.11]	
505	1402	GROJA TOMASZ	ZAWIERCIE	POL		85	M20/32	(M)487	03:40:09	03:38:09	11.61	00:50:37 / 575 [11.85]	01:45:02 / 473 [12.05]	02:30:58 / 511 [11.92]	
506	284	RYZNAR ŁUKASZ	WROCLAW	POL		81	M25/58	(M)488	03:40:09	03:38:34	11.58	00:53:21 / 743 [11.25]	01:49:26 / 654 [11.57]	02:34:11 / 593 [11.67]	
507	719	JANUS TOMASZ	WROCLAW	POL		85	M20/33	(M)489	03:40:16	03:39:51	11.52	00:51:46 / 656 [11.59]	01:47:43 / 620 [11.75]	02:33:01 / 561 [11.76]	
508	2012	RÓŻAK STANISŁAW	WOŁOWICE	POL		60	M45/63	(M)490	03:40:29	03:39:59	11.51	00:49:54 / 467 [12.02]	01:45:00 / 459 [12.06]	02:29:17 / 431 [12.06]	
509	1378	SZYMKÓW HENRYK	RZESZÓW	POL	AGROMA RZESZÓW	50	M55/26	(M)491	03:40:30	03:39:44	11.52	00:53:15 / 739 [11.27]	01:52:41 / 812 [11.24]	02:38:17 / 679 [11.37]	
510	1125	ZIELONKA WIESŁAW	KATOWICE	POL	HUHTAMAKI-POLSKA	60	M45/64	(M)492	03:40:32	03:39:23	11.54	00:49:54 / 470 [12.02]	01:44:56 / 450 [12.06]	02:30:43 / 507 [11.94]	
511	1871	ZABŁOCKI JAKUB	WARSZWA	POL	LECHICI ZIELONKA	78	M30/93	(M)493	03:40:42	03:39:26	11.54	00:55:25 / 930 [10.83]	01:53:37 / 863 [11.14]	02:38:40 / 687 [11.34]	
512	1208	BRODOWSKI DOMINIK	GOLISZOWIEC K.	POL		82	M25/59	(M)494	03:40:45	03:39:54	11.51	00:53:42 / 775 [11.17]	01:51:29 / 722 [11.36]	02:36:37 / 639 [11.49]	
513	1962	CIEPLY MARIUSZ	WROCLAW	POL	LIVECHAT SOFTWARE TEAM	80	M25/60	(M)495	03:40:45	03:40:33	11.48	00:44:51 / 164 [13.38]	01:35:33 / 168 [13.25]	02:21:34 / 249 [12.71]	
514	665	RUDEWICZ MARIUSZ	LEGNICA	POL	KGHM O/ZG LUBIN	68	M40/81	(M)496	03:40:48	03:39:31	11.53	00:53:27 / 757 [11.23]	01:50:35 / 690 [11.45]	02:37:02 / 643 [11.46]	
515	394	GUSIN PAWEŁ	WROCLAW	POL		64	M45/65	(M)497	03:40:49	03:40:06	11.50	00:46:53 / 274 [12.80]	01:40:34 / 293 [12.59]	02:26:45 / 347 [12.27]	
516	1879	SOBCZAK JOLANTA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	65	K40/5	(K)19	03:40:51	03:40:44	11.47	00:46:25 / 254 [12.93]	01:40:08 / 287 [12.64]	02:27:21 / 369 [12.22]	
517	1801	MAZUREK PAWEŁ	LEŚNA	POL		84	M25/61	(M)498	03:40:52	03:39:14	11.55	00:48:44 / 355 [12.31]	01:41:54 / 328 [12.42]	02:27:32 / 377 [12.20]	
518	1223	WOJTYŁO KRZYSZTOF	WROCLAW	POL	WKB PIAST WROCLAW	49	M60/7	(M)499	03:40:53	03:40:03	11.51	00:53:58 / 794 [11.12]	01:52:11 / 737 [11.29]	02:37:43 / 661 [11.41]	
519	232	GÓRNY MAREK	ŚWIĘCIECHOWA	POL	DRUŻYNA SZPIKU	55	M50/50	(M)500	03:40:55	03:39:47	11.52	00:53:59 / 796 [11.11]	01:52:21 / 745 [11.27]	02:37:43 / 660 [11.41]	
520	1297	GOZDALSKI ADAM	RADOM	POL	KLUB MARATOŃCZYKA AZS POLITECHNIKI RADOMSKIEJ	85	M20/34	(M)501	03:40:59	03:39:01	11.56	00:50:29 / 569 [11.89]	01:45:38 / 540 [11.98]	02:31:38 / 528 [11.87]	
521	1032	DYBIEC ARKADIUSZ	KAMIENNA GÓRA	POL	3. BRYGADA RADIOTECHNICZNA KAMIENNA GÓRA	73	M35/82	(M)502	03:41:06	03:40:13	11.50	00:50:53 / 595 [11.79]	01:46:01 / 557 [11.94]	02:32:17 / 547 [11.82]	
522	1887	SOKOŁOWSKI TOMASZ	KRAKÓW	POL		76	M30/94	(M)503	03:41:08	03:39:11	11.55	00:47:33 / 296 [12.62]	01:37:03 / 194 [13.04]	02:18:05 / 179 [13.04]	
523	1294	RYZNER KRZYSZTOF	JAROSŁAW	POL		60	M45/66	(M)504	03:41:11	03:40:45	11.47	00:50:04 / 548 [11.98]	01:46:28 / 574 [11.89]	02:33:02 / 562 [11.76]	
524	1811	DZIEDZIAK MAREK	GORLICE	POL	MARATON GORLICE	65	M40/82	Nauc/34 (M)505	03:41:14	03:40:00	11.51	00:51:27 / 634 [11.66]	01:47:18 / 599 [11.80]	02:34:29 / 598 [11.65]	
525	1754	MAZANIK ROBERT	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	75	M30/95	(M)506	03:41:24	03:41:12	11.45	00:43:52 / 131 [13.68]	01:38:42 / 264 [12.83]	02:27:23 / 370 [12.21]	
526	822	RAUBO GABRIEL	WROCLAW	POL		61	M45/67	(M)507	03:41:27	03:40:09	11.50	00:48:03 / 314 [12.49]	01:47:17 / 596 [11.80]	02:32:09 / 543 [11.83]	
527	932	NIZIOL MARIAN	PIASECZNO	POL		57	M50/51	(M)508	03:41:28	03:41:21	11.44	00:48:13 / 322 [12.44]	01:44:23 / 413 [12.13]	02:32:08 / 541 [11.83]	
528	1005	ANDRZEJEWSKI SŁAWOMIR	KARCZEW	POL	SOLTYS WSI SOBIEKURSK	76	M30/96	(M)509	03:41:36	03:40:44	11.47	00:54:02 / 813 [11.10]	01:52:35 / 775 [11.25]	02:39:33 / 719 [11.28]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
529	1978	RZYSKI JACEK	GÓRA ŚLĄSKA	POL		65	M40/83	Nauc/35	(M)510	03:41:42	03:40:27	11.48	00:48:30 / 327 [12.37]	01:43:07 / 374 [12.28]	02:29:43 / 479 [12.02]
530	97	BARNAŚ DARIUSZ	JAŻWINY	POL		77	M30/97	Nauc/36	(M)511	03:41:43	03:39:43	11.52	00:47:03 / 281 [12.75]	01:39:08 / 267 [12.77]	02:26:22 / 340 [12.30]
531	1548	OLESZEK BARTOSZ	WARSZAWA	POL		74	M35/83		(M)512	03:41:44	03:39:55	11.51	00:53:36 / 769 [11.19]	01:52:18 / 741 [11.27]	02:37:57 / 673 [11.40]
532	91	KONTNY ANDREAS	BAUNATAL	GER		57	M50/52		(M)513	03:41:48	03:41:39	11.42	00:46:11 / 204 [12.99]	01:40:36 / 296 [12.58]	02:27:19 / 368 [12.22]
533	315	MISZTAŁ GRZEGORZ	WROCLAW	POL	JW 2644	71	M35/84		(M)514	03:41:51	03:41:00	11.46	00:50:57 / 605 [11.78]	01:46:31 / 575 [11.89]	02:32:29 / 551 [11.80]
534	278	SEPETOWSKI KRZYSZTOF	DOBROSZYCE	POL	BYSTRZYCA KŁODZKA	72	M35/85		(M)515	03:41:51	03:40:11	11.50	00:55:12 / 918 [10.87]	01:52:02 / 732 [11.30]	02:37:39 / 657 [11.42]
535	1181	SEIDLOVA EVA	TLMACE	SVK		48	K60/1		(K)20	03:41:55	03:41:05	11.45	00:53:10 / 722 [11.29]	01:50:30 / 682 [11.46]	02:35:55 / 627 [11.54]
536	1106	SLABY MATEUSZ	CHELMIEC	POL		88	M20/35		(M)516	03:41:55	03:40:42	11.47	00:49:13 / 391 [12.19]	01:42:05 / 333 [12.40]	02:24:51 / 300 [12.43]
537	1400	SZCZEPANCZYK ARKADIUSZ	JASTRZĘBIE ZDRÓJ	POL		67	M40/84		(M)517	03:42:04	03:41:06	11.45	00:53:45 / 779 [11.16]	01:51:35 / 725 [11.35]	02:35:15 / 615 [11.59]
538	161	OSKIERKO ROMAN	LUBSKO	POL		61	M45/68		(M)518	03:42:07	03:41:48	11.41	00:49:54 / 473 [12.02]	01:45:56 / 550 [11.95]	02:32:31 / 552 [11.80]
539	1709	SZUBA TADEUSZ	ŁOBEZ	POL	TKKF BŁYSKAWICA ŁOBEZ	58	M50/53		(M)519	03:42:10	03:40:21	11.49	00:51:47 / 660 [11.59]	01:47:36 / 612 [11.77]	02:31:43 / 532 [11.86]
540	1121	LIPOWSKI ZDZISŁAW	LEGNICA	POL	KB LEW LEGNICA	46	M60/8		(M)520	03:42:11	03:41:38	11.42	00:50:22 / 558 [11.91]	01:46:32 / 577 [11.88]	02:33:35 / 578 [11.72]
541	2056	BĘBEN JAN	KRAKOW	POL		76	M30/98		(M)521	03:42:12	03:40:39	11.47	00:51:22 / 630 [11.68]	01:47:35 / 611 [11.77]	02:35:08 / 610 [11.60]
542	690	PILARZ-MALKIEWICZ DANUTA	WROCLAW	POL	WKB PIAST WROCLAW	64	K45/4		(K)21	03:42:12	03:41:27	11.43	00:53:55 / 788 [11.13]	01:51:26 / 719 [11.36]	02:37:57 / 672 [11.40]
543	1587	LEBIODA ADAM	KATOWICE	POL		70	M35/86		(M)522	03:42:17	03:41:47	11.42	00:49:54 / 468 [12.02]	01:45:06 / 509 [12.05]	02:29:20 / 456 [12.05]
544	1956	STAŚKIEWICZ TOMASZ	WARSZAWA	POL	STASKIEWICZ.PL	75	M30/99		(M)523	03:42:18	03:41:17	11.44	00:53:14 / 731 [11.27]	01:50:30 / 681 [11.46]	02:36:19 / 632 [11.52]
545	1970	CHODORSKI PIOTR	WROCLAW	POL	WKB PIAST WROCLAW	73	M35/87		(M)524	03:42:20	03:42:02	11.40	00:46:11 / 203 [12.99]	01:37:04 / 195 [13.04]	02:24:23 / 295 [12.47]
546	1150	BULKA ARTUR	KRAKÓW	POL	MARATON KRAKÓW	52	M55/27		(M)525	03:42:21	03:41:38	11.42	00:54:06 / 849 [11.09]	01:52:41 / 816 [11.24]	02:39:37 / 742 [11.28]
547	1379	MICHALSKI ADAM	SOBÓTKA	POL	WKB PIAST WROCLAW	70	M35/88		(M)526	03:42:23	03:41:25	11.43	00:53:55 / 787 [11.13]	01:51:26 / 718 [11.36]	02:37:56 / 671 [11.40]
548	218	MASALSKA AGATA	WROCLAW	POL	AZS POLITECHNIKA WROCLAWSKA	81	K25/3		(K)22	03:42:24	03:41:01	11.45	00:52:49 / 705 [11.36]	01:50:34 / 688 [11.45]	02:37:07 / 646 [11.46]
549	1109	WALAWENDER ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	68	M40/85		(M)527	03:42:28	03:41:30	11.43	00:54:03 / 829 [11.10]	01:52:42 / 819 [11.23]	02:39:52 / 762 [11.26]
550	972	JUREK STANISŁAW	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	56	M50/54		(M)528	03:42:28	03:40:41	11.47	00:54:43 / 899 [10.97]	01:53:50 / 869 [11.12]	02:41:00 / 791 [11.18]
551	1546	MUSIAŁ MAREK	BIERNA	POL	FORTEPIANY	48	M60/9		(M)529	03:42:35	03:42:06	11.40	00:49:54 / 464 [12.02]	01:45:07 / 512 [12.04]	02:33:00 / 559 [11.76]
552	308	PŁONEK TOMASZ	GŁOGÓW	POL		85	M20/36		(M)530	03:42:37	03:41:22	11.44	00:53:59 / 798 [11.11]	01:52:34 / 766 [11.25]	02:38:36 / 685 [11.35]
553	105	WAGNER JOLANTA	WARSZAWA	POL		66	K40/6		(K)23	03:42:40	03:41:58	11.41	00:53:14 / 734 [11.27]	01:50:31 / 683 [11.46]	
554	1214	GALLETTI FRANCO	RIOTORTO LI	ITA	PROMOSPORT GS ITALIA	64	M45/69		(M)531	03:42:42	03:41:28	11.43	00:55:53 / 968 [10.74]	01:54:22 / 881 [11.07]	02:38:38 / 686 [11.35]
555	240	RUTKOWSKI MARIAN	KOŻUCHÓW	POL	SWIAT MARATOŃCZYKA KOŻUCHÓW	47	M60/10		(M)532	03:42:47	03:42:25	11.38	00:48:44 / 358 [12.31]	01:42:32 / 354 [12.35]	02:28:37 / 404 [12.11]
556	150	SKORZYCKI EMIL	WROCLAW	POL		76	M30/100		(M)533	03:42:52	03:42:32	11.38	00:56:23 / 996 [10.64]	01:56:22 / 941 [10.88]	02:42:34 / 835 [11.07]
557	944	MATYLA BRONISŁAW	RYDZYNA	POL	DRUŻYNA SZPIKU	65	M40/86		(M)534	03:42:53	03:42:06	11.40	00:54:03 / 825 [11.10]	01:52:36 / 780 [11.24]	02:39:34 / 721 [11.28]
558	117	PISKOROWSKA DANUTA	WROCLAW	POL	LUKS ŻÓRAWINA	80	K25/4		(K)24	03:43:04	03:42:58	11.35	00:47:34 / 297 [12.61]	01:43:17 / 377 [12.26]	02:30:41 / 506 [11.95]
559	1091	CZUBAK TOMASZ	ŁOWICZ	POL		69	M40/87	Nauc/37	(M)535	03:43:06	03:42:37	11.37	00:49:59 / 532 [12.00]	01:45:22 / 532 [12.02]	02:32:03 / 540 [11.84]
560	1443	BEHOUNEK LESZEK	ZAKOPANE	POL	T.G. SOKÓŁ ZAKOPANE	59	M50/55	Nauc/38	(M)536	03:43:07	03:42:23	11.38	00:53:20 / 742 [11.25]	01:50:33 / 686 [11.45]	02:36:45 / 641 [11.48]
561	1195	ZIÓLKOWSKI GRZEGORZ	WROCLAW	POL	AZS POLITECHNIKA WROCLAWSKA	85	M20/37		(M)537	03:43:07	03:42:22	11.39	00:52:06 / 677 [11.52]	01:47:59 / 624 [11.72]	02:33:30 / 575 [11.73]
562	118	REMBERK MICHAŁ	WARSZAWA	POL	WARSZAWSKI ŻÓŁWIK	71	M35/89		(M)538	03:43:08	03:42:27	11.38	00:53:13 / 730 [11.27]	01:50:30 / 680 [11.46]	02:36:04 / 629 [11.53]
563	1450	SZCZYPCZYK-ŚCISŁO EWA	KRAKÓW	POL	KKB DYSTANS KRAKÓW	81	K25/5		(K)25	03:43:08	03:42:23	11.38	00:51:47 / 659 [11.59]	01:47:17 / 598 [11.80]	02:32:00 / 535 [11.84]
564	704	MACHATA JACEK	WROCLAW	POL	INTENSO	78	M30/101		(M)539	03:43:08	03:42:28	11.38	00:49:55 / 480 [12.02]	01:45:08 / 513 [12.04]	02:32:08 / 542 [11.83]
565	677	ŚWIĘTUCH KRZYSZTOF	WROCLAW	POL		79	M30/102		(M)540	03:43:09	03:42:39	11.37	00:50:00 / 539 [12.00]	01:45:56 / 551 [11.95]	02:31:52 / 533 [11.85]
566	695	MACHULA ARKADIUSZ	ZIĘBICE	POL	SPARTA ZIĘBICE	72	M35/90	Leka/8	(M)541	03:43:09	03:42:35	11.37	00:50:26 / 566 [11.90]	01:47:20 / 601 [11.80]	02:33:53 / 587 [11.70]
567	1380	OWENS BUZZ	ALTA LOMA	USA	SOCAL DAYBREAKERS	67	M40/88		(M)542	03:43:10	03:42:19	11.39	00:54:04 / 839 [11.10]	01:52:44 / 825 [11.23]	02:37:46 / 664 [11.41]
568	1482	GŁOWACZ MAREK	WROCLAW	POL		71	M35/91		(M)543	03:43:14	03:42:32	11.38	00:54:03 / 828 [11.10]	01:52:38 / 800 [11.24]	02:39:35 / 730 [11.28]
569	430	ŁĄCZNY JACEK	OSIEK NAD WISŁĄ	POL	NOVA TRADING	64	M45/70		(M)544	03:43:16	03:42:09	11.40	00:50:55 / 598 [11.78]	01:47:15 / 594 [11.80]	02:33:13 / 566 [11.75]
570	2031	KASZA JAROSŁAW	KREMPNA	POL		86	M20/38		(M)545	03:43:17	03:42:15	11.39	00:54:13 / 863 [11.07]	01:52:34 / 765 [11.25]	02:39:32 / 711 [11.28]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
571	1276	MOŻWIŁO MAREK	NOWA RUDA-SŁUPIEC	POL		47	M60/11		(M)546	03:43:19	03:42:00	11.40	00:52:06 / 674 [11.52]	01:48:32 / 634 [11.66]	02:35:07 / 609 [11.60]
572	725	KLIMKOWSKI PIOTR	LUBIN	POL	ZG LUBIN	66	M40/89		(M)547	03:43:20	03:42:04	11.40	00:53:28 / 761 [11.22]	01:52:37 / 793 [11.24]	02:39:34 / 727 [11.28]
573	1226	BUKOWSKI MARIAN	KONSKIE	POL		48	M60/12		(M)548	03:43:23	03:42:24	11.38	00:51:03 / 617 [11.75]	01:47:29 / 608 [11.78]	02:35:06 / 608 [11.61]
574	513	ROGACZ MIKOŁAJ	DĄBROWA GÓRNICZA	POL		75	M30/103		(M)549	03:43:29	03:43:08	11.35	00:52:32 / 696 [11.42]	01:50:45 / 700 [11.43]	02:38:13 / 678 [11.38]
575	939	FITOL JERZY	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	60	M45/71		(M)550	03:43:30	03:43:30	11.33		01:52:37 / 795 [11.24]	
576	924	KAWALEC LESZEK	JASZENICA	POL		61	M45/72		(M)551	03:43:31	03:42:51	11.36	00:54:02 / 807 [11.10]	01:52:36 / 779 [11.24]	02:39:33 / 720 [11.28]
577	1846	ROEHRYCH PAWEŁ	WARSZAWA	POL	MARATONYPOLSKIE.PL TEAM	71	M35/92		(M)552	03:43:38	03:43:08	11.35	00:49:55 / 488 [12.02]	01:46:22 / 566 [11.90]	02:33:31 / 576 [11.73]
578	339	RUSEK JAROSŁAW	KRAKÓW	POL		69	M40/90		(M)553	03:43:39	03:43:16	11.34	00:49:53 / 458 [12.03]	01:45:00 / 458 [12.06]	02:29:20 / 455 [12.05]
579	558	BREDE BARTŁOMIEJ	WARSZAWA-WESOŁA	POL		74	M35/93		(M)554	03:43:42	03:41:11	11.45	00:53:35 / 766 [11.20]	01:52:09 / 736 [11.29]	02:37:55 / 668 [11.40]
580	2003	SZCZEPANIK RAFAŁ	RADOMSKO	POL	KERNEL PANIC	81	M25/62		(M)555	03:43:43	03:43:24	11.33	00:50:23 / 563 [11.91]	01:46:32 / 579 [11.88]	02:33:08 / 565 [11.75]
581	203	DANISZ KAROL	WROCLAW	POL		80	M25/63		(M)556	03:43:43	03:42:57	11.36	00:54:06 / 845 [11.09]	01:52:42 / 820 [11.23]	02:39:37 / 744 [11.28]
582	1025	WASILEWSKI PAWEŁ	JAROTY	POL	WSB CYTADELA	72	M35/94		(M)557	03:43:45	03:43:25	11.33	00:50:50 / 591 [11.80]	01:46:53 / 588 [11.84]	02:33:30 / 573 [11.73]
583	963	CIASNOCHA RAFAŁ	KATOWICE	POL		77	M30/104		(M)558	03:43:46	03:43:08	11.35	00:49:45 / 441 [12.06]	01:44:51 / 441 [12.07]	02:30:48 / 509 [11.94]
584	799	BASIAGA KRZYSZTOF	PIEKARY ŚLASKIE	POL		65	M40/91		(M)559	03:43:52	03:43:10	11.34	00:54:00 / 799 [11.11]	01:52:35 / 768 [11.25]	02:39:32 / 712 [11.28]
585	1937	PAWŁAS LUCJAN	ZEBRZYDOWICE	POL		75	M30/105		(M)560	03:43:53	03:43:22	11.33	00:51:30 / 640 [11.65]	01:48:32 / 637 [11.66]	02:35:28 / 618 [11.58]
586	465	OLECH PIOTR	WROCLAW	POL		74	M35/95		(M)561	03:43:58	03:43:23	11.33	00:52:16 / 682 [11.48]	01:49:59 / 670 [11.51]	02:37:55 / 669 [11.40]
587	101	KORDZIŃSKI KAZIMIERZ	LUBLINIEC	POL	MARATONYPOLSKIE.PL TEAM	58	M50/56		(M)562	03:44:00	03:43:28	11.33	00:49:58 / 520 [12.01]	01:45:30 / 537 [12.00]	02:33:45 / 582 [11.71]
588	1824	JAROSZ WOJCIECH	ŁAGÓW LUBUSKI	POL		84	M25/64		(M)563	03:44:02	03:43:28	11.33	00:49:58 / 518 [12.01]	01:45:05 / 504 [12.05]	02:30:19 / 496 [11.97]
589	1845	HOMOLKA JOZEF	GŁOGÓW	POL	STRAŻ POZARNA GŁOGÓW	69	M40/92		(M)564	03:44:04	03:43:45	11.31	00:49:27 / 409 [12.13]	01:44:46 / 431 [12.08]	02:28:54 / 410 [12.09]
590	353	WALIGÓRSKI TOMASZ	GDYNIA	POL		72	M35/96		(M)565	03:44:07	03:43:12	11.34	00:49:11 / 388 [12.20]	01:44:21 / 406 [12.13]	02:30:47 / 508 [11.94]
591	1949	KASPRZAK JACEK	ZŁOTNIKI	POL		66	M40/93		(M)566	03:44:08	03:42:20	11.39	00:54:43 / 900 [10.97]	01:53:40 / 866 [11.14]	02:40:21 / 769 [11.23]
592	1556	LESIEWICZ BŁAŻEJ	OSTRZESZÓW	POL		85	M20/39		(M)567	03:44:10	03:43:16	11.34	00:53:27 / 756 [11.23]	01:52:22 / 749 [11.27]	02:39:34 / 726 [11.28]
593	458	SZUMIGAJ WALDEMAR	PRZEDMOŚCIE	POL	WKB PIAST WROCLAW	85	M20/40		(M)568	03:44:12	03:43:40	11.32	00:49:55 / 490 [12.02]	01:45:01 / 468 [12.06]	02:33:33 / 577 [11.72]
594	1351	PIĄTEK ROBERT	ZARZECZE	POL		70	M35/97		(M)569	03:44:12	03:43:14	11.34	00:52:23 / 690 [11.45]	01:49:10 / 649 [11.60]	02:36:20 / 635 [11.51]
595	192	TOMAKA WOJCIECH	RZESZÓW	POL		72	M35/98		(M)570	03:44:12	03:43:30	11.33	00:54:04 / 836 [11.10]	01:52:41 / 815 [11.24]	02:39:36 / 737 [11.28]
596	1940	LEWANDOWICZ TOMASZ	DOBRZYCA	POL	LZS TRUCHTACZ DOBRZYCA	70	M35/99	Nauc/39	(M)571	03:44:17	03:43:28	11.33	00:51:28 / 635 [11.66]	01:48:02 / 625 [11.72]	02:35:15 / 614 [11.59]
597	894	MARCINEK PAWEŁ	BUKÓWIEC GÓRNY	POL	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ BUKÓWIEC GÓRNY	65	M40/94		(M)572	03:44:19	03:43:34	11.32	00:53:59 / 795 [11.11]	01:52:35 / 776 [11.25]	02:39:34 / 723 [11.28]
598	820	KRZYSZTOFIK MICHAŁ	OPOCZNO	POL		77	M30/106		(M)573	03:44:21	03:43:05	11.35	00:54:01 / 806 [11.11]	01:52:36 / 786 [11.24]	02:39:38 / 746 [11.28]
599	1033	WLIZŁO TOMASZ	WROCLAW	POL	ARCADIS POLSKA	74	M35/100		(M)574	03:44:21	03:43:40	11.32	00:54:00 / 800 [11.11]	01:52:36 / 783 [11.24]	02:39:35 / 729 [11.28]
600	85	POBIEDZIŃSKA JOANNA	WROCLAW	POL		68	K40/7	Leka/9	(K)26	03:44:23	03:44:15	11.29	00:49:50 / 451 [12.04]	01:47:40 / 618 [11.76]	02:35:42 / 621 [11.56]
601	1676	SZPIECH LESZEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	67	M40/95	Nauc/40	(M)575	03:44:24	03:43:04	11.35	00:54:18 / 871 [11.05]	01:52:39 / 803 [11.24]	02:39:38 / 747 [11.28]
602	1722	WASILEWSKI MAREK	BARLINEK	POL		63	M45/73		(M)576	03:44:24	03:43:52	11.31	00:50:57 / 603 [11.78]	01:48:32 / 635 [11.66]	02:35:05 / 605 [11.61]
603	1149	BRAEK AGNIESZKA	GLIWICE	POL		76	K30/2	Nauc/41	(K)27	03:44:29	03:43:58	11.30	00:51:01 / 611 [11.76]	01:47:29 / 607 [11.78]	02:35:06 / 607 [11.61]
604	2029	SMITH CHRISTOPHER	ANCASTER	GBR	SLEAFORD TOWN RUNNERS	68	M40/96		(M)577	03:44:38	03:44:02	11.30	00:49:15 / 396 [12.18]	01:43:50 / 399 [12.19]	02:29:32 / 475 [12.04]
605	1932	ŚWIDURSKI JAROSŁAW	KOŹMIN WIELKOPOLSK	POL		77	M30/107		(M)578	03:44:40	03:43:58	11.30	00:54:01 / 804 [11.11]	01:52:35 / 774 [11.25]	02:39:33 / 717 [11.28]
606	1266	AUGUSTYN KRZYSZTOF	KOLBUSZOWA	POL	NZ	71	M35/101		(M)579	03:44:42	03:43:54	11.31	00:53:28 / 760 [11.22]	01:52:07 / 734 [11.29]	02:39:29 / 709 [11.29]
607	830	ANASZEWSKI ANDRZEJ	WROCLAW	POL		68	M40/97		(M)580	03:44:46	03:44:19	11.29	00:49:54 / 469 [12.02]	01:45:05 / 499 [12.05]	02:30:17 / 495 [11.98]
608	1865	JANISZEWSKI MIECZYSLAW	SZCZECIN	POL	SZWLA STARGARD	60	M45/74		(M)581	03:44:48	03:44:15	11.29	00:50:00 / 537 [12.00]	01:45:11 / 520 [12.04]	02:33:47 / 583 [11.70]
609	1463	ZIELONKA MARIAN	OSTRÓW WIELKOPOLSKI	POL	KS MARATON OSTRÓW WLKP.	55	M50/57		(M)582	03:44:49	03:44:15	11.29	00:49:55 / 486 [12.02]	01:45:26 / 535 [12.01]	02:32:39 / 554 [11.79]
610	2071	CZERSKI KRZYSZTOF	POZNAŃ	POL	KB INTREX POZNAŃ	81	M25/65		(M)583	03:44:54	03:44:13	11.29	00:54:01 / 802 [11.11]	01:52:35 / 769 [11.25]	02:39:33 / 716 [11.28]
611	1588	STRÓŻYŃSKA MONIKA	KATOWICE	POL		78	K30/3		(K)28	03:45:12	03:44:42	11.27	00:49:54 / 466 [12.02]	01:45:06 / 508 [12.05]	02:33:29 / 572 [11.73]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km	
612	1863	KSIĘŻYK JACEK	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	68	M40/98	(M)584	03:45:13	03:44:55	11.26	00:49:20 / 399 [12.16]	01:45:30 / 538 [12.00]	02:34:00 / 588 [11.69]
613	1954	MOSIO JOZEF	WALBRZYCH	POL	DĘBY WALBRZYCH	51	M55/28	(M)585	03:45:14	03:44:09	11.29	00:50:55 / 601 [11.78]	01:47:40 / 619 [11.76]	02:35:51 / 624 [11.55]
614	1317	ZAREMBA TADEUSZ	GLIWICE	POL		54	M55/29	(M)586	03:45:16	03:44:46	11.26	00:51:00 / 610 [11.76]	01:47:29 / 606 [11.78]	02:35:06 / 606 [11.61]
615	1598	ZGOŁA GRZEGORZ	POZNAŃ	POL		73	M35/102	(M)587	03:45:19	03:44:15	11.29	00:55:28 / 939 [10.82]	01:55:36 / 919 [10.95]	02:43:19 / 847 [11.02]
616	967	GLADCZAK JAN	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	62	M45/75	(M)588	03:45:38	03:44:34	11.27	00:49:57 / 508 [12.01]	01:45:43 / 542 [11.98]	02:33:30 / 574 [11.73]
617	1889	NIC JAKUB	INOWROCLAW	POL	IM 2010	77	M30/108	(M)589	03:45:47	03:44:45	11.26	00:55:11 / 915 [10.87]	01:54:35 / 891 [11.05]	02:42:14 / 826 [11.10]
618	1383	MRAJCA TOMAS	OSTRAVA	CZE	MK SEITL OSTRAVA	72	M35/103	(M)590	03:45:49	03:45:34	11.22	00:53:42 / 776 [11.17]	01:52:22 / 750 [11.27]	02:39:36 / 736 [11.28]
619	1280	HILDEBRANDT MARIAN	LUZINO	POL	GKS KASZUBILUZINO	54	M55/30	(M)591	03:45:53	03:45:12	11.24	00:54:35 / 891 [10.99]	01:52:39 / 806 [11.24]	02:40:06 / 764 [11.24]
620	1891	KURZAJCZYK MARIUSZ	KALISZ	POL	SUPERMARATON KALISZ	65	M40/99	(M)592	03:45:57	03:45:26	11.23	00:55:21 / 921 [10.84]	01:58:22 / 997 [10.70]	02:38:29 / 682 [11.36]
621	629	ANTCZAK MIROSŁAW	KALISZ	POL	SUPERMARATON KALISZ	59	M50/58	(M)593	03:45:57	03:45:25	11.23	00:55:21 / 920 [10.84]	01:58:18 / 995 [10.70]	02:43:47 / 855 [10.99]
622	1619	ZAKLUKIEWICZ JERZY	OLAWA	POL	KB FIODOR OLAWA	71	M35/104	(M)594	03:45:59	03:45:45	11.21	00:49:47 / 442 [12.05]	01:45:14 / 524 [12.03]	02:31:06 / 515 [11.91]
623	1416	BIL JANUSZ	PRASZKA	POL	TEDRIVE PRASZKA	53	M55/31	(M)595	03:45:59	03:44:43	11.27	00:52:46 / 701 [11.37]	01:51:08 / 707 [11.39]	02:38:48 / 690 [11.34]
624	1399	MOSIALA JAN	PRASZKA	POL	TEDRIVE PRASZKA	62	M45/76	(M)596	03:45:59	03:44:43	11.27	00:52:46 / 700 [11.37]	01:51:08 / 708 [11.39]	02:38:48 / 689 [11.34]
625	867	ZAWADZKI MICHAŁ	KALISZ	POL	AZS POLITECHNIKA WROCLAWSKA	87	M20/41	(M)597	03:46:01	03:43:32	11.33	00:59:45 / 1245 [10.04]	01:56:34 / 948 [10.86]	02:42:42 / 836 [11.06]
626	2094	WIELGAN ŁUKASZ	GOŚCIECIN	POL	MLUKSTECHNIK KOMORNO	84	M25/66	(M)598	03:46:03	03:46:00	11.20	00:41:22 / 48 [14.50]	01:32:20 / 125 [13.71]	02:25:28 / 312 [12.37]
627	1708	OLECH ŚLAWOMIR	ŁĘCZNA	POL		69	M40/100	(M)599	03:46:03	03:44:50	11.26	00:53:26 / 751 [11.23]	01:51:03 / 704 [11.40]	02:37:04 / 645 [11.46]
628	762	KRAUZE TOMASZ	WROCLAW	POL	WKB PIAST WROCLAW	67	M40/101	(M)600	03:46:21	03:44:13	11.29	00:55:25 / 932 [10.83]	01:54:31 / 886 [11.06]	02:42:14 / 824 [11.10]
629	367	DZIURDZIEWSKI MIROSŁAW	WROCLAW	POL	WSOWLAD.	60	M45/77	(M)601	03:46:21	03:44:13	11.29	00:55:26 / 936 [10.82]	01:54:32 / 887 [11.05]	02:42:15 / 830 [11.09]
630	1944	KRUPA ADAM	RYBNIK	POL	HERBALIFE RYBNIK	53	M55/32	(M)602	03:46:32	03:46:28	11.18	00:45:54 / 188 [13.07]	01:39:30 / 277 [12.72]	02:29:58 / 489 [12.00]
631	485	BARTOSZ MAREK	KRAKÓW	POL		79	M30/109	(M)603	03:46:33	03:45:45	11.21	00:55:29 / 941 [10.81]	01:55:37 / 920 [10.95]	02:43:10 / 844 [11.03]
632	1041	BALBUS ANNA	BYTOM	POL	MARATONYPOLSKIE.PL TEAM	80	K25/6	Nauc/42 (K)29	03:46:34	03:46:28	11.18	00:47:07 / 284 [12.73]	01:40:36 / 295 [12.58]	02:26:37 / 346 [12.28]
633	2101	CHRUSZCZEWSKI ANDRZEJ	GRUDZIĄDZ	POL		72	M35/105	(M)604	03:46:40	03:45:05	11.25	00:49:54 / 475 [12.02]	01:40:22 / 292 [12.61]	02:23:43 / 285 [12.52]
634	587	KOMÓR WIESŁAW	WROCLAW	POL		62	M45/78	(M)605	03:46:40	03:46:19	11.19	00:51:02 / 616 [11.76]	01:48:10 / 629 [11.70]	02:35:04 / 603 [11.61]
635	1056	CZECHOROWSKI PIOTR RYSZARD	BYDKLARSKA	POL		72	M35/106	(M)606	03:46:40	03:46:34	11.17	00:42:21 / 73 [14.17]	01:32:49 / 131 [13.64]	02:23:07 / 276 [12.58]
636	110	CYMANEK ANDRZEJ	WROCLAW	POL	FORTUM WROCLAW	62	M45/79	(M)607	03:46:44	03:44:48	11.26	00:54:30 / 890 [11.01]	01:52:39 / 801 [11.24]	02:39:35 / 728 [11.28]
637	1931	ŁANIEWSKI KRZYSZTOF	PROSTKI	POL		82	M25/67	(M)608	03:46:54	03:45:28	11.23	00:55:26 / 935 [10.82]	01:56:14 / 931 [10.89]	02:43:58 / 866 [10.98]
638	585	GŁOGOWSKI MIROSŁAW	JELENIA GÓRA	POL	BARAN SKI TOUR	60	M45/80	(M)609	03:47:02	03:45:19	11.24	00:53:03 / 715 [11.31]	01:48:29 / 633 [11.67]	02:34:50 / 599 [11.63]
639	1729	BRAŚ HENRYK	STANICA	POL	POLITECHNIKA ŚLĄSKA	52	M55/33	Nauc/43 (M)610	03:47:05	03:46:37	11.17	00:49:54 / 465 [12.02]	01:45:02 / 480 [12.05]	02:31:24 / 524 [11.89]
640	910	SAMBORSKI WŁADYSŁAW	WROCLAW	POL	KRZYKI	85	M20/42	(M)611	03:47:15	03:46:16	11.19	00:50:58 / 607 [11.77]	01:45:58 / 552 [11.95]	02:33:00 / 560 [11.76]
641	1518	JELONEK PAWEŁ	KUSIĘTA	POL		90	M20/43	(M)612	03:47:17	03:46:34	11.17	00:55:37 / 948 [10.79]	01:57:36 / 971 [10.77]	02:45:23 / 898 [10.88]
642	703	MARCINKIEWICZ TADEUSZ	WROCLAW	POL	WKB PIAST WROCLAW	53	M55/34	(M)613	03:47:20	03:47:13	11.14	00:44:22 / 142 [13.52]	01:39:59 / 286 [12.66]	02:29:30 / 473 [12.04]
643	1499	SOBCZAK HUBERT	RAWICZ	POL		87	M20/44	(M)614	03:47:24	03:46:32	11.18	00:54:03 / 824 [11.10]	01:52:42 / 821 [11.23]	02:40:15 / 765 [11.23]
644	219	CHARZEWSKI KACPER	OLEŚNICA	POL	KB LUPUS OLEŚNICA	77	M30/110	(M)615	03:47:28	03:45:40	11.22	00:53:46 / 780 [11.16]	01:51:24 / 717 [11.36]	02:37:38 / 656 [11.42]
645	1942	MRUGAŁA WOJCIECH	WARSZAWA	POL	WAT WARSZAWA	87	M20/45	(M)616	03:47:30	03:46:30	11.18	00:49:55 / 477 [12.02]	01:45:05 / 502 [12.05]	02:29:21 / 466 [12.05]
646	1165	ROPIAK RYSZARD	MYSZYNIC	POL	KURPIE MYSZYNIC	44	M65/4	(M)617	03:47:30	03:45:40	11.22	00:52:20 / 686 [11.46]	01:50:27 / 676 [11.46]	02:39:20 / 704 [11.30]
647	1422	ERTEL RADOSŁAW	LASKI-TARTAK	POL	MARATONYPOLSKIE.PL TEAM	68	M40/102	(M)618	03:47:34	03:46:18	11.19	00:56:32 / 1013 [10.61]	01:58:24 / 1000 [10.69]	02:46:59 / 934 [10.78]
648	1464	KUSZTELAK JACEK	RAWICZ	POL	KMPSP WROCLAW	81	M25/68	(M)619	03:47:38	03:46:16	11.19	00:51:29 / 638 [11.65]	01:46:46 / 583 [11.86]	02:33:39 / 580 [11.71]
649	1591	KROWICKA DOROTA	WROCLAW	POL	WKB PIAST WROCLAW	69	K40/8	(K)30	03:47:40	03:46:45	11.17	00:54:37 / 894 [10.99]	01:54:05 / 872 [11.10]	02:41:44 / 812 [11.13]
650	106	MIZERA AGNIESZKA	WROCLAW	POL		69	K40/9	(K)31	03:47:41	03:47:14	11.14	00:53:42 / 774 [11.17]	01:54:46 / 902 [11.03]	02:42:51 / 839 [11.05]
651	1303	ZDANKIEWICZ PAWEŁ	WROCLAW	POL		84	M25/69	(M)620	03:47:41	03:46:30	11.18	00:54:54 / 907 [10.93]	01:53:01 / 843 [11.20]	02:39:43 / 756 [11.27]
652	1338	KRZEMIEN PAWEŁ	MYŚLENICE	POL		85	M20/46	(M)621	03:47:49	03:46:24	11.18	00:52:37 / 698 [11.40]	01:49:12 / 651 [11.59]	02:35:43 / 622 [11.56]
653	382	BASAJ JAROMIR	ŻARY	POL	5 RBM NOWOGRÓD BOBRZ.	67	M40/103	(M)622	03:47:50	03:47:05	11.15	00:54:02 / 812 [11.10]	01:52:36 / 785 [11.24]	02:39:35 / 731 [11.28]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
654	576	BARANCEWICZ JACEK	JEŻÓW SUDECKI	POL		55	M50/59	Leka/10	(M)623	03:47:57	03:46:14	11.19	00:53:03 / 714 [11.31]	01:49:46 / 664 [11.53]	02:37:56 / 670 [11.40]
655	900	DUDUŚ MAREK	POZNAŃ	POL	KB MANIAC POZNAŃ	71	M35/107		(M)624	03:47:59	03:46:49	11.16	00:54:18 / 870 [11.05]	01:54:21 / 880 [11.07]	02:42:16 / 832 [11.09]
656	1449	SZCZOTKA ŁUKASZ	CISIEC	POL		82	M25/70		(M)625	03:48:02	03:46:53	11.16	00:57:10 / 1075 [10.50]	01:59:36 / 1072 [10.59]	02:48:54 / 983 [10.66]
657	1836	BACZEWSKA RENATA	WALBRZYCH	POL		70	K35/6	Nauc/44	(K)32	03:48:03	03:46:51	11.16	00:53:56 / 790 [11.12]	01:52:34 / 764 [11.25]	02:39:34 / 722 [11.28]
658	2086	SŁAWEK KAZIMIERZ	TARNOBRZEG	POL		49	M60/13		(M)626	03:48:05	03:47:21	11.14	00:54:02 / 810 [11.10]	01:52:35 / 771 [11.25]	02:39:35 / 733 [11.28]
659	1886	KOZYRSKA AGNIESZKA	SOBÓTKA	POL	WKB PIAST WROCŁAW	72	K35/7		(K)33	03:48:06	03:47:06	11.15	00:54:19 / 876 [11.05]	01:53:18 / 858 [11.17]	02:41:07 / 795 [11.17]
660	2062	LIBERA STANISŁAW	KRAKÓW	POL		63	M45/81		(M)627	03:48:10	03:47:10	11.14	00:52:59 / 710 [11.32]	01:50:31 / 684 [11.46]	02:36:19 / 633 [11.52]
661	1439	SZNAJDER ZENON	NOWA SÓL	POL	FREDEX NOWA SÓL	59	M50/60	Nauc/45	(M)628	03:48:11	03:47:33	11.13	00:56:57 / 1031 [10.54]	01:59:31 / 1049 [10.59]	02:49:56 / 1052 [10.59]
662	438	STANISZ PAWEŁ	WALBRZYCH	POL	MARATONYPOLSKIE.PL TEAM	74	M35/108		(M)629	03:48:13	03:47:35	11.12	00:52:06 / 675 [11.52]	01:51:11 / 710 [11.39]	02:38:18 / 680 [11.37]
663	1061	WZIĄTEK MIROSLAW	KÓRNIK	POL	BRYLANT KÓRNIK	57	M50/61		(M)630	03:48:22	03:47:41	11.12	00:53:43 / 777 [11.17]	01:52:21 / 744 [11.27]	02:38:58 / 696 [11.32]
664	741	PERŁAKOWSKI TADEUSZ	KŁOBUCZYN	POL		56	M50/62		(M)631	03:48:25	03:47:05	11.15	00:57:55 / 1178 [10.36]	01:59:40 / 1093 [10.58]	02:47:24 / 944 [10.75]
665	603	ROGAŁA TOMASZ	WROCŁAW	POL		63	M45/82		(M)632	03:48:26	03:47:52	11.11	00:53:48 / 782 [11.15]	01:53:08 / 849 [11.19]	02:40:30 / 774 [11.21]
666	1413	TATUŚKO TOMASZ	KRAKÓW	POL		68	M40/104		(M)633	03:48:26	03:47:05	11.15	00:54:25 / 886 [11.03]	01:53:32 / 860 [11.15]	02:40:34 / 776 [11.21]
667	1724	CZAJA DARIUSZ	ŁOWICZ	POL		69	M40/105		(M)634	03:48:29	03:46:42	11.17	00:56:35 / 1015 [10.60]	01:56:22 / 939 [10.88]	02:44:22 / 876 [10.95]
668	423	SUSMANEK JOANNA	WROCŁAW	POL	WARSZAWIACY ATHLETICS CLUB	88	K20/4		(K)34	03:48:29	03:47:35	11.12	00:57:29 / 1148 [10.44]	01:59:34 / 1057 [10.59]	02:48:44 / 974 [10.67]
669	845	KOSZYKOWSKI MAREK	WROCŁAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	75	M30/111		(M)635	03:48:31	03:47:15	11.14	00:54:03 / 826 [11.10]	01:52:42 / 822 [11.23]	02:37:17 / 649 [11.44]
670	682	STANKIEWICZ IRENEUSZ	LUBIN	POL		67	M40/106		(M)636	03:48:32	03:46:54	11.16	00:59:48 / 1247 [10.03]	01:56:43 / 952 [10.85]	02:43:43 / 853 [10.99]
671	1864	JANISZEWSKI KRZYSZTOF	WROCŁAW	POL	WKB PIAST WROCŁAW	73	M35/109		(M)637	03:48:39	03:48:30	11.08	00:49:04 / 376 [12.23]	01:43:49 / 398 [12.19]	02:29:10 / 423 [12.07]
672	788	TEKIELI JERZY	BYSTRZYCA KŁODZKA	POL		79	M30/112		(M)638	03:48:41	03:47:35	11.12	00:53:35 / 764 [11.20]	01:52:28 / 758 [11.26]	02:37:48 / 665 [11.41]
673	947	BUCZAK LESZEK	RYBNIK	POL	UBRANIADOBIEGANIA.PL	68	M40/107		(M)639	03:48:42	03:47:33	11.13	00:51:52 / 666 [11.57]	01:48:36 / 639 [11.66]	02:35:25 / 616 [11.58]
674	1382	SVOZIL LIBOR	BOHUMIN	CZE	MS SEITL OSTRAVA	71	M35/110		(M)640	03:48:43	03:48:27	11.08	00:53:25 / 748 [11.23]	01:52:24 / 754 [11.26]	02:38:56 / 693 [11.33]
675	2025	KALKA TOBIASZ	DĘBNO POLSKIE	POL	INDIVIDUAL	79	M30/113		(M)641	03:48:44	03:47:52	11.11	00:53:11 / 726 [11.28]	01:50:41 / 698 [11.44]	02:37:33 / 654 [11.42]
676	2075	GAŚKA JUSTYNA	SZCZECIN	POL	BIEGAJZNAMI.PL	78	K30/4		(K)35	03:48:45	03:47:52	11.11	00:54:03 / 822 [11.10]	01:52:36 / 784 [11.24]	02:39:35 / 734 [11.28]
677	1313	MAKSYMIAK MIROSLAW	RZESZÓW	POL	KOPNIAK	65	M40/108		(M)642	03:48:46	03:48:35	11.08	00:51:16 / 625 [11.70]	01:49:02 / 646 [11.61]	02:37:27 / 652 [11.43]
678	1265	CYDZIK MIROSLAW	OLSZTYN	POL		76	M30/114		(M)643	03:48:48	03:48:28	11.08	00:53:11 / 724 [11.28]	01:52:36 / 787 [11.24]	02:39:27 / 707 [11.29]
679	380	KUCZYKOWSKI RAFAŁ	LUBAŃ	POL		81	M25/71		(M)644	03:49:06	03:47:37	11.12	00:57:24 / 1138 [10.45]	01:58:24 / 1001 [10.69]	02:47:00 / 936 [10.78]
680	2111	ŁOZIŃSKI WOJCIECH	OLEŚNICA	POL		78	M30/115		(M)645	03:49:16	03:48:22	11.09	00:48:33 / 330 [12.36]	01:47:25 / 603 [11.79]	02:38:56 / 692 [11.33]
681	452	FLORCZAK WIESŁAW	ŁASK	POL	32 BAZA LOTNICZA ŁASK JASTRZĄB	52	M55/35		(M)646	03:49:28	03:48:27	11.08	00:55:21 / 923 [10.84]	01:55:27 / 914 [10.97]	02:43:32 / 850 [11.01]
682	289	PAPUGA DARIUSZ	JAWISZOWICE	POL		65	M40/109		(M)647	03:49:35	03:48:58	11.06	00:49:59 / 531 [12.00]	01:45:04 / 496 [12.05]	02:30:31 / 502 [11.96]
683	1152	SPUSTEK GRZEGORZ	ROZTOCZNIK	POL		82	M25/72		(M)648	03:49:36	03:47:48	11.11	00:50:36 / 574 [11.86]	01:45:51 / 549 [11.96]	02:35:01 / 602 [11.61]
684	227	AMBROZIK ADAM	BRZEG	POL		75	M30/116		(M)649	03:49:38	03:49:28	11.03	00:42:44 / 103 [14.04]	01:30:50 / 106 [13.94]	02:22:14 / 261 [12.66]
685	751	HORBOWY SŁAWOMIR	CZEPIELOWICE	POL		63	M45/83		(M)650	03:49:42	03:48:32	11.08	00:56:14 / 989 [10.67]	01:57:20 / 966 [10.79]	02:45:00 / 888 [10.91]
686	1287	REMBOWSKI JACEK	ŁOWICZ	POL		46	M60/14		(M)651	03:49:45	03:48:23	11.09	00:54:08 / 855 [11.08]	01:52:41 / 814 [11.24]	02:39:39 / 748 [11.27]
687	1633	BIELIK PAWEŁ	MYŚLOWICE	POL	RUN4FUN KATOWICE	83	M25/73		(M)652	03:49:46	03:49:35	11.03	00:44:57 / 171 [13.35]	01:37:24 / 232 [13.00]	02:24:08 / 294 [12.49]
688	1311	STRZYŻEWSKI MIROSLAW	OSIEK N/WISŁĄ	POL		61	M45/84	Nauc/46	(M)653	03:49:50	03:48:48	11.07	00:53:25 / 749 [11.23]	01:48:44 / 642 [11.64]	02:34:14 / 595 [11.67]
689	1586	GULIŃSKI GRZEGORZ	DOBRZELIN	POL		58	M50/63		(M)654	03:49:50	03:49:27	11.03	00:55:59 / 975 [10.72]	01:57:56 / 980 [10.73]	02:46:07 / 912 [10.84]
690	687	WOSZ BOGUMIŁ	JELCZ-ŁASKOWICE	POL	ARCHICON	63	M45/85		(M)655	03:49:53	03:49:21	11.04	00:51:33 / 645 [11.64]	01:50:44 / 699 [11.43]	02:38:59 / 698 [11.32]
691	1997	NOWAK KRZYSZTOF	WROCŁAW	POL		83	M25/74	Nauc/47	(M)656	03:49:58	03:49:16	11.04	00:54:02 / 814 [11.10]	01:52:35 / 778 [11.25]	02:39:34 / 724 [11.28]
692	1821	JUCHTA SZYPORT WIESŁAWA	ELBLĄG	POL		61	K45/5	Nauc/48	(K)36	03:50:06	03:49:43	11.02	00:54:06 / 848 [11.09]	01:52:35 / 773 [11.25]	02:39:40 / 752 [11.27]
693	1175	JAGODZIŃSKI JOZEF	WALBRZYCH	POL	WKB PODZAMCZE-ZAMEK KSIĄŻ	44	M65/5		(M)657	03:50:07	03:47:55	11.11	00:56:52 / 1023 [10.55]	01:55:15 / 912 [10.98]	02:41:32 / 807 [11.14]
694	1279	CHWASTYK KAROL	KĄTY WROCŁAWSKIE	POL	KB KĄTY WROCŁAWSKIE	38	M70/1		(M)658	03:50:09	03:49:13	11.05	00:54:06 / 843 [11.09]	01:54:38 / 894 [11.04]	02:44:03 / 869 [10.97]
695	20	CHAŁUPKA KRZYSZTOF	NOWE MIASTO N/P	POL		80	M25/75		(M)659	03:50:16	03:49:38	11.02	00:50:42 / 581 [11.83]	01:45:48 / 547 [11.97]	02:32:17 / 548 [11.82]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
696	1899	DZIADURA ZENON	TARNOBRZEG	POL		55	M50/64		(M)660	03:50:18	03:50:04	11.00	00:44:32 / 153 [13.47]	01:36:28 / 180 [13.12]	02:40:41 / 779 [11.20]
697	1730	MOSUREK GRZEGORZ	KRAKÓW	POL		72	M35/111		(M)661	03:50:18	03:49:42	11.02	00:52:46 / 702 [11.37]	01:49:12 / 650 [11.59]	02:37:51 / 667 [11.40]
698	2065	GRANŻUL MIROSLAW	PIEKARY ŚLĄSKIE	POL	LACH POLSKA	63	M45/86		(M)662	03:50:20	03:49:39	11.02	00:54:07 / 854 [11.09]	01:51:04 / 705 [11.40]	02:37:41 / 658 [11.42]
699	639	LATUS LUKASZ	WROCLAW	POL	AZS POLITECHNIKA WROCLAWSKA	85	M20/47		(M)663	03:50:22	03:49:57	11.01	00:49:57 / 514 [12.01]	01:45:03 / 483 [12.05]	02:29:19 / 452 [12.05]
700	1232	SPEIL JERZY	WALBRZYCH	POL	WKB PODZAMCZE-ZAMEK KSIĄŻ	49	M60/15		(M)664	03:50:23	03:49:34	11.03	00:53:22 / 745 [11.24]	01:52:22 / 747 [11.27]	02:39:36 / 739 [11.28]
701	2109	MINOR ROBERT	OSIEK123A	POL	IKS OLKUSZ	69	M40/110		(M)665	03:50:26	03:48:47	11.07	00:53:02 / 713 [11.31]	01:50:58 / 703 [11.41]	02:39:36 / 735 [11.28]
702	231	ĆWIAKAŁA WOJCIECH	JELEŃ GÓRA	POL		63	M45/87		(M)666	03:50:35	03:49:25	11.04	00:56:14 / 990 [10.67]	01:57:08 / 959 [10.81]	02:45:01 / 889 [10.91]
703	960	RZEPECKI ROBERT	KALISZ	POL	SUPERMARATON KALISZ	63	M45/88		(M)667	03:50:37	03:50:08	11.00	00:49:11 / 387 [12.20]	01:43:47 / 395 [12.20]	02:28:53 / 408 [12.09]
704	1202	USZKO GRZEGORZ	SIEDLEC	POL	KS SIEDLEC	67	M40/111		(M)668	03:50:42	03:50:02	11.01	00:54:03 / 821 [11.10]	01:52:37 / 792 [11.24]	02:41:10 / 800 [11.17]
705	929	LANGIEWICZ JACEK	POLICE	POL	MKJ POLICE	57	M50/65		(M)669	03:50:45	03:49:48	11.02	00:51:44 / 652 [11.60]	01:47:36 / 613 [11.77]	02:34:06 / 590 [11.68]
706	1952	MIJAŁ PIOTR	OLAŁA	POL	KB FIODOR OŁAWA	75	M30/117		(M)670	03:50:46	03:49:47	11.02	00:55:53 / 965 [10.74]	01:54:40 / 896 [11.04]	02:42:14 / 825 [11.10]
707	534	GRAJNY MARIUSZ	KRAKÓW	POL		70	M35/112		(M)671	03:50:47	03:50:10	11.00	00:50:00 / 538 [12.00]	01:45:07 / 510 [12.04]	02:29:46 / 481 [12.02]
708	1851	KUCHARSKI IRENEUSZ	BIELSKO-BIAŁA	POL		64	M45/89		(M)672	03:50:54	03:50:50	10.97	00:49:38 / 424 [12.09]	01:44:55 / 446 [12.07]	02:29:19 / 448 [12.05]
709	2052	CZUPRYNA KRZYSZTOF	KATOWICE	POL		70	M35/113	Nauc/49	(M)673	03:50:54	03:50:50	10.97	00:49:38 / 423 [12.09]	01:44:55 / 445 [12.07]	02:29:16 / 429 [12.06]
710	1039	BARTKÓW KAZIMIERZ	ZGORZELEC	POL	OLAWS-GATES ZŁOTORYJA	73	M35/114		(M)674	03:50:58	03:50:38	10.98	00:49:08 / 381 [12.21]	01:46:11 / 561 [11.92]	02:36:28 / 636 [11.50]
711	1345	KOSTRZEWA MATEUSZ	WALBRZYCH	POL	NKB ZRYW NAMYSŁÓW	86	M20/48		(M)675	03:51:01	03:50:10	11.00	00:54:04 / 834 [11.10]	01:52:38 / 797 [11.24]	02:39:37 / 740 [11.28]
712	124	GRABKOWSKI ROBERT	ŻMIGRÓD	POL	WKB PIAST WROCLAW	69	M40/112		(M)676	03:51:03	03:49:07	11.05	00:52:28 / 692 [11.44]	01:49:52 / 667 [11.52]	02:36:54 / 642 [11.47]
713	1174	RABENDA STEFAN	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	47	M60/16	Nauc/50	(M)677	03:51:09	03:51:09	10.95	00:55:23 / 927 [10.83]	01:55:03 / 905 [11.00]	02:43:17 / 846 [11.02]
714	1086	SZACHNA KRZYSZTOF	WARSZAWA	POL		70	M35/115		(M)678	03:51:17	03:50:33	10.98	00:54:03 / 819 [11.10]	01:52:42 / 818 [11.23]	02:41:15 / 802 [11.16]
715	1662	SIECZKOWSKI BARTOSZ	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	87	M20/49		(M)679	03:51:21	03:48:58	11.06	00:58:59 / 1216 [10.17]	01:56:19 / 935 [10.88]	02:43:42 / 852 [11.00]
716	188	DUBAREK PIOTR	BOGUSZÓW GORCE	POL		70	M35/116		(M)680	03:51:26	03:50:43	10.97	00:54:02 / 815 [11.10]	01:53:37 / 864 [11.14]	02:41:49 / 814 [11.12]
717	275	KOZIMOR WIESLAW	LEWIN BRZESKI	POL	MARATONYPOLSKIE.PL TEAM	61	M45/90		(M)681	03:51:29	03:50:25	10.99	00:56:43 / 1019 [10.58]	01:58:23 / 998 [10.69]	02:46:59 / 933 [10.78]
718	1965	SZABLICKI ALEKSY	KATOWICE	POL	WKB META LUBLINIEC	60	M45/91		(M)682	03:51:33	03:50:46	10.97	00:53:58 / 792 [11.12]	01:52:23 / 753 [11.27]	02:39:41 / 753 [11.27]
719	48	MUSIAŁ MAREK	BYSTRZYCA GÓRGA	POL		55	M50/66		(M)683	03:51:35	03:51:34	10.93	00:43:59 / 135 [13.64]	01:37:02 / 193 [13.05]	02:30:40 / 504 [11.95]
720	205	JAGODZIŃSKI BARTŁOMIEJ	WROCLAW	POL	SĘPOLNO	87	M20/50		(M)684	03:51:48	03:50:39	10.98	00:57:14 / 1101 [10.48]	01:59:39 / 1089 [10.58]	02:49:35 / 1034 [10.61]
721	803	KAZIMIERSKI PAWEŁ	WITOSZÓW DOLNY	POL		74	M35/117	Nauc/51	(M)685	03:51:50	03:50:48	10.97	00:51:48 / 662 [11.58]	01:49:27 / 655 [11.57]	02:37:44 / 662 [11.41]
722	1833	STANKIEWICZ KRZYSZTOF	KATOWICE	POL		64	M45/92		(M)686	03:51:56	03:50:49	10.97	00:54:41 / 897 [10.97]	01:55:57 / 926 [10.92]	02:44:43 / 881 [10.93]
723	533	ANTOSZEWSKI ROBERT	MIŁOSZYCE	POL	KB FIODOR OŁAWA	76	M30/118		(M)687	03:51:58	03:50:21	10.99	00:53:15 / 737 [11.27]	01:51:09 / 709 [11.39]	02:38:44 / 688 [11.34]
724	172	JANUSZKIEWICZ GRZEGORZ	JELEŃ GÓRA	POL		57	M50/67		(M)688	03:52:02	03:51:38	10.93	00:50:41 / 579 [11.84]	01:47:37 / 614 [11.76]	02:36:12 / 630 [11.52]
725	528	SZCZEPANIAK KRZYSZTOF	OLEŚNICA	POL	KB LUPUS OLEŚNICA	72	M35/118		(M)689	03:52:03	03:50:06	11.00	00:55:53 / 967 [10.74]	01:54:21 / 876 [11.07]	02:42:11 / 822 [11.10]
726	1990	HYZY PIOTR	TARNOWIEC	POL		80	M25/76		(M)690	03:52:07	03:51:05	10.96	00:57:18 / 1117 [10.47]	01:58:53 / 1015 [10.65]	02:47:11 / 939 [10.77]
727	466	SUSZ ARTUR	KRAKÓW	POL		77	M30/119		(M)691	03:52:08	03:51:20	10.94	00:50:52 / 593 [11.80]	01:46:21 / 565 [11.90]	02:35:53 / 626 [11.55]
728	1059	SOBIŃSKI OLGIERD	WROCLAW	POL		74	M35/119		(M)692	03:52:11	03:51:42	10.93	00:56:03 / 980 [10.70]	01:54:29 / 884 [11.06]	02:41:50 / 815 [11.12]
729	1537	BRYNIARSKI MACIEJ	NOWY TARG	POL		66	M40/113	Leka/11	(M)693	03:52:16	03:49:53	11.01	01:01:37 / 1413 [9.74]	02:04:10 / 1228 [10.20]	02:49:47 / 1043 [10.60]
730	945	ZAJĄC ŁUKASZ	KRAKÓW	POL		86	M20/51		(M)694	03:52:22	03:52:04	10.91	00:44:52 / 167 [13.37]	01:40:59 / 308 [12.54]	02:32:18 / 549 [11.82]
731	792	HORAŁA PIOTR	WROCLAW	POL	GB WROCLAWSKIE KRASNALE	84	M25/77		(M)695	03:52:25	03:51:01	10.96	00:54:53 / 902 [10.93]	01:55:03 / 906 [11.00]	02:43:52 / 857 [10.98]
732	1553	MITOŚ RYSZARD	MYSŁOWICE	POL		53	M55/36		(M)696	03:52:37	03:51:51	10.92	00:54:03 / 830 [11.10]	01:52:38 / 798 [11.24]	02:39:49 / 761 [11.26]
733	949	RYBAK WAWRZYNIEC	GDAŃSK	POL		79	M30/120		(M)697	03:52:42	03:51:21	10.94	00:56:13 / 985 [10.67]	01:58:32 / 1007 [10.68]	02:46:29 / 923 [10.81]
734	1632	SZYNDZIELORZ MAREK	OPOLE	POL	INDYWIDUALNIE.MAREK	82	M25/78		(M)698	03:52:43	03:50:38	10.98	00:59:04 / 1222 [10.16]	01:59:36 / 1069 [10.59]	02:45:20 / 897 [10.89]
735	626	PLOCH SEBASTIAN	WROCLAW	POL		73	M35/120		(M)699	03:52:43	03:51:56	10.92	00:50:00 / 540 [12.00]	01:45:19 / 529 [12.02]	02:31:25 / 525 [11.89]
736	331	ZIĘBA TOMASZ	BYSTRZYCA KŁODZKA	POL		77	M30/121		(M)700	03:52:44	03:51:38	10.93	00:54:03 / 831 [11.10]	01:52:39 / 807 [11.24]	02:39:39 / 750 [11.27]
737	510	LUDAS MICHAŁ	WROCLAW	POL	BIKESTATS.PL	75	M30/122		(M)701	03:52:44	03:52:21	10.90	00:46:24 / 252 [12.93]	01:37:26 / 244 [12.99]	02:30:24 / 497 [11.97]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
738	1497	BUDZIK RYSZARD	BRZEG	POL	BKB MARATOŃCZYK	62	M45/93		(M)702	03:52:48	03:51:51	10.92	00:57:09 / 1061 [10.50]	01:58:24 / 999 [10.69]	02:46:59 / 935 [10.78]
739	1898	PTASZYŃSKI TOMASZ	GLUCHOŁAZY	POL	AWF WROCLAW	85	M20/52		(M)703	03:52:56	03:52:32	10.89	00:49:54 / 463 [12.02]	01:45:02 / 478 [12.05]	02:33:22 / 568 [11.74]
740	1321	GARA JACEK	KRAKÓW	POL		64	M45/94		(M)704	03:53:01	03:51:23	10.94	00:54:09 / 857 [11.08]	01:52:43 / 824 [11.23]	02:39:48 / 760 [11.26]
741	381	ŻABIŃSKI GRZEGORZ	TRZEBNICA	POL	INSOMNIA TRZEBNICA	82	M25/79		(M)705	03:53:04	03:52:54	10.87	00:48:04 / 316 [12.48]	01:42:54 / 370 [12.30]	02:31:39 / 529 [11.87]
742	806	RYGIEL ŁUKASZ	WROCLAW	POL		79	M30/123		(M)706	03:53:04	03:51:35	10.93	00:54:21 / 880 [11.04]	01:52:37 / 794 [11.24]	02:39:39 / 749 [11.27]
743	475	ORŁOWSKI MICHAŁ	WROCLAW	POL	WKB PIAST WROCLAW	90	M20/53		(M)707	03:53:05	03:52:49	10.87	00:49:03 / 375 [12.23]	01:44:15 / 405 [12.14]	02:33:47 / 584 [11.70]
744	1902	NOWAK MICHAŁ	KRAKOW	POL	PADEW NARODOWA	82	M25/80		(M)708	03:53:06	03:52:30	10.89	00:49:59 / 534 [12.00]	01:45:15 / 527 [12.03]	02:33:03 / 563 [11.76]
745	490	ALEKSIUK DARIUSZ	KŁODZKO	POL		73	M35/121		(M)709	03:53:08	03:51:31	10.94	00:55:23 / 926 [10.83]	01:55:12 / 909 [10.99]	02:42:56 / 841 [11.05]
746	1988	DĘBICKI WOJCIECH	NAMYSŁÓW	POL	FILA TEAM	79	M30/124		(M)710	03:53:12	03:52:38	10.88	00:49:59 / 530 [12.00]	01:51:45 / 731 [11.33]	02:38:28 / 681 [11.36]
747	1614	CEBULA RAFAŁ	DZIERŻONIÓW	POL	MARCUS TEAM	80	M25/81		(M)711	03:53:14	03:52:01	10.91	00:54:07 / 850 [11.09]	01:52:41 / 813 [11.24]	02:39:52 / 763 [11.26]
748	1839	PIETRAS MAREK	TRZEBNICA	POL		85	M20/54		(M)712	03:53:27	03:52:53	10.87	00:53:57 / 791 [11.12]	01:52:36 / 788 [11.24]	02:39:46 / 759 [11.27]
749	1246	WIATROWSKI MACIEJ	WROCLAW	POL		77	M30/125	Nauc/52	(M)713	03:53:28	03:52:53	10.87	00:51:27 / 632 [11.66]	01:53:16 / 857 [11.18]	02:42:43 / 837 [11.06]
750	1698	TYBOROWSKI JÓZEF	ŁOMŻA	POL		45	M60/17		(M)714	03:53:29	03:53:25	10.85	00:52:18 / 683 [11.47]	01:53:09 / 850 [11.19]	02:42:19 / 833 [11.09]
751	1234	HOPPEL WŁODZIMIERZ	POZNAŃ	POL	KB MANIAC POZNAŃ	47	M60/18		(M)715	03:53:31	03:52:58	10.87	00:53:38 / 770 [11.19]	01:52:38 / 799 [11.24]	02:39:35 / 732 [11.28]
752	1233	SZCZEŚNIAK ANDRZEJ	WROCLAW	POL	KS ARTEMIS WROCLAW	49	M60/19		(M)716	03:53:35	03:53:27	10.84	00:49:49 / 448 [12.04]	01:46:57 / 590 [11.84]	02:37:30 / 653 [11.43]
753	1151	STONOGA BARBARA	GRODZIEC	POL		86	K20/5		(K)37	03:53:36	03:52:01	10.91	00:56:00 / 977 [10.71]	01:56:39 / 951 [10.85]	02:45:53 / 906 [10.85]
754	785	ANTOSIAK TOMASZ	ZLOTORYJA	POL	WWW.H-C.PL	81	M25/82		(M)717	03:53:36	03:52:28	10.89	00:57:15 / 1106 [10.48]	01:59:41 / 1097 [10.58]	02:49:18 / 998 [10.63]
755	312	BUDZEŃ SANDRA	NYSA	POL	MKS EKONOMIK NYSA	86	K20/6		(K)38	03:53:36	03:52:02	10.91	00:56:00 / 976 [10.71]	01:56:39 / 949 [10.85]	02:45:53 / 907 [10.85]
756	2119	LASOTA MIROSLAW	WAŁCZ	POL		53	M55/37	Nauc/53	(M)718	03:53:36	03:51:36	10.93	00:57:19 / 1124 [10.47]	01:56:56 / 956 [10.83]	02:46:04 / 910 [10.84]
757	334	SOCZOMSKI MIROSLAW	STRZELIN	POL	EDI TEAM ZGORZELEC	65	M40/114		(M)719	03:53:40	03:52:20	10.90	00:58:14 / 1190 [10.30]	02:00:28 / 1146 [10.51]	02:48:30 / 964 [10.68]
758	1377	WILK JAROSLAW	WARSZAWA	POL		62	M45/95		(M)720	03:53:40	03:52:21	10.90	00:58:07 / 1185 [10.32]	01:59:57 / 1134 [10.55]	02:48:32 / 968 [10.68]
759	908	BUDKA MIROSLAW	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	68	M40/115		(M)721	03:53:40	03:53:30	10.84	00:45:08 / 174 [13.29]	01:41:12 / 312 [12.51]	02:37:45 / 663 [11.41]
760	1395	GOSIEWSKI ROBERT	KRAKÓW	POL	SELECTION	77	M30/126		(M)722	03:53:42	03:52:17	10.90	00:54:53 / 903 [10.93]	01:55:03 / 907 [11.00]	02:43:52 / 858 [10.98]
761	1994	SCHMALENSTROER THOMAS	BÜCKEBURG	GER	MLG VARIOBOARD	65	M40/116		(M)723	03:53:46	03:51:37	10.93	00:55:37 / 946 [10.79]	01:55:28 / 916 [10.96]	02:43:56 / 864 [10.98]
762	375	TOKARSKI KRZYSZTOF	SWIDNICA	POL		74	M35/122		(M)724	03:53:49	03:53:22	10.85	00:54:06 / 846 [11.09]	01:53:11 / 852 [11.19]	02:41:11 / 801 [11.17]
763	883	KANIEWSKI LESLAW	TRZEBNICA	POL	LZS TRZEBNICA	53	M55/38	Nauc/54	(M)725	03:53:50	03:53:18	10.85	00:51:02 / 613 [11.76]	01:51:38 / 727 [11.34]	02:41:09 / 798 [11.17]
764	1769	SABAT PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	83	M25/83		(M)726	03:53:51	03:51:36	10.93	00:52:52 / 707 [11.35]	01:52:26 / 756 [11.26]	02:37:42 / 659 [11.41]
765	705	RATAJCZAK TOMASZ	POZNAŃ	POL	SIZE=	75	M30/127		(M)727	03:53:54	03:51:48	10.92	00:56:57 / 1027 [10.54]	01:57:29 / 968 [10.78]	02:46:15 / 914 [10.83]
766	807	LEMAŃCZYK PIOTR	BYDGOSZCZ	POL	KPCP BYDGOSZCZ	81	M25/84		(M)728	03:53:57	03:53:10	10.86	00:57:11 / 1082 [10.49]	01:59:36 / 1075 [10.59]	02:49:33 / 1022 [10.62]
767	1527	KUZEMKO MARCIN	LUBOŃ	POL		77	M30/128		(M)729	03:54:00	03:52:56	10.87	00:55:27 / 938 [10.82]	01:55:36 / 918 [10.95]	02:43:19 / 848 [11.02]
768	1610	LEŚNOWOLSKI PIOTR	WARSZAWA	POL		68	M40/117		(M)730	03:54:01	03:52:57	10.87	00:56:42 / 1018 [10.58]	01:58:04 / 985 [10.72]	02:46:22 / 919 [10.82]
769	1972	KLYHO SZYMON	TRZEBNICA	POL		86	M20/55		(M)731	03:54:01	03:52:03	10.91	00:54:11 / 859 [11.07]	01:52:11 / 738 [11.29]	02:39:27 / 706 [11.29]
770	1643	SENIUK STANISLAW	CELADŹ	POL	CROSS KAROLINKA CHORZÓW	61	M45/96		(M)732	03:54:04	03:52:39	10.88	00:51:33 / 647 [11.64]	01:50:05 / 672 [11.50]	02:39:10 / 702 [11.31]
771	1429	RAKOWSKI SEBASTIAN	SIEDLCE	POL		81	M25/85		(M)733	03:54:09	03:53:05	10.86	00:54:02 / 808 [11.10]	01:52:36 / 782 [11.24]	02:39:34 / 725 [11.28]
772	526	DĄBROWSKI JERZY	LEGNICA	POL		53	M55/39		(M)734	03:54:11	03:52:19	10.90	00:54:03 / 820 [11.10]	01:52:20 / 743 [11.27]	02:38:59 / 697 [11.32]
773	1506	KURZAWA IRENEUSZ	TUCHOLA ŻARSKA	POL		56	M50/68		(M)735	03:54:11	03:53:54	10.82	00:50:47 / 587 [11.81]	01:48:21 / 631 [11.68]	02:37:50 / 666 [11.40]
774	1504	KRYŚ ARTUR	WAŁBRZYCH	POL	WAŁBRZYCH	69	M40/118		(M)736	03:54:21	03:53:01	10.86	00:49:47 / 445 [12.05]	01:46:17 / 563 [11.91]	02:36:41 / 640 [11.49]
775	1495	PAROBCZY PIOTR	WROCLAW	POL	CARGILL	76	M30/129		(M)737	03:54:29	03:52:08	10.91	00:56:33 / 1014 [10.61]	01:56:22 / 942 [10.88]	02:44:54 / 884 [10.92]
776	1461	MATYSIAK JACEK	OSTRÓW WLKP.	POL	KS MARATON OSTRÓW WLKP.	60	M45/97		(M)738	03:54:30	03:54:04	10.82	00:54:42 / 898 [10.97]	01:54:43 / 899 [11.04]	02:43:59 / 867 [10.98]
777	1184	SIMON ALEXANDER	ŽILINA	SVK		47	M60/20		(M)739	03:54:35	03:54:25	10.80	00:51:29 / 637 [11.65]	01:50:38 / 696 [11.44]	02:40:27 / 772 [11.22]
778	974	WĘGLER KORNELIA	RUDA ŚLĄSKA	POL	KRS TTKF JASTRZĄB RUDA ŚLĄSKA	70	K35/8	Nauc/55	(K)39	03:54:40	03:53:35	10.84	00:55:12 / 916 [10.87]	01:56:21 / 936 [10.88]	02:45:19 / 894 [10.89]
779	1002	OSIAK ANDRZEJ	ZALESIE GÓRNE	POL	ZALESIE GÓRNE	61	M45/98		(M)740	03:54:41	03:53:49	10.83	00:54:02 / 816 [11.10]	01:52:35 / 777 [11.25]	02:39:44 / 758 [11.27]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
780	492	MATECKI MACIEJ	MUROWANA GOŚLINA	POL		65	M40/119		(M)741	03:54:43	03:53:43	10.83	00:57:05 / 1047 [10.51]	01:59:23 / 1038 [10.60]	02:49:24 / 1002 [10.63]
781	113	SZEWczyk PIOTR	WARSZAWA	POL		69	M40/120		(M)742	03:54:46	03:53:13	10.86	00:57:33 / 1151 [10.43]	02:00:05 / 1138 [10.54]	02:49:27 / 1005 [10.62]
782	988	PUZIO WALDEMAR	DĘBICA	POL		58	M50/69		(M)743	03:54:50	03:54:34	10.79	00:49:53 / 461 [12.03]	01:45:02 / 475 [12.05]	02:29:28 / 471 [12.04]
783	216	BYŁOW ANDRZEJ	WROCLAW	POL		77	M30/130		(M)744	03:54:50	03:54:16	10.81	00:53:12 / 727 [11.28]	01:50:15 / 675 [11.48]	02:41:21 / 803 [11.16]
784	1120	JARZĘBOWICZ ADAM	KATOWICE	POL	DOLINIARZE.COM	75	M30/131		(M)745	03:54:50	03:53:58	10.82	00:53:35 / 765 [11.20]	01:52:29 / 759 [11.26]	02:41:25 / 806 [11.15]
785	1862	KRÓL IWONA	KATOWICE	POL	DOLINIARZE.COM	79	K30/5		(K)40	03:54:50	03:53:58	10.82	00:53:35 / 767 [11.20]	01:52:29 / 760 [11.26]	02:41:40 / 811 [11.13]
786	1721	DESKA PIOTR	CZĘSTOCHOWA	POL		86	M20/56		(M)746	03:54:54	03:54:10	10.81	00:55:37 / 947 [10.79]	01:58:12 / 988 [10.71]	02:49:04 / 988 [10.65]
787	84	BACHMATIUK ZYGMUNT	WROCLAW	POL	KB FIODOR OŁAWA	57	M50/70		(M)747	03:54:56	03:54:30	10.80	00:50:01 / 543 [12.00]	01:46:19 / 564 [11.91]	02:37:03 / 644 [11.46]
788	1531	OLSZAŃSKI DARIUSZ	KĘDZIERZYN-KOŹLE	POL		59	M50/71	Leka/12	(M)748	03:55:00	03:53:34	10.84	00:58:12 / 1187 [10.31]	01:59:55 / 1128 [10.56]	02:48:49 / 980 [10.66]
789	1467	SIKORSKI LUKASZ	JÓZEFÓW	POL	WSOWŁAD.	88	M20/57		(M)749	03:55:03	03:53:51	10.83	00:54:53 / 904 [10.93]	01:54:32 / 888 [11.05]	02:42:15 / 828 [11.09]
790	1137	POŁOWNIAK ANDRZEJ	WARSZAWA	POL		48	M60/21		(M)750	03:55:06	03:53:54	10.82	00:54:22 / 883 [11.04]	01:53:54 / 871 [11.12]	02:43:23 / 849 [11.02]
791	1101	KITA SŁAWOMIR	ZABRZE	POL		82	M25/86		(M)751	03:55:06	03:53:54	10.82	00:57:54 / 1175 [10.36]	02:00:31 / 1148 [10.50]	02:48:02 / 956 [10.71]
792	1878	BRYCHCY TOMASZ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	79	M30/132		(M)752	03:55:14	03:54:52	10.78	00:51:58 / 671 [11.55]	01:51:33 / 723 [11.35]	02:39:33 / 714 [11.28]
793	1255	WALENCIK MAREK	PIONKI	POL		55	M50/72	Leka/13	(M)753	03:55:15	03:54:27	10.80	00:54:15 / 865 [11.06]	01:56:11 / 929 [10.90]	02:45:31 / 901 [10.88]
794	1602	OLBERT IRENEUSZ	BRZEG DOLNY	POL		70	M35/123		(M)754	03:55:17	03:55:04	10.77	00:46:33 / 260 [12.89]	01:39:39 / 279 [12.70]	02:35:47 / 623 [11.55]
795	32	TRACZ JÓZEF	WROCLAW	POL	NIKE POLAND	64	M45/99		(M)755	03:55:24	03:54:46	10.78	00:48:35 / 339 [12.35]	01:42:33 / 358 [12.35]	02:26:09 / 333 [12.32]
796	1373	KOWALEWSKI DANIEL	WARSZAWA	POL	DGW	73	M35/124		(M)756	03:55:24	03:53:50	10.83	00:57:16 / 1108 [10.48]	01:59:20 / 1032 [10.61]	02:46:29 / 922 [10.81]
797	1663	KRUPANEK ROMAULD MACIEJ	WROCLAW	POL	NIKE POLAND	64	M45/100		(M)757	03:55:24	03:54:46	10.78	00:48:34 / 334 [12.35]	01:42:33 / 360 [12.35]	02:26:08 / 330 [12.32]
798	1440	SZWED PAWEL	WROCLAW	POL	NIKE POLAND	86	M20/58		(M)758	03:55:24	03:54:45	10.78	00:48:35 / 336 [12.35]	01:42:33 / 359 [12.35]	02:26:08 / 331 [12.32]
799	1355	SULIMA ROBERT		POL	GRUPA TRÓJMIASTO	71	M35/125		(M)759	03:55:27	03:54:32	10.79	00:53:41 / 772 [11.18]	01:54:46 / 901 [11.03]	02:42:51 / 840 [11.05]
800	2124	MAGDA KAZIMIERZ	KRAKÓW	POL		64	M45/101		(M)760	03:55:29	03:53:51	10.83	00:57:10 / 1073 [10.50]	01:59:36 / 1074 [10.59]	02:48:44 / 973 [10.67]
801	1318	WÓJTOWICZ WOJCIECH	OŚWIĘCIM	POL	ZKB 05 ZATOR	78	M30/133		(M)761	03:55:32	03:53:45	10.83	00:56:30 / 1008 [10.62]	01:57:59 / 981 [10.73]	02:47:17 / 940 [10.76]
802	1684	MATYSIAK ALBERT	WROCLAW	POL		69	M40/121		(M)762	03:55:33	03:55:00	10.77	00:50:51 / 592 [11.80]	01:45:43 / 544 [11.98]	02:31:19 / 523 [11.90]
803	1079	RAZIK JACEK	HERBY	POL	WKB META LUBLINIEC	68	M40/122		(M)763	03:55:36	03:55:13	10.76	00:54:15 / 866 [11.06]	01:57:17 / 963 [10.79]	02:48:23 / 962 [10.69]
804	1213	KOSMAŁSKI OSMAN	KAMIENIEC	POL		69	M40/123		(M)764	03:55:40	03:54:56	10.78	00:54:03 / 818 [11.10]	01:52:36 / 789 [11.24]	02:39:37 / 743 [11.28]
805	660	LATUS MAREK	BIELANY WROCLAWSKIE	POL	BIEGAJZNA.MI.PL	60	M45/102		(M)765	03:55:42	03:55:18	10.76	00:49:57 / 512 [12.01]	01:45:07 / 511 [12.04]	02:34:11 / 592 [11.67]
806	921	SKRZYPCZAK JAROSŁAW	WARSZAWA	POL	KB GYMNASION WARSZAWA	67	M40/124		(M)766	03:55:46	03:54:48	10.78	00:53:55 / 789 [11.13]	01:52:28 / 757 [11.26]	02:39:10 / 703 [11.31]
807	650	BINIEK WOJCIECH	WROCLAW	POL		75	M30/134		(M)767	03:55:49	03:55:13	10.76	00:51:55 / 669 [11.56]	01:49:34 / 657 [11.55]	02:38:50 / 691 [11.33]
808	2027	WALDEMAR STEFAŃCZUK	KATOWICE	POL	SIGMA KATOWICE	77	M30/135		(M)768	03:55:55	03:55:01	10.77	00:54:07 / 851 [11.09]	01:55:40 / 922 [10.95]	02:50:15 / 1071 [10.57]
809	153	GOLDWASSER ZBIGNIEW	SOBÓTKA	POL	STRZEBLOWSKIE KOPALNIE SUROWCÓW MINERALNYCH SP. Z O.O.	66	M40/125		(M)769	03:56:01	03:55:35	10.75	00:50:23 / 562 [11.91]	01:46:36 / 581 [11.88]	02:36:32 / 637 [11.50]
810	1677	WASZKIEWICZ DANIEL	WROCLAW	POL		80	M25/87		(M)770	03:56:09	03:54:12	10.81	00:54:11 / 858 [11.07]	01:52:12 / 739 [11.28]	02:41:33 / 809 [11.14]
811	1210	GUZIEJEWSKI WIESŁAW	WŁOCŁAWEK	POL	WKB MARATOŃCZYK WŁOCŁAWEK	40	M65/6		(M)771	03:56:12	03:54:54	10.78	00:54:03 / 823 [11.10]	01:52:48 / 830 [11.22]	02:41:23 / 805 [11.15]
812	1160	PONIECKI JAN	SYCÓW	POL	KLUB BIEGACZA LUPUS SYCÓW	46	M60/22		(M)772	03:56:14	03:55:39	10.74	00:56:00 / 978 [10.71]	01:58:02 / 983 [10.73]	02:47:24 / 945 [10.75]
813	1573	DUBOWIECKI WITOLD	WROCLAW	POL		71	M35/126		(M)773	03:56:21	03:55:49	10.74	00:49:26 / 406 [12.14]	01:48:08 / 627 [11.71]	02:37:19 / 650 [11.44]
814	1190	LEŚNIAK JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	45	M60/23		(M)774	03:56:23	03:56:18	10.71	00:51:33 / 646 [11.64]	01:51:40 / 730 [11.34]	02:41:46 / 813 [11.13]
815	210	KOZA KAZIMIERZ	JELENIA GÓRA	POL		56	M50/73		(M)775	03:56:27	03:55:31	10.75	00:47:11 / 288 [12.72]	01:39:58 / 283 [12.66]	02:25:10 / 304 [12.40]
816	451	CALINGTON BOBY	SZCZECIN	SWE		56	M50/74		(M)776	03:56:27	03:55:21	10.76	00:57:08 / 1059 [10.50]	01:59:34 / 1056 [10.59]	02:48:58 / 985 [10.65]
817	1488	SCHERMERS THEO	GORINCHEM	NLD		61	M45/103		(M)777	03:56:27	03:55:37	10.74	00:52:34 / 697 [11.41]	01:52:23 / 752 [11.27]	02:41:09 / 797 [11.17]
818	1426	PRZYSTAŁ MATEUSZ	KRAKÓW	POL		83	M25/88		(M)778	03:56:28	03:56:08	10.72	00:44:51 / 163 [13.38]	01:34:43 / 158 [13.37]	02:23:08 / 277 [12.58]
819	1477	KUJAWSKI JAROSŁAW	GDAŃSK	POL	KS EX-SIEDLCE GDAŃSK	66	M40/126		(M)779	03:56:29	03:54:14	10.81	00:57:50 / 1170 [10.37]	01:59:50 / 1119 [10.56]	02:49:10 / 991 [10.64]
820	1475	SZYMAŃSKI KRZYSZTOF	GDAŃSK	POL	KS EX-SIEDLCE GDAŃSK	63	M45/104		(M)780	03:56:29	03:54:15	10.81	00:57:50 / 1171 [10.37]	01:59:50 / 1120 [10.56]	02:49:10 / 992 [10.64]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
821	1476	PUZYR JACEK	GDAŃSK	POL	KS EX-SIEDLCE GDAŃSK	65	M40/127	Nauc/56	(M)781	03:56:29	03:54:15	10.81	00:57:51 / 1172 [10.37]	01:59:50 / 1121 [10.56]	02:49:10 / 993 [10.64]
822	459	JEMIOŁA JACEK	WROCLAW	POL		66	M40/128		(M)782	03:56:30	03:56:30	10.70	00:55:50 / 959 [10.75]	01:57:37 / 974 [10.76]	02:46:38 / 927 [10.80]
823	36	ZIENKIEWICZ NATALIA	MOKRY DWÓR	POL		87	K20/7		(K)41	03:56:30	03:55:33	10.75	00:57:09 / 1070 [10.50]	01:59:20 / 1035 [10.61]	02:47:30 / 946 [10.75]
824	511	GRABOWSKI NIKODEM	WROCLAW	POL	STRAZ MIEJSKA W-W	55	M50/75		(M)783	03:56:41	03:55:21	10.76	00:54:18 / 872 [11.05]	01:53:13 / 854 [11.18]	02:40:58 / 788 [11.18]
825	1154	GRYGLAS ANDRZEJ	OLSZTYN	POL	NAPRZD GAZ OLSZTYN	61	M45/105		(M)784	03:56:42	03:56:33	10.70	00:49:25 / 401 [12.14]	01:46:09 / 560 [11.93]	02:38:05 / 675 [11.39]
826	1167	DACEWICZ LESZEK	JELENIA GÓRA	POL	BIEGANIE.PL	41	M65/7		(M)785	03:56:47	03:56:04	10.72	00:54:06 / 847 [11.09]	01:52:45 / 826 [11.23]	02:39:42 / 755 [11.27]
827	654	MIĄSKIEWICZ KRZYSZTOF	WROCLAW	POL		76	M30/136		(M)786	03:56:50	03:55:52	10.73	00:56:19 / 994 [10.65]	01:58:35 / 1008 [10.68]	02:47:20 / 941 [10.76]
828	1998	KOŚC TOMASZ	WARSZAWA	POL		74	M35/127		(M)787	03:57:05	03:54:52	10.78	00:57:08 / 1055 [10.50]	01:59:26 / 1044 [10.60]	02:49:03 / 987 [10.65]
829	359	GRZYBAŁA ANDRZEJ	ŁOMŻA	POL		53	M55/40		(M)788	03:57:06	03:56:56	10.69	00:51:53 / 667 [11.56]	01:51:19 / 712 [11.37]	02:40:43 / 780 [11.20]
830	2040	ZAPADKA ZYGMUNT	SZCZYTNO	POL		53	M55/41		(M)789	03:57:06	03:56:56	10.69	00:51:53 / 668 [11.56]	01:51:20 / 713 [11.37]	02:40:43 / 781 [11.20]
831	313	PODYMA BOŻENA	WROCLAW	POL		66	K40/10		(K)42	03:57:06	03:56:31	10.70	00:55:25 / 931 [10.83]	01:57:07 / 958 [10.81]	02:47:06 / 937 [10.77]
832	1405	GARBOŚ CEZARY	ŻORY	POL	ŻORY RULES :-))	60	M45/106		(M)790	03:57:11	03:56:54	10.69	00:49:02 / 373 [12.24]	01:43:33 / 386 [12.23]	02:32:02 / 539 [11.84]
833	162	PLESNER RYSZARD	BOŻEŃ	POL	PODLASIE WOLÓW	64	M45/107		(M)791	03:57:11	03:56:57	10.68	00:49:14 / 395 [12.19]	01:43:33 / 387 [12.23]	02:28:57 / 412 [12.08]
834	1088	POPLAWSKI KAROL	ŁÓDŹ	POL		60	M45/108		(M)792	03:57:11	03:55:08	10.77	01:00:03 / 1254 [9.99]	02:01:44 / 1182 [10.40]	02:50:44 / 1081 [10.54]
835	540	PINKOSZ JAN	ZABRZE	POL		56	M50/76		(M)793	03:57:13	03:56:18	10.71	00:57:01 / 1039 [10.52]	01:59:18 / 1029 [10.61]	02:48:38 / 971 [10.67]
836	186	PAJĄK RADOSŁAW	OLEŚNICA	POL		86	M20/59		(M)794	03:57:14	03:55:35	10.75	00:55:26 / 934 [10.82]	01:56:28 / 945 [10.87]	02:45:53 / 905 [10.85]
837	1909	SZWEDA MAREK	ZLOTOW	POL		55	M50/77		(M)795	03:57:15	03:57:06	10.68	00:48:15 / 324 [12.44]	01:45:47 / 545 [11.97]	02:36:35 / 638 [11.50]
838	787	STANIEWSKI PIOTR	WAŁBRZYCH	POL		78	M30/137		(M)796	03:57:19	03:55:55	10.73	01:01:04 / 1352 [9.83]	02:03:50 / 1219 [10.22]	02:52:27 / 1112 [10.44]
839	1884	CARTHY JOHN	MANCHESTER	GBR		60	M45/109		(M)797	03:57:24	03:56:40	10.70	00:52:05 / 672 [11.52]	01:50:36 / 691 [11.45]	02:41:00 / 790 [11.18]
840	991	WOJCIECHOWSKI MICHAŁ	POZNAŃ	POL		79	M30/138		(M)798	03:57:28	03:56:06	10.72	00:49:56 / 493 [12.02]	01:45:04 / 490 [12.05]	02:33:24 / 569 [11.73]
841	2059	KOWALCZYK TADEUSZ	BOROWA	POL	ORZEL BOROWA	55	M50/78		(M)799	03:57:29	03:57:21	10.67	00:51:08 / 620 [11.73]	01:51:33 / 724 [11.35]	02:43:04 / 843 [11.04]
842	1438	MEDEJSZO MARIUSZ	NOWA SÓL	POL	MZGK	75	M30/139		(M)800	03:57:30	03:56:52	10.69	00:56:57 / 1030 [10.54]	01:59:32 / 1052 [10.59]	02:49:57 / 1053 [10.59]
843	904	KRUMIN DOMINIK	KOBIERZYCE	POL	WKB PIAST WROCLAW	81	M25/89		(M)801	03:57:33	03:57:16	10.67	00:44:52 / 166 [13.37]	01:36:49 / 191 [13.08]	02:27:07 / 356 [12.24]
844	738	SABOK BERNARD	WROCLAW	POL		74	M35/128		(M)802	03:57:34	03:56:17	10.71	00:57:51 / 1174 [10.37]	02:00:56 / 1158 [10.47]	02:49:22 / 1000 [10.63]
845	512	ROGACZ ŁUKASZ	DĄBROWA GÓRNICZA	POL		75	M30/140		(M)803	03:57:35	03:57:14	10.67	00:52:48 / 704 [11.36]	01:50:45 / 701 [11.43]	02:39:31 / 710 [11.28]
846	1986	KRZYPKOWSKI JACEK	CZĘSTOCHOWA	POL		81	M25/90		(M)804	03:57:36	03:56:25	10.71	00:53:15 / 736 [11.27]	01:50:36 / 693 [11.45]	02:39:09 / 701 [11.31]
847	597	NIENARTOWICZ JAKUB	WROCLAW	POL	ZBIGNIEW DZIUBIŃSKI TEAM	89	M20/60		(M)805	03:57:37	03:56:38	10.70	00:57:08 / 1060 [10.50]	01:59:35 / 1063 [10.59]	02:49:32 / 1011 [10.62]
848	524	FRANCZAK PAWEŁ	SKAWICA	POL	AZS UJ KRAKÓW	89	M20/61		(M)806	03:57:41	03:56:25	10.71	00:57:00 / 1036 [10.53]	01:55:41 / 923 [10.94]	02:44:02 / 868 [10.97]
849	1332	GOLĘBIEWICZ LUDWIK	NOWOSIELCE	POL	WOLNA WIEŚ NOWOSIELCE	60	M45/110		(M)807	03:57:42	03:55:52	10.73	00:53:08 / 718 [11.29]	01:50:41 / 697 [11.44]	02:37:08 / 647 [11.46]
850	1783	GRAF MACIEJ	WROCLAW	POL	MCS WROCLAW & AWF WROCLAW DZIAŁ AG	74	M35/129		(M)808	03:57:43	03:56:27	10.71	00:57:08 / 1057 [10.50]	01:59:30 / 1048 [10.59]	02:49:06 / 989 [10.64]
851	913	HALOT MIROSLAW	WROCLAW	POL		72	M35/130		(M)809	03:57:46	03:56:41	10.70	00:57:09 / 1069 [10.50]	01:59:36 / 1071 [10.59]	02:49:32 / 1015 [10.62]
852	800	MOŻEJKO ZBIGNIEW	WROCLAW	POL		69	M40/129		(M)810	03:57:49	03:56:38	10.70	00:58:00 / 1183 [10.34]	01:59:38 / 1086 [10.58]	02:49:34 / 1029 [10.62]
853	1019	GRABOWSKA KRYSZYNA	KRAKÓW	POL	AZS AWF MASTERS	62	K45/6		(K)43	03:57:51	03:56:51	10.69	00:57:09 / 1071 [10.50]	01:59:29 / 1045 [10.60]	02:49:30 / 1009 [10.62]
854	1228	KRASKA TADEUSZ	RADOM	POL	KLUB MARATOŃCZYKA AZS POLITECHNIKI RADOMSKIEJ	49	M60/24		(M)811	03:57:52	03:56:30	10.70	00:57:28 / 1142 [10.44]	01:59:42 / 1100 [10.58]	02:49:12 / 994 [10.64]
855	1858	MACIEJCZAK KRZYSZTOF	ŁÓDŹ	POL	BALBINIARZE	76	M30/141		(M)812	03:57:56	03:57:13	10.67	00:51:51 / 665 [11.57]	01:50:29 / 677 [11.46]	02:40:39 / 777 [11.20]
856	471	BOROWSKA SYLWIA	WARSZAWA	POL		74	K35/9		(K)44	03:57:56	03:56:45	10.69	00:53:14 / 733 [11.27]	01:51:22 / 715 [11.37]	02:44:45 / 882 [10.93]
857	694	KOWALCZYK JACEK	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	69	M40/130		(M)813	03:57:57	03:56:56	10.69	00:50:17 / 555 [11.93]	01:45:59 / 554 [11.95]	02:32:09 / 544 [11.83]
858	1168	WANAT WACŁAW	WROCLAW	POL	BYLEDOBIEC ANIN	46	M60/25		(M)814	03:57:59	03:56:57	10.68	00:57:13 / 1090 [10.49]	01:59:12 / 1026 [10.62]	02:48:31 / 967 [10.68]
859	1848	KACZYŃSKI BARTŁOMIEJ	PODLIPIE	POL		80	M25/91		(M)815	03:58:03	03:57:00	10.68	00:57:03 / 1045 [10.52]	01:58:55 / 1019 [10.65]	02:48:45 / 977 [10.67]
860	575	DANIELEWICZ ANDRZEJ	WROCLAW	POL		80	M25/92		(M)816	03:58:03	03:56:38	10.70	00:54:22 / 884 [11.04]	01:52:53 / 838 [11.22]	02:41:22 / 804 [11.15]
861	187	FOLC GRZEGORZ	MIEROSZÓW	POL		73	M35/131		(M)817	03:58:04	03:57:36	10.66	00:51:17 / 626 [11.70]	01:50:13 / 674 [11.49]	02:39:40 / 751 [11.27]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
862	1252	ŚMICH MATEUSZ	CZĘSTOCHOWA	POL	ZABIEGANI CZ-WA	82	M25/93		(M)818	03:58:05	03:57:03	10.68	00:57:16 / 1113 [10.48]	01:59:56 / 1132 [10.56]	02:49:35 / 1035 [10.61]
863	1162	LAU MARCIN	ZĄBKI	POL	LAW FAMILY	74	M35/132		(M)819	03:58:06	03:56:37	10.70	00:49:33 / 419 [12.11]	01:45:02 / 477 [12.05]	02:39:28 / 708 [11.29]
864	1030	IDCZAK BARTOSZ	LESZNO	POL	INKDIVIDUAL.COM	83	M25/94		(M)820	03:58:06	03:57:20	10.67	00:54:22 / 882 [11.04]	01:52:50 / 832 [11.22]	02:41:07 / 796 [11.17]
865	279	WOYCZYŃSKI DARIUSZ	WROCLAW	POL		68	M40/131		(M)821	03:58:07	03:57:20	10.67	00:54:19 / 875 [11.05]	01:52:39 / 804 [11.24]	02:39:44 / 757 [11.27]
866	583	MATUSZEWSKI JERZY	STRZALKOWO	POL	MARATONYPOLSKIE.PL TEAM	56	M50/79		(M)822	03:58:08	03:57:05	10.68	00:57:06 / 1049 [10.51]	01:59:36 / 1070 [10.59]	02:49:32 / 1019 [10.62]
867	1110	MRÓZ WOJCIECH	WROCLAW	POL	HILLS-CONSULTING	83	M25/95		(M)823	03:58:08	03:57:01	10.68	00:57:15 / 1104 [10.48]	01:59:42 / 1098 [10.58]	02:49:09 / 990 [10.64]
868	323	GAJEWSKI MAREK	WROCLAW	POL	A CO?	77	M30/142		(M)824	03:58:08	03:57:10	10.67	00:56:59 / 1032 [10.53]	01:58:45 / 1012 [10.66]	02:48:31 / 966 [10.68]
869	489	WLIZŁO IZABELA	WROCLAW	POL		80	K25/7		(K)45	03:58:09	03:56:32	10.70		01:55:12 / 910 [10.99]	
870	1993	KALEMBA JAN	KRAKOW	POL		56	M50/80		(M)825	03:58:11	03:55:46	10.74	00:58:43 / 1201 [10.22]	02:01:05 / 1166 [10.46]	02:50:41 / 1078 [10.55]
871	264	STRYJSKI JACEK	WROCLAW	POL		81	M25/96		(M)826	03:58:12	03:56:35	10.70	00:55:40 / 953 [10.78]	01:54:30 / 885 [11.06]	02:41:02 / 793 [11.18]
872	71	SIARKIEWICZ PRZEMYSŁAW	GRUDYNIA WIELKA	POL	WSOWŁAD.	88	M20/62		(M)827	03:58:13	03:57:01	10.68	00:54:54 / 905 [10.93]	01:54:32 / 889 [11.05]	02:42:15 / 829 [11.09]
873	1924	JURACH CEZARY	WROCLAW	POL		73	M35/133		(M)828	03:58:19	03:57:15	10.67	00:57:17 / 1116 [10.47]	01:59:42 / 1101 [10.58]	02:49:37 / 1039 [10.61]
874	1522	MAŃKOWSKI MACIEJ	WROCLAW	POL		77	M30/143		(M)829	03:58:23	03:57:54	10.64	00:54:54 / 906 [10.93]	01:55:47 / 925 [10.93]	02:45:45 / 903 [10.86]
875	1827	CHUDY JACEK	BLACHOWNIA	POL	MARATONYPOLSKIE.PL TEAM	75	M30/144		(M)830	03:58:23	03:57:51	10.64	00:49:57 / 517 [12.01]	01:45:30 / 536 [12.00]	02:35:51 / 625 [11.55]
876	572	ŚLIMAKOWSKI DANIEL	WROCLAW	POL	MOD-X ADVENTURE TEAM	75	M30/145		(M)831	03:58:23	03:57:12	10.67	00:50:50 / 590 [11.80]	01:51:05 / 706 [11.40]	02:42:11 / 821 [11.10]
877	2087	WARDZAŁA MICHAŁ	MINOGA	POL		74	M35/134		(M)832	03:58:24	03:57:03	10.68	00:57:47 / 1166 [10.38]	01:59:32 / 1053 [10.59]	02:49:31 / 1010 [10.62]
878	1339	MOSZAKOWSKI SŁAWOMIR	WROCLAW	POL		73	M35/135		(M)833	03:58:24	03:56:50	10.69	00:59:19 / 1235 [10.12]	02:02:01 / 1191 [10.38]	02:50:01 / 1057 [10.59]
879	472	ZAWADA MARIUSZ	GNIECHOWICE	POL		78	M30/146		(M)834	03:58:26	03:57:57	10.64	00:54:57 / 908 [10.92]	01:55:02 / 904 [11.01]	02:45:48 / 904 [10.86]
880	994	BĘBENEK ANNA	JEZIORZANY	POL		83	K25/8		(K)46	03:58:27	03:56:54	10.69	00:57:16 / 1109 [10.48]	01:59:51 / 1122 [10.56]	02:49:34 / 1030 [10.62]
881	505	BIEGAŃSKI LESZEK	WROCLAW	POL		62	M45/111		(M)835	03:58:28	03:57:46	10.65	00:55:04 / 909 [10.90]	01:56:18 / 934 [10.89]	02:46:13 / 913 [10.83]
882	1269	BORYKA ANDRZEJ	DĄBROWA GÓRNICZA	POL		58	M50/81		(M)836	03:58:28	03:57:38	10.65	00:57:06 / 1050 [10.51]	01:59:36 / 1076 [10.59]	02:49:33 / 1023 [10.62]
883	1850	STRAŻ MICHAŁ	DĄBROWA GÓRNICZA	POL	ARCELORMITTAL	51	M55/42		(M)837	03:58:29	03:56:59	10.68	00:54:04 / 835 [11.10]	01:53:03 / 845 [11.20]	02:42:02 / 818 [11.11]
884	1296	BOHDAN RYSZARD	ZDZIESZOWICE	POL		50	M55/43		(M)838	03:58:30	03:57:28	10.66	00:57:07 / 1054 [10.50]	01:59:24 / 1040 [10.60]	02:47:58 / 954 [10.72]
885	1689	MACHOWSKI EDWARD	WOŁÓW	POL	WKB PIAST WROCLAW	48	M60/26		(M)839	03:58:31	03:57:28	10.66	00:52:29 / 694 [11.43]	01:49:16 / 653 [11.59]	02:38:09 / 676 [11.38]
886	1333	DOBOSZ ROMUALD	USTKA	POL	TUPOT USTKA	51	M55/44		(M)840	03:58:33	03:57:50	10.64	00:54:17 / 867 [11.05]	01:54:20 / 875 [11.07]	02:44:42 / 880 [10.93]
887	326	PRZYBYLSKI PIOTR	OLAWA	POL	KB FIODOR OLAWA	83	M25/97	Nauc/57	(M)841	03:58:37	03:57:33	10.66	00:57:11 / 1080 [10.49]	01:59:37 / 1079 [10.58]	02:49:34 / 1031 [10.62]
888	346	DELKOWSKA AGATA	OLAWA	POL	KB FIODOR OLAWA	79	K30/6	Nauc/58	(K)47	03:58:39	03:57:43	10.65	00:57:06 / 1052 [10.51]	01:59:35 / 1064 [10.59]	02:49:32 / 1014 [10.62]
889	1866	BORUCKI ARTUR	WROCLAW	POL	WKB PIAST WROCLAW	64	M45/112		(M)842	03:58:39	03:57:54	10.64	00:54:01 / 801 [11.11]	01:52:40 / 809 [11.24]	02:40:49 / 784 [11.19]
890	374	STANKIEWICZ IWONA	SOBÓTKA	POL	WKB PIAST WROCLAW	59	K50/1	Nauc/59	(K)48	03:58:41	03:58:41	10.61	00:55:04 / 910 [10.90]	01:56:18 / 933 [10.89]	
891	620	SOBIŁO MAREK	LUBIN	POL		76	M30/147		(M)843	03:58:42	03:57:20	10.67	00:52:57 / 709 [11.33]	01:49:05 / 647 [11.61]	02:38:31 / 683 [11.36]
892	2053	MARKOWSKI MATEUSZ	OLAWA	POL	KB FIODOR OLAWA	91	M20/63		(M)844	03:58:42	03:57:46	10.65	00:57:08 / 1058 [10.50]	01:59:35 / 1061 [10.59]	02:49:32 / 1013 [10.62]
893	1080	BANAŚ PIOTR	KALISZ	POL	SUPERMARATON KALISZ	57	M50/82		(M)845	03:58:45	03:58:15	10.63	00:55:21 / 922 [10.84]	01:58:18 / 994 [10.70]	02:48:54 / 982 [10.66]
894	898	RUDYK ZBIGNIEW	JELCZ - LASKOWICE	POL	JELCZ - LASKOWICE	64	M45/113		(M)846	03:58:47	03:58:43	10.61	00:49:52 / 454 [12.03]	01:48:03 / 626 [11.72]	02:39:38 / 745 [11.28]
895	594	HAZUBSKA ANNA	TRZEBNICA	POL	LZS TRZEBNICA	69	K40/11		(K)49	03:58:48	03:58:11	10.63	00:57:31 / 1149 [10.43]	02:00:46 / 1153 [10.48]	02:50:40 / 1075 [10.55]
896	1298	KOSOWSKI JAROSŁAW	RADOM	POL		66	M40/132		(M)847	03:58:54	03:57:32	10.66	00:57:28 / 1144 [10.44]	01:59:42 / 1099 [10.58]	02:49:27 / 1006 [10.62]
897	2028	ŻYTKIEWICZ JOANNA	WROCLAW	POL		78	K30/7	Leka/14	(K)50	03:58:57	03:58:02	10.64	00:57:22 / 1134 [10.46]	01:59:50 / 1118 [10.56]	02:50:00 / 1056 [10.59]
898	922	OLENDER GRZEGORZ	WROCLAW	POL		78	M30/148		(M)848	03:58:57	03:58:28	10.62	00:57:02 / 1043 [10.52]	01:59:45 / 1112 [10.57]	02:49:32 / 1012 [10.62]
899	1071	BALBUS MICHAŁ	BYTOM	POL	BIEGAJZNAMI.PL	52	M55/45		(M)849	03:58:58	03:58:51	10.60	00:51:01 / 612 [11.76]	01:50:52 / 702 [11.42]	02:40:44 / 782 [11.20]
900	1718	MIKULSKI ANDRZEJ	GRYFINO	POL		70	M35/136	Nauc/60	(M)850	03:59:08	03:58:08	10.63	00:57:09 / 1068 [10.50]	01:59:36 / 1066 [10.59]	02:49:32 / 1017 [10.62]
901	1808	KOWALCZYK WOJCIECH	BELCHATÓW	POL		61	M45/114		(M)851	03:59:08	03:57:50	10.64	00:52:19 / 685 [11.47]	01:51:40 / 729 [11.34]	02:44:23 / 877 [10.95]
902	1630	HACZEK MARIUSZ	ŻYWIEC	POL		75	M30/149		(M)852	03:59:11	03:57:10	10.67	00:55:48 / 957 [10.75]	01:54:46 / 900 [11.03]	02:43:33 / 851 [11.01]
903	926	SKRABACZ EWA	TARNÓW	POL		76	K30/8		(K)51	03:59:14	03:58:03	10.64	00:55:07 / 911 [10.89]	01:56:25 / 943 [10.87]	02:46:18 / 918 [10.82]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
904	418	ZWOŁIŃSKI SEBASTIAN	WARSZAWA	POL	WOJTAS&SEBEK RAIDLIGHT	78	M30/150		(M)853	03:59:16	03:58:18	10.62	00:57:14 / 1098 [10.48]	01:59:46 / 1113 [10.57]	02:49:49 / 1047 [10.60]
905	1013	JĘDRYSIK JACEK	OPOLE	POL	AZS POLITECHNIKA WROCLAWSKA	88	M20/64		(M)854	03:59:21	03:58:11	10.63	00:47:35 / 298 [12.61]	01:38:21 / 263 [12.87]	02:29:27 / 470 [12.04]
906	565	TECZA TOMASZ	CZĘSTOCHOWA	POL	ZABIEGANI CZ-WA	59	M50/83		(M)855	03:59:22	03:58:38	10.61	00:57:16 / 1111 [10.48]	01:59:56 / 1131 [10.56]	02:49:34 / 1033 [10.62]
907	384	MALEK KRZYSZTOF	MOCZYDLNICA	POL		68	M40/133		(M)856	03:59:35	03:59:30	10.57	00:48:41 / 351 [12.32]	01:46:33 / 580 [11.88]	02:38:34 / 684 [11.35]
908	1516	MRÓZ MAREK	MALBORK	POL	LKS ZANTYR SZTUM	76	M30/151	Nauc/61	(M)857	03:59:35	03:58:40	10.61	00:55:29 / 940 [10.81]	01:56:39 / 950 [10.85]	02:47:21 / 942 [10.76]
909	1460	SZCZUCKI WOJCIECH	WROCLAW	POL		83	M25/98		(M)858	03:59:36	03:58:28	10.62	00:57:20 / 1130 [10.47]	01:59:45 / 1111 [10.57]	02:48:45 / 976 [10.67]
910	1295	PASIEKA WŁODZIMIERZ	GLIWICE	POL	KCZ PĘDZIWIATR GLIWICE	64	M45/115		(M)859	03:59:42	03:58:39	10.61	00:55:12 / 919 [10.87]	01:58:41 / 1011 [10.67]	02:49:29 / 1008 [10.62]
911	1253	JAROSZ DANIEL	KOWARY	POL		78	M30/152		(M)860	03:59:46	03:59:22	10.58	00:53:29 / 762 [11.22]	01:52:20 / 742 [11.27]	02:39:32 / 713 [11.28]
912	1479	IGNATOWICZ ANDRZEJ	WARSZAWA	POL		74	M35/137		(M)861	03:59:46	03:58:46	10.60	00:57:11 / 1083 [10.49]	01:59:37 / 1077 [10.58]	02:49:32 / 1018 [10.62]
913	1348	CHŁOPAŚ MARCIN	WARSZAWA	POL	CUE BAR KRAKÓW	80	M25/99		(M)862	03:59:48	03:58:47	10.60	00:57:12 / 1087 [10.49]	01:59:33 / 1055 [10.59]	02:49:19 / 999 [10.63]
914	1004	LUCYSZYN ROBERT	BRZEG	POL		78	M30/153		(M)863	03:59:49	03:59:09	10.59	00:57:22 / 1132 [10.46]	01:59:01 / 1021 [10.64]	02:46:35 / 925 [10.81]
915	2061	TROJAN STANISLAW	WROCLAW	POL	WKB PIAST WROCLAW	58	M50/84		(M)864	03:59:52	03:59:00	10.59	00:54:38 / 895 [10.98]	01:54:35 / 890 [11.05]	02:42:16 / 831 [11.09]
916	1788	WIŚNIEWSKI SŁAWOMIR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	73	M35/138		(M)865	03:59:52	03:57:58	10.64	00:57:59 / 1182 [10.35]	01:59:12 / 1027 [10.62]	02:48:33 / 970 [10.68]
917	1533	STARZYK TOMASZ	TOMASZÓW	POL		70	M35/139		(M)866	03:59:55	03:59:07	10.59	00:53:58 / 793 [11.12]	01:53:01 / 844 [11.20]	02:44:05 / 870 [10.97]
918	1103	PRZYBYSZ MICHAŁ	WROCLAW	POL		78	M30/154		(M)867	03:59:57	03:58:33	10.61	01:01:09 / 1357 [9.81]	02:07:16 / 1351 [9.95]	02:58:38 / 1230 [10.08]
919	1117	JAROŃ LUKASZ	GLUCHOŁAZY	POL		80	M25/100		(M)868	03:59:59	03:59:20	10.58	00:49:57 / 507 [12.01]	01:45:04 / 498 [12.05]	02:31:10 / 518 [11.91]
920	1530	TARKOWSKI LUKASZ	KRAKÓW	POL		85	M20/65		(M)869	04:00:17	03:58:36	10.61	00:57:10 / 1076 [10.50]	01:59:38 / 1088 [10.58]	02:49:49 / 1046 [10.60]
921	833	DUDEK ARKADIUSZ	PIOTRKÓW	POL		72	M35/140		(M)870	04:00:21	03:58:51	10.60	00:50:57 / 604 [11.78]	01:41:47 / 327 [12.44]	02:25:43 / 315 [12.35]
922	74	SKÓRKA ADAM	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	74	M35/141		(M)871	04:00:24	04:00:03	10.55	00:46:41 / 267 [12.85]	01:37:22 / 214 [13.00]	02:12:28 / 116 [13.59]
923	305	FARON MIROSLAW	OLEŚNICA	POL	ADIDAS OUTLET WROCLAW	78	M30/155		(M)872	04:00:25	03:59:18	10.58	00:53:55 / 786 [11.13]	01:52:23 / 751 [11.27]	02:39:33 / 715 [11.28]
924	1792	CHRUŚCICKI MACIEJ	WROCLAW	POL	A CO?	76	M30/156		(M)873	04:00:27	03:59:26	10.57	00:57:00 / 1034 [10.53]	01:58:45 / 1013 [10.66]	02:48:31 / 965 [10.68]
925	1008	GOLDEMAN WALDEMAR	WROCLAW	POL		77	M30/157		(M)874	04:00:27	03:59:48	10.56	00:58:45 / 1202 [10.21]	02:02:19 / 1197 [10.35]	02:54:00 / 1135 [10.34]
926	1263	LEWANDOWSKI MIROSLAW	GOLENIÓW	POL	GOLENIÓW	60	M45/116		(M)875	04:00:29	03:58:24	10.62	00:58:30 / 1199 [10.26]	01:59:51 / 1124 [10.56]	02:50:10 / 1061 [10.58]
927	400	KUBIAK KRZYSZTOF	MIĘKINIA	POL		74	M35/142	Nauc/62	(M)876	04:00:30	03:59:31	10.57	00:56:13 / 986 [10.67]	01:58:36 / 1009 [10.67]	02:48:18 / 958 [10.70]
928	1699	ZIĘBA JULIAN	WROCLAW	POL		46	M60/27		(M)877	04:00:31	03:58:43	10.61	00:56:08 / 984 [10.69]	01:56:22 / 940 [10.88]	02:47:59 / 955 [10.72]
929	559	PAWEŁKO ADRIAN	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	88	M20/66		(M)878	04:00:37	04:00:30	10.53	00:42:44 / 95 [14.04]	01:32:49 / 132 [13.64]	02:20:42 / 241 [12.79]
930	1417	RECLIK JAROSŁAW	SKRZYSZÓW	POL	FORMA WODZISLAW ŚLĄSKI	66	M40/134		(M)879	04:00:43	03:59:27	10.57	00:57:14 / 1096 [10.48]	01:59:46 / 1114 [10.57]	02:50:16 / 1072 [10.57]
931	1238	TOPCZEWSKI JERZY	POZNAŃ	POL		55	M50/85	Leka/15	(M)880	04:00:43	03:59:16	10.58	00:54:01 / 803 [11.11]	01:52:15 / 740 [11.28]	02:43:51 / 856 [10.99]
932	1601	TYLKE JERZY	OZORKÓW	POL		63	M45/117		(M)881	04:00:54	03:59:20	10.58	00:56:30 / 1005 [10.62]	01:57:34 / 969 [10.77]	02:47:06 / 938 [10.77]
933	2016	KORCZYŃSKA DOROTA	KRAKÓW	POL		79	K30/9		(K)52	04:00:59	03:59:17	10.58	00:57:34 / 1153 [10.42]	01:59:36 / 1073 [10.59]	02:49:33 / 1024 [10.62]
934	1291	ĆWIERTNIA KRZYSZTOF	BUSKO-ZDRÓJ	POL		57	M50/86		(M)882	04:01:11	04:00:23	10.53	00:53:28 / 759 [11.22]	01:52:06 / 733 [11.29]	02:42:04 / 820 [11.11]
935	861	SKROBAŃSKI KRZYSZTOF	WROCLAW	POL		90	M20/67		(M)883	04:01:14	03:59:41	10.56	00:53:59 / 797 [11.11]	01:52:55 / 839 [11.21]	02:44:09 / 872 [10.97]
936	449	MARKIEWICZ IRENA	KRAKÓW	POL	AZS UJ KRAKÓW	86	K20/8		(K)53	04:01:22	04:00:06	10.54	01:00:13 / 1264 [9.96]	02:03:26 / 1214 [10.26]	02:52:23 / 1109 [10.44]
937	1129	ŁOŻAŃSKI DANIEL	WROCLAW	POL		78	M30/158		(M)884	04:01:27	03:59:00	10.59	01:01:11 / 1364 [9.81]	02:04:22 / 1236 [10.18]	02:52:25 / 1110 [10.44]
938	1352	ŁOBODZIŃSKI PIOTR	NOWA IWICZNA	POL		67	M40/135	Leka/16	(M)885	04:01:28	04:00:22	10.53	00:59:16 / 1228 [10.12]	02:02:35 / 1200 [10.33]	02:52:55 / 1122 [10.41]
939	2017	STECKOWICZ PIOTR	GDYNIA	POL		82	M25/101		(M)886	04:01:29	03:59:01	10.59	00:59:28 / 1238 [10.09]	02:00:16 / 1141 [10.53]	02:48:47 / 979 [10.66]
940	1022	JĄŁOCHA ANDRZEJ	GRZYWNA	POL	KM TRUCHCİK LUBIANKA	59	M50/87		(M)887	04:01:31	04:00:24	10.53	00:55:50 / 960 [10.75]	01:58:00 / 982 [10.73]	02:46:43 / 928 [10.80]
941	1503	PALUS PAWEŁ	WARSZAWA	POL	GRUPA BFB	72	M35/143		(M)888	04:01:32	04:00:39	10.52	00:54:20 / 879 [11.04]	01:54:54 / 903 [11.02]	02:45:55 / 908 [10.85]
942	555	KOZIOL LUCYNA	JANTAR	POL	AZS UJ KRAKÓW	87	K20/9		(K)54	04:01:35	04:00:19	10.53	01:00:13 / 1265 [9.96]	02:03:26 / 1213 [10.26]	02:52:23 / 1108 [10.44]
943	871	MADERA ANDRZEJ	WROCLAW	POL		77	M30/159		(M)889	04:01:39	04:00:17	10.54	00:53:42 / 773 [11.17]	01:53:33 / 861 [11.15]	02:44:12 / 873 [10.96]
944	96	DERLATKA PAWEŁ	KRAKÓW	POL	NOWA HUTA TEAM	80	M25/102		(M)890	04:01:42	04:00:58	10.51	00:50:48 / 588 [11.81]	01:48:49 / 645 [11.63]	02:40:55 / 785 [11.19]
945	1357	SOLTYSIAK PAWEŁ	WARSZAWA	POL	KS POLONIA WARSZAWA	74	M35/144		(M)891	04:01:58	04:00:33	10.52	00:57:40 / 1160 [10.40]	02:00:05 / 1137 [10.54]	02:49:58 / 1054 [10.59]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
946	1361	KARBOWSKI MARIUSZ	OLSZTYN	POL		74	M35/145		(M)892	04:02:02	04:01:42	10.47	00:53:11 / 725 [11.28]	01:52:40 / 811 [11.24]	02:42:27 / 834 [11.08]
947	1631	SZWED BOLESŁAW	KIELCZ	POL		59	M50/88		(M)893	04:02:20	04:01:42	10.47	00:57:12 / 1086 [10.49]	01:59:36 / 1067 [10.59]	02:49:32 / 1020 [10.62]
948	1240	KORCZAK WINCENTY	ANTONIÓWKA 353	POL	KLUB MARATOŃCZYKA AZS POLITECHNIKI RADOMSKIEJ	57	M50/89		(M)894	04:02:24	04:01:02	10.50	00:57:28 / 1143 [10.44]	01:59:42 / 1103 [10.58]	02:49:17 / 997 [10.63]
949	1820	WALEROWICZ MACIEJ	KATOWICE	POL		82	M25/103		(M)895	04:02:31	04:01:27	10.49	00:57:03 / 1044 [10.52]	01:58:55 / 1017 [10.65]	02:48:45 / 975 [10.67]
950	2008	ŻAK KRZYSZTOF	WROCLAW	POL		49	M60/28		(M)896	04:02:32	04:00:25	10.53	01:00:14 / 1266 [9.96]	02:01:50 / 1187 [10.39]	02:50:11 / 1066 [10.58]
951	595	MAGDZIAK ANDRZEJ	LUBIN	POL	KGHM O/ZG LUBIN	61	M45/118		(M)897	04:02:35	04:01:19	10.49	00:53:27 / 758 [11.23]	01:50:36 / 692 [11.45]	02:40:31 / 775 [11.21]
952	191	NAPIERAŁA LUKASZ	WROCLAW	POL	OPP WROCLAW	87	M20/68		(M)898	04:02:35	04:02:19	10.45	00:50:45 / 584 [11.82]	01:49:53 / 668 [11.52]	02:40:24 / 771 [11.22]
953	272	DURMA MIROSLAW	WROCLAW	POL	M&M	79	M30/160		(M)899	04:02:44	04:02:04	10.46	00:54:37 / 893 [10.99]	01:55:39 / 921 [10.95]	02:46:24 / 921 [10.82]
954	39	KOWALSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	56	K50/2		(K)55	04:02:53	04:02:51	10.42	00:54:14 / 864 [11.06]	01:56:32 / 947 [10.86]	02:46:23 / 920 [10.82]
955	233	GÓRNY TOMASZ	ŚWIĘCIECHOWA	POL	DRUŻYNA SZPIKU	82	M25/104		(M)900	04:02:58	04:01:50	10.47	00:54:02 / 817 [11.10]	01:52:35 / 772 [11.25]	02:39:33 / 718 [11.28]
956	779	ZABAWA WOJCIECH	WROCLAW	POL	WKB PIAST WROCLAW	81	M25/105		(M)901	04:02:59	04:02:37	10.43	00:55:38 / 950 [10.78]	01:52:43 / 823 [11.23]	02:45:01 / 890 [10.91]
957	447	SKONIECZNY ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	57	M50/90		(M)902	04:03:01	04:02:37	10.43	00:49:58 / 519 [12.01]	01:48:37 / 640 [11.66]	02:41:58 / 817 [11.11]
958	1118	JESINOWICZ BRONISLAW	WARSZAWA	POL	WARSZAWA - AKADEMIA OBRONY NARODOWEJ.	59	M50/91		(M)903	04:03:03	04:01:26	10.49	00:57:19 / 1125 [10.47]	01:59:07 / 1025 [10.63]	02:46:53 / 930 [10.79]
959	1719	KACZMARSKI JAROSLAW	TOMASZÓW MAZ.	POL		74	M35/146		(M)904	04:03:06	04:01:59	10.46	00:56:30 / 1006 [10.62]	01:57:38 / 975 [10.76]	02:47:45 / 951 [10.73]
960	1920	KOZŁOWICZ BOLESŁAW	KATOWICE	POL		77	M30/161		(M)905	04:03:09	04:02:30	10.44	00:54:04 / 833 [11.10]	01:53:00 / 842 [11.20]	02:41:33 / 808 [11.14]
961	140	DRABIK MARCIN	WROCLAW	POL	WKB PIAST WROCLAW	71	M35/147		(M)906	04:03:11	04:02:35	10.44	00:52:11 / 679 [11.50]	01:51:23 / 716 [11.37]	02:41:52 / 816 [11.12]
962	1191	TRYBUŚ MARIAN	KRAKÓW	POL		48	M60/29		(M)907	04:03:32	04:02:22	10.45	00:49:02 / 372 [12.24]	01:43:54 / 400 [12.18]	02:36:18 / 631 [11.52]
963	1869	KOZŁOWSKI PIOTR	WROCLAW	POL		84	M25/106	Farm/5	(M)908	04:03:40	04:01:31	10.48	00:58:47 / 1206 [10.21]	01:59:24 / 1039 [10.60]	02:48:16 / 957 [10.70]
964	1853	MIKUŁA ZBIGNIEW	SKAŁA	POL		63	M45/119		(M)909	04:03:45	04:03:06	10.41	00:54:13 / 861 [11.07]	01:52:49 / 831 [11.22]	02:40:44 / 783 [11.20]
965	1906	PEKALA JAROSLAW	ZGIERZ	POL	32 BAZA LOTNICZA ŁASK JASTRZĄB	70	M35/148		(M)910	04:03:48	04:02:46	10.43	00:53:05 / 717 [11.30]	01:49:41 / 663 [11.54]	02:39:02 / 700 [11.32]
966	686	MIŚKIEWICZ MAREK	LUBLIN	POL		65	M40/136		(M)911	04:03:49	04:02:15	10.45	01:00:54 / 1334 [9.85]	02:06:46 / 1314 [9.99]	02:59:11 / 1246 [10.05]
967	1701	FILIPIAK FABIAN	SOCHACZEW	POL	RAZEM I SPRAWNIE	48	M60/30		(M)912	04:03:55	04:02:39	10.43	00:54:39 / 896 [10.98]	01:52:51 / 835 [11.22]	02:40:16 / 766 [11.23]
968	818	SZYMACHA MARCIN	BACZYN	POL		76	M30/162		(M)913	04:04:03	04:02:52	10.42	00:54:07 / 853 [11.09]	01:53:39 / 865 [11.14]	02:43:55 / 863 [10.98]
969	2042	GAŚJÓR DOMINIK	GRACZE	POL	MONAR GRACZE	74	M35/149		(M)914	04:04:05	04:02:37	10.43	00:56:56 / 1026 [10.54]	01:57:29 / 967 [10.78]	02:46:15 / 915 [10.83]
970	1328	BAŃBURA PIOTR	KOŃSKIE	POL	PASAT KOŃSKIE	79	M30/163	Farm/6	(M)915	04:04:14	04:03:11	10.41	00:53:25 / 747 [11.23]	01:53:35 / 862 [11.15]	02:45:20 / 896 [10.89]
971	941	PODKÓWKA ZBIGNIEW	BYDGOSZCZ	POL		60	M45/120		(M)916	04:04:16	04:03:14	10.41	00:56:56 / 1025 [10.54]	01:59:20 / 1031 [10.61]	02:49:03 / 986 [10.65]
972	1844	WIŚNIEWSKI MIROSLAW	GDAŃSK	POL		87	M20/69		(M)917	04:04:26	04:03:40	10.39	00:54:05 / 841 [11.09]	01:53:06 / 847 [11.19]	02:42:13 / 823 [11.10]
973	1544	ROŚÓŁ ZBIGNIEW	MIĘDZYRZECZ	POL		56	M50/92		(M)918	04:04:29	04:02:37	10.43	00:58:29 / 1196 [10.26]	02:00:31 / 1149 [10.50]	02:53:19 / 1127 [10.39]
974	2097	GARCZYŃSKI GRZEGORZ	LUBIN	POL	LO II LUBIN	47	M60/31	Nauc/63	(M)919	04:04:33	04:02:09	10.46	01:00:31 / 1285 [9.91]	02:03:16 / 1208 [10.27]	02:52:34 / 1116 [10.43]
975	1818	LASKOWSKI WOJCIECH	PISZ	POL	KM UMK TORUŃ	84	M25/107		(M)920	04:04:34	04:02:56	10.42	00:55:35 / 943 [10.79]	01:56:28 / 946 [10.87]	02:47:53 / 952 [10.72]
976	158	WERNIK KATARZYNA	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	70	K35/10		(K)56	04:04:36	04:03:43	10.39	00:55:12 / 917 [10.87]	01:56:21 / 938 [10.88]	
977	1831	SZYMCZYNA ZDZISŁAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58	M50/93		(M)921	04:04:36	04:02:42	10.43	00:56:04 / 981 [10.70]	01:56:21 / 937 [10.88]	02:45:27 / 900 [10.88]
978	1635	TRAWNICZEK JOANNA	BIELAWA	POL		72	K35/11		(K)57	04:04:44	04:04:33	10.35	00:50:22 / 557 [11.91]	01:46:32 / 578 [11.88]	02:33:37 / 579 [11.72]
979	2121	ŁOPIANIAK TOMASZ	OPOLE	POL	TERMINATOR OPOLE	75	M30/164		(M)922	04:04:45	04:03:40	10.39	00:54:19 / 877 [11.05]	01:53:11 / 853 [11.19]	02:44:08 / 871 [10.97]
980	968	SZYMCZYK BARBARA	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	70	K35/12		(K)58	04:04:48	04:03:58	10.38	00:57:00 / 1035 [10.53]	01:59:47 / 1115 [10.57]	02:50:44 / 1082 [10.54]
981	321	MACIĄŻEK EDWARD	DĄBROWA GÓRNICZA	POL		60	M45/121		(M)923	04:04:49	04:03:30	10.40	00:57:18 / 1122 [10.47]	01:59:49 / 1117 [10.57]	02:51:38 / 1095 [10.49]
982	1539	MACKIEWICZ PAWEŁ	ŻMIGRÓD	POL		80	M25/108	Nauc/64	(M)924	04:04:51	04:03:25	10.40	01:00:21 / 1277 [9.94]	02:04:54 / 1246 [10.14]	02:55:34 / 1156 [10.25]
983	407	BRZYK TOMASZ	WROCLAW	POL		77	M30/165	Nauc/65	(M)925	04:05:04	04:03:04	10.42	00:50:37 / 576 [11.85]	01:45:02 / 474 [12.05]	02:35:37 / 620 [11.57]
984	2055	BARANIEC MARIUSZ	WROCLAW	POL		78	M30/166		(M)926	04:05:08	04:03:44	10.39	00:52:15 / 681 [11.48]	01:51:21 / 714 [11.37]	02:42:47 / 838 [11.06]
985	1172	CRAUWELS WILFRIED	MECHELEN	BEL		46	M60/32		(M)927	04:05:09	04:03:59	10.38	01:00:55 / 1337 [9.85]	02:06:15 / 1283 [10.03]	02:56:30 / 1178 [10.20]
986	1141	KOMOR MIROSLAW	PIASTOW	POL	MIRASZEK	51	M55/46		(M)928	04:05:23	04:03:53	10.38	01:00:09 / 1262 [9.98]	02:04:21 / 1234 [10.18]	02:54:34 / 1141 [10.31]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
987	1542	MRUGALSKI MATEUSZ	OSTRZESZÓW	POL		85	M20/70		(M)929	04:05:26	04:04:32	10.35	00:53:27 / 755 [11.23]	01:52:22 / 748 [11.27]	02:40:19 / 768 [11.23]
988	1547	HUMIENNY KRZYSZTOF	WROCLAW	POL		88	M20/71		(M)930	04:05:34	04:04:05	10.37	00:53:30 / 763 [11.21]	01:52:57 / 840 [11.21]	02:47:22 / 943 [10.75]
989	242	WIŚNIEWSKI PIOTR	WROCLAW	POL	WKB PIAST WROCLAW	72	M35/150		(M)931	04:05:37	04:03:34	10.39	00:53:26 / 752 [11.23]	01:52:24 / 755 [11.26]	02:40:27 / 773 [11.22]
990	1108	JĘSIEK ALEKSANDER	LESZNO	POL		61	M45/122		(M)932	04:05:45	04:04:35	10.35	00:53:41 / 771 [11.18]	01:52:52 / 836 [11.22]	02:43:45 / 854 [10.99]
991	1728	KOLACZ DARIUSZ	ŻARY	POL		69	M40/137	Nauc/66	(M)933	04:05:47	04:05:14	10.32	00:51:40 / 648 [11.61]	01:49:16 / 652 [11.59]	02:38:10 / 677 [11.38]
992	27	KRÓL GRZEGORZ	POZNAŃ	POL		69	M40/138		(M)934	04:05:48	04:04:47	10.34	00:51:32 / 642 [11.64]	01:48:09 / 628 [11.71]	02:35:29 / 619 [11.58]
993	1896	SUSZKO TOMASZ	KOSZALIN	POL	TKKF KOSZALIN	62	M45/123	Nauc/67	(M)935	04:05:49	04:04:36	10.35	00:57:22 / 1133 [10.46]	01:59:56 / 1133 [10.56]	02:49:58 / 1055 [10.59]
994	1974	ROGOZIŃSKI JĘDRZEJ	WARSZAWA	POL		85	M20/72		(M)936	04:05:55	04:04:36	10.35	00:55:39 / 952 [10.78]	01:58:03 / 984 [10.72]	02:48:46 / 978 [10.67]
995	1732	GAJEWSKI MICHAŁ	SKARŻYSKO-KAMIENNA	POL		80	M25/109		(M)937	04:05:57	04:03:40	10.39	01:00:36 / 1301 [9.90]	02:05:05 / 1253 [10.12]	02:56:27 / 1176 [10.20]
996	979	KOŃCA ADAM	SIEMIANOWICE ŚLĄSKIE	POL		81	M25/110		(M)938	04:06:04	04:04:56	10.34	00:57:14 / 1099 [10.48]	01:59:40 / 1090 [10.58]	02:50:12 / 1069 [10.58]
997	1960	CETNAROWSKI MARIUSZ	BIELAWA	POL	MARATONYPOLSKIE.PL TEAM	87	M20/73		(M)939	04:06:16	04:04:33	10.35	00:56:16 / 992 [10.66]	01:53:15 / 855 [11.18]	02:41:39 / 810 [11.14]
998	301	GRABIEC PIOTR	WROCLAW	POL		86	M20/74		(M)940	04:06:17	04:05:04	10.33	00:53:03 / 716 [11.31]	01:51:39 / 728 [11.34]	02:43:17 / 845 [11.02]
999	1329	STACHURSKI ARTUR	WARSZAWA	POL		77	M30/167		(M)941	04:06:26	04:05:29	10.31	01:00:04 / 1258 [9.99]	02:06:25 / 1289 [10.01]	02:58:04 / 1219 [10.11]
1000	1374	NOWAK ARTUR	LEGIONOWO	POL	KB PIMAR LEGIONOWO	73	M35/151		(M)942	04:06:33	04:04:58	10.33	01:00:51 / 1326 [9.86]	02:06:00 / 1273 [10.05]	02:55:01 / 1146 [10.28]
1001	1390	TYC GRZEGORZ	ZŁOTORYJA	POL	WKB PIAST WROCLAW	68	M40/139		(M)943	04:06:34	04:05:44	10.30	00:51:44 / 651 [11.60]	01:50:34 / 687 [11.45]	02:41:10 / 799 [11.17]
1002	819	NIEWIADOMSKI KRZYSZTOF	BELCHATÓW	POL	DRUŻYNA SZPIKU	74	M35/152		(M)944	04:06:38	04:06:08	10.29	00:49:55 / 483 [12.02]	01:45:13 / 523 [12.03]	02:35:04 / 604 [11.61]
1003	982	ZARĘBSKI SŁAWOMIR	ELBLĄG	POL		59	M50/94		(M)945	04:06:38	04:05:23	10.32	00:57:09 / 1066 [10.50]	01:59:35 / 1065 [10.59]	02:50:43 / 1079 [10.54]
1004	965	KOPALA MAREK	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	69	M40/140		(M)946	04:06:39	04:06:09	10.29	00:57:16 / 1114 [10.48]	01:59:44 / 1107 [10.57]	02:49:48 / 1044 [10.60]
1005	1404	SZEWczyk MAREK	POZNAŃ	POL		55	M50/95		(M)947	04:06:44	04:06:38	10.27	00:50:24 / 564 [11.90]	01:47:39 / 616 [11.76]	02:37:12 / 648 [11.45]
1006	1340	ĆWIKŁOWSKI MAREK	TRZEBNICA	POL		60	M45/124		(M)948	04:06:47	04:05:34	10.31	00:55:11 / 914 [10.87]	01:57:08 / 961 [10.81]	02:50:44 / 1080 [10.54]
1007	1027	KOWALCZYK ROBERT	ZIĘBICE	POL	SPARTA ZIĘBICE	78	M30/168		(M)949	04:06:50	04:05:28	10.31	00:56:26 / 1000 [10.63]	01:58:17 / 993 [10.70]	02:49:16 / 995 [10.63]
1008	224	MACHOŃ PIOTR	CHOCIANÓW	POL		77	M30/169	Nauc/68	(M)950	04:06:52	04:06:03	10.29	00:49:55 / 484 [12.02]	01:45:15 / 526 [12.03]	02:32:19 / 550 [11.82]
1009	157	WERNIK DARIUSZ	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	66	M40/141		(M)951	04:07:10	04:06:17	10.28	00:57:08 / 1056 [10.50]	01:59:29 / 1046 [10.60]	02:49:33 / 1026 [10.62]
1010	1369	KUCZA IZABELA	ŚRODA ŚLĄSKA	POL	AWF WROCLAW	84	K25/9		(K)59	04:07:16	04:05:47	10.30	00:58:11 / 1186 [10.31]	02:00:16 / 1142 [10.53]	02:51:15 / 1090 [10.51]
1011	1641	JOŃCZYK MACIEJ	ŁÓDŹ	POL	BALBINIARZE	81	M25/111		(M)952	04:07:39	04:06:08	10.29	00:54:04 / 838 [11.10]	01:52:39 / 805 [11.24]	02:43:00 / 842 [11.04]
1012	486	CZAPSKI LESŁAW	WROCLAW	POL	MARATHON FOR JESUS - WROCLAW DLA JEZUSA	71	M35/153		(M)953	04:07:49	04:06:42	10.26	00:56:29 / 1004 [10.62]	01:56:56 / 957 [10.83]	02:47:41 / 948 [10.73]
1013	190	SMYK MACIEJ	WROCLAW	POL		69	M40/142		(M)954	04:07:57	04:05:31	10.31	00:54:04 / 837 [11.10]	01:55:05 / 908 [11.00]	02:45:58 / 909 [10.85]
1014	840	MOCARSKI DARIUSZ	GDYNIA	POL		67	M40/143		(M)955	04:07:59	04:07:05	10.25	00:50:56 / 602 [11.78]	01:47:55 / 622 [11.73]	02:39:00 / 699 [11.32]
1015	320	ŚLEBODA ROBERT	WOŁÓW	POL		67	M40/144		(M)956	04:08:00	04:07:28	10.23	00:52:28 / 693 [11.44]	01:52:37 / 796 [11.24]	02:46:56 / 932 [10.78]
1016	530	CHMIST JACEK	WROCLAW	POL		80	M25/112		(M)957	04:08:06	04:06:34	10.27	01:00:31 / 1284 [9.91]	02:06:14 / 1281 [10.03]	02:56:48 / 1182 [10.18]
1017	1301	CZUBA WOJCIECH	POWROŃNIK	POL		84	M25/113		(M)958	04:08:09	04:06:21	10.28	01:00:49 / 1313 [9.87]	02:06:32 / 1298 [10.01]	02:57:37 / 1200 [10.13]
1018	1912	GĘBKA STANISŁAW	KRAPKOWICE	POL		83	M25/114		(M)959	04:08:10	04:07:08	10.24	00:56:56 / 1024 [10.54]	01:58:24 / 1002 [10.69]	02:49:35 / 1036 [10.61]
1019	817	PRZECH WŁADYSŁAW	NADOLICE WIELKIE	POL	WKB PIAST WROCLAW	56	M50/96		(M)960	04:08:14	04:07:16	10.24	00:56:15 / 991 [10.67]	01:59:35 / 1058 [10.59]	02:49:26 / 1004 [10.62]
1020	1928	BAJKOWSKI MAREK	WARSZAWA	POL	ZPISDN RACIBÓRZ	56	M50/97		(M)961	04:08:15	04:06:42	10.26	00:55:40 / 955 [10.78]	01:58:27 / 1006 [10.69]	02:52:41 / 1117 [10.42]
1021	1720	OPALA WOJCIECH	SWARZĘDZ	POL	SPWŁA POZNAŃ	74	M35/154		(M)962	04:08:16	04:06:14	10.28	00:51:41 / 649 [11.61]	01:47:17 / 597 [11.80]	02:38:57 / 694 [11.32]
1022	1756	LUBISZEWSKI PIOTR	BYDGOSZCZ	POL	OPTO-MED OLSZTYN	63	M45/125		(M)963	04:08:18	04:06:37	10.27	00:58:50 / 1209 [10.20]	02:01:54 / 1188 [10.39]	02:54:27 / 1138 [10.32]
1023	2066	LESIK TOMASZ	LUBLINIEC	POL	KROS KAROLINKA CHORZÓW	54	M55/47		(M)964	04:08:20	04:06:14	10.28	01:00:50 / 1324 [9.86]	02:05:01 / 1251 [10.13]	02:56:04 / 1167 [10.22]
1024	1139	KOWALSKI ŁUKASZ	KOŁOBRZEG	POL		85	M20/75		(M)965	04:08:23	04:06:28	10.27	00:59:37 / 1241 [10.06]	02:01:47 / 1185 [10.40]	02:52:31 / 1114 [10.43]
1025	1644	BUDZYNOWSKA ALEKSANDRA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	86	K20/10		(K)60	04:08:25	04:06:02	10.29	01:01:34 / 1408 [9.75]	02:07:25 / 1362 [9.94]	02:59:34 / 1258 [10.02]
1026	226	MOSZONKA HENRYK	ŻÓRAWINA	POL	LUKS ŻÓRAWINA	57	M50/98		(M)966	04:08:26	04:06:35	10.27	01:00:10 / 1263 [9.97]	02:05:30 / 1267 [10.09]	02:55:34 / 1157 [10.25]
1027	748	JĄDŹYK MAŁGORZATA	WROCLAW	POL		86	K20/11		(K)61	04:08:26	04:07:06	10.25	01:01:13 / 1376 [9.80]	02:07:20 / 1355 [9.94]	02:59:35 / 1260 [10.02]
1028	1915	MOSKAL ANDRZEJ	BIECZ	POL		54	M55/48		(M)967	04:08:26	04:08:18	10.20	00:57:19 / 1123 [10.47]	02:01:03 / 1163 [10.46]	02:54:27 / 1139 [10.32]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	10km	21km	30km	
1029	282	CZAPIGA ROBERT	NOWA RUDA-SŁUPIEC	POL		71	M35/155 (M)968	04:08:27	04:07:30	10.23	00:57:11 / 1084 [10.49]	01:59:35 / 1062 [10.59]	02:49:34 / 1032 [10.62]
1030	752	BLASZKIEWICZ BOGUSŁAW	SŁAWNO	POL		61	M45/126 Nauc/69 (M)969	04:08:35	04:07:09	10.24	00:55:49 / 958 [10.75]	01:56:01 / 927 [10.91]	02:48:43 / 972 [10.67]
1031	573	CHRZAŚTKOWSKI LUCJAN	ELBLĄG	POL		50	M55/49 (M)970	04:08:38	04:08:14	10.20	00:54:28 / 888 [11.02]	01:57:17 / 964 [10.79]	02:52:17 / 1106 [10.45]
1032	574	ZNAROWSKA BOŻENA	ELBLĄG	POL		63	K45/7 (K)62	04:08:39	04:08:39	10.18			
1033	1995	BACKHAUS ANDREAS	BURG	GER	MLG VARIOBOARD MAGDEBURG	66	M40/145 (M)971	04:08:42	04:06:33	10.27	00:55:37 / 945 [10.79]	01:55:28 / 915 [10.96]	02:43:56 / 865 [10.98]
1034	1550	GOERLICH GÜNTHER	LAUTERBACH	GER		60	M45/127 (M)972	04:08:42	04:07:03	10.25	00:55:38 / 951 [10.78]	01:55:28 / 917 [10.96]	02:47:44 / 950 [10.73]
1035	617	WOŁOSKOWSKI EUGENIUSZ	BOGATYNIA	POL		54	M55/50 (M)973	04:08:43	04:06:46	10.26	01:01:07 / 1355 [9.82]	02:07:09 / 1333 [9.96]	02:58:55 / 1242 [10.06]
1036	616	WOŁOSKOWSKI REMIGIUSZ	ZGORZELEC	POL		76	M30/170 (M)974	04:08:43	04:06:45	10.26	01:01:13 / 1374 [9.80]	02:07:11 / 1339 [9.95]	02:59:34 / 1259 [10.02]
1037	1465	GLADYS WOJCIECH	KRAKÓW	POL		82	M25/115 (M)975	04:08:56	04:08:21	10.19	00:54:13 / 862 [11.07]	01:56:13 / 930 [10.89]	02:49:38 / 1040 [10.61]
1038	1780	SKARBOWSKA ADRIANNA	SOSNOWIEC	POL	AWF WROCLAW	88	K20/12 (K)63	04:09:05	04:07:31	10.23	00:55:50 / 962 [10.75]	01:58:21 / 996 [10.70]	02:50:12 / 1068 [10.58]
1039	1599	BRZÓZKA NORBERT	DĄBROWSKA GRUPA	POL		74	M35/156 (M)976	04:09:18	04:08:14	10.20	00:57:06 / 1051 [10.51]	01:59:44 / 1109 [10.57]	02:50:47 / 1085 [10.54]
1040	1113	STĘPIEŃ MAREK	PORĘBA SPYTKOWSKA	POL	BIEGAJZNA.MI.PL	61	M45/128 (M)977	04:09:27	04:07:56	10.21	00:54:06 / 844 [11.09]	01:54:36 / 893 [11.05]	02:50:13 / 1070 [10.57]
1041	144	WOJTOWICZ MIROSLAW	WROCLAW	POL	WS I Z COPERNICUS-ZESPÓŁ SZKÓLN.R 18 WROCLAW	54	M55/51 Nauc/70 (M)978	04:09:32	04:08:36	10.18	00:54:03 / 827 [11.10]	01:52:58 / 841 [11.21]	02:53:22 / 1128 [10.38]
1042	207	BROŃSKI PIOTR	WROCLAW	POL		84	M25/116 (M)979	04:09:39	04:07:07	10.24	01:06:01 / 1618 [9.09]	02:12:33 / 1457 [9.55]	03:02:53 / 1318 [9.84]
1043	1087	BLASZCZYK KRZYSZTOF	POZNAŃ	POL		59	M50/99 (M)980	04:09:41	04:08:55	10.17	00:57:11 / 1079 [10.49]	01:59:37 / 1085 [10.58]	02:49:40 / 1041 [10.61]
1044	1204	RUNGE GERD	NEUMUENSTER	GER	LAUFTREFF EINFELD	60	M45/129 (M)981	04:09:43	04:07:39	10.22	01:00:04 / 1256 [9.99]	02:04:14 / 1230 [10.19]	02:55:49 / 1160 [10.24]
1045	129	KURZAWA TOMASZ	POZNAŃ	POL	DĘBIEC	85	M20/76 (M)982	04:09:44	04:07:56	10.21	01:01:39 / 1417 [9.73]	02:05:02 / 1252 [10.13]	02:55:15 / 1147 [10.27]
1046	402	KOSZULIŃSKI PIOTR	WROCLAW	POL		89	M20/77 (M)983	04:09:44	04:08:04	10.21	00:59:11 / 1225 [10.14]	02:00:25 / 1143 [10.51]	02:51:14 / 1089 [10.51]
1047	1187	DRACZYŃSKI ZYGMUNT	ŁOBEZ	POL	LKB TRUCHT ŁOBEZ	48	M60/33 (M)984	04:09:52	04:08:15	10.20	01:00:49 / 1317 [9.87]	02:06:32 / 1301 [10.01]	02:57:33 / 1197 [10.14]
1048	372	SZCZEPANIAK MACIEJ	WROCLAW	POL		73	M35/157 (M)985	04:09:59	04:07:33	10.23	01:01:13 / 1377 [9.80]	02:04:22 / 1235 [10.18]	02:52:51 / 1119 [10.41]
1049	1481	SIEDLECKA EWA	OLESNÓ	POL	DŻUSERS OLESNO	90	K20/13 (K)64	04:10:05	04:09:03	10.17	00:59:17 / 1230 [10.12]	02:04:01 / 1223 [10.21]	02:56:01 / 1165 [10.23]
1050	1480	OTOLIŃSKI TOMASZ	OLESNÓ	POL	DŻUSERS OLESNO	87	M20/78 (M)986	04:10:05	04:09:02	10.17	00:59:17 / 1231 [10.12]	02:04:01 / 1224 [10.21]	02:56:01 / 1166 [10.23]
1051	2123	SMOLIŃSKI SŁAWOMIR	OPOLE	POL	WKB META LUBLINIEC	73	M35/158 (M)987	04:10:15	04:08:14	10.20	00:55:25 / 933 [10.83]	01:55:14 / 911 [10.99]	02:47:56 / 953 [10.72]
1052	808	KSOK MIROSLAW	WROCLAW	POL	NIKE POLAND	57	M50/100 (M)988	04:10:22	04:08:43	10.18	01:01:36 / 1411 [9.74]	02:07:11 / 1344 [9.95]	02:57:48 / 1212 [10.12]
1053	366	ŁUDZIŃSKI MIROSLAW	WROCLAW	POL	SPARTAN	60	M45/130 (M)989	04:10:28	04:09:13	10.16	00:57:38 / 1158 [10.41]	01:59:19 / 1030 [10.61]	02:51:44 / 1096 [10.48]
1054	1501	ELMINOWSKI JACEK	OBORNIKI ŚLĄSKIE	POL		76	M30/171 Nauc/71 (M)990	04:10:28	04:09:19	10.15	00:57:29 / 1147 [10.44]	02:00:54 / 1157 [10.47]	02:54:45 / 1142 [10.30]
1055	1557	MARCINKIEWICZ STANISŁAW	WOŁOMIN	POL		53	M55/52 (M)991	04:10:35	04:09:03	10.17	00:57:51 / 1173 [10.37]	01:59:02 / 1024 [10.64]	02:48:32 / 969 [10.68]
1056	1925	WOWRZECZKA MARCIN	WROCLAW	POL		73	M35/159 (M)992	04:10:39	04:09:40	10.14	00:57:02 / 1042 [10.52]	01:59:20 / 1033 [10.61]	02:56:05 / 1168 [10.22]
1057	1489	KRALE BERTJAN	OTTOLAND	NLD		63	M45/131 (M)993	04:10:41	04:09:40	10.14	00:57:33 / 1152 [10.43]	01:59:37 / 1078 [10.58]	02:49:48 / 1045 [10.60]
1058	952	HUMERSKI PIOTR	KAMIENIEC	POL		89	M20/79 (M)994	04:10:42	04:10:10	10.12	00:48:33 / 329 [12.36]	01:43:11 / 375 [12.27]	02:31:19 / 522 [11.90]
1059	81	BUCZYŃSKI LESZEK	WROCLAW	POL	WCT SPARTAN	53	M55/53 (M)995	04:10:46	04:10:05	10.12	00:56:32 / 1012 [10.61]	01:59:52 / 1126 [10.56]	02:51:30 / 1093 [10.50]
1060	1524	KOŁODZIEJ WOJCIECH	RUDA ŚLĄSKA	POL	TL POGOŃ RUDA ŚLĄSKA	63	M45/132 Nauc/72 (M)996	04:10:49	04:10:23	10.11	00:57:13 / 1091 [10.49]	01:59:43 / 1106 [10.57]	02:49:33 / 1025 [10.62]
1061	1251	ŻAK PAWEŁ	JASTRZĘBIE ZDRÓJ	POL		69	M40/146 (M)997	04:10:53	04:09:08	10.16	01:00:33 / 1291 [9.91]	02:05:25 / 1264 [10.09]	02:58:55 / 1239 [10.06]
1062	390	RYBICKI MARCIN	WROCLAW	POL		80	M25/117 (M)998	04:10:54	04:08:37	10.18	01:00:36 / 1302 [9.90]	02:05:05 / 1254 [10.12]	02:56:44 / 1179 [10.18]
1063	250	SKUPIEŃ ARTUR	WROCLAW	POL		69	M40/147 (M)999	04:11:07	04:09:43	10.14	01:01:11 / 1367 [9.81]	02:06:00 / 1274 [10.05]	02:56:29 / 1177 [10.20]
1064	1596	MOCZULSKI MARCIN	KATOWICE	POL		75	M30/172 (M)1000	04:11:08	04:09:29	10.15	00:57:03 / 1046 [10.52]	01:59:02 / 1023 [10.64]	02:49:50 / 1049 [10.60]
1065	1309	STACHOWIAK KRZYSZTOF	PIASECZNO	POL		67	M40/148 (M)1001	04:11:11	04:10:06	10.12	00:57:09 / 1064 [10.50]	01:59:36 / 1068 [10.59]	02:49:37 / 1038 [10.61]
1066	598	ŻAK BARTŁOMIEJ	BYSTRZYCA	POL		74	M35/160 (M)1002	04:11:11	04:09:09	10.16	01:00:49 / 1315 [9.87]	02:04:57 / 1249 [10.13]	02:57:31 / 1196 [10.14]
1067	1124	BAUER BOGDAN	KĘDZIERZYN-KOŹLE	POL		71	M35/161 (M)1003	04:11:12	04:09:26	10.15	00:57:14 / 1097 [10.48]	02:01:33 / 1180 [10.42]	02:51:47 / 1097 [10.48]
1068	263	PROKOPCZYK MARCIN	GÓRA (RADOSŁAW)	POL		77	M30/173 (M)1004	04:11:15	04:10:20	10.11	00:54:12 / 860 [11.07]	01:54:22 / 883 [11.07]	02:46:15 / 916 [10.83]
1069	1078	BARTOŚ TOMASZ	WYSOCKO MAŁE	POL	KS MARATON OSTRÓW WLKP.	64	M45/133 Leka/17 (M)1005	04:11:18	04:11:00	10.09	00:55:23 / 928 [10.83]	01:58:07 / 987 [10.72]	02:49:25 / 1003 [10.62]
1070	676	BOGDAL ŻANETA	WROCLAW	POL		80	K25/10 (K)65	04:11:18	04:09:43	10.14	01:00:48 / 1312 [9.87]	02:06:32 / 1297 [10.01]	02:57:39 / 1203 [10.13]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1071	1875	PRONOBIS KRZYSZTOF	IWINY	POL		72	M35/162	(M)1006		04:11:24	04:10:24	10.11	00:57:12 / 1089 [10.49]	01:59:25 / 1042 [10.60]	02:49:32 / 1016 [10.62]
1072	2107	KOSMOWSKI KAMIL PATRYK	ŁÓDŹ	POL		85	M20/80	(M)1007		04:11:34	04:10:22	10.11	00:50:26 / 567 [11.90]	01:46:31 / 576 [11.89]	02:41:03 / 794 [11.18]
1073	1933	CHOIŃSKI JAKUB	WARSZAWA	POL		76	M30/174	(M)1008		04:11:35	04:09:17	10.16	01:00:15 / 1267 [9.96]	02:04:55 / 1247 [10.13]	02:57:31 / 1195 [10.14]
1074	1045	MOSIEWICZ JACEK	WROCLAW	POL		76	M30/175	(M)1009		04:11:36	04:10:31	10.11	00:54:17 / 868 [11.05]	01:54:39 / 895 [11.04]	02:48:19 / 960 [10.69]
1075	966	WOJCIECHOWSKI WALDEMAR	CZĘSTOCHOWA	POL	ZABIEGANI CZ-WA	63	M45/134	(M)1010		04:11:40	04:11:13	10.08	00:56:18 / 993 [10.66]	01:59:43 / 1105 [10.57]	02:51:33 / 1094 [10.49]
1076	134	BLAWICKI GRZEGORZ	NOWY LAS	POL		88	M20/81	(M)1011		04:11:41	04:11:10	10.08	00:54:25 / 887 [11.03]	01:53:43 / 867 [11.13]	02:46:36 / 926 [10.80]
1077	652	KOSMALA PIOTR	SLUPSK	POL	MARATONYPOLSKIE.PL TEAM	72	M35/163	(M)1012		04:11:42	04:10:40	10.10	00:57:39 / 1159 [10.41]	02:01:26 / 1176 [10.43]	02:54:04 / 1136 [10.34]
1078	1594	GAPIŃSKI DARIUSZ	KLINISKA WIELKIE	POL		69	M40/149	(M)1013		04:11:44	04:09:39	10.14	00:58:29 / 1197 [10.26]	01:59:51 / 1123 [10.56]	02:49:36 / 1037 [10.61]
1079	987	ZATWARDNICKI MARIUSZ	WOŁÓW	POL		71	M35/164	(M)1014		04:11:46	04:10:37	10.10	00:59:18 / 1232 [10.12]	02:04:46 / 1243 [10.15]	02:57:47 / 1211 [10.12]
1080	1700	KRZESZOWIEC JÓZEF	KLESZCZEWKO	POL		43	M65/8	(M)1015		04:11:46	04:09:48	10.13	00:57:19 / 1127 [10.47]	01:59:15 / 1028 [10.62]	02:47:30 / 947 [10.75]
1081	1910	KĄKOL TOMASZ	GDAŃSK	POL		82	M25/118	(M)1016		04:11:48	04:11:12	10.08	00:50:00 / 541 [12.00]	01:47:26 / 604 [11.78]	02:42:03 / 819 [11.11]
1082	235	HADYŚ KARINA	WROCLAW	POL		75	K30/10	(K)66		04:11:48	04:11:31	10.07	00:53:26 / 750 [11.23]	01:56:03 / 928 [10.91]	02:50:10 / 1062 [10.58]
1083	551	HORAŻY PAWEŁ	JANÓWEK PIERWSZY	POL		64	M45/135	(M)1017		04:11:49	04:11:26	10.07	00:48:36 / 342 [12.35]	01:42:34 / 366 [12.34]	02:35:09 / 611 [11.60]
1084	358	GRZEŚKOWIAK KTZYSZTOF	OLEŚNICA	POL		75	M30/176	(M)1018		04:11:50	04:11:08	10.08	00:51:30 / 639 [11.65]	01:47:16 / 595 [11.80]	02:43:52 / 859 [10.98]
1085	1077	SOBCZAK WITOLD	POZNAŃ	POL		77	M30/177	(M)1019		04:11:55	04:10:40	10.10	00:59:42 / 1244 [10.05]	02:04:14 / 1229 [10.19]	02:58:11 / 1221 [10.10]
1086	761	WESOŁOWSKI STANISŁAW	URAZ	POL	WKB PIAST WROCLAW	54	M55/54	(M)1020		04:12:05	04:10:26	10.11	00:57:00 / 1033 [10.53]	01:59:25 / 1041 [10.60]	02:50:41 / 1076 [10.55]
1087	1817	KŁONOWSKI TOMASZ	OLAWA	POL	BIURO WDROŻENIOWO PROJEKTOWE SABEL	77	M30/178	(M)1021		04:12:09	04:11:35	10.06	00:53:21 / 744 [11.25]	01:52:35 / 770 [11.25]	02:43:53 / 861 [10.98]
1088	1859	PYSZNO WŁADYSŁAW	CIECHÓW	POL	WKS CIECHÓW	53	M55/55	(M)1022		04:12:10	04:10:07	10.12	01:04:23 / 1506 [9.32]	02:10:28 / 1430 [9.70]	03:02:43 / 1311 [9.85]
1089	143	OLSZEWSKA JOANNA	NAMYŚLÓW	POL		84	K25/11	Nauc/73	(K)67	04:12:11	04:10:37	10.10	01:00:50 / 1325 [9.86]	02:05:48 / 1269 [10.06]	02:57:51 / 1214 [10.12]
1090	280	KRAWCZYK MAŁGORZATA	MILICZ	POL		72	K35/13	(K)68		04:12:24	04:10:42	10.10	00:59:03 / 1220 [10.16]	02:00:26 / 1144 [10.51]	02:50:11 / 1064 [10.58]
1091	716	GROMKO ANDRZEJ	MILICZ	POL		57	M50/101	(M)1023		04:12:24	04:10:42	10.10	00:59:03 / 1221 [10.16]	02:00:26 / 1145 [10.51]	02:50:11 / 1065 [10.58]
1092	181	KOZŁOWSKI MARIAN	GRODZIEC	POL		55	M50/102	(M)1024		04:12:27	04:11:19	10.07	00:57:15 / 1107 [10.48]	02:01:31 / 1179 [10.42]	02:51:48 / 1098 [10.48]
1093	2090	WOJNAROWSKA KAROLINA	WROCLAW	POL		84	K25/12	(K)69		04:12:27	04:10:49	10.09	01:01:57 / 1433 [9.69]	02:09:20 / 1408 [9.79]	03:03:57 / 1338 [9.79]
1094	49	LECHOWSKI GRZEGORZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/103	(M)1025		04:12:32	04:12:31	10.03	00:41:08 / 45 [14.59]	01:32:14 / 124 [13.73]	02:28:17 / 392 [12.14]
1095	425	WOLANIN TOMASZ	WARSZAWA	POL	MARATONYPOLSKIE.PL TEAM	74	M35/165	(M)1026		04:12:34	04:11:51	10.05	00:54:02 / 809 [11.10]	01:54:13 / 873 [11.08]	02:48:52 / 981 [10.66]
1096	1712	SIENICA DARIUSZ	WROCLAW	POL	NIKE POLAND	68	M40/150	(M)1027		04:12:48	04:11:36	10.06	00:52:06 / 676 [11.52]	01:47:59 / 623 [11.72]	02:38:01 / 674 [11.39]
1097	1069	BOLĘBA PIOTR	SIEMIANOWICE ŚL.	POL		58	M50/104	(M)1028		04:12:57	04:12:33	10.02	00:56:40 / 1016 [10.59]	02:00:06 / 1139 [10.54]	02:52:02 / 1101 [10.46]
1098	1456	PIORUN RADOMIR	WROCLAW	POL		66	M40/151	(M)1029		04:12:58	04:12:58	10.01			
1099	290	JAWORSKI RAFAŁ	BLONIE	POL	WKB META LUBLINIEC	71	M35/166	(M)1030		04:12:59	04:12:33	10.02	00:54:24 / 885 [11.03]	01:56:15 / 932 [10.89]	02:50:46 / 1084 [10.54]
1100	1562	BRONOWICKI ADAM	RUMIA	POL		62	M45/136	(M)1031		04:13:01	04:10:51	10.09	01:00:39 / 1306 [9.89]	02:03:58 / 1222 [10.21]	02:53:11 / 1125 [10.39]
1101	560	SIODŁAK RAFAŁ	LUBAŃ	POL		86	M20/82	(M)1032		04:13:02	04:11:57	10.05	00:53:26 / 754 [11.23]	01:52:21 / 746 [11.27]	02:44:17 / 875 [10.96]
1102	1205	MÖLLER-LANGE JENS	NEUMUENSTER	GER	LAUFTREFF EINFELD	58	M50/105	(M)1033		04:13:03	04:11:00	10.09	01:01:02 / 1351 [9.83]	02:05:58 / 1272 [10.05]	02:59:14 / 1250 [10.04]
1103	1315	OWCZARZ MIECZYSLAW	WROCLAW	POL	WSOWŁAŁ.	79	M30/179	(M)1034		04:13:05	04:11:41	10.06	00:58:29 / 1198 [10.26]	02:03:14 / 1207 [10.27]	02:56:45 / 1180 [10.18]
1104	1372	BARAN HENRYK	PODWYSOKIE	POL	SKIERBIESZÓW	74	M35/167	(M)1035		04:13:05	04:11:25	10.07	00:57:45 / 1163 [10.39]	01:59:41 / 1096 [10.58]	02:51:48 / 1099 [10.48]
1105	1201	USZKO SABINA	SIEDLEC	POL	KS SIEDLEC	65	K40/12	Nauc/74	(K)70	04:13:05	04:11:23	10.07	01:02:54 / 1464 [9.54]	02:09:35 / 1413 [9.77]	03:03:05 / 1325 [9.83]
1106	1713	SZCZEŚNIAK MACIEJ	BĘDZIN	POL		71	M35/168	(M)1036		04:13:06	04:12:07	10.04	00:59:40 / 1243 [10.06]	02:03:27 / 1216 [10.26]	02:55:26 / 1151 [10.26]
1107	862	CHOROMAŃSKA ANNA	WROCLAW	POL		82	K25/13	(K)71		04:13:14	04:11:25	10.07	01:02:07 / 1440 [9.66]	02:09:05 / 1402 [9.81]	03:02:39 / 1307 [9.85]
1108	697	POLAŃSKI PIOTR	MIEROSZÓW	POL		67	M40/152	Leka/18	(M)1037	04:13:15	04:12:46	10.02	00:50:46 / 586 [11.82]	01:53:08 / 848 [11.19]	02:48:23 / 963 [10.69]
1109	1470	BOBRYK ZENON	ŁOSICE	POL		57	M50/106	(M)1038		04:13:16	04:10:36	10.10	01:02:07 / 1441 [9.66]	02:09:19 / 1407 [9.79]	03:02:42 / 1308 [9.85]
1110	1312	PABIAN KAROL	SKAWINA	POL		55	M50/107	(M)1039		04:13:17	04:12:09	10.04	00:56:30 / 1007 [10.62]	01:58:47 / 1014 [10.66]	02:52:28 / 1113 [10.44]
1111	1485	JARZYŃKA KRZYSZTOF	LUBLIN	POL		68	M40/153	(M)1040		04:13:19	04:11:58	10.05	01:00:48 / 1309 [9.87]	02:06:33 / 1303 [10.00]	02:57:39 / 1202 [10.13]
1112	411	GAC WIESŁAW	ILAWA	POL		61	M45/137	(M)1041		04:13:21	04:11:58	10.05	00:55:38 / 949 [10.78]	01:54:43 / 898 [11.04]	02:46:05 / 911 [10.84]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1113	1063	FLASZ DAWID	JASTRZĘBIE ZDRÓJ	POL	KRS TKKF MORS	73	M35/169		(M)1042	04:13:22	04:11:37	10.06	01:00:34 / 1294 [9.91]	02:07:50 / 1378 [9.90]	02:58:55 / 1240 [10.06]
1114	663	WOZNICA KRZYSZTOF	LUBLIN	POL		74	M35/170		(M)1043	04:13:26	04:11:51	10.05	01:00:54 / 1333 [9.85]	02:06:47 / 1315 [9.99]	02:59:10 / 1245 [10.05]
1115	713	PIETRZYK MICHAŁ	BRZEG DOLNY	POL		78	M30/180		(M)1044	04:13:27	04:12:36	10.02	00:53:16 / 740 [11.26]	01:50:04 / 671 [11.50]	02:40:41 / 778 [11.20]
1116	1180	PRYMAKOWSKA BARBARA	TARNÓW	POL	SOKÓŁ TARNÓW	43	K65/1	Nauc/75	(K)72	04:13:30	04:12:25	10.03	00:57:18 / 1118 [10.47]	02:01:17 / 1171 [10.44]	02:55:54 / 1163 [10.23]
1117	1300	MARAS LADISLAV	PRESOV	SVK	FORMA WODZISLAW ŚLĄSKI	63	M45/138		(M)1045	04:13:30	04:12:13	10.04	01:01:13 / 1378 [9.80]	02:07:11 / 1343 [9.95]	02:59:49 / 1262 [10.01]
1118	310	PAWLACZEK MICHAŁ	TRZEBNICA	POL		69	M40/154		(M)1046	04:13:31	04:12:20	10.03	00:57:49 / 1167 [10.38]	02:02:09 / 1193 [10.36]	02:56:21 / 1174 [10.21]
1119	1146	KALITA DARIUSZ	WALBRZYCH	POL		65	M40/155		(M)1047	04:13:32	04:12:35	10.02	00:59:00 / 1218 [10.17]	02:05:16 / 1258 [10.11]	02:59:22 / 1253 [10.04]
1120	1070	LANGER MARIUSZ	REŃSKA WIEŚ	POL		79	M30/181		(M)1048	04:13:41	04:13:13	10.00	00:54:07 / 852 [11.09]	01:53:04 / 846 [11.20]	02:44:36 / 879 [10.94]
1121	2024	BOROWCZYK MARIAN	POZNAŃ	POL	MPK-POZNAŃ	50	M55/56		(M)1049	04:13:46	04:11:31	10.07	00:59:38 / 1242 [10.06]	02:06:23 / 1287 [10.02]	02:57:39 / 1206 [10.13]
1122	457	CZYNSZ ALEKSANDER	REDA	POL		58	M50/108		(M)1050	04:13:49	04:12:48	10.01	00:57:20 / 1129 [10.47]	02:00:48 / 1154 [10.48]	02:53:35 / 1133 [10.37]
1123	1652	MARCINIAK WOJCIECH	SIERADZ	POL	AKADEMIA MEDYCZNA WROCLAW	88	M20/83		(M)1051	04:13:50	04:12:24	10.03	00:55:57 / 971 [10.72]	01:54:22 / 882 [11.07]	02:40:58 / 787 [11.18]
1124	2084	NOWAK MATEUSZ	KRAKOW	POL		83	M25/119		(M)1052	04:13:52	04:12:58	10.01	00:57:11 / 1081 [10.49]	01:59:43 / 1104 [10.57]	02:50:36 / 1073 [10.55]
1125	1249	BYLINKA BOGUMILA	WARSZAWA	POL		75	K30/11	Nauc/76	(K)73	04:13:59	04:13:03	10.00	00:56:28 / 1003 [10.63]	01:58:05 / 986 [10.72]	02:49:29 / 1007 [10.62]
1126	1691	BURDZY MIECZYSLAW	STARGARD SZCZECIŃSKI	POL	SZWLA STARGARD	46	M60/34		(M)1053	04:14:00	04:11:58	10.05	00:58:13 / 1189 [10.31]	01:59:59 / 1135 [10.55]	02:52:16 / 1105 [10.45]
1127	696	PUTRA ANDRZEJ	WROCLAW	POL	TARAHUMARA INDIANS POLSKA	58	M50/109		(M)1054	04:14:05	04:13:06	10.00	01:02:37 / 1457 [9.58]	02:10:02 / 1420 [9.74]	03:04:26 / 1345 [9.76]
1128	847	JODKOWSKI RADOSLAW	WROCLAW	POL	STRUSIE PĘDZIWIATRY	77	M30/182		(M)1055	04:14:12	04:12:29	10.03	01:01:12 / 1372 [9.80]	02:07:34 / 1369 [9.92]	02:59:49 / 1266 [10.01]
1129	1890	PIĘTA JERZY	WROCLAW	POL		63	M45/139		(M)1056	04:14:14	04:13:44	9.98	00:56:27 / 1001 [10.63]	02:01:47 / 1184 [10.40]	02:55:33 / 1155 [10.25]
1130	100	WACNIK JANUSZ	RZESZÓW	POL	MARATONYPOLSKIE.PL TEAM	67	M40/156		(M)1057	04:14:25	04:13:02	10.01	01:01:09 / 1359 [9.81]	02:07:11 / 1340 [9.95]	02:59:49 / 1263 [10.01]
1131	2018	KRZYŻANOWSKI MACIEJ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	73	M35/171		(M)1058	04:14:25	04:13:01	10.01	01:00:48 / 1310 [9.87]	02:06:32 / 1299 [10.01]	02:57:39 / 1204 [10.13]
1132	1549	ORZEL SEBASTIAN	MIĘDZYLESIE	POL	POLITECHNIKA WROCLAWSKA	85	M20/84		(M)1059	04:14:33	04:13:33	9.99	01:02:00 / 1435 [9.68]	02:09:18 / 1405 [9.79]	03:04:02 / 1340 [9.78]
1133	938	BODUCH MARIUSZ	ŚWIERCZÓW	POL	NKB ZRYW NAMYSŁÓW	79	M30/183		(M)1060	04:14:34	04:12:56	10.01	01:01:21 / 1395 [9.78]	02:05:48 / 1270 [10.06]	02:57:51 / 1215 [10.12]
1134	1926	MIELCAREK RYSZARD	WROCLAW	POL		57	M50/110		(M)1061	04:14:46	04:13:52	9.97	00:57:23 / 1135 [10.46]	01:59:54 / 1127 [10.56]	02:51:25 / 1092 [10.50]
1135	413	DAJBROWSKI KRZYSZTOF	WROCLAW	POL	KONTESTATORZY	89	M20/85		(M)1062	04:14:50	04:13:32	9.99	00:53:25 / 746 [11.23]	01:52:39 / 802 [11.24]	02:44:53 / 883 [10.92]
1136	1922	TEODOROWICZ TOMASZ	WROCLAW	POL		84	M25/120		(M)1063	04:14:50	04:14:50	9.93	00:57:14 / 1100 [10.48]	01:59:40 / 1091 [10.58]	02:50:12 / 1067 [10.58]
1137	1569	ŚWIDERSKI DARIUSZ	WARSZAWA	POL	CENTRALA FARMACEUTYCZNA CEFARM WARSZAWA	69	M40/157		(M)1064	04:15:00	04:13:24	9.99	00:57:28 / 1146 [10.44]	01:59:42 / 1102 [10.58]	02:51:16 / 1091 [10.51]
1138	907	GDOWSKA EWA	SZCZAWNO-ZDRÓJ	POL		77	K30/12		(K)74	04:15:07	04:14:57	9.93	00:52:19 / 684 [11.47]	01:52:51 / 834 [11.22]	02:44:12 / 874 [10.96]
1139	1654	MYŚLIWIEC PRZEMYSŁAW	WROCLAWW	POL	AKADEMIA MEDYCZNA WROCLAW	84	M25/121		(M)1065	04:15:33	04:13:41	9.98	00:55:58 / 972 [10.72]	01:54:21 / 879 [11.07]	02:40:58 / 789 [11.18]
1140	2092	ŚCIWOWSKI ANDRZEJ	ZŁOTORYJA	POL	AURUM KOBUD-ZŁOTORYJA	75	M30/184		(M)1066	04:15:34	04:14:08	9.96	01:00:50 / 1322 [9.86]	02:05:15 / 1256 [10.11]	02:56:09 / 1169 [10.22]
1141	1973	RAŹNIEWSKI SŁAWOMIR	ZDUŃSKA WOLA	POL	BALBINIARZE	76	M30/185		(M)1067	04:15:38	04:14:14	9.96	00:58:52 / 1212 [10.19]	02:02:00 / 1190 [10.38]	02:52:54 / 1120 [10.41]
1142	1873	PETERA JAROSŁAW	KRAKÓW	POL	JW 2771 KRAKÓW	80	M25/122		(M)1068	04:15:38	04:14:03	9.97	01:00:51 / 1327 [9.86]	02:06:00 / 1275 [10.05]	02:57:05 / 1189 [10.16]
1143	778	KOPEĆ BARTŁOMIEJ	WROCLAW	POL		79	M30/186		(M)1069	04:15:38	04:13:12	10.00	01:01:41 / 1422 [9.73]	02:06:56 / 1323 [9.97]	02:57:40 / 1208 [10.13]
1144	1613	KWINTA SŁAWOMIR	DZIERŻONIÓW	POL	DZIERŻONIÓW, MARCUS TEAM	77	M30/187		(M)1070	04:15:42	04:15:04	9.93	00:55:59 / 974 [10.72]	01:59:20 / 1034 [10.61]	02:52:54 / 1121 [10.41]
1145	1135	POLCYN JAN	OSIEK NAD NOTECią	POL		64	M45/140	Nauc/77	(M)1071	04:15:51	04:14:31	9.95	00:54:01 / 805 [11.11]	01:52:37 / 791 [11.24]	02:45:40 / 902 [10.87]
1146	1364	BALCEREM TOMISŁAW	KOŹMIN WLKP.	POL	PIGULARZE	70	M35/172	Farm/7	(M)1072	04:15:54	04:14:19	9.95	00:57:43 / 1162 [10.40]	01:59:37 / 1081 [10.58]	02:49:53 / 1050 [10.60]
1147	1936	PARCZYK JERZY	WROCLAW	POL		67	M40/158		(M)1073	04:16:04	04:15:04	9.93	00:57:09 / 1067 [10.50]	01:59:35 / 1059 [10.59]	02:52:57 / 1123 [10.41]
1148	241	ORŁOWSKI GRZEGORZ	TULCE	POL		70	M35/173		(M)1074	04:16:16	04:15:02	9.93	01:00:17 / 1269 [9.95]	02:06:49 / 1318 [9.98]	03:00:19 / 1276 [9.98]
1149	1976	ROMAN BARTOSZ	POZNAŃ	POL	POZNAŃ ROMAN TEAM	84	M25/123		(M)1075	04:16:24	04:15:39	9.90	00:54:05 / 840 [11.09]	01:52:09 / 735 [11.29]	02:41:01 / 792 [11.18]
1150	1244	UCHEREK BOGUMIL	WROCLAW	POL		85	M20/86		(M)1076	04:16:40	04:15:10	9.92	00:58:23 / 1194 [10.28]	02:03:55 / 1221 [10.22]	02:56:50 / 1183 [10.18]
1151	1916	KARP ANDRZEJ	BIECZ	POL		61	M45/141		(M)1077	04:16:41	04:16:33	9.87	00:57:18 / 1120 [10.47]	02:01:03 / 1164 [10.46]	02:54:29 / 1140 [10.32]
1152	1799	MADEJ ANDRZEJ	KRAKOW	POL	DYSTANS	55	M50/111		(M)1078	04:16:48	04:15:09	9.92	01:00:24 / 1282 [9.93]	02:08:22 / 1393 [9.86]	03:00:45 / 1278 [9.96]
1153	2120	LASOTA IRENA	WALCZ	POL		51	K55/1		(K)75	04:16:48	04:14:48	9.94	01:00:37 / 1303 [9.90]	02:05:51 / 1271 [10.06]	02:58:55 / 1241 [10.06]
1154	1051	SOLTYŃSKI ANDRZEJ	NADOLICE WLK.	POL	WKB PIAST WROCLAW	60	M45/142		(M)1079	04:16:52	04:16:48	9.86	00:51:19 / 628 [11.69]	01:54:41 / 897 [11.04]	02:48:56 / 984 [10.66]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1155	440	ŁOJEWSKI MICHAŁ	BIELSKO-BIAŁA	POL	OBY DOBIEC!	73	M35/174	(M)1080	04:16:55	04:16:02	9.89	00:53:26 / 753 [11.23]	01:52:47 / 829 [11.23]	02:46:29 / 924 [10.81]	
1156	706	CZYKINOWSKI ADAM	WROCLAW	POL	STOWARZYSZENIE INICJATYW KULTURALNYCH NYSA	76	M30/188	(M)1081	04:16:55	04:15:46	9.90	00:50:54 / 597 [11.79]	01:51:17 / 711 [11.38]	02:51:05 / 1086 [10.52]	
1157	1444	SZOSTEK JACEK	OPOLE	POL	WWW.BIEGOPOLSKI.PL	75	M30/189	(M)1082	04:16:56	04:14:29	9.95	01:06:47 / 1625 [8.98]	02:15:56 / 1558 [9.31]	03:11:43 / 1461 [9.39]	
1158	763	SKRZEK MARCIN	WROCLAW	POL		80	M25/124	(M)1083	04:17:01	04:16:06	9.89	00:56:52 / 1022 [10.55]	01:59:29 / 1047 [10.60]	02:52:16 / 1104 [10.45]	
1159	44	GAJDA JAKUB	BIELSKO-BIAŁA	POL	ORIENT EKSPERT	81	M25/125	(M)1084	04:17:03	04:15:36	9.90	01:00:48 / 1311 [9.87]	02:06:31 / 1294 [10.01]	02:57:38 / 1201 [10.13]	
1160	1206	BERTRAM FRANK	NEUMUENSTER	GER	LAUFTREFF EINFELD	59	M50/112	(M)1085	04:17:09	04:15:06	9.92	01:00:18 / 1270 [9.95]	02:04:59 / 1250 [10.13]	02:57:53 / 1217 [10.12]	
1161	1860	KUROWSKI TOMASZ	ŁÓDŹ	POL		74	M35/175	(M)1086	04:17:13	04:16:50	9.86	00:52:28 / 691 [11.44]	01:53:15 / 856 [11.18]	02:53:01 / 1124 [10.40]	
1162	928	RASIŃSKA IWONA	PLEWISKA	POL	PLEWISKABIEGAJA.PL	72	K35/14	(K)76	04:17:14	04:16:15	9.88	00:57:13 / 1094 [10.49]	02:01:13 / 1170 [10.44]	02:57:36 / 1198 [10.14]	
1163	1128	JACHYMIK PAWEŁ	NOWY TARG	POL		69	M40/159	(M)1087	04:17:16	04:14:53	9.93	01:01:37 / 1415 [9.74]	02:07:25 / 1363 [9.94]	03:06:35 / 1378 [9.65]	
1164	570	WASILEWSKI ARTUR	WROCLAW	POL	BROWARY WROCLAWSKIE	67	M40/160	(M)1088	04:17:21	04:17:11	9.84	00:47:14 / 289 [12.70]	01:45:10 / 517 [12.04]	02:40:23 / 770 [11.22]	
1165	605	JAKUBOWSKI MIROSLAW	LEGNICA	POL	KB LEW LEGNICA	59	M50/113	(M)1089	04:17:21	04:15:29	9.91	00:58:58 / 1215 [10.18]	02:03:30 / 1217 [10.25]	02:56:55 / 1187 [10.17]	
1166	1392	BIALY TOMASZ	WROCLAW	POL		86	M20/87	(M)1090	04:17:22	04:15:13	9.92	00:57:01 / 1040 [10.52]	02:00:51 / 1155 [10.48]	02:55:22 / 1149 [10.26]	
1167	783	KAZIMIROWICZ WOJCIECH	JELENIA GÓRA	POL	RCMP	75	M30/190	(M)1091	04:17:23	04:15:57	9.89	00:56:13 / 987 [10.67]	01:56:44 / 953 [10.85]	02:44:55 / 885 [10.91]	
1168	238	LEBIODA RAFAŁ	WROCLAW	POL	RCMP	75	M30/191	(M)1092	04:17:23	04:15:56	9.89	00:56:13 / 988 [10.67]	01:56:44 / 954 [10.85]	02:44:56 / 886 [10.91]	
1169	2047	MUSZAK ŁUKASZ	GRACZE	POL	MONAR GRACZE	86	M20/88	(M)1093	04:17:27	04:15:16	9.92	01:04:20 / 1504 [9.33]	02:13:57 / 1472 [9.45]	03:04:50 / 1351 [9.74]	
1170	1803	JAWORSKI ROBERT	OLEŚNICA	POL		68	M40/161	(M)1094	04:17:30	04:16:59	9.85	00:50:03 / 546 [11.99]	01:48:39 / 641 [11.65]	02:45:05 / 891 [10.90]	
1171	1815	MATWIJÓW JAROSŁAW	WROCLAW	POL	WKB PIAST WROCLAW	68	M40/162	(M)1095	04:17:32	04:17:00	9.85	00:53:53 / 785 [11.14]	01:57:16 / 962 [10.80]	02:52:31 / 1115 [10.43]	
1172	514	MARZEC HENRYK	SOBÓTKA	POL	SFORA WOJNAROWICE	56	M50/114	(M)1096	04:17:41	04:16:36	9.87	00:54:18 / 869 [11.05]	01:53:19 / 859 [11.17]	02:45:15 / 892 [10.89]	
1173	2091	IMIELSKA ANETA	KAMIENNIK	POL	GALAPAGOS	78	K30/13	(K)77	04:17:51	04:17:02	9.85	00:56:31 / 1011 [10.62]	01:58:55 / 1016 [10.65]	02:53:32 / 1132 [10.37]	
1174	1144	KLIMAS MARCIN	WROCLAW	POL		82	M25/126	(M)1097	04:18:09	04:18:09	9.81	01:00:50 / 1323 [9.86]	02:06:34 / 1307 [10.00]	02:57:52 / 1216 [10.12]	
1175	823	MAKARCZYK DANIEL	CHOBHENIA	POL		75	M30/192	(M)1098	04:18:15	04:18:00	9.81	00:51:33 / 644 [11.64]	01:53:46 / 868 [11.13]	02:49:33 / 1021 [10.62]	
1176	2069	HARTWICH KACPER	NADOLICE WLK.	POL		85	M20/89	(M)1099	04:18:16	04:16:26	9.87	01:01:16 / 1388 [9.79]	02:06:33 / 1305 [10.00]	03:03:06 / 1326 [9.83]	
1177	258	PLATKIEWICZ PAWEŁ	WROCLAW	POL		81	M25/127	(M)1100	04:18:17	04:16:06	9.89	01:04:25 / 1507 [9.31]	02:14:25 / 1483 [9.42]	03:10:27 / 1426 [9.45]	
1178	420	CHWASTYK GRZEGORZ	KĄTY WROCLAWSKIE	POL		71	M35/176	(M)1101	04:18:19	04:17:09	9.85	01:02:30 / 1453 [9.60]	02:11:26 / 1441 [9.63]	03:04:38 / 1348 [9.75]	
1179	208	ŻUKROWSKI JANUSZ	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/115	Nauc/78	(M)1102	04:18:22	04:17:15	9.84	00:54:29 / 889 [11.01]	01:57:19 / 965 [10.79]	02:50:41 / 1077 [10.55]
1180	236	DOLIŃSKI MIROSLAW	WROCLAW	POL	WSOWLAD.	62	M45/143	(M)1103	04:18:29	04:17:33	9.83	01:01:05 / 1353 [9.82]	02:09:54 / 1416 [9.75]	03:04:03 / 1342 [9.78]	
1181	336	KŁOŚIŃSKI RAFAŁ	WROCLAW	POL	OPP WROCLAW	85	M20/90	(M)1104	04:18:33	04:18:17	9.80	00:50:45 / 585 [11.82]	01:49:56 / 662 [11.52]	02:45:24 / 899 [10.88]	
1182	2103	ŚMIECHOWSKI KRZYSZTOF	RZESZÓW	POL		66	M40/163	(M)1105	04:18:34	04:16:50	9.86	01:01:01 / 1348 [9.83]	02:07:24 / 1361 [9.94]	03:01:20 / 1289 [9.93]	
1183	1304	MAZEPA MICHAŁ	WROCLAW	POL		81	M25/128	(M)1106	04:18:35	04:16:59	9.85	00:59:18 / 1233 [10.12]	02:03:44 / 1218 [10.23]	02:57:13 / 1191 [10.16]	
1184	1068	CHUTKO GRZEGORZ	PISKORZÓW	POL		77	M30/193	(M)1107	04:18:39	04:17:51	9.82	00:56:31 / 1009 [10.62]	01:58:56 / 1020 [10.64]	02:53:29 / 1130 [10.38]	
1185	1840	TERLECKI JAROSŁAW	WROCLAW	POL	DALGETY TEAM	76	M30/194	(M)1108	04:18:39	04:17:50	9.82	00:56:31 / 1010 [10.62]	01:58:55 / 1018 [10.65]	02:53:27 / 1129 [10.38]	
1186	1761	HOROWSKI HIERONIM	WOLSZTYN	POL		74	M35/177	(M)1109	04:18:42	04:16:50	9.86	01:05:03 / 1561 [9.22]	02:14:50 / 1504 [9.39]	03:07:38 / 1389 [9.59]	
1187	1434	JANAS BOGDAN	KONIN	POL		60	M45/144	(M)1110	04:18:45	04:18:18	9.80	01:00:21 / 1275 [9.94]	02:07:10 / 1336 [9.96]	03:01:02 / 1283 [9.94]	
1188	1053	SOSIŃSKA JOLANTA	WROCLAW	POL		69	K40/13	Nauc/79	(K)78	04:18:45	04:18:19	9.80	01:00:21 / 1274 [9.94]	02:07:10 / 1335 [9.96]	03:01:03 / 1284 [9.94]
1189	1914	KOGUTEK MACIEJ	ŚRODA ŚLĄSKA	POL		77	M30/195	(M)1111	04:18:46	04:18:18	9.80	00:49:55 / 482 [12.02]	01:46:22 / 567 [11.90]	02:46:47 / 929 [10.79]	
1190	1343	MIODUCKI MAREK	ZABRZE	POL	MARATONYPOLSKIE.PL TEAM	74	M35/178	(M)1112	04:18:51	04:17:32	9.83	00:55:27 / 937 [10.82]	01:59:02 / 1022 [10.64]	02:49:50 / 1048 [10.60]	
1191	1625	KLICH MAGDALENA	SZCZEPANÓW	POL		78	K30/14	(K)79	04:18:51	04:17:20	9.84	00:57:15 / 1105 [10.48]	01:59:31 / 1050 [10.59]	02:52:17 / 1107 [10.45]	
1192	2014	DZIADKOWIEC PAWEŁ	JAWISZOWICE	POL		68	M40/164	(M)1113	04:18:52	04:17:10	9.84	01:04:54 / 1528 [9.24]	02:10:57 / 1435 [9.67]	03:02:43 / 1310 [9.85]	
1193	1797	BASIŃSKI PIOTR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	89	M20/91	(M)1114	04:18:54	04:17:34	9.83	00:54:18 / 874 [11.05]	01:54:21 / 877 [11.07]	02:50:07 / 1059 [10.58]	
1194	1782	LALKO DANUTA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	83	K25/14	(K)80	04:18:55	04:18:27	9.80				
1195	391	KACZMARKIEWICZ ZBIGNIEW	KALISZ-SUPERMARATON	POL	SUPERMARATON KALISZ	54	M55/57	(M)1115	04:19:01	04:18:10	9.81	00:57:13 / 1093 [10.49]	02:00:29 / 1147 [10.51]	02:55:59 / 1164 [10.23]	
1196	1666	ŻURAWSKI ZENON	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	56	M50/116	(M)1116	04:19:02	04:18:36	9.79	01:00:20 / 1273 [9.94]	02:07:09 / 1334 [9.96]	03:01:03 / 1286 [9.94]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1197	1789	MAZUR KRZYSZTOF	SZCZAWNO ZDRÓJ	POL	MARATONYPOLSKIE.PL TEAM	64	M45/145	Leka/19	(M)1117	04:19:16	04:18:54	9.78	00:56:24 / 997 [10.64]	02:02:03 / 1192 [10.37]	02:56:10 / 1171 [10.22]
1198	521	GARDAS MACIEJ	WROCLAW	POL		81	M25/129		(M)1118	04:19:22	04:17:05	9.85	01:00:36 / 1300 [9.90]	02:04:44 / 1242 [10.15]	02:56:53 / 1186 [10.18]
1199	844	LACHOWICZ JANUSZ	REKÓW	POL	CARGILL	61	M45/146		(M)1119	04:19:35	04:18:18	9.80	00:52:52 / 706 [11.35]	01:53:09 / 851 [11.19]	02:48:20 / 961 [10.69]
1200	718	WOŹNIAK KRZYSZTOF	KŁODZKO	POL	IURISTA.EU	83	M25/130	Farm/8	(M)1120	04:19:41	04:18:52	9.78	00:56:27 / 1002 [10.63]	01:59:44 / 1110 [10.57]	02:55:20 / 1148 [10.27]
1201	1888	BRZEZIŃSKI SERGIUSZ	WROCLAW	POL		75	M30/196		(M)1121	04:19:45	04:19:05	9.77	00:57:35 / 1154 [10.42]	02:02:09 / 1194 [10.36]	02:57:15 / 1192 [10.16]
1202	1397	ANIELSKI LUKASZ	SOSNOWIEC	POL	AVEN SOSNOWIEC	75	M30/197		(M)1122	04:19:47	04:17:46	9.82	01:00:38 / 1304 [9.90]	02:04:21 / 1232 [10.18]	02:57:36 / 1199 [10.14]
1203	352	KUBASZEWSKI HENRYK	LESZNO	POL	M.P.E.C-LESZNO	51	M55/58		(M)1123	04:19:49	04:17:55	9.82	01:01:14 / 1381 [9.80]	02:07:15 / 1349 [9.95]	02:59:49 / 1264 [10.01]
1204	733	MAKSYMOWICZ PIOTR	ŁÓDŹ	POL		62	M45/147		(M)1124	04:19:50	04:18:37	9.79	00:57:09 / 1065 [10.50]	01:59:37 / 1082 [10.58]	02:49:33 / 1028 [10.62]
1205	1428	NICKEL ANDRZEJ	CHEŁMEK	POL	OKB ZADYSZKA OŚWIĘCIM	75	M30/198		(M)1125	04:19:50	04:19:39	9.75	00:51:49 / 663 [11.58]	01:51:27 / 720 [11.36]	02:43:53 / 860 [10.98]
1206	1779	WRÓBLEWSKI PAWEŁ	WROCLAW	POL		64	M45/148	Leka/20	(M)1126	04:19:51	04:17:38	9.83	01:00:52 / 1329 [9.86]	02:05:14 / 1255 [10.11]	02:58:14 / 1223 [10.10]
1207	1638	BUDZYN WALDEMAR	OPOLE	POL		62	M45/149		(M)1127	04:19:52	04:18:09	9.81	00:59:25 / 1236 [10.10]	02:01:17 / 1172 [10.44]	02:55:54 / 1162 [10.23]
1208	2019	STOCKI RYSZARD	TORUŃ	POL		49	M60/35		(M)1128	04:19:54	04:18:24	9.80	01:01:00 / 1344 [9.84]	02:06:54 / 1321 [9.98]	02:59:58 / 1271 [10.00]
1209	1403	ANDRZEJEWSKI PAWEŁ	GŁOGÓW	POL	INKDIVIDUAL.COM	83	M25/131		(M)1129	04:19:57	04:19:12	9.77	00:54:21 / 881 [11.04]	01:52:50 / 833 [11.22]	02:42:14 / 827 [11.10]
1210	1645	CIENGIEL HANNA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	87	K20/14		(K)81	04:19:58	04:17:35	9.83	01:01:34 / 1407 [9.75]	02:10:05 / 1421 [9.73]	03:02:04 / 1301 [9.89]
1211	248	WOŹNIAK DOROTA	WROCLAW	POL	RCKIK WROCLAW	68	K40/14		(K)82	04:20:00	04:18:40	9.79	00:55:08 / 912 [10.88]	01:58:36 / 1010 [10.67]	02:54:46 / 1143 [10.30]
1212	1505	SZMAGIEREWSKI WOJCIECH	WROCLAW	POL		68	M40/165	Leka/21	(M)1130	04:20:03	04:18:35	9.79	01:00:50 / 1321 [9.86]	02:06:30 / 1292 [10.01]	02:58:29 / 1227 [10.08]
1213	884	GUDOWSKI ROBERT	JELEŃ GÓRA	POL	MARATONKARKONOSKI.PL	74	M35/179		(M)1131	04:20:04	04:18:40	9.79	01:01:09 / 1358 [9.81]	02:07:10 / 1337 [9.96]	02:59:48 / 1261 [10.01]
1214	1442	IGŁOWSKA HALINA	TORUŃ	POL	ACTIVE STAR	52	K55/2		(K)83	04:20:08	04:19:58	9.74	00:55:10 / 913 [10.88]	01:59:32 / 1051 [10.59]	02:55:36 / 1158 [10.25]
1215	1052	RYNIAK ANDRZEJ	SANOK	POL	DGW	66	M40/166		(M)1132	04:20:11	04:18:27	9.80	01:06:47 / 1624 [8.98]	02:16:36 / 1579 [9.27]	03:11:39 / 1453 [9.39]
1216	1725	PODKOWA BOGUSŁAW	DĘBNO	POL	GRUPA BIEGOWA DĄBROWA GÓRNICZA	59	M50/117		(M)1133	04:20:15	04:19:10	9.77	01:00:02 / 1253 [9.99]	02:08:51 / 1400 [9.83]	03:05:47 / 1367 [9.69]
1217	1211	MOSKAL JAROSŁAW	LIMANOWA	POL		83	M25/132		(M)1134	04:20:16	04:18:32	9.79	01:05:04 / 1565 [9.22]	02:15:48 / 1546 [9.32]	03:11:46 / 1473 [9.39]
1218	277	JANECKI DAMIAN	ŚWIEBODZICE	POL	AWF WROCLAW	81	M25/133	Nauc/80	(M)1135	04:20:17	04:19:20	9.76	00:57:13 / 1095 [10.49]	01:59:37 / 1083 [10.58]	02:49:16 / 996 [10.63]
1219	1257	CZYSTY ZENON	ODOLANÓW	POL		47	M60/36		(M)1136	04:20:40	04:19:13	9.77	01:01:12 / 1371 [9.80]	02:07:15 / 1350 [9.95]	02:59:49 / 1265 [10.01]
1220	2067	SAWA RYSZARD	PRUSZKÓW	POL	CROSE WARSZAWA	44	M65/9		(M)1137	04:20:49	04:18:44	9.78	01:01:18 / 1394 [9.79]	02:07:37 / 1373 [9.92]	03:00:53 / 1281 [9.95]
1221	1642	SPÓŁNIK STANISŁAW	KRAKÓW	POL	CROSS LAJKONIK KRAKÓW	51	M55/59		(M)1138	04:20:49	04:18:44	9.78	01:01:18 / 1393 [9.79]	02:07:37 / 1372 [9.92]	03:00:53 / 1280 [9.95]
1222	415	KURCZEWSKI ALEKSANDER	LUBLIN	POL	TAMARATON LUBLIN	69	M40/167		(M)1139	04:20:54	04:19:21	9.76	01:00:55 / 1336 [9.85]	02:06:46 / 1313 [9.99]	02:59:11 / 1247 [10.05]
1223	1765	FILAK STANISŁAW	KRZEPICE	POL		69	M40/168		(M)1140	04:21:09	04:19:26	9.76	00:51:29 / 636 [11.65]	01:49:33 / 656 [11.56]	02:39:42 / 754 [11.27]
1224	2010	ELIAS MARCIN	POZNAŃ	POL		75	M30/199		(M)1141	04:21:20	04:20:20	9.72	00:56:22 / 995 [10.64]	01:57:49 / 978 [10.75]	02:51:55 / 1100 [10.47]
1225	416	SEBERGER RAFAŁ	ZŁOTORYJA	POL	OLAWS-GATES ZŁOTORYJA	75	M30/200		(M)1142	04:21:39	04:21:39	9.68		02:06:24 / 1288 [10.02]	
1226	1629	RADUCHOWSKI TOMEK	OBORNIKI ŚLĄSKIE	POL	KM PSP WROCLAW	73	M35/180		(M)1143	04:21:42	04:21:23	9.69	01:00:21 / 1280 [9.94]	02:07:17 / 1352 [9.95]	03:03:03 / 1323 [9.83]
1227	1880	ROSIĄK PAWEŁ	ŁÓDŹ	POL		59	M50/118		(M)1144	04:21:49	04:20:57	9.70	00:59:01 / 1219 [10.17]	02:05:16 / 1259 [10.11]	02:58:53 / 1237 [10.06]
1228	1455	DZIEWIOR TADEUSZ	SZCZERBICE	POL		67	M40/169		(M)1145	04:21:54	04:20:09	9.73	01:04:54 / 1529 [9.24]	02:14:36 / 1490 [9.41]	03:09:46 / 1418 [9.49]
1229	165	KĄZMIERKIEWICZ MARIAN	JELCZ-LASKOWICE	POL		55	M50/119		(M)1146	04:21:58	04:20:43	9.71	00:57:16 / 1110 [10.48]	02:00:40 / 1152 [10.49]	02:55:51 / 1161 [10.24]
1230	1711	SOBCZAK BARBARA	KATOWICE	POL	KATOWICE	58	K50/3		(K)84	04:22:04	04:20:24	9.72	00:57:05 / 1048 [10.51]	01:59:41 / 1094 [10.58]	02:55:01 / 1145 [10.28]
1231	596	KAMIŃSKI KRZYSZTOF	WROCLAW	POL		65	M40/170		(M)1147	04:22:04	04:20:54	9.70	00:56:24 / 998 [10.64]	01:57:36 / 970 [10.77]	02:47:42 / 949 [10.73]
1232	1075	STEFANIAK PIOTR	LĘBORK	POL	KPP LĘBORK	62	M45/150		(M)1148	04:22:13	04:22:08	9.66	00:51:31 / 641 [11.65]	01:53:53 / 870 [11.12]	02:50:11 / 1063 [10.58]
1233	1595	CZUBA KRZYSZTOF	OZORKÓW	POL		71	M35/181		(M)1149	04:22:20	04:20:47	9.71	00:55:36 / 944 [10.79]	01:57:36 / 972 [10.77]	02:48:19 / 959 [10.69]
1234	1830	KASPRZAK BOGUSŁAW	KARCZEW	POL	DRUŻYNA SZPIKU	58	M50/120		(M)1150	04:22:24	04:20:57	9.70	01:01:10 / 1360 [9.81]	02:07:08 / 1329 [9.96]	02:59:19 / 1252 [10.04]
1235	1260	BOBER JAKUB	KATOWICE	POL		36	M70/2		(M)1151	04:22:32	04:21:00	9.70	00:55:40 / 954 [10.78]	01:58:27 / 1005 [10.69]	02:52:42 / 1118 [10.42]
1236	1919	ADAMCZYK KATARZYNA	WROCLAW	POL		79	K30/15		(K)85	04:22:32	04:21:06	9.70	01:00:08 / 1260 [9.98]	02:04:57 / 1248 [10.13]	02:57:28 / 1194 [10.14]
1237	1771	WRÓBEL ARTUR	WROCLAW	POL	MONAR WROCLAW	85	M20/92		(M)1152	04:22:33	04:21:31	9.68	00:57:09 / 1063 [10.50]	01:59:48 / 1116 [10.57]	02:49:56 / 1051 [10.59]
1238	1579	ZEMBATY WOJCIECH	WROCLAW	POL		88	M20/93		(M)1153	04:22:34	04:22:23	9.65	00:50:07 / 550 [11.97]	01:47:18 / 600 [11.80]	02:45:00 / 887 [10.91]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1239	155	MALINOWSKI ALEKSANDER	WROCLAW	POL		83	M25/134		(M)1154	04:22:35	04:21:04	9.70	01:00:52 / 1330 [9.86]	02:07:31 / 1365 [9.93]	03:02:08 / 1303 [9.88]
1240	404	WOZNICA ROMAN	BIERZYCE	POL	BIERZYCE	71	M35/182		(M)1155	04:22:36	04:20:57	9.70	00:57:18 / 1119 [10.47]	02:01:00 / 1162 [10.46]	02:56:53 / 1185 [10.18]
1241	581	KOLACZ ZBIGNIEW	NOWY DWOR	POL		64	M45/151		(M)1156	04:22:37	04:21:04	9.70	01:00:55 / 1338 [9.85]	02:06:54 / 1322 [9.98]	02:59:50 / 1267 [10.01]
1242	1385	WASKIEWICZ PIOTR	WILKOWICE	POL		71	M35/183		(M)1157	04:22:39	04:20:19	9.73	01:00:16 / 1268 [9.96]	02:02:41 / 1201 [10.32]	02:56:11 / 1172 [10.22]
1243	1420	SCHRÖDER SIEGTFRIED	HERSCHEID	GER	LG PLETTENBERG-HERSCHEID (NIEMCY)	57	M50/121		(M)1158	04:22:41	04:21:00	9.70	01:01:14 / 1384 [9.80]	02:07:22 / 1357 [9.94]	02:59:58 / 1272 [10.00]
1244	261	CIEPAJ EWA	OPOLE	POL		83	K25/15		(K)86	04:22:53	04:21:27	9.68	01:01:01 / 1347 [9.83]	02:07:19 / 1354 [9.94]	03:01:23 / 1290 [9.92]
1245	414	MIZIŃSKI BARTŁOMIEJ	ŚWIĘTA KATARZYNA	POL	KONTESTATORZY	89	M20/94		(M)1159	04:23:01	04:21:11	9.69	01:04:56 / 1531 [9.24]	02:14:44 / 1498 [9.40]	03:11:48 / 1478 [9.38]
1246	1917	OSMAN MARCIN	WROCLAW	POL	NOMAD	76	M30/201		(M)1160	04:23:11	04:22:22	9.65	00:51:03 / 618 [11.75]	01:49:48 / 666 [11.53]	02:46:16 / 917 [10.83]
1247	1867	STADNICZUK MICHAŁ	LIGOTA KSIAZĘCA	POL		30	M75+/1		(M)1161	04:23:24	04:22:09	9.66	00:57:49 / 1169 [10.38]	02:04:09 / 1227 [10.20]	03:01:30 / 1292 [9.92]
1248	1391	WITT GRAŻYNA	SOPOT	POL	MARATONYPOLSKIE.PL TEAM	53	K55/3	Farm/9	(K)87	04:23:29	04:21:28	9.68	01:04:51 / 1523 [9.25]	02:14:18 / 1479 [9.43]	03:08:27 / 1395 [9.55]
1249	1419	PLUKARSKI PATRYK	WROCLAW	POL		82	M25/135		(M)1162	04:23:32	04:21:36	9.68	01:01:07 / 1356 [9.82]	02:06:33 / 1306 [10.00]	02:59:05 / 1243 [10.05]
1250	1837	MYRNA JANUSZ	OLAWA	POL	KB LUPUS OLEŚNICA	62	M45/152		(M)1163	04:23:34	04:21:17	9.69	01:08:41 / 1678 [8.74]	02:15:57 / 1559 [9.31]	03:06:37 / 1379 [9.65]
1251	726	LECHOWICZ JERZY	KRAPKOWICE	POL	CROSS KRAPKOWICE	50	M55/60		(M)1164	04:23:36	04:22:31	9.64	00:59:56 / 1252 [10.01]	02:06:28 / 1290 [10.01]	02:58:46 / 1233 [10.07]
1252	1565	KOT ROBERT	LUBLIN	POL	KLUB BIEGACZA TPSA	68	M40/171		(M)1165	04:23:37	04:22:44	9.64	01:00:19 / 1272 [9.95]	02:06:52 / 1320 [9.98]	03:03:23 / 1329 [9.82]
1253	1738	AKSAMIT LUKASZ	KATOWICE	POL	DOLINIARZE.COM	82	M25/136		(M)1166	04:23:43	04:21:58	9.66	01:04:59 / 1541 [9.23]	02:15:46 / 1535 [9.32]	03:11:43 / 1462 [9.39]
1254	1760	WOJCIECHOWSKI ANDRZEJ	WOLSZTYN	POL		71	M35/184		(M)1167	04:23:46	04:21:53	9.67	01:05:02 / 1560 [9.23]	02:14:50 / 1503 [9.39]	03:07:38 / 1388 [9.59]
1255	997	BERNATOWICZ WALDEMAR	WROCLAW	POL		79	M30/202		(M)1168	04:24:01	04:22:17	9.65	00:59:45 / 1246 [10.04]	02:04:02 / 1225 [10.21]	02:55:48 / 1159 [10.24]
1256	1256	ROGALIŃSKI FELIKS	KĄTY WROCLAWSKIE	POL	KB KĄTY WROCLAWSKIE	49	M60/37		(M)1169	04:24:01	04:22:46	9.63	00:59:15 / 1227 [10.13]	02:07:07 / 1327 [9.96]	03:02:17 / 1304 [9.87]
1257	1647	DAŃKO PATRYCJA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	89	K20/15		(K)88	04:24:04	04:21:41	9.67	01:01:34 / 1405 [9.75]	02:10:05 / 1422 [9.73]	03:02:53 / 1319 [9.84]
1258	1961	SAWICKI LESZEK	WROCLAW	POL		53	M55/61		(M)1170	04:24:04	04:22:05	9.66	00:53:10 / 721 [11.29]	01:50:29 / 678 [11.46]	02:38:57 / 695 [11.32]
1259	1671	CZECHYRA TOMASZ	WROCLAW	POL	WROCLAW DLA JEZUSA	68	M40/172		(M)1171	04:24:20	04:23:10	9.62	01:01:36 / 1412 [9.74]	02:09:31 / 1411 [9.77]	03:05:29 / 1363 [9.70]
1260	405	KITA PIOTR	POLKOWICE	POL	UNIwersytet WROCLAWSKI	88	M20/95		(M)1172	04:24:33	04:23:24	9.61	01:00:05 / 1259 [9.99]	02:06:48 / 1317 [9.98]	03:03:46 / 1334 [9.80]
1261	148	KARAMUCKI JACEK	POLKOWICE	POL		76	M30/203		(M)1173	04:24:34	04:23:28	9.61	00:57:15 / 1103 [10.48]	02:01:43 / 1181 [10.40]	02:59:06 / 1244 [10.05]
1262	1773	ANTONOWICZ BARTŁOMIEJ	ŚCIĘGINY	POL	MONAR WROCLAW	85	M20/96		(M)1174	04:24:42	04:23:52	9.59	00:54:36 / 892 [10.99]	02:01:59 / 1189 [10.38]	02:58:35 / 1228 [10.08]
1263	28	CIEŚLAK TADEUSZ	ZŁOCENIEC	POL		61	M45/153	Leka/22	(M)1175	04:24:56	04:22:56	9.63	01:04:34 / 1510 [9.29]	02:14:11 / 1477 [9.43]	03:10:16 / 1421 [9.46]
1264	930	ZYGMUNT MICHAŁ	DĄBROWA GÓRNICZA	POL	GR BIEGOWA DĄBROWA GÓRNICZA	82	M25/137		(M)1176	04:24:57	04:22:41	9.64	01:07:09 / 1637 [8.94]	02:18:15 / 1601 [9.16]	03:13:31 / 1503 [9.30]
1265	1203	LEMAŃCZYK MARIUSZ	TORUŃ	POL	KM UMK TORUŃ	58	M50/122		(M)1177	04:25:05	04:24:17	9.58	00:54:08 / 856 [11.08]	01:52:46 / 827 [11.23]	02:39:36 / 738 [11.28]
1266	107	ADAMCZYK TOMASZ	CZĘSTOCHOWA	POL	ZABIEGANI CZ-WA	67	M40/173		(M)1178	04:25:06	04:24:21	9.58	01:00:03 / 1255 [9.99]	02:07:03 / 1325 [9.96]	03:01:17 / 1288 [9.93]
1267	1089	GAWLIK JANUSZ	GDAŃSK	POL		61	M45/154		(M)1179	04:25:08	04:24:05	9.59	00:57:10 / 1077 [10.50]	01:59:37 / 1080 [10.58]	02:52:26 / 1111 [10.44]
1268	1930	UT MIROSLAW	ŚRODA ŚLĄSKA	POL	WKB PIAST WROCLAW	74	M35/185		(M)1180	04:25:15	04:25:15	9.54	01:02:39 / 1459 [9.58]	02:12:52 / 1461 [9.53]	03:10:44 / 1433 [9.44]
1269	249	HANUSYK KRZYSZTOF	WROCLAW	POL		75	M30/204		(M)1181	04:25:17	04:24:23	9.58	00:57:19 / 1126 [10.47]	02:01:04 / 1165 [10.46]	02:55:28 / 1152 [10.26]
1270	1746	PALEJ KRZYSZTOF	WOJCIECHÓW	POL		81	M25/138		(M)1182	04:25:18	04:23:29	9.61	00:52:31 / 695 [11.42]	01:50:38 / 695 [11.44]	02:40:17 / 767 [11.23]
1271	1649	KOTYL LUKASZ	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	86	M20/97		(M)1183	04:25:21	04:22:59	9.63	01:01:34 / 1409 [9.75]	02:07:44 / 1376 [9.91]	03:02:54 / 1321 [9.84]
1272	1656	PIEKIEWICZ MAŁGORZATA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	86	K20/16		(K)89	04:25:21	04:22:59	9.63	01:01:34 / 1406 [9.75]	02:10:05 / 1423 [9.73]	03:02:54 / 1320 [9.84]
1273	914	KRALE ELLEN	WROCLAW, POLSKA	NLD	MARATHON FOR JESUS - THE ROCK	69	K40/15		(K)90	04:25:26	04:23:46	9.60	01:02:27 / 1451 [9.61]	02:12:31 / 1455 [9.55]	03:06:29 / 1376 [9.65]
1274	870	KRALE MARTIJN	WROCLAW	NLD	MARATHON FOR JESUS - THE ROCK	69	M40/174		(M)1184	04:25:27	04:23:47	9.60	01:02:27 / 1450 [9.61]	02:12:32 / 1456 [9.55]	03:06:29 / 1375 [9.65]
1275	2037	JUNG PAWEŁ	GRACZE	POL	MONAR GRACZE	82	M25/139		(M)1185	04:25:30	04:24:08	9.58	00:57:56 / 1179 [10.36]	01:56:54 / 955 [10.83]	02:56:26 / 1175 [10.20]
1276	996	DZIEDZIC WADIM	RYBNIK	POL		79	M30/205		(M)1186	04:25:30	04:23:45	9.60	01:05:13 / 1579 [9.20]	02:16:29 / 1574 [9.28]	03:13:12 / 1502 [9.32]
1277	878	SATKO JACEK	TARNÓW	POL	SOLISTA	62	M45/155		(M)1187	04:25:32	04:23:37	9.60	01:05:02 / 1559 [9.23]	02:15:40 / 1522 [9.33]	03:11:44 / 1465 [9.39]
1278	456	ANTOWSKI MAREK	ZGORZELEC	POL		75	M30/206		(M)1188	04:25:37	04:23:44	9.60	01:01:13 / 1375 [9.80]	02:07:11 / 1341 [9.95]	02:59:34 / 1257 [10.02]
1279	1872	ZAREMBA DARIUSZ	WROCLAW	POL		76	M30/207		(M)1189	04:25:41	04:23:42	9.60	00:57:36 / 1156 [10.42]	02:00:01 / 1136 [10.55]	02:57:18 / 1193 [10.15]
1280	428	KACIŁOWICZ JACEK	OPOLE	POL		53	M55/62		(M)1190	04:25:45	04:23:27	9.61	01:04:37 / 1513 [9.29]	02:14:40 / 1496 [9.40]	03:09:34 / 1414 [9.50]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1281	1386	SNOPEK RAFAŁ	WROCLAW	POL	SCIEZKI BIEGOWE NIKE WROCLAW	78	M30/208		(M)1191	04:25:48	04:24:24	9.58	01:00:49 / 1314 [9.87]	02:06:31 / 1296 [10.01]	02:57:40 / 1207 [10.13]
1282	1466	OTRĘBA MARCIN	WROCLAW	POL	SCIEZKI BIEGOWE NIKE WROCLAW	78	M30/209		(M)1192	04:25:48	04:24:23	9.58	01:00:48 / 1308 [9.87]	02:06:31 / 1295 [10.01]	02:57:39 / 1205 [10.13]
1283	121	ZAJĄC KRZYSZTOF	JELCZ-LASKOWICE	POL		78	M30/210		(M)1193	04:25:51	04:24:33	9.57	00:51:27 / 633 [11.66]	01:52:31 / 763 [11.25]	02:51:08 / 1087 [10.52]
1284	1568	KALUSEK JACEK	GASZOWICE	POL	BIEGANIE.PL	76	M30/211		(M)1194	04:25:52	04:24:27	9.57	01:01:01 / 1349 [9.83]	02:07:09 / 1331 [9.96]	02:59:34 / 1256 [10.02]
1285	1749	CHŁOPEK KAZIMIERZ	NOWA HUTA	POL	NOWA HUTA TEAM	79	M30/212		(M)1195	04:25:53	04:25:08	9.55	01:00:21 / 1279 [9.94]	02:06:12 / 1280 [10.03]	02:59:33 / 1255 [10.03]
1286	1680	STĘPIŃSKI MAREK	WROCLAW	POL		78	M30/213		(M)1196	04:25:56	04:24:00	9.59	01:05:01 / 1551 [9.23]	02:15:44 / 1526 [9.33]	03:10:25 / 1425 [9.45]
1287	1021	JAŁOCHA JAN	GRZYWNA	POL	KM TRUCHCIK LUBIANKA	61	M45/156		(M)1197	04:25:59	04:24:47	9.56	00:57:10 / 1072 [10.50]	01:57:53 / 979 [10.74]	02:54:50 / 1144 [10.30]
1288	1412	WICHMAN RAFAL	ŁÓDŹ	POL		68	M40/175	Leka/23	(M)1198	04:26:15	04:24:05	9.59	01:00:58 / 1341 [9.84]	02:05:27 / 1265 [10.09]	02:59:18 / 1251 [10.04]
1289	1282	MATTISSON CHRISTER	UPPSALA	SWE		42	M65/10		(M)1199	04:26:18	04:24:59	9.55	00:59:33 / 1239 [10.08]	02:06:11 / 1279 [10.03]	03:02:06 / 1302 [9.88]
1290	995	WIERTEL RADOSŁAW	ŻARY	POL		75	M30/214		(M)1200	04:26:19	04:24:47	9.56	00:53:47 / 781 [11.16]	01:52:40 / 810 [11.24]	02:43:55 / 862 [10.98]
1291	933	SZYDA TOMASZ	TARNOWSKIE GÓRY	POL		73	M35/186		(M)1201	04:26:25	04:25:14	9.55	00:57:35 / 1155 [10.42]	02:00:37 / 1151 [10.50]	02:56:50 / 1184 [10.18]
1292	1453	DZIDECZEK IRENEUSZ	DĄBROWA GÓRNICZA	POL		61	M45/157		(M)1202	04:26:35	04:25:45	9.53	01:00:34 / 1295 [9.91]	02:06:18 / 1285 [10.02]	03:00:49 / 1279 [9.95]
1293	714	SAMIEC KATARZYNA	WROCLAW	POL	WPBM MÓJ DOM S.A.	76	K30/16		(K)91	04:26:36	04:25:19	9.54	01:00:49 / 1318 [9.87]	02:07:22 / 1360 [9.94]	03:01:54 / 1298 [9.90]
1294	1024	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52	K55/4		(K)92	04:26:38	04:25:24	9.54	00:57:28 / 1145 [10.44]	02:01:27 / 1177 [10.42]	02:57:42 / 1210 [10.13]
1295	1967	PIĄTEK WOJCIECH	SKAWINA	POL		67	M40/176		(M)1203	04:26:42	04:24:35	9.57	01:02:06 / 1439 [9.66]	02:08:08 / 1389 [9.88]	03:01:46 / 1296 [9.90]
1296	136	MROŻEK MARIUSZ	DŁUGOŁĘKA	POL	OPP KWP WROCLAW	76	M30/215		(M)1204	04:26:43	04:24:36	9.57	01:05:02 / 1558 [9.23]	02:14:39 / 1494 [9.40]	03:08:49 / 1403 [9.53]
1297	2044	MARCINISZYN TOMASZ	GRACZE	POL	MONAR GRACZE	87	M20/98		(M)1205	04:26:48	04:25:20	9.54	01:05:57 / 1608 [9.10]	02:15:21 / 1516 [9.35]	03:09:03 / 1404 [9.52]
1298	497	SIKORA JACEK	ŁÓDŹ	POL		62	M45/158		(M)1206	04:26:50	04:24:47	9.56	01:05:01 / 1552 [9.23]	02:14:49 / 1499 [9.39]	03:09:35 / 1416 [9.49]
1299	872	SUCHTA ADAM	WROCLAW	POL	WKB PIAST WROCLAW	88	M20/99		(M)1207	04:26:52	04:25:11	9.55	00:56:57 / 1029 [10.54]	01:58:16 / 991 [10.70]	02:53:17 / 1126 [10.39]
1300	1264	TABAKA GRZEGORZ	WROCLAW	POL		75	M30/216		(M)1208	04:26:55	04:25:41	9.53	01:05:02 / 1557 [9.23]	02:15:45 / 1534 [9.33]	03:11:48 / 1477 [9.38]
1301	2115	KRZYSZTOF ŻYWARSKI	MILEJOWICE	POL	MONAR WROCLAW	77	M30/217		(M)1209	04:26:55	04:25:04	9.55	01:00:51 / 1328 [9.86]	02:05:25 / 1262 [10.09]	02:59:32 / 1254 [10.03]
1302	720	JANUS BOGUSŁAW	WROCLAW	POL		82	M25/140		(M)1210	04:26:55	04:26:30	9.50	00:58:51 / 1211 [10.20]	02:06:48 / 1316 [9.98]	03:02:00 / 1300 [9.89]
1303	198	DOLIŃSKI TOMASZ	WROCLAW	POL	ORKIESTRA REPREZENTACYJNA ŚLĄSKIEGO OKRĘGU WOJSKOWEGO	64	M45/159		(M)1211	04:26:57	04:25:02	9.55	01:01:40 / 1419 [9.73]	02:08:06 / 1386 [9.88]	03:05:09 / 1358 [9.72]
1304	1593	KRZEMINSKI MAREK	WROCLAW	POL	GB WROCLAWSKIE KRASNALE	54	M55/63		(M)1212	04:26:57	04:25:02	9.55	01:01:40 / 1418 [9.73]	02:08:05 / 1385 [9.88]	03:04:42 / 1350 [9.75]
1305	2080	KUCZYŃSKI TADEUSZ	WROCLAW	POL		55	M50/123		(M)1213	04:26:58	04:25:08	9.55	01:01:18 / 1392 [9.79]	02:07:05 / 1326 [9.96]	03:01:43 / 1295 [9.91]
1306	1306	JEŹ ADAM	WARSZAWA	POL		79	M30/218		(M)1214	04:26:59	04:25:21	9.54	01:00:08 / 1261 [9.98]	02:05:24 / 1261 [10.10]	02:57:50 / 1213 [10.12]
1307	839	KOWAL ARTUR	WROCLAW	POL	KOWALOWIE	68	M40/177		(M)1215	04:26:59	04:26:08	9.51	01:00:32 / 1287 [9.91]	02:07:49 / 1377 [9.90]	03:04:38 / 1347 [9.75]
1308	1950	KOZIŃSKI MACIEK	PIECHOWICE	POL		81	M25/141	Nauc/81	(M)1216	04:27:04	04:25:21	9.54	00:57:16 / 1112 [10.48]	02:00:08 / 1140 [10.54]	03:06:27 / 1374 [9.65]
1309	281	NOWAK PIOTR	GŁOGÓW	POL	AWF WROCLAW	86	M20/100		(M)1217	04:27:08	04:24:57	9.56	01:04:26 / 1508 [9.31]	02:14:25 / 1484 [9.42]	03:11:08 / 1439 [9.42]
1310	813	FURTAK KRZYSZTOF	LUBIN	POL		62	M45/160		(M)1218	04:27:12	04:25:15	9.54	01:01:24 / 1396 [9.77]	02:08:25 / 1394 [9.86]	03:05:06 / 1356 [9.72]
1311	1535	WOJCIUK KATARZYNA	WARSZAWA	POL		80	K25/16		(K)93	04:27:15	04:26:06	9.51	01:00:33 / 1290 [9.91]	02:07:22 / 1359 [9.94]	03:03:51 / 1337 [9.79]
1312	791	BIERNACKI ARKADIUSZ	OPOLE	POL	LUPUS OPOLE	68	M40/178		(M)1219	04:27:17	04:24:59	9.55	01:01:01 / 1346 [9.83]	02:08:01 / 1382 [9.89]	03:02:47 / 1315 [9.85]
1313	1225	BYKOWSKI BOGDAN	STARY KISIELIN	POL		49	M60/38		(M)1220	04:27:18	04:25:17	9.54	01:02:22 / 1447 [9.62]	02:10:15 / 1427 [9.72]	03:06:54 / 1380 [9.63]
1314	651	FABIAN MICHAŁ	CHORZÓW	POL		79	M30/219		(M)1221	04:27:32	04:26:36	9.50	00:57:45 / 1164 [10.39]	02:02:32 / 1199 [10.33]	03:01:03 / 1285 [9.94]
1315	138	SIELOWSKI MARCIN	OBORNIKI ŚLĄSKIE	POL	LZS TRZEBNICA	78	M30/220		(M)1222	04:27:36	04:26:39	9.49	01:01:26 / 1397 [9.77]	02:06:58 / 1324 [9.97]	03:02:46 / 1314 [9.85]
1316	1138	GAJEWSKI GRZEGORZ	WARSZAWA	POL		79	M30/221		(M)1223	04:27:38	04:25:33	9.53	01:04:44 / 1518 [9.27]	02:14:49 / 1502 [9.39]	03:09:18 / 1408 [9.51]
1317	1590	WIEWIÓRSKI MAREK	NOWY DWÓR	POL	VISPAR	70	M35/187		(M)1224	04:27:39	04:25:34	9.53	01:04:44 / 1517 [9.27]	02:14:49 / 1501 [9.39]	03:09:18 / 1409 [9.51]
1318	1767	KALINOWSKI PAWEŁ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	89	M20/101		(M)1225	04:27:43	04:26:28	9.50	00:57:10 / 1074 [10.50]	01:59:44 / 1108 [10.57]	02:59:13 / 1249 [10.04]
1319	2114	BOBOWSKI ADAM	ŚWIDNICA	POL	MONAR WROCLAW	78	M30/222		(M)1226	04:28:00	04:26:09	9.51	01:03:23 / 1481 [9.47]	02:10:06 / 1424 [9.73]	03:05:43 / 1366 [9.69]
1320	2116	ZAJDA WOJCIECH	MILEJOWICE	POL		75	M30/223		(M)1227	04:28:00	04:26:09	9.51	01:03:23 / 1482 [9.47]	02:10:06 / 1425 [9.73]	03:05:43 / 1365 [9.69]
1321	78	CYNDECKI SŁAWOMIR	PABIANICE	POL		79	M30/224		(M)1228	04:28:01	04:26:25	9.50	00:57:25 / 1140 [10.45]	01:58:25 / 1003 [10.69]	02:50:04 / 1058 [10.58]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1322	1903	MARIANOWSKI MARCIN	GŁOGÓW	POL		76	M30/225	(M)1229	04:28:02	04:27:16	9.47	00:53:12 / 728 [11.28]	01:52:36 / 781 [11.24]	02:55:23 / 1150 [10.26]	
1323	2046	POLKA RADOSŁAW	GRACZE	POL	MONAR GRACZE	84	M25/142	(M)1230	04:28:02	04:26:32	9.50	01:05:18 / 1584 [9.19]	02:15:47 / 1542 [9.32]	03:11:45 / 1469 [9.39]	
1324	2006	DELEWSKA DALIA	DĄBROWA GÓRNICZA	POL	MARATONYPOLSKIE.PL TEAM	86	K20/17	(K)94	04:28:02	04:26:21	9.51	01:05:00 / 1545 [9.23]	02:15:44 / 1529 [9.33]	03:11:42 / 1458 [9.39]	
1325	1278	GIZINSKI STEFAN	WOŁÓW	POL	WKB PIAST WROCLAW	48	M60/39	(M)1231	04:28:02	04:26:53	9.49	00:59:18 / 1234 [10.12]	02:04:47 / 1244 [10.15]	03:01:05 / 1287 [9.94]	
1326	1028	MORAWSKI LUKASZ	NIEKLONICE	POL		88	M20/102	(M)1232	04:28:03	04:26:46	9.49	01:03:10 / 1478 [9.50]	02:14:34 / 1488 [9.41]	03:11:47 / 1476 [9.39]	
1327	1331	SOKOŁOWSKI DANIEL	ŚWIEBODZICE	POL	WALBRZYSKI KLUB BIEGACZA	51	M55/64	(M)1233	04:28:03	04:26:35	9.50	00:58:45 / 1203 [10.21]	02:04:29 / 1239 [10.17]	02:59:59 / 1274 [10.00]	
1328	1111	JERECZEK RAFAŁ	KRAKÓW	POL		74	M35/188	(M)1234	04:28:03	04:26:19	9.51	01:05:04 / 1564 [9.22]	02:15:47 / 1540 [9.32]	03:11:46 / 1474 [9.39]	
1329	2034	KRAJEWSKI KRZYSZTOF	GRACZE	POL	MONAR GRACZE	77	M30/226	(M)1235	04:28:03	04:26:33	9.50	01:05:18 / 1586 [9.19]	02:15:47 / 1541 [9.32]	03:11:45 / 1470 [9.39]	
1330	228	CHODOR MARIUSZ	ZŁOTORYJA	POL	TRENER OSIEDLOWY	79	M30/227	(M)1236	04:28:04	04:26:20	9.51	01:05:15 / 1581 [9.20]	02:16:28 / 1571 [9.28]	03:11:44 / 1467 [9.39]	
1331	2051	KAMIENIAK MIŁOSZ	ZABRZE	POL	MARATONYPOLSKIE.PL TEAM	86	M20/103	(M)1237	04:28:04	04:26:22	9.50	01:05:00 / 1544 [9.23]	02:15:52 / 1553 [9.32]	03:11:51 / 1479 [9.38]	
1332	2050	WRONSKI MATEUSZ	LIMANOWA	POL	MARATONYPOLSKIE.PL TEAM	73	M35/189	(M)1238	04:28:05	04:26:22	9.50	01:05:04 / 1566 [9.22]	02:15:44 / 1530 [9.33]	03:12:05 / 1481 [9.37]	
1333	1907	FOJCIK GRZEGORZ	RYBNIK	POL		67	M40/179	(M)1239	04:28:06	04:26:21	9.51	01:04:55 / 1530 [9.24]	02:14:36 / 1491 [9.41]	03:09:47 / 1419 [9.48]	
1334	1389	FOX KRZYSZTOF	WROCLAW	POL		55	M50/124	(M)1240	04:28:32	04:27:18	9.47	00:57:49 / 1168 [10.38]	02:06:15 / 1282 [10.03]	03:04:08 / 1343 [9.78]	
1335	589	NIESLER MARIAN	BYTOM	POL		62	M45/161	(M)1241	04:28:36	04:27:40	9.46	01:01:28 / 1398 [9.76]	02:11:06 / 1437 [9.66]	03:07:19 / 1385 [9.61]	
1336	1959	KASPEROWICZ DOROTA	CHOSZCZNO	POL		81	K25/17	(K)95	04:28:38	04:26:31	9.50	01:04:11 / 1501 [9.35]	02:15:09 / 1510 [9.37]	03:12:11 / 1483 [9.37]	
1337	426	SZAFRAŃSKA BEATA	CHOSZCZNO	POL		70	K35/15	(K)96	04:28:38	04:26:31	9.50	01:04:11 / 1502 [9.35]	02:15:09 / 1512 [9.37]	03:12:11 / 1484 [9.37]	
1338	1669	ZAGROBELNY RADOSŁAW	WROCLAW	POL	AWF WROCLAW	64	M45/162	(M)1242	04:28:54	04:27:34	9.46	00:57:18 / 1121 [10.47]	02:01:18 / 1173 [10.44]	02:58:35 / 1229 [10.08]	
1339	662	SĘKALA MAREK	WROCLAW	POL		79	M30/228	(M)1243	04:28:58	04:27:07	9.48	01:05:01 / 1554 [9.23]	02:15:48 / 1548 [9.32]	03:11:40 / 1454 [9.39]	
1340	316	ROMAŃCZUKIEWICZ ANDRZEJ	KŁODZKO	POL		68	M40/180	(M)1244	04:29:18	04:27:59	9.45	00:55:33 / 942 [10.80]	01:59:52 / 1125 [10.56]	02:56:48 / 1181 [10.18]	
1341	417	MAKOWSKI DARIUSZ	POLKOWICE	POL		68	M40/181	(M)1245	04:29:21	04:27:34	9.46	01:03:55 / 1493 [9.39]	02:13:45 / 1471 [9.47]	03:10:30 / 1429 [9.45]	
1342	1753	WALIGÓRA ROMAN	RADWANICE	POL	DRUŻYNA SZPIKU	74	M35/190	(M)1246	04:29:26	04:27:39	9.46	01:04:58 / 1534 [9.24]	02:16:09 / 1566 [9.30]	03:11:34 / 1451 [9.40]	
1343	1913	URLICKI LECH	NOWA SOL	POL		50	M55/65	Nauc/82	(M)1247	04:29:33	04:28:14	9.44	00:58:02 / 1184 [10.34]	02:03:26 / 1215 [10.26]	02:58:48 / 1234 [10.07]
1344	790	LABUS BOŻENA	RUDA ŚLĄSKA	POL		76	K30/17	(K)97	04:29:35	04:28:18	9.44	00:57:20 / 1128 [10.47]	02:01:00 / 1161 [10.46]	02:59:55 / 1270 [10.00]	
1345	2064	DOMAŃSKI STANISŁAW	WROCLAW	POL	NANTES	59	M50/125	(M)1248	04:29:46	04:27:51	9.45	00:57:01 / 1037 [10.52]	01:59:26 / 1043 [10.60]	02:55:31 / 1154 [10.26]	
1346	1055	SZCZEPANIK TOMASZ	CZĘSTOCHOWA	POL		67	M40/182	(M)1249	04:29:56	04:28:11	9.44	01:05:04 / 1567 [9.22]	02:15:50 / 1550 [9.32]	03:11:45 / 1471 [9.39]	
1347	1097	TYLECKI ANDRZEJ	KĄTY WROCLAWSKIE	POL	KB KĄTY WROCLAWSKIE	65	M40/183	(M)1250	04:30:09	04:28:46	9.42	00:59:08 / 1223 [10.15]	02:07:07 / 1328 [9.96]	03:05:14 / 1360 [9.72]	
1348	1507	HAŁADEWICZ GRZEGORZ	STANOWICE	POL	CARGILL	76	M30/229	(M)1251	04:30:09	04:27:48	9.45	00:56:01 / 979 [10.71]	02:00:33 / 1150 [10.50]	03:01:57 / 1299 [9.89]	
1349	357	DOMAGAŁA MARCIN	WROCLAW	POL		90	M20/104	(M)1252	04:30:24	04:29:50	9.38	00:54:19 / 878 [11.05]	01:52:41 / 817 [11.24]	02:45:16 / 893 [10.89]	
1350	509	POMERSBACH ROMAN	WROCLAW	POL		56	M50/126	(M)1253	04:30:30	04:29:03	9.41	00:58:47 / 1205 [10.21]	02:03:24 / 1211 [10.26]	02:58:40 / 1231 [10.07]	
1351	1828	KLEMENTOWSKI RAFAŁ	JELENIA GÓRA	POL		70	M35/191	(M)1254	04:30:32	04:29:01	9.41	00:58:14 / 1191 [10.30]	02:03:25 / 1212 [10.26]	02:59:12 / 1248 [10.04]	
1352	675	FEDYCZKOWSKA JUSTYNA	STRZEGOM	POL	STRZEGOM	72	K35/16	Nauc/83	(K)98	04:30:44	04:29:19	9.40	01:01:11 / 1365 [9.81]	02:07:14 / 1348 [9.95]	03:01:40 / 1294 [9.91]
1353	1325	GUMULAK ADRIAN	KARVINA	CZE		80	M25/143	(M)1255	04:30:47	04:29:10	9.41	01:00:04 / 1257 [9.99]	02:03:16 / 1209 [10.27]	02:58:07 / 1220 [10.11]	
1354	1341	KĘDZIERSKI MARCIN	STRZYBNIK	POL	ZPISDN RACIBÓRZ	76	M30/230	Nauc/84	(M)1256	04:31:03	04:29:27	9.40	00:59:27 / 1237 [10.09]	02:04:32 / 1241 [10.17]	02:58:50 / 1235 [10.07]
1355	349	PIERŚCIONEK DARIUSZ	WROCLAW	POL		67	M40/184	(M)1257	04:31:03	04:28:46	9.42	01:03:28 / 1484 [9.45]	02:10:20 / 1428 [9.71]	03:03:00 / 1322 [9.84]	
1356	1987	CHOROSZY TOMASZ	WROCLAW	POL		82	M25/144	(M)1258	04:31:12	04:30:25	9.36	00:57:12 / 1085 [10.49]	01:59:38 / 1087 [10.58]	02:56:12 / 1173 [10.22]	
1357	1147	WARZOCHA KATARZYNA	TYCHY	POL		78	K30/18	(K)99	04:31:23	04:29:07	9.41	00:58:56 / 1213 [10.18]	02:04:28 / 1238 [10.17]	03:01:33 / 1293 [9.91]	
1358	1134	WÓJCİK STANISŁAW	DĄBROWA GÓRNICZA	POL	GR BIEGOWA DĄBROWA GÓRNICZA	43	M65/11	Nauc/85	(M)1259	04:31:23	04:30:03	9.37	00:58:49 / 1208 [10.20]	02:04:31 / 1240 [10.17]	03:00:18 / 1275 [9.98]
1359	998	JAREMA GRZEGORZ	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	75	M30/231	(M)1260	04:31:24	04:29:32	9.39	00:57:46 / 1165 [10.39]	02:01:07 / 1168 [10.45]	03:02:43 / 1313 [9.85]	
1360	19	JEDYNAK WIOLETTA	MALBORK	POL		71	K35/17	(K)100	04:31:26	04:29:51	9.38	01:02:11 / 1442 [9.65]	02:09:59 / 1418 [9.74]	03:08:21 / 1394 [9.56]	
1361	1723	SZCZERBA BARTŁOMIEJ	WROCLAW	POL	WWW.SKATESKLEP.PL	83	M25/145	(M)1261	04:31:41	04:29:59	9.38	00:52:59 / 711 [11.32]	01:52:35 / 767 [11.25]	02:49:23 / 1001 [10.63]	
1362	255	RZECZKOWSKI MAREK	ŚWIDNICA	POL	HERMES ŚWIDNICA	88	M20/105	(M)1262	04:31:50	04:31:23	9.33	00:49:44 / 435 [12.06]	01:54:13 / 874 [11.08]	02:58:43 / 1232 [10.07]	
1363	1454	KRYSIĄK DARIUSZ	WROCLAW	POL		60	M45/163	(M)1263	04:31:50	04:29:28	9.40	01:04:07 / 1498 [9.36]	02:13:21 / 1467 [9.49]	03:11:30 / 1449 [9.40]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1364	1519	SZWED TOMASZ	TYCHY	POL		73	M35/192	(M)1264	04:31:51	04:30:00	9.38	01:05:05 / 1568 [9.22]	02:16:34 / 1577 [9.27]	03:11:46 / 1475 [9.39]	
1365	556	STEMPKOWSKI ANDRZEJ	WROCLAW	POL	GRUPA OPERACYJNA WOPR	75	M30/232	(M)1265	04:31:56	04:29:56	9.38	00:55:50 / 961 [10.75]	01:59:23 / 1037 [10.60]	02:50:46 / 1083 [10.54]	
1366	1847	LATUSEK ANDRZEJ	SLUPIA POD KĘPNEM	POL		85	M20/106	(M)1266	04:32:08	04:30:18	9.37	01:00:52 / 1331 [9.86]	02:07:21 / 1356 [9.94]	03:04:01 / 1339 [9.78]	
1367	304	JANIK MONIKA	WROCLAW	POL	NO NAME	78	K30/19	(K)101	04:32:12	04:30:01	9.38	01:06:49 / 1628 [8.98]	02:18:50 / 1606 [9.12]	03:13:53 / 1506 [9.28]	
1368	1834	SLABON ROMA	GLIWICE	POL		84	K25/18	(K)102	04:32:17	04:30:46	9.35	00:58:13 / 1188 [10.31]	02:03:22 / 1210 [10.26]		
1369	1441	KUCHARSKI DAMIAN	CZĘSTOCHOWA	POL		86	M20/107	(M)1267	04:32:19	04:30:41	9.35	01:04:23 / 1505 [9.32]	02:10:28 / 1429 [9.70]	03:08:32 / 1398 [9.55]	
1370	77	ADAMOWSKA KAROLINA	WROCLAW	POL	AZS UNIWERSYTET WROCLAWSKI	87	K20/18	(K)103	04:32:21	04:30:22	9.36	01:01:57 / 1432 [9.69]	02:08:55 / 1401 [9.82]	03:09:30 / 1412 [9.50]	
1371	554	BEDNARCZYK WIESLAW	BRZEG	POL		56	M50/127	(M)1268	04:32:22	04:30:38	9.35	01:01:14 / 1382 [9.80]	02:07:22 / 1358 [9.94]	03:03:27 / 1331 [9.81]	
1372	142	NIEDBALSKI ZBIGNIEW	BOGUSZÓW-GORCE	POL		62	M45/164	(M)1269	04:32:28	04:30:55	9.34	01:00:56 / 1340 [9.85]	02:06:42 / 1311 [9.99]	03:02:33 / 1306 [9.86]	
1373	980	KUCHARSKI ZBIGNIEW	BELCHATÓW	POL		56	M50/128	(M)1270	04:32:54	04:32:13	9.30	00:54:04 / 832 [11.10]	01:52:46 / 828 [11.23]	02:49:33 / 1027 [10.62]	
1374	1036	BURACZYŃSKI GRZEGORZ	OLEŚNICA	POL	BIKE TEAM OLEŚNICA	57	M50/129	(M)1271	04:32:57	04:30:38	9.35	01:05:48 / 1601 [9.12]	02:19:48 / 1618 [9.06]	03:17:13 / 1538 [9.13]	
1375	1948	BOGUDZIŃSKI WOJCIECH	WROCLAW	POL		78	M30/233	(M)1272	04:32:59	04:31:05	9.34	01:05:03 / 1563 [9.22]	02:15:46 / 1539 [9.32]	03:10:25 / 1424 [9.45]	
1376	671	PINDOR KRYSZTYAN	WROCLAW	POL		80	M25/146	(M)1273	04:32:59	04:30:53	9.35	01:05:26 / 1594 [9.17]	02:16:51 / 1587 [9.25]	03:12:54 / 1496 [9.33]	
1377	328	HURYNOWICZ MARCIN	SKIERNIEWICE	POL		78	M30/234	(M)1274	04:33:05	04:31:19	9.33	01:05:05 / 1569 [9.22]	02:16:05 / 1563 [9.30]	03:11:46 / 1472 [9.39]	
1378	377	GAWALKIEWICZ LUKASZ	SKIERNIEWICE	POL		80	M25/147	(M)1275	04:33:05	04:31:19	9.33	01:05:05 / 1570 [9.22]	02:16:05 / 1564 [9.30]	03:11:45 / 1468 [9.39]	
1379	909	GDOWSKI BOGDAN	SZCZAWNO-ZDRÓJ	POL		65	M40/185	(M)1276	04:33:08	04:32:15	9.30	00:55:24 / 929 [10.83]	01:58:17 / 992 [10.70]	02:52:05 / 1102 [10.46]	
1380	1272	DOMARADZKI WOJCIECH	POZNAŃ	POL	BZ WBK FUNDUSZE ARKA	83	M25/148	(M)1277	04:33:08	04:31:07	9.34	01:10:17 / 1688 [8.54]	02:24:58 / 1652 [8.73]	03:22:29 / 1593 [8.89]	
1381	1736	SOJA JAROSLAW	WROCLAW	POL		68	M40/186	(M)1278	04:33:15	04:30:46	9.35	01:05:45 / 1600 [9.13]	02:15:23 / 1519 [9.35]	03:10:50 / 1436 [9.43]	
1382	683	PLUCIŃSKI DARIUSZ	WROCLAW	POL	WKB PIAST WROCLAW	62	M45/165	(M)1279	04:33:16	04:31:18	9.33	00:58:14 / 1192 [10.30]	01:59:37 / 1084 [10.58]	02:54:18 / 1137 [10.33]	
1383	2099	WÓJCIK - KOWALCZYK JOANNA ANNA	KĘPNO	POL		75	K30/20	Nauc/86	(K)104	04:33:19	04:32:32	9.29	00:53:35 / 768 [11.20]	01:57:37 / 973 [10.76]	02:58:12 / 1222 [10.10]
1384	1029	SWATEK MICHAŁ	KRAKÓW	POL	AMELIA	79	M30/235	(M)1280	04:33:21	04:31:36	9.32	01:00:34 / 1293 [9.91]	02:05:22 / 1260 [10.10]	03:03:05 / 1324 [9.83]	
1385	873	DOPIERAŁA KAROL	WROCLAW	POL		89	M20/108	(M)1281	04:33:35	04:31:54	9.31	00:56:57 / 1028 [10.54]	01:58:16 / 990 [10.70]	02:50:07 / 1060 [10.58]	
1386	860	ADAMUS RAFAŁ	GAJKÓW	POL		78	M30/236	(M)1282	04:33:36	04:32:46	9.28	00:57:13 / 1092 [10.49]	02:01:30 / 1178 [10.42]	02:59:52 / 1269 [10.01]	
1387	567	HADZICKA SYLWIA	WROCLAW	POL		80	K25/19	(K)105	04:33:40	04:31:19	9.33	01:01:54 / 1428 [9.69]	02:07:43 / 1374 [9.91]	03:05:20 / 1362 [9.71]	
1388	566	GARNEK PIOTR	WROCLAW	POL		79	M30/237	(M)1283	04:33:40	04:31:19	9.33	01:01:54 / 1429 [9.69]	02:07:43 / 1375 [9.91]	03:05:20 / 1361 [9.71]	
1389	1623	ŻUROW KAROLINA	WROCLAW	POL		82	K25/20	(K)106	04:33:41	04:31:31	9.32	01:07:26 / 1646 [8.90]	02:20:30 / 1620 [9.01]	03:16:35 / 1534 [9.16]	
1390	1538	MARCINKIEWICZ PAWEŁ	OPOLE	POL	KB LUPUS OLEŚNICA	69	M40/187	(M)1284	04:33:42	04:32:32	9.29	00:57:11 / 1078 [10.49]	01:59:35 / 1060 [10.59]	02:53:30 / 1131 [10.37]	
1391	1963	RADAJEWSKI ARKADIUSZ	KRAPKOWICE	POL		74	M35/193	(M)1285	04:33:48	04:33:08	9.27	01:01:50 / 1427 [9.70]	02:11:47 / 1445 [9.61]	03:10:35 / 1431 [9.44]	
1392	770	HAŁON ANDRZEJ	OPOLE	POL		54	M55/66	(M)1286	04:33:52	04:31:34	9.32	01:04:37 / 1512 [9.29]	02:14:40 / 1497 [9.40]	03:09:34 / 1415 [9.50]	
1393	1178	MANTYCKI PIOTR	BYDGOSZCZ	POL		45	M60/40	(M)1287	04:33:55	04:32:05	9.30	01:06:12 / 1619 [9.06]	02:19:40 / 1615 [9.06]	03:16:40 / 1536 [9.15]	
1394	1490	ZABŁOCKI GRZEGORZ	NADARZYN	POL	GLKS NADARZYN	63	M45/166	(M)1288	04:33:56	04:32:25	9.29	01:07:12 / 1638 [8.93]	02:18:20 / 1602 [9.15]	03:16:38 / 1535 [9.15]	
1395	1576	CICHAWA MIROSŁAW	WARSZAWA	POL	CENTRALA FARMACEUTYCZNA CEFARM WARSZAWA	63	M45/167	(M)1289	04:34:07	04:32:31	9.29	01:00:49 / 1320 [9.87]	02:06:31 / 1293 [10.01]	03:01:46 / 1297 [9.90]	
1396	1094	UTRAJCZAK DANIEL	POZNAŃ	POL	BRYLANT KÓRNIK	77	M30/238	(M)1290	04:34:10	04:32:41	9.28	01:02:53 / 1462 [9.54]	02:10:00 / 1419 [9.74]	03:06:07 / 1369 [9.67]	
1397	351	GRABCZYK PAWEŁ	WROCLAW	POL		78	M30/239	(M)1291	04:34:11	04:32:53	9.28	00:51:48 / 661 [11.58]	01:47:39 / 615 [11.76]	02:45:20 / 895 [10.89]	
1398	1038	GROCHOWSKA JOANNA	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	64	K45/8	(K)107	04:34:14	04:32:46	9.28	01:01:11 / 1362 [9.81]	02:07:09 / 1330 [9.96]	03:06:07 / 1370 [9.67]	
1399	1577	KOWALCZYK KAMIL	WARSZAWA	POL	CENTRALA FARMACEUTYCZNA CEFARM WARSZAWA	84	M25/149	(M)1292	04:34:24	04:32:49	9.28	01:01:06 / 1354 [9.82]	02:08:49 / 1398 [9.83]	03:08:19 / 1393 [9.56]	
1400	942	MACHOŃ MARIAN	KALETY	POL	MARATONYPOLSKIE.PL TEAM	53	M55/67	(M)1293	04:34:28	04:33:25	9.26	00:56:43 / 1020 [10.58]	01:58:26 / 1004 [10.69]	02:51:12 / 1088 [10.51]	
1401	1829	GRZYBCZAK KAZIMIERZ	SYCÓW	POL		50	M55/68	(M)1294	04:34:37	04:33:19	9.26	01:01:18 / 1391 [9.79]	02:09:56 / 1417 [9.74]	03:09:35 / 1417 [9.49]	
1402	1375	KISZYCKI TADEUSZ	ŁÓDŹ	POL		56	M50/130	(M)1295	04:34:45	04:33:03	9.27	01:03:02 / 1474 [9.52]	02:12:19 / 1453 [9.57]	03:08:39 / 1401 [9.54]	
1403	1500	LUBAWIŃSKI KRZYSZTOF	BRANIEWO	POL	JW 2980 BRANIEWO	78	M30/240	(M)1296	04:34:56	04:34:32	9.22	00:56:40 / 1017 [10.59]	02:04:47 / 1245 [10.15]	03:05:03 / 1354 [9.73]	
1404	2112	SZCZĘŚNIAK JÓZEF	TYNIEC	POL		43	M65/12	(M)1297	04:35:01	04:34:08	9.24	00:54:44 / 901 [10.96]	01:59:22 / 1036 [10.61]	02:58:18 / 1224 [10.10]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1405	958	KONAT GRZEGORZ	WROCLAW	POL		71	M35/194	(M)1298	04:35:09	04:32:39	9.29	00:58:49 / 1207 [10.20]	02:02:55 / 1205 [10.30]	02:57:10 / 1190 [10.16]	
1406	1346	KŁOPOTOWSKI GRZEGORZ	LWÓWEK ŚLĄSKI	POL		75	M30/241	(M)1299	04:35:11	04:33:31	9.26	01:01:15 / 1386 [9.80]	02:07:11 / 1342 [9.95]	02:59:50 / 1268 [10.01]	
1407	159	ZEMLA JAN	TYCHY	POL		56	M50/131	(M)1300	04:35:18	04:34:10	9.23	00:57:07 / 1053 [10.50]	01:59:33 / 1054 [10.59]	02:49:47 / 1042 [10.60]	
1408	609	BASALYGO WOJCIECH	WROCLAW	POL	COBOL RUN	68	M40/188	(M)1301	04:35:22	04:33:55	9.24	01:02:00 / 1436 [9.68]	02:09:18 / 1406 [9.79]	03:04:02 / 1341 [9.78]	
1409	708	RABSKI MARCIN	WROCLAW	POL		77	M30/242	(M)1302	04:35:25	04:33:56	9.24	01:00:56 / 1339 [9.85]	02:07:11 / 1345 [9.95]	03:03:21 / 1328 [9.82]	
1410	827	BASIŃSKI MICHAŁ	WROCLAW	POL		75	M30/243	(M)1303	04:35:33	04:34:22	9.23	00:54:02 / 811 [11.10]	01:52:52 / 837 [11.22]	02:53:45 / 1134 [10.36]	
1411	355	WOLAŃSKI JANUSZ	WROCLAW	POL		66	M40/189	(M)1304	04:35:39	04:35:24	9.19	01:01:45 / 1424 [9.72]	02:11:16 / 1439 [9.64]	03:08:27 / 1396 [9.55]	
1412	1941	KOWALCZYK MICHAŁ	WARSZAWA	POL	WAT WARSZAWA	86	M20/109	(M)1305	04:35:50	04:34:51	9.21	00:57:24 / 1137 [10.45]	01:59:55 / 1129 [10.56]	03:09:11 / 1405 [9.51]	
1413	1766	KIRKIEWICZ IRENEUSZ	OŁAWA	POL	OLD HORSES	71	M35/195	(M)1306	04:35:51	04:33:39	9.25	01:05:23 / 1591 [9.18]	02:15:31 / 1520 [9.34]	03:11:52 / 1480 [9.38]	
1414	777	KOPERSKI JAN	ŚLAWNO	POL		58	M50/132	(M)1307	04:35:54	04:34:29	9.22	00:57:36 / 1157 [10.42]	02:02:17 / 1195 [10.35]	02:58:52 / 1236 [10.06]	
1415	1478	PETRYNA LESZEK	WROCLAW	POL		56	M50/133	(M)1308	04:36:05	04:34:46	9.21	01:02:05 / 1438 [9.66]	02:12:23 / 1454 [9.56]	03:11:44 / 1464 [9.39]	
1416	1408	ZAKRZEWICZ PRZEMYSŁAW	POZNAŃ	POL	KB MANIAC POZNAŃ	59	M50/134	(M)1309	04:36:09	04:35:21	9.19	00:59:08 / 1224 [10.15]	02:07:54 / 1379 [9.90]	03:07:36 / 1387 [9.59]	
1417	2104	BŁASZKIEWICZ ELŻBIETA	GDYNIA	POL		76	K30/21	(K)108	04:36:24	04:34:56	9.21	01:00:55 / 1335 [9.85]	02:08:01 / 1381 [9.89]	03:07:54 / 1390 [9.58]	
1418	1512	WIZNER CZESŁAW	MYSŁOWICE	POL		54	M55/69	(M)1310	04:36:32	04:35:15	9.20	01:00:21 / 1278 [9.94]	02:05:25 / 1263 [10.09]	03:00:21 / 1277 [9.98]	
1419	1316	BOBIK PAWEŁ	WROCLAW	POL		69	M40/190	(M)1311	04:36:38	04:35:03	9.20	01:00:49 / 1319 [9.87]	02:06:00 / 1276 [10.05]	03:01:24 / 1291 [9.92]	
1420	1816	SIERADZKI RAFAŁ	WROCLAW	POL	SOLVAY	75	M30/244	(M)1312	04:36:44	04:35:36	9.19	00:52:15 / 680 [11.48]	01:52:29 / 761 [11.26]	02:46:53 / 931 [10.79]	
1421	329	ZIMOLĄG PIOTR	WROCLAW	POL		72	M35/196	(M)1313	04:36:46	04:34:40	9.22	01:05:26 / 1593 [9.17]	02:16:41 / 1581 [9.26]	03:12:53 / 1494 [9.33]	
1422	1177	NOWAKOWSKI CZESŁAW	WARSZAWA	POL		47	M60/41	(M)1314	04:37:03	04:35:40	9.18	01:00:31 / 1286 [9.91]	02:06:34 / 1309 [10.00]	03:05:32 / 1364 [9.70]	
1423	1360	PRIVSEK ŁUKASZ	WROCLAW	POL		83	M25/150	(M)1315	04:37:08	04:34:59	9.21	01:01:58 / 1434 [9.68]	02:08:40 / 1396 [9.84]	03:04:52 / 1352 [9.74]	
1424	1492	STOJEK TOMASZ	GLIWICE	POL		84	M25/151	(M)1316	04:37:23	04:35:01	9.21	01:01:54 / 1430 [9.69]	02:06:05 / 1278 [10.04]	03:04:39 / 1349 [9.75]	
1425	656	ŁUCZAK JAROSŁAW	OLEŚNICA	POL	KB LUPUS OLEŚNICA	72	M35/197	(M)1317	04:37:25	04:36:20	9.16	01:00:35 / 1298 [9.90]	02:06:34 / 1308 [10.00]	03:01:00 / 1282 [9.94]	
1426	1727	WAWROWSKI KRZYSZTOF	ŚWIEBODZICE	POL	TOWARZYSTWO SPORTOWE OPATRUNKI TORUŃ	59	M50/135	(M)1318	04:37:26	04:36:12	9.17	00:57:01 / 1038 [10.52]	02:01:49 / 1186 [10.39]	02:59:59 / 1273 [10.00]	
1427	2073	SZWC PAWEŁ	TORUŃ	POL	MARATONYPOLSKIE.PL TEAM	80	M25/152	(M)1319	04:37:26	04:35:45	9.18	01:04:59 / 1539 [9.23]	02:15:45 / 1531 [9.33]	03:11:42 / 1457 [9.39]	
1428	1616	BRZEZIŃSKI DARIUSZ	DOMASZKÓW	POL		64	M45/168	(M)1320	04:37:32	04:37:14	9.13	00:58:45 / 1204 [10.21]	02:06:29 / 1291 [10.01]	03:08:49 / 1402 [9.53]	
1429	1784	JACKOWIAK JACEK	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	77	M30/245	(M)1321	04:37:49	04:35:37	9.19	01:00:54 / 1332 [9.85]	02:07:32 / 1366 [9.93]	03:05:12 / 1359 [9.72]	
1430	552	KŁODOWSKI TADEUSZ	WROCLAW	POL		83	M25/153	(M)1322	04:38:04	04:37:15	9.13	00:57:17 / 1115 [10.47]	02:02:17 / 1196 [10.35]	03:03:35 / 1332 [9.80]	
1431	1628	WAWRZACZ ADAM	GLIWICE	POL		73	M35/198	(M)1323	04:38:14	04:35:59	9.17	01:08:24 / 1675 [8.77]	02:21:10 / 1631 [8.97]	03:18:56 / 1562 [9.05]	
1432	1740	CZERNER ANNA	OPOLE	POL		77	K30/22	(K)109	04:38:25	04:36:25	9.16	01:04:47 / 1521 [9.26]	02:14:35 / 1489 [9.41]	03:12:54 / 1495 [9.33]	
1433	1302	ULATOWSKI IRENEUSZ	BRZEG DOLNY	POL		63	M45/169	(M)1324	04:38:25	04:36:25	9.16	01:05:01 / 1550 [9.23]	02:15:05 / 1507 [9.37]	03:12:32 / 1490 [9.35]	
1434	588	ZIĘBA TOMASZ	WROCLAW	POL		90	M20/110	(M)1325	04:38:43	04:38:34	9.09	00:46:06 / 194 [13.02]	01:44:23 / 414 [12.13]	02:44:33 / 878 [10.94]	
1435	935	CHMIELARZ KRZYSZTOF	RADOMSKO	POL		61	M45/170	(M)1326	04:38:52	04:37:16	9.13	01:05:49 / 1602 [9.12]	02:16:46 / 1585 [9.26]	03:12:56 / 1498 [9.33]	
1436	1622	BUDNY ANDRZEJ	LUBLINIEC	POL	WKB META LUBLINIEC	73	M35/199	(M)1327	04:38:58	04:37:17	9.13	00:58:51 / 1210 [10.20]	02:11:39 / 1444 [9.62]	03:10:49 / 1435 [9.43]	
1437	1258	BEKIER ANDRZEJ	JELENIA GÓRA	POL	A CO?	47	M60/42	(M)1328	04:39:05	04:38:07	9.10	00:55:51 / 964 [10.74]	01:58:15 / 989 [10.71]	02:57:05 / 1188 [10.16]	
1438	1639	KOPCEWICZ HENRYK	GOLENIOW	POL	CROWN GOLENIOW	54	M55/70	(M)1329	04:39:07	04:37:02	9.14	01:04:52 / 1526 [9.25]	02:15:48 / 1547 [9.32]	03:14:29 / 1518 [9.26]	
1439	1026	FOLDA PIOTR	POZNAŃ	POL		59	M50/136	(M)1330	04:39:12	04:36:57	9.14	01:02:58 / 1471 [9.53]	02:10:56 / 1434 [9.67]	03:10:20 / 1422 [9.46]	
1440	2095	JUTROSIŃSKI GRZEGORZ	OLEŚNICA	POL	KB LUPUS OLEŚNICA	71	M35/200	(M)1331	04:39:16	04:38:42	9.08	01:05:58 / 1611 [9.10]	02:17:46 / 1594 [9.19]	03:16:21 / 1532 [9.17]	
1441	529	SZCZEPANIAK RENATA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	73	K35/18	Nauc/87	(K)110	04:39:17	04:37:21	9.13	01:05:55 / 1606 [9.10]	02:17:46 / 1597 [9.19]	03:16:21 / 1529 [9.17]
1442	1473	GADZIŃSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	64	K45/9	(K)111	04:39:17	04:39:09	9.07	01:01:00 / 1343 [9.84]	02:12:03 / 1450 [9.59]	03:11:23 / 1446 [9.41]	
1443	1046	JEDNORÓG DOROTA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	71	K35/19	Nauc/88	(K)112	04:39:20	04:38:45	9.08	01:05:58 / 1609 [9.10]	02:17:46 / 1595 [9.19]	03:16:21 / 1531 [9.17]
1444	562	KLUCZNY JANUSZ	OLEŚNICA	POL	KB LUPUS OLEŚNICA	62	M45/171	(M)1332	04:39:20	04:38:46	9.08	01:05:58 / 1610 [9.10]	02:17:46 / 1596 [9.19]	03:16:21 / 1530 [9.17]	
1445	732	DOLATA LESZEK	SYCÓW	POL	KB LUPUS SYCÓW	58	M50/137	Nauc/89	(M)1333	04:39:21	04:38:18	9.10	00:57:58 / 1181 [10.35]	02:02:41 / 1202 [10.32]	03:03:24 / 1330 [9.81]
1446	427	SOBCZAK RENATA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	53	K55/5	(K)113	04:39:23	04:38:48	9.08	01:05:54 / 1605 [9.10]	02:17:45 / 1593 [9.19]	03:16:21 / 1528 [9.17]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1447	302	ZIELONKA MARIUSZ	POZNAŃ	POL	CSWŁAD POZNAŃ	70	M35/201		(M)1334	04:39:24	04:37:43	9.12	01:02:53 / 1463 [9.54]	02:09:34 / 1412 [9.77]	03:10:27 / 1427 [9.45]
1448	1895	PRZYBYSZEWSKI ADAM	WROCLAW	POL	ZDIUM WROCLAW	61	M45/172		(M)1335	04:39:31	04:37:47	9.11	01:05:03 / 1562 [9.22]	02:15:19 / 1513 [9.36]	03:11:42 / 1456 [9.39]
1449	1123	ŚLEBODA BŁAŻEJ	WROCLAW	POL	A.S. FAURECIA	79	M30/246		(M)1336	04:39:36	04:37:49	9.11	01:04:10 / 1499 [9.35]	02:12:09 / 1451 [9.58]	03:10:29 / 1428 [9.45]
1450	1425	SMOLUCH TOMASZ	OLKUSZ	POL	MARATONYPOLSKIE.PL TEAM	76	M30/247		(M)1337	04:39:38	04:37:56	9.11	00:55:55 / 969 [10.73]	01:55:21 / 913 [10.98]	02:52:13 / 1103 [10.45]
1451	1758	KOZŁOWSKI MIKOŁAJ	TUCHOLA	POL		76	M30/248		(M)1338	04:39:42	04:38:10	9.10	01:05:19 / 1589 [9.19]	02:16:45 / 1584 [9.26]	03:13:57 / 1508 [9.28]
1452	739	DEC SŁAWOMIR	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	78	M30/249		(M)1339	04:39:45	04:38:14	9.10	01:05:19 / 1587 [9.19]	02:16:45 / 1583 [9.26]	03:13:58 / 1509 [9.28]
1453	756	SOWIŃSKI GRZEGORZ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	73	M35/202		(M)1340	04:39:45	04:38:13	9.10	01:05:19 / 1588 [9.19]	02:16:45 / 1582 [9.26]	03:13:57 / 1507 [9.28]
1454	199	RZEŚNIEWIECKI ROBERT	WROCLAW	POL		73	M35/203		(M)1341	04:39:55	04:37:57	9.11	01:06:56 / 1631 [8.96]	02:19:40 / 1614 [9.06]	03:18:07 / 1550 [9.09]
1455	1772	MATECZKO DARIUSZ	BOGATYNIA	POL	MONAR WROCLAW	90	M20/111		(M)1342	04:39:56	04:38:21	9.10	01:02:35 / 1456 [9.59]	02:11:25 / 1440 [9.63]	03:10:44 / 1434 [9.44]
1456	715	ŻYGADŁO PAWEŁ	WROCLAW	POL	AZS POLITECHNIKA WROCLAWSKA	87	M20/112		(M)1343	04:40:01	04:38:17	9.10	01:03:04 / 1475 [9.51]	02:09:27 / 1410 [9.78]	03:03:46 / 1335 [9.80]
1457	1739	KOWALSKI DARIUSZ	MODLNICZKA	POL	MARATONYPOLSKIE.PL TEAM	70	M35/204		(M)1344	04:40:02	04:37:55	9.11	01:04:59 / 1543 [9.23]	02:15:07 / 1508 [9.37]	03:16:03 / 1525 [9.18]
1458	1969	SZYBOWSKI SŁAWEK	WARSZAWA	POL		74	M35/205		(M)1345	04:40:02	04:37:56	9.11	01:04:52 / 1525 [9.25]	02:15:07 / 1509 [9.37]	03:16:03 / 1526 [9.18]
1459	1529	BILSKI ANDRZEJ	WROCLAW	POL		76	M30/250		(M)1346	04:40:05	04:38:27	9.09	01:01:31 / 1401 [9.75]	02:10:34 / 1431 [9.70]	03:17:17 / 1541 [9.12]
1460	984	BIALAS STANISŁAW	LEWIN BRZESKI	POL	PKS-BRZEG	56	M50/138		(M)1347	04:40:06	04:40:00	9.04	00:55:23 / 925 [10.83]	02:01:20 / 1174 [10.43]	03:04:57 / 1353 [9.73]
1461	1810	KAMIŃSKI JERZY	SZYMBARK	POL	MARATON GORLICE	59	M50/139	Nauc/90	(M)1348	04:40:11	04:40:03	9.04	00:56:26 / 999 [10.63]	01:57:08 / 960 [10.81]	02:50:38 / 1074 [10.55]
1462	364	HRYŃCZUK MACIEJ	WROCLAW	POL	EL BANDA	79	M30/251		(M)1349	04:40:23	04:37:56	9.11	01:01:13 / 1379 [9.80]	02:06:01 / 1277 [10.05]	03:07:05 / 1383 [9.62]
1463	1016	ZARZYCKI ZDZISŁAW	NOWY DWÓR	POL		58	M50/140		(M)1350	04:40:32	04:39:59	9.04	01:03:34 / 1485 [9.44]	02:15:40 / 1523 [9.33]	03:13:41 / 1504 [9.29]
1464	287	SUCHAK KATARZYNA	WROCLAW	POL	SIEWSPINA.PL	79	K30/23		(K)114	04:40:34	04:38:41	9.08	01:04:39 / 1515 [9.28]	02:15:47 / 1543 [9.32]	03:14:26 / 1516 [9.26]
1465	379	KUSAK RYSZARD	WROCLAW	POL		50	M55/71		(M)1351	04:40:42	04:38:49	9.08	01:04:40 / 1516 [9.28]	02:15:43 / 1525 [9.33]	03:14:27 / 1517 [9.26]
1466	2063	KALOTA MARCIN	WRÓBWICE	POL	DZIKU	91	M20/113		(M)1352	04:40:50	04:40:21	9.03	00:48:19 / 325 [12.42]	01:54:36 / 892 [11.05]	03:02:43 / 1312 [9.85]
1467	156	PADUSZYŃSKA DAGMARA	JAWOR	POL	BIEGAJZNA.MI.PL	80	K25/21		(K)115	04:40:56	04:39:04	9.07	01:05:15 / 1582 [9.20]	02:15:51 / 1552 [9.32]	03:14:06 / 1510 [9.27]
1468	852	JANIAK MARIUSZ	WROCLAW	POL		69	M40/191		(M)1353	04:41:11	04:38:46	9.08	01:01:16 / 1389 [9.79]	02:06:35 / 1310 [10.00]	03:03:48 / 1336 [9.79]
1469	468	MIRUS AGNIESZKA	WROCLAW	POL		71	K35/20	Nauc/91	(K)116	04:41:18	04:39:37	9.05	01:04:45 / 1519 [9.27]	02:15:46 / 1536 [9.32]	03:14:18 / 1514 [9.26]
1470	1702	PTAK JERZY	BIELSKO BIAŁA	POL	FORTEPIANY	48	M60/43		(M)1354	04:41:19	04:39:47	9.05	01:01:56 / 1431 [9.69]	02:09:22 / 1409 [9.79]	03:07:04 / 1382 [9.62]
1471	2070	ŁOBOZ MAŁGORZATA	KRAKÓW	POL		63	K45/10		(K)117	04:41:37	04:39:38	9.05	01:07:07 / 1633 [8.94]	02:20:31 / 1622 [9.01]	03:20:14 / 1574 [8.99]
1472	273	LACHOWICZ JACEK	WROCLAW	POL		75	M30/252		(M)1355	04:41:41	04:39:38	9.05	01:04:54 / 1527 [9.24]	02:15:23 / 1518 [9.35]	03:13:01 / 1499 [9.33]
1473	1934	SERNAK BOGDAN	OLAWA	POL		74	M35/206		(M)1356	04:41:43	04:39:18	9.06	01:03:12 / 1479 [9.49]	02:12:46 / 1459 [9.54]	03:14:20 / 1515 [9.26]
1474	1552	SAWICKI PAWEŁ	SANOK	POL	POLSKA BIEGA	73	M35/207		(M)1357	04:41:47	04:40:09	9.04	01:06:48 / 1626 [8.98]	02:16:36 / 1580 [9.27]	03:11:41 / 1455 [9.39]
1475	1882	MAZUR ŁUKASZ	KRAKÓW	POL		79	M30/253	Nauc/92	(M)1358	04:41:53	04:40:11	9.04	01:04:59 / 1538 [9.23]	02:15:45 / 1532 [9.33]	03:11:11 / 1443 [9.42]
1476	584	JAROSZ HENRYK	WROCLAW	POL	VOLVO WROCLAW MSC	73	M35/208		(M)1359	04:41:59	04:39:41	9.05	01:03:24 / 1483 [9.46]	02:11:14 / 1438 [9.65]	03:11:09 / 1440 [9.42]
1477	1832	CHOLEWA JOLANTA	WROCLAW	POL	POLSKA BIEGA	71	K35/21		(K)118	04:42:02	04:39:51	9.05	01:06:48 / 1627 [8.98]	02:18:52 / 1608 [9.12]	03:14:36 / 1519 [9.25]
1478	1099	GAWEL KRZYSZTOF	KRUSZEWNIA	POL		75	M30/254		(M)1360	04:42:17	04:40:21	9.03	00:57:21 / 1131 [10.46]	02:01:07 / 1167 [10.45]	03:09:30 / 1413 [9.50]
1479	666	SMOLIŃSKI ADAM	RAKOSZYCE	POL		86	M20/114		(M)1361	04:42:19	04:40:51	9.01	01:01:31 / 1402 [9.75]	02:08:51 / 1399 [9.83]	03:07:06 / 1384 [9.62]
1480	630	SERWICKI TOMASZ	ŻARÓW	POL		67	M40/192		(M)1362	04:42:28	04:40:06	9.04	01:05:02 / 1556 [9.23]	02:14:20 / 1480 [9.42]	03:12:20 / 1487 [9.36]
1481	841	RASZEWSKI ARTUR	WROCLAW	POL		66	M40/193		(M)1363	04:42:35	04:41:33	8.99	01:01:41 / 1421 [9.73]	02:09:36 / 1415 [9.77]	03:08:36 / 1399 [9.54]
1482	1984	STAROŚCIAK WOJCIECH	WROCLAW	POL		69	M40/194		(M)1364	04:43:06	04:40:47	9.02	01:04:47 / 1520 [9.26]	02:14:10 / 1475 [9.44]	03:15:08 / 1521 [9.22]
1483	167	MICHAŁAK KRYSZTOF	PSZCZYNA	POL		81	M25/154		(M)1365	04:43:11	04:40:44	9.02	01:09:30 / 1684 [8.63]	02:21:47 / 1635 [8.93]	03:19:10 / 1565 [9.04]
1484	93	GĘSTWA WOJCIECH	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM :)	78	M30/255		(M)1366	04:43:34	04:43:11	8.94	00:53:44 / 778 [11.17]	01:57:39 / 977 [10.76]	02:58:01 / 1218 [10.11]
1485	1693	PYSZCZ STANISŁAW	PLATERÓWKA	POL		41	M65/13		(M)1367	04:43:37	04:42:45	8.95	00:59:16 / 1229 [10.12]	02:07:19 / 1353 [9.94]	03:06:30 / 1377 [9.65]
1486	306	OLIWA ZBIGNIEW	WROCLAW	POL		67	M40/195		(M)1368	04:43:44	04:43:22	8.93	00:55:46 / 956 [10.76]	02:01:20 / 1175 [10.43]	03:05:08 / 1357 [9.72]
1487	1825	WOJDYŁA DARIUSZ	WAŁBRZYCH	POL		63	M45/173		(M)1369	04:43:49	04:42:01	8.98	01:03:52 / 1491 [9.39]	02:14:11 / 1476 [9.43]	03:11:43 / 1463 [9.39]
1488	1747	POWAŁKA MICHAŁ	SIEDLCE	POL		75	M30/256	Nauc/93	(M)1370	04:43:49	04:41:30	8.99	01:07:26 / 1645 [8.90]	02:20:33 / 1623 [9.01]	03:20:15 / 1576 [8.99]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1489	640	WINCZEWSKI ANDRZEJ	SZEWCE	POL	CENTRUM SZKOLENIA WOJSK INŻYNIERYJNYCH I CHEMICZNYCH WROCLAW	72	M35/209		(M)1371	04:43:57	04:43:50	8.92	00:58:29 / 1195 [10.26]	02:01:00 / 1159 [10.46]	02:55:31 / 1153 [10.26]
1490	1870	ZIEMAK MACIEJ	WROCLAW	POL		77	M30/257		(M)1372	04:44:00	04:42:20	8.97	01:01:15 / 1387 [9.80]	02:07:34 / 1370 [9.92]	03:06:09 / 1372 [9.67]
1491	491	CHMIST JAKUB	WROCLAW	POL		86	M20/115		(M)1373	04:44:05	04:42:14	8.97	01:04:57 / 1533 [9.24]	02:15:46 / 1538 [9.32]	03:11:32 / 1450 [9.40]
1492	350	BALKOWSKI GRZEGORZ	WROCLAW	POL		76	M30/258		(M)1374	04:44:09	04:43:51	8.92	00:53:14 / 732 [11.27]	01:57:39 / 976 [10.76]	02:57:41 / 1209 [10.13]
1493	135	GUZIKOWSKI RAFAŁ	WROCLAW	POL		72	M35/210		(M)1375	04:44:10	04:42:23	8.97	01:04:58 / 1535 [9.24]	02:15:44 / 1527 [9.33]	03:13:04 / 1500 [9.32]
1494	1337	GRZELAK DANIEL	LESZNO	POL	DRUŻYNA SZPIKU	73	M35/211		(M)1376	04:44:20	04:42:13	8.97	01:12:56 / 1714 [8.23]	02:28:27 / 1675 [8.53]	03:29:28 / 1631 [8.59]
1495	1806	KNOP KRZYSZTOF	OPOLE	POL		73	M35/212		(M)1377	04:44:20	04:42:53	8.95	00:57:41 / 1161 [10.40]	02:01:12 / 1169 [10.45]	02:58:21 / 1226 [10.09]
1496	1336	DRZEWI JUSTYNA	LESZNO	POL	DRUŻYNA SZPIKU	74	K35/22		(K)119	04:44:20	04:42:13	8.97	01:12:56 / 1715 [8.23]	02:28:27 / 1676 [8.53]	03:29:28 / 1630 [8.59]
1497	2108	MAJERYK EDWARD	JASIEŃ	POL		49	M60/44		(M)1378	04:44:30	04:42:41	8.96	01:04:58 / 1537 [9.24]	02:13:44 / 1470 [9.47]	
1498	1774	ZACHAROW ARKADIUSZ	BARANICE	POL	MONAR WROCLAW	88	M20/116		(M)1379	04:44:30	04:42:56	8.95	00:55:22 / 924 [10.84]	01:56:25 / 944 [10.87]	03:02:30 / 1305 [9.86]
1499	1398	JANIGA ARTUR	SOSNOWIEC	POL	AVEN SOSNOWIEC	75	M30/259		(M)1380	04:44:39	04:42:37	8.96	01:00:38 / 1305 [9.90]	02:04:21 / 1233 [10.18]	02:58:54 / 1238 [10.06]
1500	1892	DYTKO PAWEŁ	NYSA	POL		77	M30/260		(M)1381	04:45:09	04:43:04	8.94	01:02:56 / 1468 [9.53]	02:11:51 / 1449 [9.60]	03:09:52 / 1420 [9.48]
1501	1037	SZOSTAKOWSKI JAROSŁAW	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	67	M40/196	Nauc/94	(M)1382	04:45:14	04:43:46	8.92	01:01:11 / 1363 [9.81]	02:07:09 / 1332 [9.96]	03:06:08 / 1371 [9.67]
1502	664	KUKULSKI WOJTEK	KRAKÓW	POL		69	M40/197		(M)1383	04:45:21	04:43:44	8.92	00:59:55 / 1251 [10.01]	02:08:09 / 1390 [9.88]	03:10:24 / 1423 [9.45]
1503	2077	ŻUKOWSKI PIOTR	WARSZAWA	POL	KL.ŚŚŚW.MARTA,W-WA.DW.CENTR.PKP	55	M50/141		(M)1384	04:45:24	04:44:34	8.90	01:00:34 / 1297 [9.91]	02:14:55 / 1506 [9.38]	03:22:50 / 1597 [8.87]
1504	1589	LACHOWICZ MICHAŁ	GLIWICE	POL		74	M35/213	Nauc/95	(M)1385	04:45:31	04:43:16	8.94	01:08:24 / 1676 [8.77]	02:21:10 / 1632 [8.97]	03:18:56 / 1563 [9.05]
1505	1186	ŻUK JÓZEF	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	40	M65/14		(M)1386	04:45:41	04:44:47	8.89	01:01:45 / 1425 [9.72]	02:12:58 / 1462 [9.52]	03:12:35 / 1492 [9.35]
1506	1655	PAPROCKA MAGDALENA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	85	K20/19		(K)120	04:45:41	04:45:07	8.88	01:01:30 / 1400 [9.76]	02:15:55 / 1556 [9.31]	03:17:17 / 1540 [9.12]
1507	1946	NIECHCIAŁ AGNIESZKA	WROCLAW	POL		86	K20/20		(K)121	04:45:41	04:45:07	8.88	01:01:29 / 1399 [9.76]	02:15:55 / 1555 [9.31]	03:17:16 / 1539 [9.12]
1508	1432	DUBANIK ZBIGNIEW	DĘBICA	POL		57	M50/142		(M)1387	04:46:07	04:45:50	8.86	00:56:45 / 1021 [10.57]	02:03:53 / 1220 [10.22]	03:06:19 / 1373 [9.66]
1509	1570	WAGA TOMASZ	KĘBŁOWO	POL		73	M35/214		(M)1388	04:46:25	04:44:17	8.91	01:07:55 / 1656 [8.83]	02:29:12 / 1680 [8.49]	03:30:24 / 1636 [8.56]
1510	959	DĄBROWSKI KAMIL	SUCHEDNIÓW	POL		81	M25/155		(M)1389	04:46:47	04:44:38	8.89	01:01:36 / 1410 [9.74]	02:07:33 / 1368 [9.93]	03:08:08 / 1392 [9.57]
1511	896	ŁĄK PIOTR	WROCLAW	POL	ŁĄKI	91	M20/117		(M)1390	04:46:49	04:46:49	8.83	01:09:09 / 1681 [8.68]	02:28:06 / 1672 [8.55]	03:33:14 / 1650 [8.44]
1512	838	KUMOR JACEK, JANUSZ	WROCLAW	POL	COBOL RUN	65	M40/198		(M)1391	04:47:00	04:46:51	8.83	00:55:56 / 970 [10.73]	02:04:26 / 1237 [10.17]	03:09:26 / 1411 [9.50]
1513	976	WĘGLER ZBIGNIEW	SOSNOWIEC	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	46	M60/45		(M)1392	04:47:11	04:45:23	8.87	01:05:00 / 1547 [9.23]	02:15:59 / 1560 [9.31]	03:17:42 / 1544 [9.10]
1514	1901	NOWACZEWSKI RYSZARD PAWEŁ	BOZNAŃ	POL		57	M50/143		(M)1393	04:47:12	04:46:00	8.85	00:57:25 / 1139 [10.45]	02:06:21 / 1286 [10.02]	03:12:21 / 1488 [9.36]
1515	1017	ZARZYCKA MONIKA	NOWY DWÓR	POL		88	K20/21		(K)122	04:47:30	04:46:57	8.82	01:03:34 / 1486 [9.44]	02:15:40 / 1524 [9.33]	03:14:18 / 1513 [9.26]
1516	857	WIŚNIEWSKI LUCJAN	ZIĘBICE	POL		70	M35/215		(M)1394	04:48:02	04:46:25	8.84	01:00:34 / 1296 [9.91]	02:08:41 / 1397 [9.84]	03:14:14 / 1512 [9.27]
1517	622	POLCZYK EDWARD	RUD ŚLĄSKA	POL		59	M50/144	Nauc/96	(M)1395	04:48:16	04:46:34	8.83	01:02:32 / 1455 [9.59]	02:14:33 / 1487 [9.41]	03:12:33 / 1491 [9.35]
1518	985	SKUPIŃSKI MACIEJ	WROCLAW	POL	MWK TEAM	73	M35/216		(M)1396	04:48:34	04:47:46	8.80	01:02:31 / 1454 [9.60]	02:11:48 / 1448 [9.61]	03:12:05 / 1482 [9.37]
1519	1520	WACNIK JADWIGA	RZESZÓW	POL	MARATONYPOLSKIE.PL TEAM	68	K40/16		(K)123	04:49:03	04:47:41	8.80	01:01:10 / 1361 [9.81]	02:08:16 / 1391 [9.87]	03:10:41 / 1432 [9.44]
1520	517	DZIEDZIC MICHAŁ	WROCLAW	POL		75	M30/261		(M)1397	04:49:21	04:47:18	8.81	01:03:50 / 1490 [9.40]	02:14:49 / 1500 [9.39]	03:14:43 / 1520 [9.24]
1521	239	HUSSAK MACIEJ	WROCLAW	POL		87	M20/118		(M)1398	04:49:34	04:48:31	8.77	00:57:14 / 1102 [10.48]	02:02:42 / 1203 [10.32]	03:07:32 / 1386 [9.60]
1522	1457	ADAMCZAK DAMIAN	BRZEG	POL		78	M30/262		(M)1399	04:49:44	04:48:03	8.79	01:01:14 / 1385 [9.80]	02:08:20 / 1392 [9.86]	03:08:31 / 1397 [9.55]
1523	634	GAJDA-JANIAK ANDRZEJ	WROCLAW	POL		77	M30/263		(M)1400	04:49:51	04:47:24	8.81	00:57:56 / 1180 [10.36]	02:09:14 / 1404 [9.80]	03:17:43 / 1546 [9.10]
1524	2039	KOZAR RAFAŁ	GRACZE	POL	MONAR GRACZE	80	M25/156		(M)1401	04:50:00	04:47:50	8.80	01:11:42 / 1705 [8.37]	02:27:14 / 1664 [8.60]	03:26:16 / 1615 [8.73]
1525	151	SIPA LESZEK	PIŁA	POL		56	M50/145		(M)1402	04:50:25	04:48:37	8.77	01:05:11 / 1578 [9.20]	02:16:35 / 1578 [9.27]	03:17:42 / 1545 [9.10]
1526	243	MIKOŁAJCZYK AGATA	WARSZAWA	POL		76	K30/24	Leka/24	(K)124	04:50:26	04:48:38	8.77	01:05:11 / 1577 [9.20]	02:16:01 / 1562 [9.31]	03:18:08 / 1551 [9.08]
1527	1491	KACZOR MICHAŁ	KLUCZBORK	POL		89	M20/119		(M)1403	04:50:31	04:49:10	8.76	01:03:43 / 1487 [9.42]	02:14:18 / 1478 [9.43]	03:16:08 / 1527 [9.18]
1528	836	KOWAL DANUTA	WROCLAW	POL	KOWALOWIE	68	K40/17		(K)125	04:50:35	04:49:44	8.74	01:00:32 / 1288 [9.91]	02:08:07 / 1388 [9.88]	03:12:43 / 1493 [9.34]
1529	658	MLECZEK TADEUSZ	WROCLAW	POL		58	M50/146		(M)1404	04:50:40	04:48:40	8.77	00:55:50 / 963 [10.75]	02:01:45 / 1183 [10.40]	03:04:32 / 1346 [9.75]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1530	1688	SMODLIBOWSKI TOMASZ	BELCHATÓW	POL		39	M70/3	(M)1405		04:50:52	04:49:25	8.75	01:01:13 / 1380 [9.80]	02:07:13 / 1346 [9.95]	03:03:40 / 1333 [9.80]
1531	781	MATUSIK PIOTR	LEGNICA	POL		77	M30/264	(M)1406		04:51:08	04:49:48	8.74	00:59:00 / 1217 [10.17]	02:05:16 / 1257 [10.11]	03:05:04 / 1355 [9.73]
1532	1894	PACZKOWSKI PAWEŁ	WROCLAW	POL		86	M20/120	(M)1407		04:51:24	04:49:36	8.74	01:05:57 / 1607 [9.10]	02:19:22 / 1611 [9.08]	03:18:13 / 1552 [9.08]
1533	1958	LIPSKI BARTOSZ	WROCLAW	POL		81	M25/157	(M)1408		04:51:43	04:50:33	8.71	00:59:13 / 1226 [10.13]	02:04:19 / 1231 [10.18]	03:11:13 / 1444 [9.41]
1534	1658	GINC ROBERT	LUBIN	POL	ZWR POLKOWICE	71	M35/217	(M)1409		04:51:52	04:49:49	8.74	00:59:54 / 1250 [10.02]	02:02:53 / 1204 [10.30]	02:56:09 / 1170 [10.22]
1535	532	PACHOWICZ ADAM	WROCLAW	POL		85	M20/121	(M)1410		04:51:56	04:50:47	8.71	00:57:54 / 1176 [10.36]	02:05:40 / 1268 [10.07]	03:09:13 / 1407 [9.51]
1536	1813	MENTEL ZBIGNIEW	KRAKÓW	POL	RAJSKO-KRAKÓW	57	M50/147	(M)1411		04:51:58	04:49:51	8.73	01:05:59 / 1614 [9.09]	02:21:17 / 1634 [8.96]	03:24:17 / 1605 [8.81]
1537	1065	MISIORNY RADOSŁAW	POZNAŃ	POL		73	M35/218	(M)1412		04:52:07	04:49:43	8.74	01:02:59 / 1472 [9.53]	02:11:47 / 1446 [9.61]	03:11:34 / 1452 [9.40]
1538	1735	ŁUKOMSKI TOMASZ	POZNAŃ	POL	KB MANIAC POZNAŃ	64	M45/174	(M)1413		04:52:16	04:52:16	8.66	00:57:54 / 1177 [10.36]	02:05:27 / 1266 [10.09]	03:09:24 / 1410 [9.50]
1539	1153	KASIERSKA EWA KATARZYNA	POZNAŃ	POL	DRUŻYNA SZPIKU	48	K60/2	(K)126		04:52:17	04:50:32	8.71	01:03:15 / 1480 [9.49]	02:16:24 / 1570 [9.28]	03:20:21 / 1577 [8.98]
1540	202	BERNAT MATEUSZ	WROCLAW	POL		90	M20/122	(M)1414		04:52:18	04:50:44	8.71	01:00:33 / 1292 [9.91]	02:06:16 / 1284 [10.03]	03:02:48 / 1317 [9.85]
1541	429	KOWALEWSKI PIOTR	WROCLAW	POL		81	M25/158	(M)1415		04:52:18	04:50:29	8.72	01:00:49 / 1316 [9.87]	02:06:32 / 1300 [10.01]	03:04:19 / 1344 [9.77]
1542	79	DROSZCZAK KRZYSZTOF	OLAWA	POL		80	M25/159	(M)1416		04:52:45	04:50:34	8.71	01:05:23 / 1592 [9.18]	02:16:47 / 1586 [9.26]	03:18:33 / 1557 [9.07]
1543	1090	MAJEK JAROSŁAW	DĄBRÓWKA	POL	KB MANIAC POZNAŃ	67	M40/199	(M)1417		04:53:18	04:52:04	8.67	00:59:50 / 1248 [10.03]	02:06:51 / 1319 [9.98]	03:11:03 / 1437 [9.42]
1544	164	GWÓDZ TADEUSZ	WROCLAW	POL		66	M40/200	(M)1418		04:53:28	04:52:21	8.66	00:57:12 / 1088 [10.49]	02:03:13 / 1206 [10.27]	03:11:29 / 1448 [9.40]
1545	2009	RODRIGUES DANILO	SALVADOR	BRA	TIETO TEAM	83	M25/160	(M)1419		04:53:47	04:51:26	8.69	01:07:43 / 1654 [8.86]	02:22:28 / 1638 [8.89]	03:19:37 / 1570 [9.02]
1546	1856	WAŚKIEWICZ ZBIGNIEW	KATOWICE	POL	AWF KATOWICE	70	M35/219	(M)1420		04:53:51	04:51:50	8.68	01:07:46 / 1655 [8.85]	02:17:34 / 1592 [9.20]	03:17:53 / 1549 [9.10]
1547	948	DOROSZKO KRZYSZTOF	BRZEG	POL		88	M20/123	(M)1421		04:53:56	04:51:56	8.67	01:05:00 / 1546 [9.23]	02:15:45 / 1533 [9.33]	03:11:42 / 1459 [9.39]
1548	1968	STĘC CEZARY	RACIBÓRZ	POL		67	M40/201	(M)1422		04:54:00	04:51:21	8.69	01:07:28 / 1650 [8.89]	02:19:41 / 1616 [9.06]	03:18:35 / 1558 [9.06]
1549	1365	NAPIERAŁA MICHAŁ	POZNAŃ	POL	WWW.13SEKUND.PL	77	M30/265	(M)1423		04:54:09	04:52:46	8.65	01:00:47 / 1307 [9.87]	02:06:32 / 1302 [10.01]	03:02:43 / 1309 [9.85]
1550	1171	TUZINOWSKI WŁADYSŁAW	WROCLAW	POL		46	M60/46	(M)1424		04:54:24	04:52:53	8.64	01:00:36 / 1299 [9.90]	02:07:54 / 1380 [9.90]	03:12:14 / 1485 [9.36]
1551	1672	DUDA TOMASZ	ŚLIWICE	POL	RADIO RAM	68	M40/202	(M)1425		04:54:27	04:52:08	8.67	01:11:01 / 1695 [8.45]	02:29:52 / 1685 [8.45]	03:30:18 / 1635 [8.56]
1552	2038	KAPLIK MIROSLAW	GRACZE	POL	MONAR GRACZE	87	M20/124	(M)1426		04:54:28	04:52:56	8.64	01:07:28 / 1648 [8.89]	02:20:47 / 1626 [8.99]	03:20:15 / 1575 [8.99]
1553	1007	GROCHALSKI SEBASTIAN	SMOLEC	POL		76	M30/266	(M)1427		04:54:35	04:52:27	8.66	01:01:14 / 1383 [9.80]	02:07:33 / 1367 [9.93]	03:03:12 / 1327 [9.83]
1554	80	KOWALSKI KRZYSZTOF	WROCLAW	POL	WCT SPARTAN	57	M50/148	(M)1428		04:54:46	04:52:49	8.65	01:05:58 / 1612 [9.10]	02:19:22 / 1613 [9.08]	03:18:13 / 1553 [9.08]
1555	795	JÓZWIAK JAROSŁAW	WROCLAW	POL		88	M20/125	(M)1429		04:54:51	04:52:57	8.64	01:11:05 / 1698 [8.44]	02:26:36 / 1660 [8.64]	03:28:59 / 1627 [8.61]
1556	1964	ŚLEDZIŃSKI RYSZARD	KRAPKOWICE	POL	CROSS KRAPKOWICE	61	M45/175	(M)1430		04:54:51	04:54:12	8.61	01:01:50 / 1426 [9.70]	02:11:47 / 1447 [9.61]	03:10:35 / 1430 [9.44]
1557	2110	WEISMAN IZABELA	ŻORY	POL	ŻORY RULES :-))	72	K35/23	(K)127		04:55:07	04:53:08	8.64	01:04:48 / 1522 [9.26]	02:13:44 / 1469 [9.47]	03:11:26 / 1447 [9.40]
1558	345	KRUPIŃSKI TADEUSZ	LIGOTA PIĘKNA	POL		64	M45/176	(M)1431		04:55:08	04:52:42	8.65	01:00:32 / 1289 [9.91]	02:06:33 / 1304 [10.00]	03:06:00 / 1368 [9.68]
1559	422	ŁABUZ MAREK	WROCLAW	POL		56	M50/149	(M)1432		04:55:18	04:54:32	8.60	00:59:33 / 1240 [10.08]	02:06:46 / 1312 [9.99]	03:02:48 / 1316 [9.85]
1560	88	KOŁODZIEJ TADEUSZ	WROCLAW	POL		78	M30/267	(M)1433		04:55:23	04:55:11	8.58	00:52:56 / 708 [11.34]	02:02:20 / 1198 [10.35]	03:06:59 / 1381 [9.63]
1561	1384	SKŁADZIEŃ BOGUSŁAW, GRZE	WROCLAW	POL		54	M55/72	(M)1434		04:55:31	04:53:00	8.64	01:04:35 / 1511 [9.29]	02:16:15 / 1567 [9.29]	03:17:40 / 1543 [9.11]
1562	1734	BAK TOMASZ	GILOWICE	POL		82	M25/161	(M)1435		04:55:40	04:53:35	8.62	01:02:52 / 1461 [9.54]	02:13:19 / 1466 [9.50]	03:11:22 / 1445 [9.41]
1563	1868	URBANIAK PIOTR	GRACZE	POL	MONAR GRACZE	80	M25/162	(M)1436		04:55:42	04:53:29	8.63	01:07:28 / 1649 [8.89]	02:18:47 / 1605 [9.12]	03:21:53 / 1586 [8.92]
1564	128	WIĘCKIEWICZ KRZYSZTOF	ŚWIĘTA KATARZYNA	POL		71	M35/220	(M)1437		04:55:50	04:54:11	8.61	01:02:55 / 1466 [9.54]	02:12:52 / 1460 [9.53]	03:17:44 / 1547 [9.10]
1565	730	ZAJĄC TOMASZ	WROCLAW	POL		73	M35/221	(M)1438		04:56:07	04:53:55	8.61	01:09:51 / 1685 [8.59]	02:29:17 / 1681 [8.48]	03:32:45 / 1646 [8.46]
1566	678	SEREDYŃSKI MIECZYSLAW	WROCLAW	POL		66	M40/203	(M)1439		04:56:09	04:55:01	8.58	01:02:55 / 1467 [9.54]	02:15:22 / 1517 [9.35]	03:22:49 / 1596 [8.88]
1567	1795	BAGIŃSKI PRZEMYSŁAW	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	79	M30/268	(M)1440		04:56:21	04:54:08	8.61	01:03:57 / 1494 [9.38]	02:15:20 / 1514 [9.35]	03:19:54 / 1571 [9.00]
1568	1221	PODKOWSKI STANISŁAW	WROCLAW	POL	WKB PIAST WROCLAW	43	M65/15	(M)1441		04:56:37	04:55:12	8.58	01:01:11 / 1368 [9.81]	02:08:02 / 1383 [9.89]	03:12:56 / 1497 [9.33]
1569	1401	KLICH WIESŁAW	POLKOWICE	POL	DRUŻYNA SZPIKU	68	M40/204	(M)1442		04:56:51	04:55:28	8.57	01:01:11 / 1366 [9.81]	02:13:08 / 1464 [9.51]	03:20:52 / 1579 [8.96]
1570	1668	KIERCZAK MARCIN	LUTOMIA DOLNA	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	80	M25/163	(M)1443		04:56:52	04:55:31	8.57	00:54:18 / 873 [11.05]	01:55:46 / 924 [10.94]	02:58:18 / 1225 [10.10]
1571	1376	MROWIEC TERESA	BLACHOWNIA	POL		63	K45/11	(K)128		04:57:12	04:54:56	8.58	01:02:19 / 1446 [9.63]	02:14:22 / 1481 [9.42]	03:18:41 / 1561 [9.06]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex Sex	Wynik Time	Wynik Netto [km/h]	10km	21km	30km	
1572	488	RYDALSKI GRZEGORZ	WROCLAW	POL		68	M40/205		(M)1444	04:57:13	04:54:57	8.58	01:02:19 / 1445 [9.63]	02:14:23 / 1482 [9.42]	03:18:40 / 1560 [9.06]
1573	389	SZKUDLAREK ZBIGNIEW	SLUPSK	POL		53	M55/73		(M)1445	04:57:21	04:55:44	8.56	01:01:32 / 1404 [9.75]	02:13:58 / 1473 [9.45]	03:16:34 / 1533 [9.16]
1574	1143	SOBOL JÓZEF	WROCLAW	POL		59	M50/150		(M)1446	04:57:33	04:55:33	8.57	01:05:59 / 1613 [9.09]	02:19:22 / 1612 [9.08]	03:18:13 / 1554 [9.08]
1575	132	BURYLO LUIZA	OŚWIĘCIM	POL	MARATONYPOLSKIE.PL TEAM	67	K40/18		(K)129	04:57:36	04:55:43	8.56	01:05:30 / 1595 [9.16]	02:20:56 / 1630 [8.98]	03:25:21 / 1612 [8.77]
1576	1200	PACHUCKI MIROSLAW	RUDA ŚLĄSKA	POL		73	M35/222		(M)1447	04:57:41	04:56:27	8.54	01:05:31 / 1596 [9.16]	02:17:55 / 1598 [9.18]	03:19:01 / 1564 [9.04]
1577	1040	NIEDZIELA RAFAŁ	WROCLAW	POL		75	M30/269		(M)1448	04:57:44	04:55:42	8.56	01:06:51 / 1630 [8.98]	02:19:51 / 1619 [9.05]	03:22:52 / 1598 [8.87]
1578	1170	MALISZEWSKI JÓZEF	WROCLAW	POL	WKB PIAST WROCLAW	40	M65/16		(M)1449	04:57:50	04:56:31	8.54	01:00:59 / 1342 [9.84]	02:10:56 / 1432 [9.67]	03:19:55 / 1572 [9.00]
1579	986	JAKUBIAK JERZY	KŁODA	POL	DRUŻYNA SZPIKU	59	M50/151		(M)1450	04:58:00	04:56:06	8.55	01:06:00 / 1615 [9.09]	02:19:19 / 1610 [9.09]	03:22:52 / 1599 [8.87]
1580	1299	REGUCKI PIOTR	KRAKOW	POL		66	M40/206		(M)1451	04:58:05	04:56:27	8.54	00:58:15 / 1193 [10.30]	02:04:05 / 1226 [10.20]	03:08:37 / 1400 [9.54]
1581	1273	DUSZYŃSKI TOMASZ	STRZELIN	POL	RADIO APLAUZ	76	M30/270		(M)1452	04:58:07	04:56:33	8.54	01:02:04 / 1437 [9.67]	02:10:14 / 1426 [9.72]	03:12:15 / 1486 [9.36]
1582	1410	WOJCIECHOWSKA ANNA	DOBROSZYCE	POL		79	K30/25		(K)130	04:58:09	04:55:49	8.56	01:09:09 / 1682 [8.68]	02:27:40 / 1667 [8.57]	03:33:22 / 1652 [8.44]
1583	688	BASZAK MARIUSZ	WROCLAW	POL		66	M40/207		(M)1453	04:58:19	04:56:50	8.53	00:58:37 / 1200 [10.24]	02:07:14 / 1347 [9.95]	03:15:24 / 1523 [9.21]
1584	1911	WOREK JAROSŁAW	GLUCHOŁAZY	POL		65	M40/208	Nauc/97	(M)1454	04:58:20	04:56:33	8.54	01:05:14 / 1580 [9.20]	02:15:49 / 1549 [9.32]	03:18:27 / 1556 [9.07]
1585	767	ADAMSKA JUSTYNA	GRUDZIĄDZ	POL		76	K30/26		(K)131	04:58:24	04:56:32	8.54	01:05:20 / 1590 [9.18]	02:16:53 / 1588 [9.25]	03:24:20 / 1607 [8.81]
1586	1122	JÓZWIK TADEUSZ	LUBOCHNIA	POL	MKS TOMASZÓW MAZ.	52	M55/74	Nauc/98	(M)1455	04:58:25	04:57:24	8.51	00:57:09 / 1062 [10.50]	02:00:53 / 1156 [10.47]	03:11:10 / 1442 [9.42]
1587	1893	BEDNARZ WAĆLAW	KRAKÓW	POL		65	M40/209		(M)1456	04:58:40	04:56:15	8.55	01:09:30 / 1683 [8.63]	02:21:48 / 1636 [8.93]	03:19:35 / 1568 [9.02]
1588	1743	KACZMARSKI DARIUSZ	WROCLAW	POL	ORKIESTRA REPREZENTACYJNA ŚLĄSKIEGO OKRĘGU WOJSKOWEGO	81	M25/164		(M)1457	04:58:56	04:57:01	8.52	01:01:40 / 1420 [9.73]	02:08:06 / 1387 [9.88]	03:15:24 / 1524 [9.21]
1589	1855	ANTOLAK ARTUR	OBORNIKI ŚLĄSKIE	POL		66	M40/210		(M)1458	04:59:07	04:56:54	8.53	01:12:05 / 1708 [8.32]	02:40:57 / 1724 [7.87]	03:37:02 / 1667 [8.29]
1590	1696	WRONSKI JERZY	KNURÓW	POL	NSZZ SOLIDARNOŚĆ KOP KNURÓW	46	M60/47		(M)1459	04:59:25	04:58:01	8.50	01:01:12 / 1370 [9.80]	02:08:34 / 1395 [9.85]	03:18:16 / 1555 [9.08]
1591	579	SKOWROŃSKI ZBIGNIEW	WAŁBRZYCH	POL		51	M55/75		(M)1460	04:59:31	04:57:43	8.50	01:02:13 / 1443 [9.64]	02:10:56 / 1433 [9.67]	03:11:43 / 1460 [9.39]
1592	2088	PASTUSZKA WIESŁAW	LUBSKO	POL	ORKIESTRA REPREZENTACYJNA ŚLĄSKIEGO OKRĘGU WOJSKOWEGO	52	M55/76		(M)1461	04:59:52	04:57:44	8.50	01:07:55 / 1658 [8.83]	02:30:14 / 1689 [8.43]	03:35:29 / 1659 [8.35]
1593	327	MANASTERSKI SZYMON	WROCLAW	POL	AM MASTERS TEAM	88	M20/126		(M)1462	05:00:01	04:58:51	8.47	01:02:25 / 1449 [9.61]	02:15:39 / 1521 [9.33]	03:21:54 / 1587 [8.92]
1594	2058	SYNTETOS DIMITRIOS	ATHENS	GRC	TELMISOSNEAMACRI	54	M55/77		(M)1463	05:00:02	04:58:16	8.49	01:05:16 / 1583 [9.19]	02:18:02 / 1600 [9.17]	03:24:18 / 1606 [8.81]
1595	445	WALIDUDA JAROSŁAW	PISARZOWICE	POL	KB LUPUS OLEŚNICA	72	M35/223		(M)1464	05:00:06	04:57:48	8.50	01:08:41 / 1679 [8.74]	02:26:43 / 1661 [8.63]	03:31:35 / 1641 [8.51]
1596	912	GIMPLAJ PIOTR	WROCLAW	POL		61	M45/177		(M)1465	05:00:18	04:57:58	8.50	01:02:56 / 1469 [9.53]	02:14:27 / 1485 [9.42]	03:22:33 / 1594 [8.89]
1597	1288	WISTEROWICZ ANTONI	SOPOT	POL	GDAŃSKI KLUB MORSÓW	30	M75+/2	Leka/25	(M)1466	05:00:25	04:57:53	8.50	01:09:54 / 1686 [8.58]	02:23:51 / 1647 [8.80]	03:26:22 / 1617 [8.72]
1598	126	CYCUŁA PAWEŁ	WROCLAW	POL		83	M25/165		(M)1467	05:00:34	04:58:35	8.48	01:05:00 / 1548 [9.23]	02:15:47 / 1544 [9.32]	03:15:12 / 1522 [9.22]
1599	1690	ROZBICKI CZESŁAW	WROCLAW	POL		46	M60/48		(M)1468	05:00:35	04:58:39	8.48	01:01:32 / 1403 [9.75]	02:11:37 / 1443 [9.62]	03:11:44 / 1466 [9.39]
1600	2023	KURIATA ROBERT	SOBÓTKA	POL		75	M30/271		(M)1469	05:01:10	05:00:50	8.42	01:00:23 / 1281 [9.94]	02:13:44 / 1468 [9.47]	03:21:19 / 1582 [8.94]
1601	82	DOKTOR JOANNA	WROCLAW	POL		58	K50/4		(K)132	05:01:22	04:59:38	8.45	01:02:57 / 1470 [9.53]	02:15:44 / 1528 [9.33]	03:20:56 / 1580 [8.96]
1602	1289	WYŚLUCHA MATEUSZ	WROCLAW	POL		84	M25/166		(M)1470	05:01:24	04:59:32	8.45	01:07:08 / 1636 [8.94]	02:22:33 / 1640 [8.88]	03:25:52 / 1614 [8.74]
1603	1929	BARBOUR WORTH	NEPTUNE	USA		78	M30/272		(M)1471	05:01:52	04:59:59	8.44	01:03:52 / 1492 [9.39]	02:14:51 / 1505 [9.39]	03:22:25 / 1592 [8.89]
1604	1229	KRAWCZYK DARIUSZ	WROCLAW	POL		49	M60/49		(M)1472	05:01:59	05:00:17	8.43	01:04:52 / 1524 [9.25]	02:16:29 / 1573 [9.28]	03:22:40 / 1595 [8.88]
1605	2118	KUBICKI DARIUSZ	WROCLAW	POL	TIETO TEAM	78	M30/273		(M)1473	05:02:00	04:59:40	8.45	01:07:43 / 1653 [8.86]	02:22:28 / 1639 [8.89]	03:19:36 / 1569 [9.02]
1606	1119	SZCZEŚNIAK ARTUR	ZABRZE	POL	FACCIAMO JOGGING	68	M40/211		(M)1474	05:02:05	04:59:45	8.45	01:02:49 / 1460 [9.55]	02:16:23 / 1569 [9.28]	03:24:38 / 1608 [8.80]
1607	915	TROJANOWSKA EWA	WARKOCZ	POL		71	K35/24		(K)133	05:02:14	05:00:04	8.44	01:07:03 / 1632 [8.95]	02:23:19 / 1643 [8.83]	03:27:41 / 1622 [8.67]
1608	1763	PIEKOSZOWSKI TOMASZ	ŻORY	POL	POSEJDON TEAM	88	M20/127		(M)1475	05:02:16	05:00:00	8.44	01:05:07 / 1574 [9.21]	02:17:05 / 1589 [9.24]	03:22:16 / 1589 [8.90]
1609	1330	ŁAŃDUCH OLIMPIA	ZIĘBICE	POL		79	K30/27		(K)134	05:02:36	05:00:07	8.44	01:03:07 / 1476 [9.51]	02:15:21 / 1515 [9.35]	03:24:15 / 1602 [8.81]
1610	33	NOWAKOWSKA GENOWEFA	JELENIA GÓRA	POL		52	K55/6		(K)135	05:03:03	05:03:03	8.35	01:01:01 / 1350 [9.83]	02:15:55 / 1557 [9.31]	03:22:17 / 1590 [8.90]
1611	2098	SOKOŁOWSKI ROMAN	KRAPKOWICE	POL		60	M45/178		(M)1476	05:03:32	05:01:26	8.40	01:05:06 / 1572 [9.22]	02:16:09 / 1565 [9.30]	03:18:40 / 1559 [9.06]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km	
1612	809	RUSZKOWSKI LESZEK	WROCLAW	POL		84	M25/167	(M)	1477	05:04:34	05:02:23	8.37	01:08:17 / 1672 [8.79]	02:27:44 / 1668 [8.57]	03:32:47 / 1648 [8.46]	
1613	317	JEZERSKI KRZYSZTOF	BRZEG DOLNY	POL		87	M20/128	(M)	1478	05:04:54	05:02:36	8.37	01:05:18 / 1585 [9.19]	02:17:15 / 1590 [9.22]	03:26:32 / 1618 [8.72]	
1614	1148	KOTERSKI PAWEŁ	WROCLAW	POL		71	M35/224	(M)	1479	05:05:22	05:02:53	8.36	01:05:45 / 1599 [9.13]	02:16:32 / 1576 [9.27]	03:19:25 / 1567 [9.03]	
1615	1127	JACHYMIAK MAREK	WIELICZKA	POL		65	M40/212	(M)	1480	05:05:25	05:03:02	8.35	01:01:37 / 1414 [9.74]	02:07:26 / 1364 [9.93]	03:08:06 / 1391 [9.57]	
1616	434	SZLACHETKA KATARZYNA	JELCZ-LASKOWICE	POL		84	K25/22	(K)	136	05:05:34	05:03:41	8.34	01:07:23 / 1643 [8.90]	02:25:01 / 1653 [8.73]	03:31:34 / 1640 [8.51]	
1617	810	MAKAĆ ALBERT	ŁOMŻA	POL		85	M20/129	(M)	1481	05:05:40	05:04:12	8.32	01:03:00 / 1473 [9.52]	02:18:23 / 1604 [9.15]	03:21:04 / 1581 [8.95]	
1618	1188	STAROŚCIAK ANTONI	WROCLAW	POL	WSOWLAD.	44	M65/17	(M)	1482	05:05:41	05:03:17	8.35	01:14:39 / 1718 [8.04]	02:38:51 / 1713 [7.97]	03:51:56 / 1699 [7.76]	
1619	2079	ŚLIWAK KAMIL	LEGNICA	POL		85	M20/130	(M)	1483	05:05:50	05:05:22	8.29	01:00:21 / 1276 [9.94]	02:07:10 / 1338 [9.96]	03:21:25 / 1584 [8.94]	
1620	1786	KOMZA NATALIA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	78	K30/28	(K)	137	05:05:50	05:03:55	8.33	01:04:07 / 1497 [9.36]	02:14:39 / 1493 [9.40]	03:17:51 / 1548 [9.10]	
1621	2049	JARCZOK TOMASZ	GRACZE	POL	MONAR GRACZE	83	M25/168	(M)	1484	05:06:09	05:03:52	8.33	01:07:29 / 1651 [8.89]	02:20:47 / 1627 [8.99]	03:21:25 / 1583 [8.94]	
1622	1574	SZOPA LESZEK	ZATOR	POL	MARATONYPOLSKIE.PL TEAM	53	M55/78	(M)	1485	05:06:22	05:04:56	8.30	01:11:58 / 1707 [8.34]	02:31:41 / 1701 [8.35]	03:33:36 / 1655 [8.43]	
1623	95	WAWRZYNIAC ZIPSER	WROCLAW	POL		75	M30/274	Nauc/99	(M)	1486	05:06:44	05:05:10	8.30	01:01:39 / 1416 [9.73]	02:13:59 / 1474 [9.45]	03:23:11 / 1601 [8.86]
1624	403	WIERCIGROCH ADAM	RADWANICE	POL	KAUFLAND POLSKA	66	M40/213	(M)	1487	05:06:54	05:05:07	8.30	01:01:42 / 1423 [9.72]	02:11:01 / 1436 [9.66]	03:17:00 / 1537 [9.14]	
1625	607	JURCZAK JACEK	WROCLAW	POL		66	M40/214	(M)	1488	05:07:12	05:04:48	8.31	01:06:34 / 1621 [9.01]	02:20:35 / 1625 [9.01]	03:25:15 / 1609 [8.77]	
1626	487	MILEK PAWEŁ	WROCLAW	POL		70	M35/225	(M)	1489	05:08:05	05:05:43	8.28	01:10:48 / 1693 [8.47]	02:28:06 / 1671 [8.55]	03:33:14 / 1651 [8.44]	
1627	875	GULEWICZ ŁUKASZ	WROCLAW	POL	MARATHON FOR JESUS _	77	M30/275	(M)	1490	05:08:17	05:06:18	8.27	01:07:07 / 1634 [8.94]	02:23:52 / 1645 [8.83]	03:32:34 / 1645 [8.47]	
1628	645	STANKIEWICZ BOŻENA	WROCLAW	POL		58	K50/5	Nauc/100	(K)	138	05:09:05	05:06:57	8.25	01:07:57 / 1663 [8.83]	02:23:52 / 1648 [8.80]	03:27:54 / 1625 [8.66]
1629	709	WŁODARCZAK PAWEŁ	SZCZECIN	POL	DRUŻYNA SZPIKU	62	M45/179	(M)	1491	05:09:10	05:07:04	8.24	01:04:11 / 1500 [9.35]	02:15:09 / 1511 [9.37]	03:17:21 / 1542 [9.12]	
1630	848	JODKOWSKI BOLESŁAW	WROCLAW	POL	STRUSIE PĘDZIWIATRY	84	M25/169	(M)	1492	05:09:11	05:07:27	8.23	01:01:12 / 1373 [9.80]	02:07:35 / 1371 [9.92]	03:13:47 / 1505 [9.29]	
1631	1985	KOTARSKI DARIUSZ	DUSZNIKI ZDRÓJ	POL		76	M30/276	(M)	1493	05:09:13	05:06:55	8.25	01:07:27 / 1647 [8.90]	02:26:26 / 1657 [8.65]	03:29:28 / 1632 [8.59]	
1632	1448	MATUSZAK PRZEMYSŁAW	PRUDNIK	POL		81	M25/170	(M)	1494	05:10:02	05:08:14	8.21	00:57:02 / 1041 [10.52]	01:59:41 / 1095 [10.58]	03:12:31 / 1489 [9.35]	
1633	245	LESZCZYŃSKA SABINA	NIEMODLIN	POL		78	K30/29	(K)	139	05:10:28	05:09:06	8.19	01:07:18 / 1640 [8.92]	02:20:33 / 1624 [9.01]	03:29:13 / 1628 [8.60]	
1634	1368	KIEWRA MACIEJ	WROCLAW	POL	INTENSO	78	M30/277	(M)	1495	05:10:35	05:08:40	8.20	01:05:01 / 1555 [9.23]	02:15:54 / 1554 [9.32]	03:20:31 / 1578 [8.98]	
1635	482	HARASYMOWICZ PIOTR	JELCZ-LASKOWICE	POL	AWF WROCLAW	83	M25/171	(M)	1496	05:10:39	05:08:31	8.21	01:05:01 / 1553 [9.23]	02:18:20 / 1603 [9.15]	03:27:46 / 1624 [8.66]	
1636	1992	GABRYŚ TOMASZ	WROCLAW	POL		85	M20/131	(M)	1497	05:10:50	05:08:41	8.20	01:07:55 / 1657 [8.83]	02:28:50 / 1679 [8.51]	03:33:12 / 1649 [8.44]	
1637	516	JAWORSKI ARTUR	WROCLAW	POL		67	M40/215	(M)	1498	05:10:56	05:09:10	8.19	01:05:01 / 1549 [9.23]	02:16:28 / 1572 [9.28]	03:19:11 / 1566 [9.04]	
1638	515	KRAJEWSKI TOMASZ	WROCLAW	POL		76	M30/278	(M)	1499	05:11:00	05:09:27	8.18	00:57:27 / 1141 [10.44]	02:08:04 / 1384 [9.89]	03:14:08 / 1511 [9.27]	
1639	1733	SIDORCZUK BARTOSZ	WROCLAW	POL		80	M25/172	(M)	1500	05:11:13	05:08:54	8.20	01:06:44 / 1623 [8.99]	02:19:45 / 1617 [9.06]	03:29:19 / 1629 [8.60]	
1640	1245	WIATROWSKI KRZYSZTOF	WROCLAW	POL		70	M35/226	(M)	1501	05:11:41	05:09:41	8.18	00:58:57 / 1214 [10.18]	02:09:08 / 1403 [9.80]	03:21:56 / 1588 [8.91]	
1641	2026	BOBNIS BARTOSZ	WROCLAW	POL	TWARDE CHŁOPAKI W MIĘKKIM OBUWIU	90	M20/132	(M)	1502	05:12:40	05:12:32	8.10	00:51:57 / 670 [11.55]	01:59:40 / 1092 [10.58]	03:13:05 / 1501 [9.32]	
1642	1945	PAWLATA TOMASZ	SKIERNIEWICE	POL	WAT WARSZAWA	87	M20/133	(M)	1503	05:13:00	05:12:01	8.11	00:57:24 / 1136 [10.45]	01:59:55 / 1130 [10.56]	03:09:12 / 1406 [9.51]	
1643	1861	KLAUS HALINA	WROCLAW	POL		52	K55/7	(K)	140	05:13:07	05:11:04	8.14	01:10:47 / 1691 [8.48]	02:23:13 / 1641 [8.84]	03:31:17 / 1638 [8.52]	
1644	1044	SEBASTIANIUK TOMASZ	LUBLIN	POL	LUBLIN KALINA	83	M25/173	(M)	1504	05:13:08	05:11:05	8.14	01:10:47 / 1692 [8.48]	02:23:13 / 1642 [8.84]	03:31:17 / 1639 [8.52]	
1645	1049	TOŁŁOCZKO KAROLINA	JELCZ-LASKOWICE	POL	WKB PIAST WROCLAW	84	K25/23	(K)	141	05:15:43	05:13:37	8.07	01:07:57 / 1662 [8.83]	02:30:17 / 1692 [8.42]	03:37:22 / 1668 [8.28]	
1646	1048	TOŁŁOCZKO ARKADIUSZ	JELCZ-LASKOWICE	POL	WKB PIAST WROCLAW	77	M30/279	(M)	1505	05:15:43	05:13:39	8.07	00:56:06 / 982 [10.70]	02:01:00 / 1160 [10.46]	03:11:10 / 1441 [9.42]	
1647	669	WASILUK PAWEŁ	WROCLAW	POL		76	M30/280	(M)	1506	05:15:49	05:15:22	8.03	01:02:39 / 1458 [9.58]	02:13:04 / 1463 [9.51]	03:11:04 / 1438 [9.42]	
1648	874	GULEWICZ ANDRZEJ	WROCLAW	POL	MARATHON FOR JESUS _	56	M50/152	(M)	1507	05:16:05	05:14:07	8.06	01:07:08 / 1635 [8.94]	02:32:22 / 1644 [8.83]	03:32:34 / 1644 [8.47]	
1649	2072	HUNEK SŁAWOMIR	WAŁBRZYCH	POL		55	M50/153	(M)	1508	05:16:38	05:14:12	8.06	01:12:22 / 1710 [8.29]	02:33:35 / 1710 [8.24]	03:40:20 / 1675 [8.17]	
1650	881	NOWACKI ROMAN	WROCLAW	POL		68	M40/216	(M)	1509	05:16:53	05:14:57	8.04	01:08:10 / 1670 [8.80]	02:25:03 / 1654 [8.73]	03:33:36 / 1654 [8.43]	
1651	2035	CZECH KRZYSZTOF	NYSA	POL	MONAR GRACZE	76	M30/281	(M)	1510	05:17:06	05:14:57	8.04	01:06:42 / 1622 [9.00]	02:24:26 / 1650 [8.77]	03:31:54 / 1643 [8.49]	
1652	76	MOTYKA MAŁGORZATA	WROCLAW	POL	SIEWSPINA.PL	75	K30/30	Nauc/101	(K)	142	05:17:17	05:15:24	8.03	01:04:32 / 1509 [9.30]	02:15:47 / 1545 [9.32]	03:24:16 / 1604 [8.81]
1653	1705	GABRYŚ KRZYSZTOF	GLIWICE	POL		42	M65/18	(M)	1511	05:17:18	05:15:31	8.02	01:03:50 / 1489 [9.40]	02:19:01 / 1609 [9.11]	03:29:54 / 1634 [8.58]	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1654	2022	PIEGZA WOJCIECH	WROCLAW	POL		82	M25/174		(M)1512	05:17:41	05:15:43	8.02	01:11:08 / 1700 [8.43]	02:40:18 / 1718 [7.90]	
1655	448	POPIEL JAN	WROCLAW	POL		78	M30/282		(M)1513	05:18:01	05:16:54	7.99	01:08:06 / 1669 [8.81]	02:28:49 / 1678 [8.51]	03:35:50 / 1663 [8.34]
1656	257	SAWICKA IWONA	PROCHOWICE	POL		82	K25/24		(K)143	05:18:13	05:17:17	7.98	01:08:13 / 1671 [8.80]	02:30:15 / 1691 [8.43]	03:35:29 / 1660 [8.35]
1657	318	KIERSZTYN WOJCIECH	WROCLAW	POL		75	M30/283		(M)1514	05:18:17	05:16:13	8.01	01:03:09 / 1477 [9.50]	02:11:27 / 1442 [9.63]	03:26:59 / 1621 [8.70]
1658	853	MALINOWSKI KRZYSZTOF	TRZEMESNIA	POL	WOLNY STRZELEC	85	M20/134		(M)1515	05:18:29	05:16:22	8.00	01:06:00 / 1616 [9.09]	02:20:48 / 1628 [8.99]	03:27:43 / 1623 [8.67]
1659	123	HABRYCH MAREK	WALBRZYCH	POL		53	M55/79		(M)1516	05:18:49	05:16:56	7.99	01:07:26 / 1644 [8.90]	02:21:58 / 1637 [8.92]	03:29:49 / 1633 [8.58]
1660	2030	STAWIŃSKI PIOTR	WROCLAW	POL		71	M35/227	Leka/26	(M)1517	05:18:54	05:18:41	7.94	00:55:53 / 966 [10.74]	02:09:35 / 1414 [9.77]	03:22:24 / 1591 [8.89]
1661	401	ŚWIĄTEK LUKASZ	WROCLAW	POL		81	M25/175		(M)1518	05:19:07	05:16:47	7.99	01:05:09 / 1576 [9.21]	02:18:00 / 1599 [9.17]	03:23:05 / 1600 [8.86]
1662	406	WYDRZYŃSKI GRZEGORZ	KONIN	POL	TIETO TEAM	79	M30/284		(M)1519	05:19:24	05:17:03	7.99	01:14:40 / 1720 [8.04]	02:38:51 / 1715 [7.97]	03:51:07 / 1695 [7.79]
1663	2041	TARGOSZ KRZYSZTOF	GRACZE	POL	MONAR GRACZE	78	M30/285		(M)1520	05:19:42	05:17:33	7.97	01:06:00 / 1617 [9.09]	02:20:53 / 1629 [8.99]	03:32:46 / 1647 [8.46]
1664	1841	TOKAREK MARCIN	WROCLAW	POL		70	M35/228		(M)1521	05:20:08	05:19:44	7.92	01:07:56 / 1661 [8.83]	02:26:00 / 1656 [8.67]	03:35:52 / 1664 [8.34]
1665	92	GAŚSIOR ROBERT	DABROWA GORNICZA	POL	LEGION ETRANGERE	68	M40/217		(M)1522	05:20:20	05:20:00	7.91	01:05:49 / 1603 [9.12]	02:24:17 / 1649 [8.77]	03:34:20 / 1656 [8.40]
1666	388	NIELACNY JAREK	WROCLAW	POL	GATORADE	71	M35/229		(M)1523	05:20:42	05:19:47	7.92	01:06:50 / 1629 [8.98]	02:25:10 / 1655 [8.72]	03:31:36 / 1642 [8.51]
1667	2096	DAWID MARCIN	SULECHÓW	POL		71	M35/230		(M)1524	05:20:50	05:18:51	7.94	01:11:00 / 1694 [8.45]	02:32:17 / 1703 [8.31]	03:39:20 / 1671 [8.21]
1668	1793	ZYBURA ANDRZEJ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	55	M50/154		(M)1525	05:21:03	05:19:08	7.93	01:04:06 / 1496 [9.36]	02:14:38 / 1492 [9.40]	03:26:17 / 1616 [8.73]
1669	2043	RADKIEWICZ BENEDYKT	GRACZE	POL	MONAR GRACZE	84	M25/176		(M)1526	05:21:10	05:18:54	7.94	01:11:10 / 1703 [8.43]	02:29:50 / 1684 [8.45]	03:48:44 / 1690 [7.87]
1670	1274	WIŚNIEWSKI BARTOSZ	ZGORZELEC	POL		85	M20/135		(M)1527	05:21:21	05:19:02	7.94	01:11:01 / 1696 [8.45]	02:29:53 / 1686 [8.45]	03:41:44 / 1680 [8.12]
1671	590	KLEPAK JOZEF	WROCLAW	POL		60	M45/180	Nauc/102	(M)1528	05:22:10	05:21:53	7.87	00:59:51 / 1249 [10.03]	02:12:41 / 1458 [9.54]	03:21:46 / 1585 [8.92]
1672	578	RESPONDEK DARIUSZ	WROCLAW	POL		74	M35/231		(M)1529	05:22:19	05:20:15	7.91	01:07:31 / 1652 [8.89]	02:21:15 / 1633 [8.96]	03:25:25 / 1613 [8.76]
1673	744	BIENIAWSKA ZUZANNA	WROCLAW	POL		78	K30/31		(K)144	05:22:25	05:20:31	7.90	01:07:18 / 1639 [8.92]	02:28:23 / 1674 [8.53]	03:37:47 / 1669 [8.27]
1674	1627	KURTYKA ANDRZEJ	WROCLAW	POL		53	M55/80		(M)1530	05:22:50	05:22:33	7.85	01:01:00 / 1345 [9.84]	02:16:20 / 1568 [9.29]	03:36:55 / 1666 [8.30]
1675	1230	MAZURCZAK JANUSZ	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	49	M60/50		(M)1531	05:22:53	05:20:40	7.90	01:05:06 / 1573 [9.22]	02:16:29 / 1575 [9.28]	03:26:34 / 1619 [8.71]
1676	2081	ZAJĄC JAN	WROCLAW	POL	ROYAL RANGERS	68	M40/218		(M)1532	05:24:04	05:21:55	7.86	01:07:56 / 1659 [8.83]	02:30:14 / 1690 [8.43]	03:35:49 / 1662 [8.34]
1677	1131	KOZIŃSKA MAGDALENA	WROCLAW	POL		78	K30/32		(K)145	05:24:37	05:22:52	7.84	01:04:59 / 1542 [9.23]	02:15:46 / 1537 [9.32]	03:19:58 / 1573 [9.00]
1678	1935	ROGOZIŃSKI DARIUSZ	WROCLAW	POL		73	M35/232		(M)1533	05:25:02	05:22:38	7.85	01:08:05 / 1668 [8.81]	02:28:49 / 1677 [8.51]	03:41:00 / 1676 [8.14]
1679	206	MIKICIUK ARKADIUSZ	WROCLAW	POL		75	M30/286		(M)1534	05:25:05	05:22:58	7.84	01:10:02 / 1687 [8.57]	02:27:16 / 1665 [8.60]	03:36:26 / 1665 [8.32]
1680	804	MALARCZYK ERAZM	WROCLAW	POL		89	M20/136		(M)1535	05:25:37	05:23:43	7.82	01:11:04 / 1697 [8.44]	02:26:58 / 1663 [8.61]	03:35:13 / 1657 [8.36]
1681	831	TCHÓRZEWSKI GRZEGORZ	WROCLAW	POL		67	M40/219		(M)1536	05:26:16	05:23:48	7.82	01:11:46 / 1706 [8.36]	02:31:37 / 1700 [8.35]	03:40:06 / 1673 [8.18]
1682	269	MARCINKIEWICZ ANDRZEJ	LEGNICA	POL		56	M50/155		(M)1537	05:26:26	05:24:56	7.79	01:00:18 / 1271 [9.95]	02:14:39 / 1495 [9.40]	03:28:06 / 1626 [8.65]
1683	1169	BORA ANDRZEJ	WROCLAW	POL	WKB PIAST WROCLAW	48	M60/51		(M)1538	05:26:32	05:25:21	7.78	01:02:55 / 1465 [9.54]	02:15:51 / 1551 [9.32]	03:25:17 / 1611 [8.77]
1684	373	GIESZCZYK TOMASZ	WROCLAW	POL	INTENSO	81	M25/177		(M)1539	05:26:36	05:25:00	7.79	01:00:28 / 1283 [9.92]	02:16:01 / 1561 [9.31]	03:26:54 / 1620 [8.70]
1685	1359	LO PO' VALERIO	CATANIA	ITA		80	M25/178		(M)1540	05:26:43	05:24:29	7.80	01:11:42 / 1704 [8.37]	02:24:53 / 1651 [8.74]	03:30:37 / 1637 [8.55]
1686	1536	MASZKOWSKI JACEK KAZIMIERZ	POLE	POL	POLSKA BIEGA	62	M45/181		(M)1541	05:26:47	05:24:23	7.80	01:08:40 / 1677 [8.74]	02:30:13 / 1688 [8.43]	03:35:48 / 1661 [8.34]
1687	1358	WLĄZIK KRZYSZTOF	WROCLAW	POL		74	M35/233		(M)1542	05:26:52	05:25:06	7.79	01:10:19 / 1689 [8.53]	02:28:13 / 1673 [8.54]	03:33:28 / 1653 [8.43]
1688	2078	MACZÓ ANDRÁS	BUDAPEST	HUN	ZOLD GOMB	49	M60/52		(M)1543	05:27:41	05:26:23	7.76	01:10:35 / 1690 [8.50]	02:33:31 / 1709 [8.25]	03:43:18 / 1683 [8.06]
1689	1585	KUCHARSKA GABRIELA	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	72	K35/25		(K)146	05:28:13	05:26:16	7.76	01:05:52 / 1604 [9.11]	02:36:24 / 1659 [8.64]	03:35:26 / 1658 [8.36]
1690	2068	JACH PAWEŁ I MACIEK	WROCLAW	POL	SIEWSPINA.PL	64	M45/182		(M)1544	05:28:26	05:25:58	7.77	01:04:03 / 1495 [9.37]	02:12:15 / 1452 [9.57]	03:24:16 / 1603 [8.81]
1691	843	HANDZIAK TOMASZ	LUBACZÓW	POL		82	M25/179		(M)1545	05:29:17	05:27:41	7.73	01:12:47 / 1712 [8.24]	02:32:25 / 1705 [8.31]	03:43:09 / 1682 [8.07]
1692	2122	MEJ PAWEŁ	BACZKÓW KOŁO BOCHNI	POL		72	M35/234		(M)1546	05:30:37	05:30:23	7.66	01:04:20 / 1503 [9.33]	02:26:32 / 1658 [8.64]	03:45:04 / 1685 [8.00]
1693	1777	KUMPIN ARKADIUSZ	KONOPISKA	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	84	M25/180		(M)1547	05:31:04	05:29:14	7.69	01:05:06 / 1571 [9.22]	02:23:33 / 1646 [8.82]	03:39:43 / 1672 [8.19]
1694	1768	RUSIN ERNEST	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	78	M30/287		(M)1548	05:32:46	05:32:34	7.61	01:04:38 / 1514 [9.28]	02:29:42 / 1682 [8.46]	03:44:34 / 1684 [8.02]
1695	185	SKOCZEK MAREK	SULKOWICE	POL		60	M45/183		(M)1549	05:33:56	05:33:43	7.59	01:05:32 / 1598 [9.16]	02:32:23 / 1704 [8.31]	03:47:09 / 1687 [7.92]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	10km	21km	30km
1696	2036	STOKŁOSA OKTAWIAN	GRACZE	POL	MONAR GRACZE	89	M20/137		(M)1550	05:34:07	05:32:45	7.61	01:01:17 / 1390 [9.79]	02:17:18 / 1591 [9.22]	03:39:05 / 1670 [8.22]
1697	473	ZACKIEWICZ TOMASZ	JELCZ - LASKOWICE	POL	PROF - KOM JELCZ - LASKOWICE	70	M35/235		(M)1551	05:35:16	05:35:00	7.56	01:04:57 / 1532 [9.24]	02:28:00 / 1669 [8.55]	03:41:10 / 1678 [8.14]
1698	474	ZACKIEWICZ ILOKA	JELCZ - LASKOWICE	POL	PROF - KOM JELCZ - LASKOWICE	70	K35/26		(K)147	05:35:16	05:35:01	7.56	01:04:58 / 1536 [9.24]	02:28:00 / 1670 [8.55]	03:41:03 / 1677 [8.14]
1699	2020	PFANHAUSER MONIKA	ŚWIDNICA	POL		82	K25/25	Leka/27	(K)148	05:39:01	05:37:04	7.51	01:11:07 / 1699 [8.44]	02:33:02 / 1707 [8.27]	03:49:52 / 1692 [7.83]
1700	2021	GNUS JAN	WROCLAW	POL		54	M55/81	Leka/28	(M)1552	05:39:02	05:37:05	7.51	01:11:08 / 1701 [8.43]	02:33:02 / 1708 [8.27]	03:49:53 / 1693 [7.83]
1701	631	KAWCZYŃSKI ADAM	WROCLAW	POL	AWF WROCLAW	77	M30/288		(M)1553	05:39:06	05:36:59	7.51	01:06:30 / 1620 [9.02]	02:30:08 / 1687 [8.43]	03:45:49 / 1686 [7.97]
1702	1243	STAROŚCIAK BARTŁOMIEJ	WROCLAW	POL		72	M35/236		(M)1554	05:39:25	05:37:01	7.51	01:14:40 / 1719 [8.04]	02:38:51 / 1714 [7.97]	03:51:56 / 1698 [7.76]
1703	1983	DOBROWOLSKI ALEKSANDER	WROCAW	POL		54	M55/82		(M)1555	05:41:08	05:39:09	7.46	01:01:11 / 1369 [9.81]	02:14:29 / 1486 [9.41]	03:41:39 / 1679 [8.12]
1704	2113	KARDASZYŃSKI KAROL	MILEJOWICE	POL	MONAR WROCLAW	85	M20/138		(M)1556	05:43:21	05:41:30	7.41	01:02:22 / 1448 [9.62]	02:13:10 / 1465 [9.51]	03:25:15 / 1610 [8.77]
1705	393	SZAFRANIEC ANDRZEJ	ZAKRZEWO	POL		57	M50/156		(M)1557	05:43:26	05:42:36	7.39	01:12:44 / 1711 [8.25]	02:41:23 / 1725 [7.84]	03:53:57 / 1703 [7.69]
1706	2048	WOJCZUK KATARZYNA	GRACZE	POL	MONAR GRACZE	81	M25/181		(M)1558	05:45:14	05:43:00	7.38	01:11:10 / 1702 [8.43]	02:29:49 / 1683 [8.45]	03:48:44 / 1691 [7.87]
1707	1159	PAWLACZYK MARIAN	WROCLAW	POL	WKB PIAST WROCLAW	34	M75+3		(M)1559	05:45:29	05:43:40	7.37	01:07:22 / 1642 [8.91]	02:27:27 / 1666 [8.59]	03:40:15 / 1674 [8.17]
1708	1578	MAREK ROMUALD	WROCLAW	POL		59	M50/157		(M)1560	05:46:26	05:44:29	7.35	01:07:58 / 1665 [8.83]	02:30:41 / 1694 [8.40]	03:48:30 / 1689 [7.88]
1709	1918	GOLENIEWSKI TOMASZ	WROCLAW	POL	ORKIESTRA REPREZENTACYJNA ŚLĄSKIEGO OKRĘGU WOJSKOWEGO	73	M35/237		(M)1561	05:46:28	05:44:19	7.35	01:08:23 / 1674 [8.77]	02:39:33 / 1716 [7.93]	03:58:10 / 1707 [7.56]
1710	685	SALAMON ROBERT	WROCLAW	POL		66	M40/220		(M)1562	05:46:54	05:44:29	7.35	01:14:42 / 1721 [8.03]	02:40:42 / 1722 [7.88]	03:58:23 / 1708 [7.55]
1711	1770	KLUWAK MICHAŁ	WROCLAW	POL	MONAR WROCLAW	88	M20/139		(M)1563	05:47:09	05:45:51	7.32	01:04:59 / 1540 [9.23]	02:20:30 / 1621 [9.01]	03:47:59 / 1688 [7.90]
1712	433	FRAŃCZ PIOTR	WROCLAW	POL	ROYAL RANGERS	86	M20/140		(M)1564	05:47:48	05:45:38	7.32	01:07:56 / 1660 [8.83]	02:31:00 / 1698 [8.38]	03:50:40 / 1694 [7.80]
1713	325	KANIUKA MAREK	OŁAWA	POL	M&M	81	M25/182		(M)1565	05:48:16	05:47:36	7.28	01:02:28 / 1452 [9.61]	02:18:52 / 1607 [9.12]	03:41:55 / 1681 [8.11]
1714	1219	LOVE WESLEY	WEST LAFAYETTE	USA		34	M75+4		(M)1566	05:48:52	05:46:40	7.30	01:15:23 / 1722 [7.96]	02:42:26 / 1727 [7.79]	03:58:31 / 1709 [7.55]
1715	337	ĆWIEK GRZEGORZ	SIECHNICE	POL		77	M30/289		(M)1567	05:49:45	05:48:22	7.27	01:07:18 / 1641 [8.92]	02:31:42 / 1702 [8.35]	03:51:25 / 1696 [7.78]
1716	918	ŁUCZYŃSKI ŁUKASZ	WROCLAW	POL	ŚLONECZNIKI	83	M25/183		(M)1568	05:50:14	05:47:45	7.28	01:09:03 / 1680 [8.69]	02:35:37 / 1712 [8.14]	04:03:19 / 1717 [7.40]
1717	1183	BEDNARZ JERZY	POZNAN-CHYBY	POL		46	M60/53		(M)1569	05:52:06	05:51:04	7.21	01:13:27 / 1717 [8.17]	02:40:45 / 1723 [7.88]	04:02:57 / 1716 [7.41]
1718	87	MUSIAŁ PIOTR	WROCLAW	POL	WKB META LUBLINIEC	71	M35/238		(M)1570	05:52:29	05:51:41	7.20	01:03:49 / 1488 [9.40]	02:30:52 / 1697 [8.39]	04:01:36 / 1714 [7.45]
1719	868	SZCZEPANIUK ROBERT	BUKOWIE	POL		75	M30/290		(M)1571	05:53:06	05:50:49	7.22	01:15:56 / 1724 [7.90]	02:40:33 / 1719 [7.89]	03:53:36 / 1701 [7.71]
1720	1281	KUMALA ZYGMUNT	WROCLAW	POL	ZMECH	39	M70/4	Nauc/103	(M)1572	05:53:11	05:50:53	7.22	01:15:56 / 1725 [7.90]	02:40:33 / 1720 [7.89]	03:53:36 / 1702 [7.71]
1721	1704	GLINCZEWSKI ZBIGNIEW	WROCLAW	POL	MARIA ŚNIEŻNA	47	M60/54		(M)1573	05:53:22	05:51:31	7.20	01:05:31 / 1597 [9.16]	02:26:44 / 1662 [8.63]	03:59:30 / 1712 [7.52]
1722	1283	JABŁOŃSKI ANDRZEJ	KALISZ	POL	TKKF RELAKS KALISZ	36	M70/5		(M)1574	05:53:27	05:52:56	7.17	00:49:11 / 386 [12.20]	01:43:47 / 396 [12.20]	02:29:15 / 427 [12.06]
1723	1290	ZAPART KRZYSZTOF	PABIANICE	POL		84	M25/184		(M)1575	05:54:00	05:52:10	7.19	01:08:20 / 1673 [8.78]	02:32:35 / 1706 [8.30]	03:52:41 / 1700 [7.74]
1724	1703	GIRTLEK JERZY	WARSZAWA	POL		39	M70/6		(M)1576	05:54:58	05:52:30	7.18	01:12:22 / 1709 [8.29]	02:30:26 / 1693 [8.42]	03:51:49 / 1697 [7.76]
1725	1609	BASIŃSKA EWA	KRAKÓW	POL		82	K25/26		(K)149	05:55:00	05:52:49	7.18	01:07:57 / 1664 [8.83]	02:30:45 / 1695 [8.40]	03:54:58 / 1704 [7.66]
1726	1605	GOLDYŃ AGATA	KRAKÓW	POL		82	K25/27		(K)150	05:55:01	05:52:50	7.18	01:07:58 / 1666 [8.83]	02:30:45 / 1696 [8.40]	03:54:58 / 1705 [7.66]
1727	1502	DZIWOKI KRYSZTIAN	RYDUŁTOWY	POL		61	M45/184		(M)1577	05:55:30	05:54:53	7.13	01:05:08 / 1575 [9.21]	02:41:24 / 1726 [7.84]	04:04:23 / 1719 [7.37]
1728	1543	CYBULSKI RAFAŁ	WROCLAW	POL		83	M25/185		(M)1578	05:55:30	05:54:23	7.14	01:02:16 / 1444 [9.64]	02:33:48 / 1711 [8.23]	04:04:23 / 1718 [7.37]
1729	1826	JAGODZIŃSKI ZBIGNIEW	WROCLAW	POL	NIKE POLAND	80	M25/186		(M)1579	05:56:56	05:54:44	7.14	01:15:25 / 1723 [7.96]	02:40:35 / 1721 [7.88]	03:59:07 / 1710 [7.53]
1730	1842	TARUN BHAGATTJEE	MUMBAI, INDIA	IND	IIT ALUMNI RUNNERS GROUP	62	M45/185		(M)1580	05:56:57	05:55:24	7.12	01:16:39 / 1726 [7.83]	02:43:00 / 1728 [7.77]	03:59:07 / 1711 [7.53]
1731	454	DANIK KRZYSZTOF	OPOLE	POL		69	M40/221		(M)1581	05:57:02	05:55:10	7.13	01:08:02 / 1667 [8.82]	02:31:31 / 1699 [8.36]	03:59:55 / 1713 [7.50]
1732	1661	STORY WIENCZYSLAW	WROCLAW	POL		60	M45/186		(M)1582	05:57:15	05:55:54	7.11	01:13:25 / 1716 [8.17]	02:43:30 / 1729 [7.74]	04:02:40 / 1715 [7.42]
1733	1209	KROPIDŁOWSKI FLORIAN	POLICE	POL	DRUŻYNA SZPIKU	35	M70/7		(M)1583	05:57:49	05:56:01	7.11	01:12:48 / 1713 [8.24]	02:40:00 / 1717 [7.91]	03:56:24 / 1706 [7.61]

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU

35	SIEMASZKO ZBIGNIEW	WROCLAW	POL	LUKS ŻÓRAWINA	58				(M)9999	99:99:99			00:42:46 / 1731 [14.03]	01:33:37 / 1744 [13.52]	
122	FOJTAR ZBIGNIEW	WROCLAW	POL	MAGUS ENDURANCE	72				(M)9999	99:99:99			00:49:54 / 1733 [12.02]	01:45:00 / 1746 [12.06]	02:29:09 / 1736 [12.07]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	10km	21km	30km
145		SKRZYPCZAK TOMASZ	WROCLAW	POL	WKB PIAST WROCLAW	85			(M)9999	99:99:99		00:42:32 / 1730 [14.11]	01:33:26 / 1743 [13.55]	
160		GRZESIAK WOJCIECH	WOLOW	POL	MWK TEAM	73			(M)9999	99:99:99		01:04:55 / 1750 [9.24]	02:23:53 / 1755 [8.80]	
166		ZIEMBLICKI BARTOSZ	WROCLAW	POL	CHALLENGERS	83			(M)9999	99:99:99		00:54:05 / 1737 [11.09]	01:52:40 / 1749 [11.24]	02:39:36 / 1737 [11.28]
479		FISCHER ANDRZEJ	OLESNICA	POL		77			(M)9999	99:99:99		00:53:38 / 1736 [11.19]	01:52:39 / 1748 [11.24]	02:45:51 / 1738 [10.85]
483		ZALESKI HENRYK	SOBOTKA	POL	WKB PIAST WROCLAW	45			(M)9999	99:99:99		00:54:19 / 1738 [11.05]		
522		FOSZTEGA JERZY	WROCLAW	POL		86			(M)9999	99:99:99		01:16:03 / 1758 [7.89]		
593		KOŁODZIEJ JUSTYNA	OPOLE	POL	MARCUS TEAM	78			(K)9999	99:99:99		01:06:12 / 1751 [9.06]		
600		LAUNER TOMASZ	WROCLAW	POL	KOMSA POLSKA	72			(M)9999	99:99:99		00:55:44 / 1741 [10.77]	01:53:26 / 1750 [11.16]	
615		BARTCZAK GRZEGORZ	WROCLAW	POL		87			(M)9999	99:99:99		00:51:43 / 1735 [11.60]	01:48:47 / 1747 [11.64]	02:46:54 / 1739 [10.78]
635		ZAKRZEWSKI PIOTR	WROCLAW	POL		75			(M)9999	99:99:99		00:48:29 / 1732 [12.38]		
636		ZAKRZEWSKA KINGA	WROCLAW	POL		77			(K)9999	99:99:99		00:55:19 / 1739 [10.85]		
646		KOSAK KRZYSZTOF	WROCLAW	POL		86			(M)9999	99:99:99		00:57:09 / 1742 [10.50]		
723		KUGLER MIKOŁAJ	WROCLAW	POL		73			(M)9999	99:99:99		00:50:46 / 1734 [11.82]	01:44:20 / 1745 [12.13]	02:24:21 / 1735 [12.47]
773		ZAMEJC TOMASZ	WROCLAW	POL		74			(M)9999	99:99:99		01:03:25 / 1748 [9.46]	02:14:58 / 1753 [9.38]	03:15:38 / 1740 [9.20]
829		SZUBART KAZIMIERZ	DZIERZONIOW	POL		57			(M)9999	99:99:99				
876		MAJKOWSKI MICHAL	ZERNIKI WROCLAWSKIE	POL		79			(M)9999	99:99:99		00:58:31 / 1745 [10.25]	01:56:36 / 1751 [10.86]	
879		NOWACKI RYSZARD	WROCLAW	POL		63			(M)9999	99:99:99		01:08:39 / 1755 [8.74]	02:47:23 / 1760 [7.56]	
880		REGULSKI LESZEK	SLĘZA	POL		61			(M)9999	99:99:99		01:07:59 / 1753 [8.83]	02:25:48 / 1756 [8.68]	
940		SZALAJKO JERZY	WROCLAW	POL		62			(M)9999	99:99:99		00:58:31 / 1744 [10.25]		
1686		WITCZAK MIKOŁAJ	BIELAWA	POL	DĘBY WAŁBRZYCH	35			(M)9999	99:99:99		01:04:10 / 1749 [9.35]		
1687		MARCIAK CZESLAW	BIELAWA	POL	DĘBY WAŁBRZYCH	29			(M)9999	99:99:99		01:08:09 / 1754 [8.80]		
86		BOGUCCI FRANCISZEK	WROCLAW	POL		60			(M)9999	99:99:99		00:55:42 / 1740 [10.77]	01:57:55 / 1752 [10.74]	
2045		CACEK ZANETA	GRACZE	POL	MONAR GRACZE	87			(K)9999	99:99:99		01:06:42 / 1752 [9.00]	02:29:41 / 1757 [8.46]	
1977		DOMAGAŁA PAWEŁ	WROCLAW	POL		83			(M)9999	99:99:99		00:58:55 / 1746 [10.18]	02:18:44 / 1754 [9.13]	
1908		ŁABUZ MAREK	TARNOW	POL	AZOTY TARNOW	75			(M)9999	99:99:99		00:38:33 / 1729 [15.56]	01:21:02 / 1742 [15.62]	01:55:04 / 1734 [15.64]
1991		MCCANN EAMONE	WROCLAW	GBR	INDIVIDUAL	67			(M)9999	99:99:99		01:09:36 / 1756 [8.62]	02:35:47 / 1758 [8.13]	
2093		ORZECH PRZEMYSŁAW	POZNAŃ	POL		58			(M)9999	99:99:99		01:18:03 / 1759 [7.69]	02:50:56 / 1762 [7.41]	
2102		PIETRZAK JANUSZ	KATOWICE	POL		67			(M)9999	99:99:99		01:00:48 / 1747 [9.87]		
1939		SOBOCIŃSKI MICHAŁ	POZNAŃ	POL		79			(M)9999	99:99:99		00:57:13 / 1743 [10.49]		
1575		TRZOSOWSKI JACEK	WARSZAWA	POL	CENTRALA FARMACEUTYCZNA CEFARM WARSZAWA	64			(M)9999	99:99:99		01:11:17 / 1757 [8.42]	02:39:57 / 1759 [7.91]	
2117		SOBIERALSKA DOROTA	WROCLAW	POL	MONAR MILEJOWICE	80			(K)9999	99:99:99		01:18:04 / 1760 [7.69]	02:50:55 / 1761 [7.41]	04:09:16 / 1741 [7.22]

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU



27.Hasco-Lek Wrocław Maraton 2009

WYNIKI ZAWODÓW**OPEN**

Organizator: MCS Wrocław

Termin: 13 września 2009 r.

Miejsce: Wrocław

Dystans: 42km

KOBIETY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
1	19	JEDYNAK WIOLETTA	MALBORK	POL		71	K35/17		(K)100	04:31:26	04:29:51	9.38
2	21	RYCHTER ANTONINA	SZCZECINEK	POL	UKS 1 SZCZECINEK	85	K20/1	Nauc/10	(K)2	03:00:18	02:59:16	14.12
3	22	POPIEL GRAŻYNA	TRZEBNICA	POL	PRZEBIEGLI	62	K45/1		(K)6	03:16:22	03:16:15	12.90
4	23	POGORZELSKA ANNA	KOŻUCHÓW	POL	SWIAT MARATOŃCZYKA KOŻUCHÓW	81	K25/2		(K)12	03:30:22	03:30:03	12.05
5	33	NOWAKOWSKA GENOWEFA	JELENIA GÓRA	POL		52	K55/6		(K)135	05:03:03	05:03:03	8.35
6	36	ZIENKIEWICZ NATALIA	MOKRY DWÓR	POL		87	K20/7		(K)41	03:56:30	03:55:33	10.75
7	38	DREWNIKA-OGRODNIK JOANNA	WROCLAW/PRZEMILÓW	POL	INTENSO	67	K40/2		(K)9	03:23:40	03:23:39	12.43
8	39	KOWALSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	56	K50/2		(K)55	04:02:53	04:02:51	10.42
9	45	SHELEST LIUDMYLA	SYMU	UKR		74	K35/1		(K)1	02:57:18	02:57:17	14.28
10	47	SOBCZYK BARBARA	WROCLAW	POL	AZS POLITECHNIKA OPOLSKA	86	K20/2		(K)4	03:07:50	03:07:50	13.48
11	76	MOTYKA MAŁGORZATA	WROCLAW	POL	SIEWSPINA.PL	75	K30/30	Nauc/101	(K)142	05:17:17	05:15:24	8.03
12	77	ADAMOWSKA KAROLINA	WROCLAW	POL	AZS UNIWERSYTET WROCLAWSKI	87	K20/18		(K)103	04:32:21	04:30:22	9.36
13	82	DOKTOR JOANNA	WROCLAW	POL		58	K50/4		(K)132	05:01:22	04:59:38	8.45
14	85	POBIEDZIŃSKA JOANNA	WROCLAW	POL		68	K40/7	Leka/9	(K)26	03:44:23	03:44:15	11.29
15	105	WAGNER JOLANTA	WARSZAWA	POL		66	K40/6		(K)23	03:42:40	03:41:58	11.41
16	106	MIZERA AGNIESZKA	WROCLAW	POL		69	K40/9		(K)31	03:47:41	03:47:14	11.14
17	117	PISKOROWSKA DANUTA	WROCLAW	POL	LUKS ŻÓRAWINA	80	K25/4		(K)24	03:43:04	03:42:58	11.35
18	132	BURYŁO LUIZA	OŚWIĘCIM	POL	MARATONYPOLSKIE.PL TEAM	67	K40/18		(K)129	04:57:36	04:55:43	8.56
19	143	OLSZEWSKA JOANNA	NAMYŚLÓW	POL		84	K25/11	Nauc/73	(K)67	04:12:11	04:10:37	10.10
20	156	PADUSZYŃSKA DAGMARA	JAWOR	POL	BIEGAJZNAMI.PL	80	K25/21		(K)115	04:40:56	04:39:04	9.07
21	158	WERNIK KATARZYNA	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	70	K35/10		(K)56	04:04:36	04:03:43	10.39
22	218	MASALSKA AGATA	WROCLAW	POL	AZS POLITECHNIKA WROCLAWSKA	81	K25/3		(K)22	03:42:24	03:41:01	11.45
23	235	HADYŚ KARINA	WROCLAW	POL		75	K30/10		(K)66	04:11:48	04:11:31	10.07
24	243	MIKOŁAJCZYK AGATA	WARSZAWA	POL		76	K30/24	Leka/24	(K)124	04:50:26	04:48:38	8.77
25	245	LESZCZYŃSKA SABINA	NIEMODLIN	POL		78	K30/29		(K)139	05:10:28	05:09:06	8.19
26	248	WOŹNIAK DOROTA	WROCLAW	POL	RCKIK WROCLAW	68	K40/14		(K)82	04:20:00	04:18:40	9.79
27	257	SAWICKA IWONA	PROCHOWICE	POL		82	K25/24		(K)143	05:18:13	05:17:17	7.98
28	261	CIEPAJ EWA	OPOLE	POL		83	K25/15		(K)86	04:22:53	04:21:27	9.68
29	280	KRAWCZYK MAŁGORZATA	MILICZ	POL		72	K35/13		(K)68	04:12:24	04:10:42	10.10
30	287	SUCHAK KATARZYNA	WROCLAW	POL	SIEWSPINA.PL	79	K30/23		(K)114	04:40:34	04:38:41	9.08
31	304	JANIK MONIKA	WROCLAW	POL	NO NAME	78	K30/19		(K)101	04:32:12	04:30:01	9.38
32	312	BUDZEŃ SANDRA	NYSA	POL	MKS EKONOMIK NYSA	86	K20/6		(K)38	03:53:36	03:52:02	10.91
33	313	PODYMA BOŻENA	WROCLAW	POL		66	K40/10		(K)42	03:57:06	03:56:31	10.70
34	346	DELKOWSKA AGATA	OLAWA	POL	KB FIODOR OLAWA	79	K30/6	Nauc/58	(K)47	03:58:39	03:57:43	10.65
35	371	NIWIŃSKA ALEKSANDRA	CHOJNÓW AWF	POL	AWF WROCLAW	86	K20/3		(K)11	03:28:26	03:27:53	12.18
36	374	STANKIEWICZ IWONA	SOBÓTKA	POL	WKB PIAST WROCLAW	59	K50/1	Nauc/59	(K)48	03:58:41	03:58:41	10.61
37	423	SUSMANEK JOANNA	WROCLAW	POL	WARSZAWIAKI ATHLETICS CLUB	88	K20/4		(K)34	03:48:29	03:47:35	11.12
38	426	SZAFRAŃSKA BEATA	CHOSZCZNO	POL		70	K35/15		(K)96	04:28:38	04:26:31	9.50
39	427	SOBCZAK RENATA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	53	K55/5		(K)113	04:39:23	04:38:48	9.08
40	434	SZLACHETKA KATARZYNA	JELCZ-LASKOWICE	POL		84	K25/22		(K)136	05:05:34	05:03:41	8.34
41	449	MARKIEWICZ IRENA	KRAKÓW	POL	AZS UJ KRAKÓW	86	K20/8		(K)53	04:01:22	04:00:06	10.54
42	468	MIRUS AGNIESZKA	WROCLAW	POL		71	K35/20	Nauc/91	(K)116	04:41:18	04:39:37	9.05
43	471	BOROWSKA SYLWIA	WARSZAWA	POL		74	K35/9		(K)44	03:57:56	03:56:45	10.69
44	474	ZACKIEWICZ ILOŃKA	JELCZ-LASKOWICE	POL	PROF - KOM JELCZ - LASKOWICE	70	K35/26		(K)147	05:35:16	05:35:01	7.56
45	489	WLIZŁO IZABELA	WROCLAW	POL		80	K25/7		(K)45	03:58:09	03:56:32	10.70



KOBIETY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Age Group	Grupy Sex	Wynik Time	Wynik Netto	[km/h]
46	500	HURYŃ EWA	SZCZECIN	POL	MARATONYPOLSKIE.PL TEAM	73	K35/5	(K)18	03:37:15	03:37:01	11.67
47	503	HORODECKA - KAMIŃSKA MAGDALENA	WROCLAW	POL		69	K40/3	(K)15	03:32:25	03:31:38	11.96
48	529	SZCZEPANIAK RENATA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	73	K35/18	Nauc/87 (K)110	04:39:17	04:37:21	9.13
49	555	KOZIOL LUCYNA	JANTAR	POL	AZS UJ KRAKÓW	87	K20/9	(K)54	04:01:35	04:00:19	10.53
50	567	HADZICKA SYLWIA	WROCLAW	POL		80	K25/19	(K)105	04:33:40	04:31:19	9.33
51	574	ZNAROWSKA BOŻENA	ELBLĄG	POL		63	K45/7	(K)62	04:08:39	04:08:39	10.18
52	594	HAZUBSKA ANNA	TRZEBNICA	POL	LZS TRZEBNICA	69	K40/11	(K)49	03:58:48	03:58:11	10.63
53	645	STANKIEWICZ BOŻENA	WROCLAW	POL		58	K50/5	Nauc/100 (K)138	05:09:05	05:06:57	8.25
54	675	FEDYCZKOWSKA JUSTYNA	STRZEGOM	POL	STRZEGOM	72	K35/16	Nauc/83 (K)98	04:30:44	04:29:19	9.40
55	676	BOGDAŁ ŻANETA	WROCLAW	POL		80	K25/10	(K)65	04:11:18	04:09:43	10.14
56	690	PILARZ-MALKIEWICZ DANUTA	WROCLAW	POL	WKB PIAST WROCLAW	64	K45/4	(K)21	03:42:12	03:41:27	11.43
57	714	SAMIEC KATARZYNA	WROCLAW	POL	WPBM MÓJ DOM S.A.	76	K30/16	(K)91	04:26:36	04:25:19	9.54
58	744	BIENIAWSKA ZUZANNA	WROCLAW	POL		78	K30/31	(K)144	05:22:25	05:20:31	7.90
59	748	JAŹDŹYK MAŁGORZATA	WROCLAW	POL		86	K20/11	(K)61	04:08:26	04:07:06	10.25
60	767	ADAMSKA JUSTYNA	GRUDZIĄDZ	POL		76	K30/26	(K)131	04:58:24	04:56:32	8.54
61	790	LABUS BOŻENA	RUDA ŚLĄSKA	POL		76	K30/17	(K)97	04:29:35	04:28:18	9.44
62	836	KOWAL DANUTA	WROCLAW	POL	KOWALOWIE	68	K40/17	(K)125	04:50:35	04:49:44	8.74
63	862	CHOROMAŃSKA ANNA	WROCLAW	POL		82	K25/13	(K)71	04:13:14	04:11:25	10.07
64	907	GDOWSKA EWA	SZCZAWNO-ZDRÓJ	POL		77	K30/12	(K)74	04:15:07	04:14:57	9.93
65	914	KRALE ELLEN	WROCLAW, POLSKA	NLD	MARATHON FOR JESUS - THE ROCK	69	K40/15	(K)90	04:25:26	04:23:46	9.60
66	915	TROJANOWSKA EWA	WARKOCZ	POL		71	K35/24	(K)133	05:02:14	05:00:04	8.44
67	926	SKRABACZ EWA	TARNÓW	POL		76	K30/8	(K)51	03:59:14	03:58:03	10.64
68	928	RASIŃSKA IWONA	PLEWISKA	POL	PLEWISKABIEGAJA.PL	72	K35/14	(K)76	04:17:14	04:16:15	9.88
69	968	SZYMCZYK BARBARA	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	70	K35/12	(K)58	04:04:48	04:03:58	10.38
70	974	WĘGLER KORNELIA	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	70	K35/8	Nauc/55 (K)39	03:54:40	03:53:35	10.84
71	994	BĘBENEK ANNA	JEZIORZANY	POL		83	K25/8	(K)46	03:58:27	03:56:54	10.69
72	1000	STOŁOWSKA AURELIA	ELBLĄG	POL	KLUB BIEGACZA TPSA	62	K45/3	(K)17	03:36:15	03:35:30	11.75
73	1017	ZARZYCKA MONIKA	NOWY DWÓR	POL		88	K20/21	(K)122	04:47:30	04:46:57	8.82
74	1019	GRABOWSKA KRYSZYNA	KRAKÓW	POL	AZS AWF MASTERS	62	K45/6	(K)43	03:57:51	03:56:51	10.69
75	1024	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52	K55/4	(K)92	04:26:38	04:25:24	9.54
76	1038	GROCHOWSKA JOANNA	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	64	K45/8	(K)107	04:34:14	04:32:46	9.28
77	1041	BALBUS ANNA	BYTOM	POL	MARATONYPOLSKIE.PL TEAM	80	K25/6	Nauc/42 (K)29	03:46:34	03:46:28	11.18
78	1046	JEDNORÓG DOROTA	OLEŚNICA	POL	KB LUPUS OLEŚNICA	71	K35/19	Nauc/88 (K)112	04:39:20	04:38:45	9.08
79	1049	TOLŁOCZKO KAROLINA	JELCZ-LASKOWICE	POL	WKB PIAST WROCLAW	84	K25/23	(K)141	05:15:43	05:13:37	8.07
80	1053	SOSIŃSKA JOLANTA	WROCLAW	POL		69	K40/13	Nauc/79 (K)78	04:18:45	04:18:19	9.80
81	1102	GARLEWICZ ASIA	KRAKÓW	POL	WARSZAWIACY ATHLETICS CLUB	72	K35/4	Nauc/30 (K)14	03:32:08	03:31:39	11.96
82	1131	KOZIŃSKA MAGDALENA	WROCLAW	POL		78	K30/32	(K)145	05:24:37	05:22:52	7.84
83	1136	JACHNIK SABINA	SZCZECIN	POL		72	K35/3	(K)8	03:23:13	03:22:18	12.51
84	1147	WARZOCZA KATARZYNA	TYCHY	POL		78	K30/18	(K)99	04:31:23	04:29:07	9.41
85	1149	BRATEK AGNIESZKA	GLIWICE	POL		76	K30/2	Nauc/41 (K)27	03:44:29	03:43:58	11.30
86	1151	STONOGA BARBARA	GRODZIEC	POL		86	K20/5	(K)37	03:53:36	03:52:01	10.91
87	1153	KASIERSKA EWA KATARZYNA	POZNAŃ	POL	DRUŻYNA SZPIKU	48	K60/2	(K)126	04:52:17	04:50:32	8.71
88	1180	PRYMAKOWSKA BARBARA	TARNÓW	POL	SOKÓŁ TARNÓW	43	K65/1	Nauc/75 (K)72	04:13:30	04:12:25	10.03
89	1181	SEIDLOVA EVA	TLMACE	SVK		48	K60/1	(K)20	03:41:55	03:41:05	11.45
90	1201	USZKO SABINA	SIEDLEC	POL	KS SIEDLEC	65	K40/12	Nauc/74 (K)70	04:13:05	04:11:23	10.07
91	1249	BYLINKA BOGUMILA	WARSZAWA	POL		75	K30/11	Nauc/76 (K)73	04:13:59	04:13:03	10.00
92	1322	JĘDRO JUSTYNA	KROSNO ODRZ.	POL	LUKS ŻÓRAWINA	83	K25/1	(K)10	03:28:15	03:27:48	12.18
93	1326	NIENADOWSKA BEATA	ELBLĄG	POL		68	K40/4	(K)16	03:34:51	03:34:43	11.79
94	1330	ŁAŃDUCH OLIMPIA	ZIĘBICE	POL		79	K30/27	(K)134	05:02:36	05:00:07	8.44
95	1336	DRZEWI JUSTYNA	LESZNO	POL	DRUŻYNA SZPIKU	74	K35/22	(K)119	04:44:20	04:42:13	8.97
96	1369	KUCZA IZABELA	ŚRODA ŚLĄSKA	POL	AWF WROCLAW	84	K25/9	(K)59	04:07:16	04:05:47	10.30
97	1376	MROWIEC TERESA	BLACHOWNIA	POL		63	K45/11	(K)128	04:57:12	04:54:56	8.58
98	1391	WITT GRAŻYNA	SOPOT	POL	MARATONYPOLSKIE.PL TEAM	53	K55/3	Farm/9 (K)87	04:23:29	04:21:28	9.68
99	1410	WOJCIECHOWSKA ANNA	DOBROSZYCE	POL		79	K30/25	(K)130	04:58:09	04:55:49	8.56
100	1437	WYLECIAŁ DOROTA	KATOWICE, TRUCHTACZ	POL		60	K45/2	Nauc/21 (K)7	03:16:29	03:16:11	12.90



KOBIETY (WOMEN)

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto	[km/h]
101	1442	IGLOWSKA HALINA	TORUŃ	POL	ACTIVE STAR	52	K55/2	(K)83	04:20:08	04:19:58	9.74
102	1450	SZCZYPZYK-ŚCISŁO EWA	KRAKÓW	POL	KKB DYSTANS KRAKÓW	81	K25/5	(K)25	03:43:08	03:42:23	11.38
103	1473	GADZIŃSKA KRYSZYNA	WROCLAW	POL	WKB PIAST WROCLAW	64	K45/9	(K)111	04:39:17	04:39:09	9.07
104	1481	SIEDLECKA EWA	OLESNÓ	POL	DŻUSERS OLESNO	90	K20/13	(K)64	04:10:05	04:09:03	10.17
105	1520	WACNIK JADWIGA	RZESZÓW	POL	MARATONYPOLSKIE.PL TEAM	68	K40/16	(K)123	04:49:03	04:47:41	8.80
106	1535	WOJCIUK KATARZYNA	WARSZAWA	POL		80	K25/16	(K)93	04:27:15	04:26:06	9.51
107	1545	MALINOWSKA-SYPEK AGNIESZKA	WARSZAWA	POL		72	K35/2	(K)3	03:02:18	03:02:16	13.89
108	1585	KUCHARSKA GABRIELA	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	72	K35/25	(K)146	05:28:13	05:26:16	7.76
109	1588	STRÓŻYŃSKA MONIKA	KATOWICE	POL		78	K30/3	(K)28	03:45:12	03:44:42	11.27
110	1591	KROWICKA DOROTA	WROCLAW	POL	WKB PIAST WROCLAW	69	K40/8	(K)30	03:47:40	03:46:45	11.17
111	1605	GOLDYŃ AGATA	KRAKÓW	POL		82	K25/27	(K)150	05:55:01	05:52:50	7.18
112	1609	BASIŃSKA EWA	KRAKÓW	POL		82	K25/26	(K)149	05:55:00	05:52:49	7.18
113	1623	ŻUROW KAROLINA	WROCLAW	POL		82	K25/20	(K)106	04:33:41	04:31:31	9.32
114	1625	KLICH MAGDALENA	SZCZEPANÓW	POL		78	K30/14	(K)79	04:18:51	04:17:20	9.84
115	1635	TRAWNICZEK JOANNA	BIELAWA	POL		72	K35/11	(K)57	04:04:44	04:04:33	10.35
116	1644	BUDZYNOWSKA ALEKSANDRA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	86	K20/10	(K)60	04:08:25	04:06:02	10.29
117	1645	CIENGIEL HANNA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	87	K20/14	(K)81	04:19:58	04:17:35	9.83
118	1647	DAŃKO PATRYCJA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	89	K20/15	(K)88	04:24:04	04:21:41	9.67
119	1655	PAPROCKA MAGDALENA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	85	K20/19	(K)120	04:45:41	04:45:07	8.88
120	1656	PIEŚKIEWICZ MAŁGORZATA	WROCLAW	POL	AKADEMIA MEDYCZNA WROCLAW	86	K20/16	(K)89	04:25:21	04:22:59	9.63
121	1711	SOBCZAK BARBARA	KATOWICE	POL	KATOWICE	58	K50/3	(K)84	04:22:04	04:20:24	9.72
122	1740	CZERNER ANNA	OPOLE	POL		77	K30/22	(K)109	04:38:25	04:36:25	9.16
123	1780	SKARBOWSKA ADRIANNA	SOSNOWIEC	POL	AWF WROCLAW	88	K20/12	(K)63	04:09:05	04:07:31	10.23
124	1782	LALKO DANUTA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	83	K25/14	(K)80	04:18:55	04:18:27	9.80
125	1786	KOMZA NATALIA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	78	K30/28	(K)137	05:05:50	05:03:55	8.33
126	1787	MORAWSKA MARZENA	WROCLAW	POL	WKB PIAST WROCLAW	76	K30/1	(K)13	03:31:26	03:31:00	12.00
127	1821	JUCHTA SZYPORT WIESŁAWA	ELBLĄG	POL		61	K45/5	Nauc/48 (K)36	03:50:06	03:49:43	11.02
128	1832	CHOLEWA JOLANTA	WROCLAW	POL	POLSKA BIEGA	71	K35/21	(K)118	04:42:02	04:39:51	9.05
129	1834	SŁABOŃ ROMA	GLIWICE	POL		84	K25/18	(K)102	04:32:17	04:30:46	9.35
130	1836	BACZEWSKA RENATA	WAŁBRZYCH	POL		70	K35/6	Nauc/44 (K)32	03:48:03	03:46:51	11.16
131	1854	PRZYBYSZ DOROTA	GRODZISK WLKP	POL	GRODZISKI KLUB BIEGACZA	66	K40/1	(K)5	03:10:38	03:10:35	13.28
132	1861	KLAUS HALINA	WROCLAW	POL		52	K55/7	(K)140	05:13:07	05:11:04	8.14
133	1862	KRÓL IWONA	KATOWICE	POL	DOLINIARZE.COM	79	K30/5	(K)40	03:54:50	03:53:58	10.82
134	1879	SOBCZAK JOLANTA	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM :)	65	K40/5	(K)19	03:40:51	03:40:44	11.47
135	1886	KOZYRSKA AGNIESZKA	SOBÓTKA	POL	WKB PIAST WROCLAW	72	K35/7	(K)33	03:48:06	03:47:06	11.15
136	1919	ADAMCZYK KATARZYNA	WROCLAW	POL		79	K30/15	(K)85	04:22:32	04:21:06	9.70
137	1946	NIECHCIAŁ AGNIESZKA	WROCLAW	POL		86	K20/20	(K)121	04:45:41	04:45:07	8.88
138	1959	KASPEROWICZ DOROTA	CHOSZCZCZO	POL		81	K25/17	(K)95	04:28:38	04:26:31	9.50
139	2006	DELEWSKA DALIA	DĄBROWA GÓRNICZA	POL	MARATONYPOLSKIE.PL TEAM	86	K20/17	(K)94	04:28:02	04:26:21	9.51
140	2016	KORCZYŃSKA DOROTA	KRAKÓW	POL		79	K30/9	(K)52	04:00:59	03:59:17	10.58
141	2020	PFANHAUSER MONIKA	ŚWIDNICA	POL		82	K25/25	Leka/27 (K)148	05:39:01	05:37:04	7.51
142	2028	ŻYTKIEWICZ JOANNA	WROCLAW	POL		78	K30/7	Leka/14 (K)50	03:58:57	03:58:02	10.64
143	2070	ŁOBOZ MAŁGORZATA	KRAKÓW	POL		63	K45/10	(K)117	04:41:37	04:39:38	9.05
144	2075	GAŚKA JUSTYNA	SZCZECIN	POL	BIEGAJZNAMI.PL	78	K30/4	(K)35	03:48:45	03:47:52	11.11
145	2090	WOJNAROWSKA KAROLINA	WROCLAW	POL		84	K25/12	(K)69	04:12:27	04:10:49	10.09
146	2091	IMIELSKA ANETA	KAMIENNIK	POL	GALAPAGOS	78	K30/13	(K)77	04:17:51	04:17:02	9.85
147	2099	WÓJCIK - KOWALCZYK JOANNA ANNA	KĘPNO	POL		75	K30/20	Nauc/86 (K)104	04:33:19	04:32:32	9.29
148	2104	BŁASZKIEWICZ ELŻBIETA	GDYNIA	POL		76	K30/21	(K)108	04:36:24	04:34:56	9.21
149	2110	WEISMAN IZABELA	ŻORY	POL	ŻORY RULES :))	72	K35/23	(K)127	04:55:07	04:53:08	8.64
150	2120	LASOTA IRENA	WALCZ	POL		51	K55/1	(K)75	04:16:48	04:14:48	9.94

